



Product Manual
FJORD NORWAY
2020/2021



Welcome to Fjord Norway

Fjord Norway is the official tourist board of the Fjords. We cover the three counties of Møre og Romsdal, Vestland and Rogaland. Our main functions are the international sales- and marketing of the Fjord Norway region, press- and study trips and to convey information from the Fjord Norway region to tour operators, press and consumers worldwide.

Fjord Norway is a large and exciting region, comprising of 13 destinations, which are uniquely different and that offer a variety of landscapes and activities. In this Product Manual you will find a presentation of each destinations, with a listing of accommodation, attractions, activities and transport – and our goal is that this manual shall be a useful tool when you are making itineraries for the region.

Fjord Norway's vision is to be the most professional and competent destination company in Europe and offering excellent service to our tour operators is an important part of this. We will make it easier for you to plan trips to and in Fjord Norway. We know the area and will be able to inform you about various offers, routes and major activities in the world's premier Fjord region – including those off the beaten track.

We know that planning a holiday in Norway can be challenging for the tourists who want to come here – and the itineraries that you make will help tourists to choose our region. We also believe that the knowledge of the region that we can offer and the advice on finding the hidden gems, the experiences and the accommodation that the tourist may not find themselves, will help you as a tour operator to be more attractive to your clients and to be seen as a valuable provider of tours.

We work together with our destinations and tourism companies in the region to promote the region internationally, and we have some focus areas that reflect our overall strategy which will hopefully give you a reason to plan and customers a reason to go:

• **Extension of the shoulder seasons**

Spring & autumn offer more space in most destinations give you more exclusive travel experiences. Spring provide you with fruit blossom, snowcapped mountains and roaring waterfalls. Autumn give you splendid colors and apple straight from the trees.

• **Travel between October and April – “Go Viking in the fjords”**

Year-round tourism forms the basis for vibrant, local communities. When your customers visit Fjord Norway between October and April they will experience a rougher climate, more contrasts and a more dramatic fjordlandscape. They will also experience authenticity, they can take part in soft adventures and get

closer to the real Fjord Life, meet the people and get to know the culture. Fjord Norway has developed the marketing concept “Go Viking in the fjords”, to give the traveler good reasons to come and travel trade good reasons to plan for the Fjord Norway region between October and April.

• **Summer season – discover our hidden gems**

We still have many regions undiscovered by tourists that offer space in the summer season. It is our high-season, but we will help you find and plan for our hidden treasures - for those who want to experience the region outside the known tourist routes and who would like a break from a hectic everyday life. Our top attractions are always worth a visit – do not miss them in your planning.

• **Multi-Adventures in the fjords – all year round**

Active holidays and soft adventure are important for the adventure segment. The Fjord Norway region has good adventure companies that can take your customers on safe adventures in the fjords. Our region is a playground for those who want an active holiday.

Read more about these focus areas in our article about Fjord Norway strategic focus areas.

As a region we have seen the need to meet both the tourists' expectation of a sustainable destination, but also the locals' expectation that the tourism in the region shall contribute to both the local communities and to limit the environmental effect from the tourism in the region. We have set a vision for our region for the next 10 years and 10 goals on how to meet this vision. We want to share this vision with you, so that you can be a part of bringing this vision alive.

I am here to help provide tour operators and travel agents with updated information, tour ideas and inspirations. If you have requests or opinions, I welcome your queries at any time.

You are more than welcome to Fjord Norway!

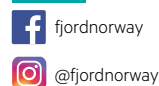
**Kind regards,
Fjord Norway**

*Marianne Johnsen,
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**The Official Tourist
Board of the Fjords**

Tools for the Travel Trade

ASSISTANCE FOR TOUR OPERATORS

One of the most important services provided by our expert staff is undoubtedly quality control of your planned itineraries and to give you ideas for new itineraries. With our in-depth knowledge, we can help you develop exciting tours for any season tailored to your customers' needs. We can offer valuable tour suggestions and advice for composing new tours ensuring maximum enjoyment for your travelers from their visit to Norway. We are also open for marketing co-operations with tour operators.

PRODUCT MANUAL -FJORD NORWAY

The Product Manual is a professional publication, written specifically for tour operators and travel organizers. The Product Manual is mailed to all tour operators and travel agents registered with us.

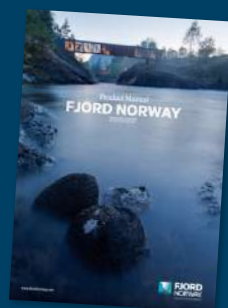


IMAGE & VIDEO BANK

Free access to striking photographs and videos in our comprehensive image bank, that gives you hundreds of photographs and videos to choose from, featuring attractions throughout the four counties of Fjord Norway. You can also save your search and receive an alert on new images based on the topic you are interested in.

You are welcome to freely download photographs – provided they are used to promote Fjord Norway as a travel destination.

www.fjordnorway.com/imageshop

STUDY TRIPS / FAM TRIPS

In order to convey the magic and hidden gems of Fjord Norway to your customers, you really need to experience it yourself - regularly! If you are interested in a Fam Trip, please contact Innovation Norway or Fjord Norway directly. We recommend that you take Fam Trips outside the peak season, since availability can be a problem for hotels and activities. Spring and early autumn are ideal times.

WORKSHOPS, SEMINARS, WEBINARS AND TRADE SHOWS

We participate actively in the vast majority of workshops, seminars and exhibitions at which Norway is presented. We use these forums to help provide you with updated information, tour ideas and inspiration. If you have requests or opinions, we welcome your queries at any time.

FJORDNORWAY.COM

You will find updated information and inspiration about our region on the Fjord Norway website. We have made a selection of tour suggestions, where you can find information to your itineraries.

NEWSLETTERS

Fjord Norway regularly sends out a travel trade newsletter, with articles on new products, transport routes, activities and important events in the region. Sign up for our newsletter to stay up to date and get inspiration for your itineraries. If you let us know what interests you have, it is easier for us to target our newsletters with the news you need.

YOU HAVE TO BE HERE TO BELIEVE IT!

FJORD NORWAY

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Vision for a sustainable destination



© SVERRE HJØRNBYK

In 2019 the Fjord Norway region worked together on all levels of the tourism industry to set some goals for a more sustainable future for the tourism industry in the region.

WITH GROWTH IN TOURISM COMES CHALLENGES.

We have been focusing our sales-and marketing efforts to increase the interest for the region, both in the neighbouring markets and in the overseas markets, where we identified a great potential for tourism to the region all-year-round. With additional assistance from an increase in accessibility to the region, both by plane and ferries and a weak Norwegian Kroner, we have experienced an increase in the number of tourists to our region yearly from 2011. Not only the land-based tourism has experienced a growth, also the cruise visits have increased.

This growth has been very good for the tourism companies in the region and we have had an increase in development of hotels, cabins, activities and attractions for both visitors and locals. Although the positive effects were obvious, along with this growth came also challenges.

The growth took mainly place in the summer months, putting a strain on accommodation and attractions in a short season. The tourists also to large extent followed a path of well-known attractions and highlights in the region, with a consequence that at some days in the summer months some places would experience what we today call over tourism.

The region has welcomed tourists from abroad since the early 19th century, now we have local debates about over tourism and how it affected the life of locals and the negative impact on local environment.



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THE YEAR WE WOKE UP

Tourism has an impact on the climate – since travelling involves moving and using different means of transport. In 2019, the climate crisis was viewed as a global crisis by politicians, the media, business and the population. The climate challenges reached the centre stage of the media and the global political agenda.

EU countries agreed on a common ambition to become climate neutral by 2050. School children around the world inspired by Greta Thunberg went on strike, protesting and engaging in demands to change our behaviour "Flight Shame"; aviation geared up the desire to develop

better solutions (electric aircraft, bio-fuels and new engines); banking institutions developed reward systems for companies that take climate and social responsibility, and most companies and advertisers tried to communicate their promises and measures for increased sustainability.

In 2018 the counties in the Fjord Norway region and the tourism industry started a joint project to investigate how we could meet these challenges our industry is facing and to set some common goals to make our travel industry and region more sustainable. We wanted to create a

vision for our region 10 years ahead and let that vision be our guiding star in making the right, sustainable decisions to meet it.

Through the project "Scenario 2030", Fjord Norge AS/ Fjord Norway, the destinations, the tourism partners and the counties have tried to envision what would be conceivable, desirable, and how we may influence the future of our industry? A thorough process was carried out and the vision was launched in November 2019.



© FJORD NORWAY, PAUL EDMUNDSON

OUR VISION

The Fjord Norway region shall be attractive through sustainability.

10 objectives are intended to cover dimensions of the concept of sustainability and will be the regions guidelines to meet the vision by 2030:

1. No over-tourism
2. Emission-free transport in the region
3. Longer duration of stays
4. Year-round jobs (contribute to local economy)
5. Maintain biodiversity
6. Maintaining cultural diversity (site characteristics)
7. Strengthened knowledge development and access to competence
8. Value creation growth
9. Profitability
10. Contribution to the sustainability of other sectors

THIS IS OUR WAY INTO THE FUTURE

To meet our vision – we all need to contribute. From the individual businesses, destinations- and regional companies, incoming- and tour operators, municipalities and counties. Everyone has to take ownership of these objectives and let them be the base of their strategies and priorities and operationalize them through measures.

Our path into the future is about developing a long-term competitiveness based on being sustainable, which means that we compete on competence and quality, we compete on value rather than volume, we take responsibility for tourism to be a key source of income and employer for our descendants in an eternity perspective.

2020 has put us all to the test. The Covid-19 crisis will leave deep traces in tourism and we do not know what will be "The New Normal" post Covid-19.

People around the world may become more interested in Norway, because of our nature, the fresh air and an abundance of space. Norway is a society that is perceived to be safe, to have a good health care and a responsible political system.



© TERJE RAKKE



© J.L. MEDIA

Although the Covid-19 is a crisis for the travel industry in short and medium term, it may also be opportunities in the long term. Norway is a high-cost country that must take a position based on sustainability and quality of products and experiences that gives people the right value for money. Therefore, systematic work must be done with both marketing and product development so that tourism contributes to the green shift.

The crisis we are experiencing shall accelerate the work of developing tourism in Fjord Norway to being attractive through being sustainable.

Fjord Norway – Strategic focus in sales and marketing



Fjord Norway is a large region, comprising of 13 destinations, which are uniquely different and at different stages of development for tourism locally.

For tourists and tour operators this represents a huge potential in a region that is still partially undiscovered by tourists and warrants future return visits to seek new adventures.

For us as a region, it means that we work with different focus, for different destinations. Some of our strategies are overall strategies, that has an impact on all destinations, some of our projects are only relevant for some of our destinations.



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OUR VISION

“WE WILL SHOW THE FJORDS TO THE WORLD.”

“We will develop and position the Fjord Norway region to become Europe’s leading destination for sustainable nature and culture-based experiences.”

OUR SOCIAL MISSION

“Fjord Norway will profile and develop a unique destination to visit, so that we contribute to creating a good place to live.”



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NEW SEASON - "GO VIKING IN THE FJORDS"

Year-round tourism is one of our most important strategic focus areas, because it forms the basis for year-round operations in the tourism companies, year-round jobs, vibrant local communities and better profitability. The region has great products all year round - which we want more tourists to experience.

Fjord Norway has developed the marketing concept "Go Viking in the fjords", to give the traveler good reasons to come to the Fjord Norway region between October and April.

"Go Viking in the fjords" is not a historical journey back in time, it is not a story about everything that was before. But a story about everything you can experience today, in the Viking spirit.

We present a real story that is inspired by our Viking roots, with modern experiences and the people of the Fjords you meet today. "The Go Viking in the fjords" concept can be used by all partners in the Fjord Norway region - including our tour operators.



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Fjord Norway's main focus areas

Based on Fjord Norway's strategy and our vision in the Scenario 2030, Fjord Norway focuses on the following focus areas.

EXTENSION OF THE SHOULDER SEASONS

We have until 2020, experienced a positive development in the Fjord Norway region during the summer season (June, July and August), but we still have available space in most destinations from the end of April through May and from September to the beginning of October. We want to raise the awareness among tour operators and consumers that the spring and early autumn in the region, are splendid times to visit. We want to highlight the benefits of coming at other times than in the main season. The advantage of fewer tourists, stable weather, natural phenomena that you can only experience in spring and autumn, cultural events and meeting the locals outside the main season.

We work specifically with new target groups who would prefer to travel outside the main season, in addition to our existing target groups. Also, the main target group which is the nature-based tourist, we will work with the cultural tourist and niches such as solo travelers.



© FRITHJOF FJURE

THE SUMMER SEASON

The Fjord Norway region has had good growth and profitability development in the main season. There are however still regions that need more tourists also in the main season and most destinations need more profitable customers in the high season.

We will work to spread traffic in the region and seek tourists who are looking for the hidden treasures in our region, who want to experience the region outside the known tourist routes and who would like a break from a hectic everyday life.

We also see that post Covid-19 travel restrictions, several of our top attractions and well known destinations will also need assistance to invite tourists back in the main season and to show that Fjord Norway will be a safe destination to travel to.



© MATTHIAS FREDRINSSON

ADVENTURE IN THE FJORDS

Active holidays and soft adventure are important for the Adventure segment. As a region, Fjord Norway has worked for the past 10 years to develop good adventure companies and we have taken an important position as an adventure destination. We now have a good selection of skilled activity providers, who can deliver both soft adventure experiences and who can reach the niches within an active target group. Important adventure segments are hiking, cycling, kayaking and skiing, in combination with magnificent nature experiences in the Fjordlandscape.

Fjord Cities



Ålesund.

The cities in Fjord Norway reflect the personality of the people who live there. They are shaped by the landscape, the ocean, the cultural landscape and mountains. As a visitor, you will see that the past and modern city life go hand in hand.

In Fjord Norway, nature is part of the cities, and the cities are part of nature. Large, yet small communities with the fjords and coast right on their doorstep. A long seafaring, fishing and trading history has made its mark on the cities, but they are also characterised by modern technology and forward-looking industries. Their rich cultural life is inspired by local traditions and impulses from the outside world. Hospitality, a rich history and exciting experiences are common denominators for all of them – and nature is right on their doorstep.

STAVANGER – THE CULINARY CITY

Stavanger is surrounded by a green, fertile coastal landscape, and is only a short distance from the dramatic scenery of the Lysefjord. Some of the region's top restaurants, which are known for their creative use of local produce, are found in this area. Old wooden houses and charming shopping streets form the heart of this modern, cosmopolitan city.

Stavanger is a great starting point for day trips to the Lysefjord and spectacular hikes to viewpoints such as Preikestolen (Pulpit Rock) and Mount Kjerag.

There are interesting museums where you can learn about everything from Viking history to modern oil production. Just outside the city, you will find lovely, long beaches with fantastic surfing conditions.



Stavanger.



Bergen.

BERGEN

– THE GATEWAY TO THE FJORDS

Bergen is the gateway to the fjords. Its location between the Hardangerfjord and the Sognefjord makes it the perfect starting point for day trips to these fjords.

The old Hanseatic Wharf at Bryggen, situated beside the city's lively Fish Market, is on UNESCO's World Heritage List. The city has a rich cultural scene with both classical and contemporary music and art. The world's third largest Munch collection is to be found at KODE Art Museums. Bergen is a Creative City of Gastronomy and many of the city's excellent restaurants pride themselves in making food based on local traditions and produce, with a new and innovative touch. You can easily get to the top of two of the seven mountains that surround the city centre by cable car or funicular.

HAUGESUND

– HOMELAND OF THE VIKING KINGS

Situated on the coast between Stavanger and Bergen, Haugesund is a charming coastal town. This is the area where the Viking Kings had their Royal seat. Visit Avaldsnes and the Nordvegen history centre to learn about the history of the Viking Kings and how they lived. In summer, Haugesund hosts a herring festival, a jazz festival and the Norwegian International Film Festival.



Haugesund.



Alesund.

ÅLESUND

– THE ART NOUVEAU TOWN

Ålesund lies in a spectacular location on narrow islands, where the fjords of Sunnmøre meet the sea. The city has a long, interesting history, and it is known for the distinctive Art Nouveau architecture of the city centre, which was rebuilt after it was ravaged by fire in 1904. Its location makes it a unique starting point for a multitude of activities and experiences. From the city centre, it only takes an hour to experience everything from the ocean, unique island communities and beautiful fjords lined by sheer mountainsides plunging into the sea. Ålesund is also a fantastic starting point for exploring the peaks of the Sunnmøre Alps.

MOLDE

– CITY OF JAZZ AND ROSES

Molde is known for jazz, roses and its fantastic view. From the Varden viewpoint (407 metres), you can enjoy the famous Molde panorama with its 222 partially snow-clad peaks. Every summer, the Moldejazz jazz festival features world famous artists and attracts teeming crowds.



Romsdalsmuseet.



Kristiansund.

KRISTIANSUND

– CITY OF ISLANDS

Kristiansund is situated on four islands, and offers both cultural and culinary experiences. For centuries, fresh cod was salted, dried and refined into the product clipfish, which is considered a delicacy in southern climes. And spices and culture were shipped back in exchange. Today, an opera festival, an international photography festival and, of course, clipfish are an integral part of the town's identity.



The changing seasons in Fjord

Agatunet – Hardanger.

Norway's changing seasons create different atmospheres and exciting opportunities to experience different aspects of nature and culture in Fjord Norway.

The four seasons do not only have a bearing on nature, but also on the people who live here. Over time, the seasons have moulded the culture and the way of life in the region. And for visitors to Fjord Norway, the area offers a wide range of experiences that vary with the seasons.



Ålesund.

CHANGING WEATHER

The weather in Norway changes quickly all year round. Although Fjord Norway has four distinct seasons, winters can be mild and summers chilly. In Western Norway, a lovely sunny day can be followed by a day of rain and fog.

Regardless of season, it is therefore a good idea to pack rainwear and warm clothes if you plan to spend a lot of time outdoors.

WINTER

– SKIING EXPERIENCES AND WINTER FJORDS

Winter in Fjord Norway has lots to offer both skiing enthusiasts and people seeking more relaxing activities in the area. The snow attracts active tourists looking for adventure and skiing experiences at the alpine ski centres or long skiing trips in the mountains. If you are looking for a snow adventure out of the ordinary, why not try spending the night in a snow cave?

The fjord towns offer exciting culinary and cultural experiences, as well as other local activities.

It is still possible to go on fjord cruises on several of the fjords, such as the Nærøyfjord, the Osterfjord and the Lysefjord, though the darkness of winter has set in. With its clear, blue light, the winter fjord is a very special, almost magical, place, and you feel like you have the fjord almost to yourself.



Norway

SPRING

– FLOWERING FRUIT TREES AND LUSH SCENERY

Spring in Western Norway is a special time. Both nature and people wake up from their long winter slumber. The days grow longer, the sun's warmth can be felt again, and the first crocuses and daffodils spring forth.

At Easter, you will have the fjord towns in Fjord Norway almost to yourself. Large parts of the population head to the mountains at Easter for their last skiing trip of the season. Tourists can experience winter, spring and summer all in one day by going on the 'Norway in a Nutshell' round trip.

In May, the green and blossoming fruit trees are a unique and beautiful sight against the blue fjord and the mountains, which are still capped with snow. The roaring rapids are at their biggest this time of year, and the melted ice gives the fjords a green hue.



Bergen.

SUMMER

– BRIGHT NIGHTS AND HIGH SEASON

Summer is high season in Fjord Norway. That is when Norwegians are at their most sociable and gregarious. They are very active and take advantage of the long bright summer nights, soaking up all the sun they can and taking every opportunity to spend time outdoors with their family and friends. We spend these summer months charging our batteries for the rest of the year.

Visitors will find shops and restaurants open and a wide range of activities and experiences. As a tourist, you will meet many people who share your interests. But if you would prefer to spend time alone in the region, there are plenty of opportunities for traveling off the beaten track. Fjord Norway has plenty of space and many interesting small places with exciting activities to explore.

AUTUMN

– MELANCHOLY AND BRIGHT COLOURS

Autumn in Fjord Norway is beautiful and a little wistful. As the nights grow darker, we are less likely to be found outdoors. Many of the attractions are still open for people who choose to visit the region in autumn, but there are fewer tourists around.

This is also when the fruit on the trees along the Hardangerfjord and Sognefjord ripens. Tourists can walk along the road and fill their baskets with apples, pears or plums. Payment is based on the honesty system – just leave some money in a box. You can visit a small farm and taste fresh apple juice or cider. Or perhaps you would prefer a piece of freshly-baked apple cake?

Autumn is also high season for those who want to go on mountain walks. The mountains are at their most beautiful, with lovely autumn colours, crystal-clear fjords and crisp, fresh air. But it can also get wet, grey and chilly, as this is the season when nature is at its most mysterious and magical.



Aurland.

© SVERREHORNENIK / WWW.FJORDNORWAY.COM

© ROBIN STRAND NORPHOTO AS

Savor your holiday

The traditional meal of Fjord Norway was long built on the raw materials abundant in its forests, mountains and waters.



SMALAHOVETUNET & SMALAHOVE: The name of this farm translates into "Sheep Head Yard", as the farm's speciality is in producing and serving smoked head of lamb, or more correctly "sheep head", being the direct translation of "smalahove". From early days lamb has been important for Norwegian farmers and "smoked sheep head dinners" have long traditions in Voss. This goes back to the days when meat was scarce and one exploited every part of the lamb to make the most of it. In early days smalahove was used for an everyday meal, however, in recent years it has been much used in connection with festive occasions.

Fish and seafood, of course. Berries, mushrooms and other produce. Lamb and wild game. Fresh when possible, more often conserved to last the long winters.

The quainter dishes of yesteryear — smoked sheep's heads, "old cheese" and fermented fish — are still prepared, of course, for tradition-minded locals and curious visitors alike, but most meals in Fjord Norway have evolved into something more refined and pleasing to the modern palate.

Ecological and culturally authentic, "New Nordic" cuisine crafts culinary wonders from traditional and unusual local ingredients. It's renowned worldwide for good reason. Any journey across Fjord Norway — even better, a sustainable one using public transport with Travel Like the Locals — can and should easily include the region's culinary heritage and highlights, from salmon smokehouses and cheesemongers to cider distilleries and craft brewers. Here's a look at where to sample Fjord Norway specialties, from Haugesund north to the Nordmøre region.



IN NORWAY, it's always waffle-time. In fact, we love waffles so much that we even serve them in the shape of a heart.



WESTERN NORWAY is an exciting region for food and drink with specialities based on different produce from the fjords, mountains and coastal areas.



CLOUDBERRY – traditionally used as dessert on Christmas Eve served with whipped cream and sugar



UNIQUE CHEESE A couple of minutes up the still-new road from Undredal there's a cluster of small farms producing goat cheese and meats.

THE PEOPLE OF FJORD NORWAY

Resilient and hospitable. Warm and visionary. The people of Fjord Norway play, live and work among the forces of nature. Why not just say hello. See what happens.

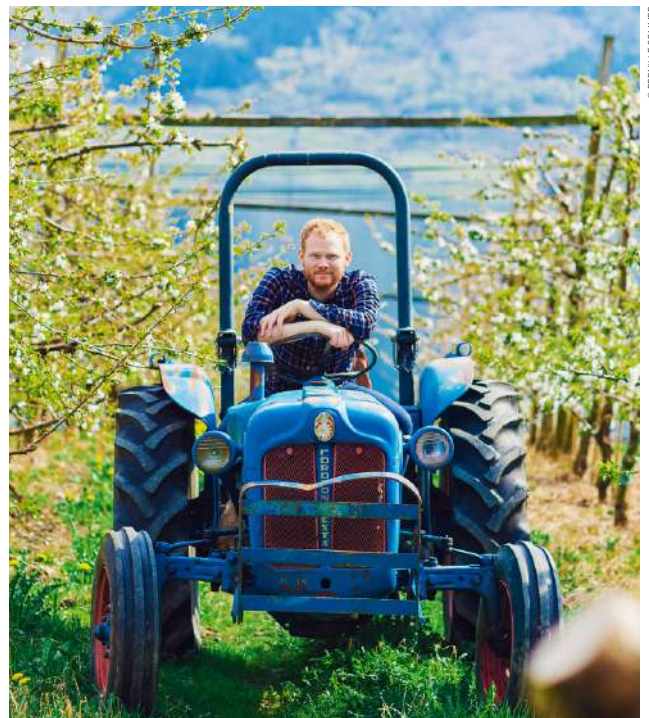
The people of Fjord Norway are individualists who don't conform to a stereotype. They live in tiny island communities at the ocean's edge, in mountain villages, fjord villages and cosmopolitan towns and cities. Each and every one of them lives close to nature. In Fjord Norway, there are big differences between the seasons. The long winter in which a thick layer of snow covers the mountains. A bubbling spring. A summer full of contrasts. And autumn, when nature puts on its most colourful display.

These changes, in the weather, in the seasons and in the landscape make the local people impulsive and good at identifying opportunities. With the forces of nature ever present, it's only natural that the people of the region are active and like to spend their leisure time in the great

outdoors. You are bound to meet a local or two whether you go walking, fishing or kayaking down rapids. It might be a good idea to ask for advice or go on a trip with a local guide. There's no shortage of nature experiences in Fjord Norway – there's plenty to go around!

Fjord Norway is situated on the west coast facing the rest of the world. For thousands of years, this region has been involved in international trade. The local people are proud of their traditions, but they are also inquisitive and open to trends from elsewhere. They are not all talkative to start with. But they are genuine, pleasant, inquisitive people, just like you.

It might be a good idea to say hello to a local. You never know what will happen!





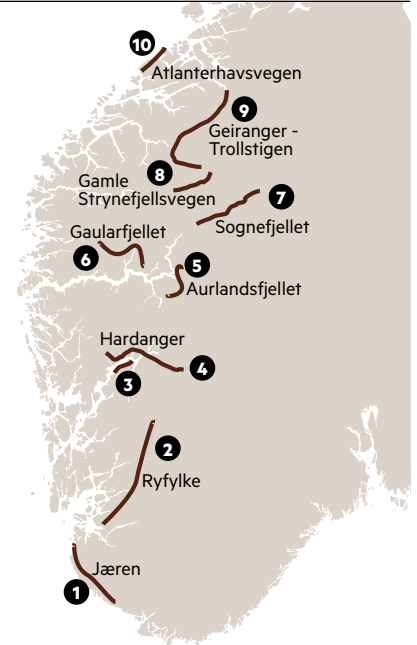
The routes are sign-posted with a special symbol.
www.nasjonaleturistveger.no

Where the roads are attractions in themselves

The 18 Scenic Routes attraction comprises 18 selected drives through beautiful Norwegian nature. 10 of them are located in the Fjord Norway region.

The experience is enhanced by innovative architecture and thought-provoking works of art at designated viewpoints and picnic areas. The development project is being carried out by the Norwegian Public Roads Administration. The architecture along the route could be anything from a modest expression, such as benches on a smooth, coastal rock, to huge viewpoint platforms that lift you up into the landscape. Please note that some of the 18 Scenic Routes are closed during winter. This is not the case for the Atlantic Road, Hardanger and Jæren. For more information, please check traffic information at vegvesen.no.

For more information on the 18 Scenic Routes in Fjord Norway, see www.fjordnorway.com



Jæren

Jæren, 41 km

Fjord Norway is more than just steep hills and jagged peaks. The road along the beaches of Jæren offers huge skies, wide horizons and never-ending ocean. There are green fields and views in all directions. The area is known for its beautiful light, its cultural heritage and its beaches that disappear into the horizon.

Ryfylke, 183 km

The Scenic Route through Ryfylke is a road full of contrasts. Magnificent scenery, agriculture and exciting industrial history. There are surprises around every bend on this route. Iconic nature experiences await you a few detours away on the Lysefjord – the best known of which are Preikestolen (Pulpit Rock) and Kjeragbolten (the Kjerag Bolt).



Ryfylke



Hardanger

Hardanger, 158 km

The Scenic Route in Hardanger is like driving through a magnificent painting – a landscape of mountains, fjords, waterfalls and glaciers. Hardanger is a fruit growing region, where farms cling to the edge of the fjord. Berries and fruit are sold many places along the route.

Hardangervidda, 67 km

The road over the magnificent Hardangervidda plateau, also Norway's largest national park, is an exciting attraction in itself. Your heart may well skip a beat when, as you suddenly find yourself winding down through the steep Måbødalen valley, the magical Vøringsfossen waterfall and the blue-green hues of the Hardardanger fjord come into view. This is contrast of the most spectacular kind!



Vøringsfossen viewpoint



© Bjørn Andresen / Statens vegvesen

5

Stegastein, Aurland

Aurlandsvegen*, 47 km

Where the new road simply cuts through a tunnel in the mountain, the Aurlandsvegen road, often called the 'Snow Road' takes you high up into the mountains. The road winds its way up the mountains, past a beautiful mountain plateau. At the Stegastein viewpoint, you can enjoy staggering views from a viewing platform that is an architectural gem. The road from Aurland to Stegastein is open all year round.



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6

Likholefossen

Gaularfjellet*, 130 km

The road from Balestrand on the Sognefjord and across Gaularfjellet is a drive through the incredible diversity of the fjord landscape. The road follows a beautiful river system with spectacular waterfalls and mirrored mountain lakes. There are good fishing opportunities and great walking trails along the route. The viewpoint Utsikten is one of the spots that offer fine views over the scenery along the road.



© Jarle Waehler/Statens vegvesen

8

Gamle Strynefjellsvegen

Gamle Strynefjellsvegen*, 27 km

This is a road that predates modern construction machinery that can simply tear its way through the landscape. The Gamle Strynefjellsvegen road winds its way through the landscape lined with guard stones and stone walls. It is a road that is not ashamed to take the long way round. The road, which was started in 1881, was built to connect the Nordfjord area with Eastern Norway. It passes through a spectacular mountain landscape where the snow lies well into summer. It is a reminder of a time when lives were lived at a different pace.

Sognefjellet*, 108 km

From the fertile farms innermost in the Sognefjord, the road continues up, up, up to Norway's roof and the spectacular view of the beautiful peaks of the Jotunheimen mountains and the magnificent glacial landscape. This is the cradle of mountain sports, and a place that inspired the artists and musicians of the national romantic movement. There are fantastic walking opportunities in the area, and many traditional accommodation enterprises and cafés/restaurants.



© CH - Visit Norway.com

7

Sognefjell



© Relulf Framstad Arkitektur AS - RRA

Trollstigen



© Mattias Fredriksson / www.fjordnorway.com

9

Trollstigen



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10

Atlantehavsvegen - The Atlantic Road

The Atlantic Road, 36 km

The Atlantic Road from Bud to Kristiansund is a spectacular example of a successful collaboration between man and nature. Since time immemorial, the ocean has been a challenge to traffic in this cultural landscape. Eight bridges connect the islands together, crossing rocky expanses scoured smooth by the elements and windswept crags. The British Newspaper The Guardian called it the best road trip in the world.

Geiranger - Trollstigen*, 106 km

The winding hairpin bends of the Trollstigen road have long been one of the world's most spectacular driving experiences, and the road has attracted tourists since it opened in 1936. The dramatic views from the top are breathtaking. The road continues to Geiranger, which has one of the most spectacular fjord views in Norway.

* Closed during winter



Vøringsfossen.

CLASSIC ROUTES FROM OSLO TO BERGEN

There are two options on this classic route between Oslo and Bergen. You decide which option to take at Hol. The RV7 is a Norwegian Scenic Route across the Hardangervidda mountain plateau, while the RV50 takes you to Aurland and Flåm and via the E16 to Bergen.

Oslo – Hol, 212 km, 3 hours 7 min.

In both cases, you take the RV7 from Oslo up Hallingdal, a valley with rich cultural traditions. At Hol, you have to choose between two options.

Option 1

Hol – Eidfjord, 103 km, 1 hour 53 min.

If you continue on the RV7 over the Hardangervidda mountain plateau, you will enjoy views of the Hardangerjøkulen glacier and Norway's most famous

waterfall, Vøringsfossen, before driving down the Måbødalen valley to tranquil Hardanger.

Eidfjord – Bergen, 154 km, 2 hours 22 min.

The Norwegian Nature Center in Eidfjord is well worth a visit, before you cross the Hardanger Bridge. The charming village of Ulvik is also a worthwhile detour. Continue on the RV7 to Øystese and Norheimsund, where you can enjoy a fascinating visit to Hardanger Maritime Museum. Your final destination is Bergen, a city surrounded by seven mountains. Here you can step into the Middle Ages as you wander through the alleyways of Bryggen, a Hanseatic wharf inscribed on UNESCO's World Heritage List. For a bird's eye view, take the Fløibanen Funicular to Mount Fløyen, or soar up Mount Ulriken by cable car for views of the whole region.

Experience

- **Option 1:** A visit to Norwegian Nature Center in Eidfjord enhances any visit to Hardanger.
- At the Hardanger Maritime Museum in Norheimsund you can see boatbuilding done the Viking way!
- Steinsdalsfossen, a waterfall that you can actually walk behind!
- **Option 2:** Flåmsbana, one of the most exciting railway journeys in Europe.
- A fjord cruise on the Nærøyfjord gives an indelible memory of the narrowest Norwegian fjord.



🕒 1-3 DAYS 📏 469/481 KM

Option 2

Hol – Flåm, 104 km, 2 hour 10 min.

The other option is to take the RV50 over Geiteryggen and down the lush Aurlandsdalen valley to Aurland and Flåm. Here too, you are in for some amazing scenic treats.

Flåm – Bergen, 167 km, 2 hours 37 min.

One highlight of this route is a trip on the incredible Flåm Railway. Another highlight is a fjord cruise from Flåm, out the Aurlandsfjord and up the narrow Nærøyfjord to Gudvangen. From Flåm, drive to Gudvangen and up the valley, taking the old road with its hairpin bends up to Stalheim (during the winter or if you're in a hurry, you can take the tunnel road instead). Continue on to Voss. Here, the old buildings at Mølstertunet farmstead make for a worthwhile break. Continue west via Dale. The road then takes you along the Osterfjord to Bergen.

Bergen - Førde - Florø - Selje - Ålesund



Ålesund.

A COASTAL JOURNEY

Many adventures await you between Bergen, 'the city of the seven mountains', and the Art Nouveau town of Ålesund. This journey is proof of that.

Bergen – Førde, 176 km, 1 ferry, 3 hours 9 min.

The northbound route from Bergen is simple: just follow the E39. After crossing the Nordhordland Bridge, you travel through varied coastal landscape. A ferry takes you across the fjord from Oppedal to Lavik. Then continue east along its northern shore, before cutting north to Førde.

Førde – Florø, 57 km, 49 min.

The Coast of Fjords is not to be missed, and the directions couldn't be simpler: just follow the RV5 all the way to Florø. The sky meets the ocean in the coastal town of Florø. Perhaps it's time to put a lighthouse safari on

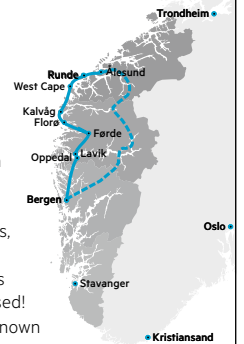
the holiday menu? Or visit the island of Kinn with its medieval stone church, or the lush island of Svanøy with its manor and deer farm.

Florø – Selje, 150 km, 1 ferry, 2 hours 43 min.

The monastery island of Selja may seem to be off the beaten track, but it is a truly unique destination. Stadlandet peninsula and West Cape, just to the north, can boast the most frequent storms in Norway. At Dragseide, impatient Vikings and their descendants occasionally pulled their boats across the mountain – a distance of 5 km and a strenuous climb of 24 metres. The village of Selje on the mainland is a perfect base for your visit. Stroll the sandy beaches or pay a visit to nearby art galleries. We recommend driving via Måløy, with a detour to the white sandy beaches of Bremanger first.

Experience

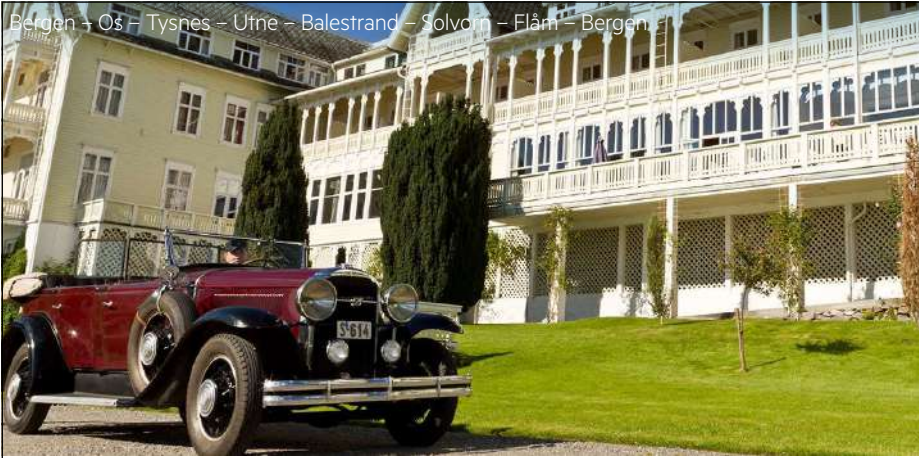
- Trollindane mountains make a beautiful contrast to the Romsdal valley.
- Trollstigen is one of the most exciting roads in Fjord Norway, as its winds its way up 11 hairpin bends to a widening panorama.
- Ålesund has a unique concentration of Art Nouveau buildings, rebuilt after a fire in 1904.
- Geirangerfjord – a cruise on this unspoiled fjord is not to be missed!
- Visit the village of Balestrand, known for its charm.
- Travel by boat on the Fjærlandsfjord, there is no better way of enjoying the beautiful fjordscape.
- Be sure to visit at least one stave church. There are several within reach on this tour.



🕒 2-4 DAYS 📏 507 KM 🚢 4 FERRIES

Selje – Ålesund, 125 km, 2 ferries, 3 hours 6 min.

You drive a series of trunk roads that lead you to Koparnes, where you cross the fjord by ferry to Årvik. The RV61 then brings you to another ferry crossing, Hareid–Sulesund. After a further half-hour, you arrive in Ålesund. This town has perhaps the world's most unique concentration of Art Nouveau buildings. A guided city walk will point out fascinating details that you might not notice otherwise. Also be sure to climb Aksla, the 'mountain' in the heart of town, for a view of Ålesund and its surroundings.



Kviknes Hotel

© KVIKNES HOTEL

Experience

- Fløibanen funicular and a concert in Edvard Grieg's home Trolldaugen
- Cider Ruten and the Hardanger Folk Museum
- Balestrand and Solvorn, small, peaceful and picturesque villages along the Sognefjord, both with unique family-run hotels
- The UNESCO listed Urnes stave church and the Nærøyfjord
- Be a Viking for the day, visit the Viking village Njardarheimr in Gudvangen



A ROMANTIC CULINARY ROUND TRIP AND HISTORIC HOTELS

🕒 6-8 DAYS 📍 640 KM

Bergen – Os, 30 km, 40 min

Bergen is a UNESCO City of Gastronomy, and many of the restaurants serve delicious local food. Walk in historic surroundings in Nordnes, Sandviken and not least Bryggen, take the Fløibanen funicular or join a concert in Edvard Grieg's home Trolldaugen. Then head for Os and Solstrand Hotel & Bad, well known for its 'Taste of the Coast' menu.

Os – Haaheim Gaard – Utne, 154 km, 2 ferries, 4 h 15 min

There are many attractions on offer along the Hardangerfjord. Haaheim Gaard in Tysnes serves food with a taste of history, based on local produce, also in the 'Taste of the Coast' network. On your way to Utne, stop by Agatunet, an open-air museum with 30 listed houses. Not far from Utne Hotel, one of the oldest hotels in Norway, is Hardanger Folk Museum, the regional museum for Hardanger.

Utne – Balestrand, 134 km, 2 ferries, 3 h 30 min

On your way to Balestrand, stop at Voss, an inland village with strong cultural traditions. How about a rafting trip, or maybe you'd like to try the wind tunnel at Voss Vind? Balestrand, across the fjord, is one of the most picturesque places in Western Norway. It is recommended to stop at the family-run Kviknes Hotel, take a stroll among the Swiss-style villas and visit Ciderhuset ('the Cider House') to try home-made fruit wine or apple cider.

Balestrand – Solvorn, 65 km, 1 ferry, 1 h 38 min

In the peaceful village of Solvorn, you will find Norway's oldest hotel, Walaker Hotell. A romantic, family-run hotel by the fjord.

Take the ferry across the fjord to the 850-year-old Urnes stave church, an attraction inscribed on the

UNESCO World Heritage List, and go to Nigardsbreen glacier, an arm of the Jostedalbreen glacier.

Solvorn – Flåm, 87 km, 1 ferry, 1 h 50 min

On your way to Flåm, you can either drive through the world's longest road tunnel, Lærdalstunnelen (24.5 km), or choose the Scenic Route Aurlandsfjellet with the Stegastein viewpoint overlooking the Aurlandsfjord.

Flåm is home to Fretheim Hotel, attracting guests since the 1800s. You can join a beer tasting session at Ægier, the local craft brewery, try a fjord cruise on the Nærøyfjord, and, the famous Flåm Railway.

Flåm – Bergen, 167 km, 2 h 35 min

Stop at Gudvangen to visit the Viking village Njardarheimr before heading back to Bergen.

Bergen – Haugesund – Stavanger



Bryggen in Bergen.

© SVÆRE HØRNEV / WWW.FJORDNORWAY.COM

Experience

- The Lysefjord – this detour is a must!
- From Lysebotn, drive up the hairpin bends to the Suleskar pass, then take the scenic return journey to Stavanger via Byrkjedalstunet
- The reconstructed Viking farm at Avaldsnes
- A short boat ride from Haugesund takes you to the exotic island community Røvær
- Utsira, one of Norway's smallest municipalities
- The beaches of Jæren deserve a visit
- 'Swords in Rock' is an amazing sculpture
- Skudeneshavn with its wooden houses and galleries
- Violinist Ole Bull's enchanting summerresidence at Lysøyen
- Øvre Holmegate, known as Stavanger's Notting Hill



THREE CITIES AND A FJORD

🕒 3-5 DAYS 📍 221 KM 🚢 2 FERRIES

Bergen – Haugesund, 139 km, 1 ferry 3 hours 22 min.

Bergen is the gateway to the fjords. Its location located between the Hardangerfjord and the Sognefjord, makes it the perfect starting point for day trips to the biggest scenic attractions in the region. The old Hanseatic wharf, Bryggen, situated near the city's lively Fish Market, is on UNESCO's World Heritage List. The city has a rich cultural scene and there are lots of exciting activities for visitors of all ages and interests. You easily get to the top of two of the seven mountains that surround the city centre, by cable car or funicular.

The road from here is easy: The E39 brings you to Haugesund, by ferry from Halhjem to Sandvikvåg. The heart of this friendly city is the sound and the

natural harbour, built in beautiful natural stone. The area's many cultural attractions include Avaldsnes Church on Karmøy and the reconstructed Viking Farm.

Haugesund – Stavanger, 82 km, 1 ferry, 2 hour 6 min.

The trip to Stavanger continues on the E39, with a ferry from Arsvågen to Mortavika. Take a detour via the southern most tip of Karmøy to Skudeneshavn, a charming, well preserved town.

Stavanger can boast several of the best restaurants in Norway and exciting local produce. Old Stavanger is home to Northern Europe's largest concentration of old wooden houses.

The city is an excellent starting point for day trips to the Lysefjord, or to the Pulpit Rock or Mount Kjerag. Stavanger has many museums where you can learn about art, Viking history, the canning industry and Norway's oil history. Southwest of the city, you will find the sand dunes and pebble beaches of Jæren.

www.visitbergen.com
www.visithaugesund.com
www.regionstavanger.com

The Bergen Card
www.visitBergen.com/BergenCard

TOUR SUGGESTIONS / MEDIUM TOURS



The Geirangerfjord.

A TOUR OF WORLD HERITAGE SITES

Ålesund – Geiranger 108 km, 2 hours 18 min.

The trip starts in the Art Nouveau town of Ålesund. The Art Nouveau Centre, Atlanterhavsparken aquarium and Fjellstua are musts when you visit the town.

From Ålesund, drive to Geiranger via Sjøholt on the E39, then on to Linge on the RV650. Ferry from Linge to Eidsdal. Drive Ørnevegen, which is part of the Norwegian Scenic Route to Geiranger. We recommend a fjord cruise on the Geirangerfjord, which is a UNESCO World Heritage Site.

Geiranger – Loen 82 km, 2 hours 36 min.

From Geiranger, drive the Fv60 to Dalsnibba viewpoint. Then follow the road to Stryn and Loen. We recommend the new attraction in Loen, the Loen Skylift, which takes you up the mountain in a few minutes.

Follow the RV60 and E39 from Loen to Skei and on to Sogndal. Stop in Fjærland to visit the Norwegian Glacier Museum, or the town's second-hand book shops.

Loen – Sogndal 128 km, 2 hours

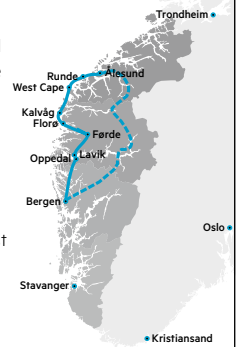
There is a lot to see along the Sognefjord. Urnes Stave Church was built in around 1150 and is inscribed on UNESCO's World Heritage List. Kaupanger, Borgund and Hopperstad are other stave churches worth a visit. The Nigardsbreen glacier is also in the vicinity.

Sogndal – Flåm 72 km, 1.5 hours (shortest way)

From Sogndal, drive to Mannheller and take the ferry to Fodnes. In Lærdal, you can either drive the world's longest road tunnel, the 24.5-km Lærdal Tunnel, or take the Norwegian Scenic Route Aurlandsvegen and visit Stegastein viewpoint. Vehicles over 12.5 metres long

Experience

- The Art Nouveau town Ålesund
- The Geirangerfjord – one of the most magnificent fjords in the world
- Loen Skylift
- Fjærland
- Urnes Stave Church – built around 1150.
- The Nærøfjord – the narrowest fjord in the world
- Flåm Railway
- Bryggen in Bergen



🕒 3-7 DAYS 📏 560 KM 🚢 2 FERRIES

cannot take the Aurlandsvegen road. In Flåm, we recommend taking the Flåm Railway to Myrdal and back, and a fjord cruise from Flåm to Gudvangen on the Nærøfjord, which is also on UNESCO's World Heritage List. Or you could go on a kayaking trip or a fjord safari in a RIB boat.

Flåm – Voss – Bergen 170 km, 2 hours 44 min.

From Flåm, follow the E16 to Voss and on to Bergen. Voss offers exciting activities such as rafting, kayaking, cycling, walking etc.

In Bergen, we recommend a visit to Bryggen wharf, which is inscribed on UNESCO's World Heritage List. Other attractions include Edvard Grieg Museum Trolldaugen, the Fløibanen Funicular, the Fish Market and many art museums.



Folgefonna, Hardanger.

AN ADRENALINE-FILLED ADVENTURE

Bergen – Folgefonna – Utne/Lofthus, approx. 168 km, 2 ferries, 4 hours

For a bird's eye view of the 'City of the Seven Mountains', take the Fløibanen Funicular or the cable car up Mount Ulriken, and explore the well-marked trails that lead into the mountains. Try a GPS challenge, climbing and abseiling or Norway's fastest zip-line. Back down by the harbour, visit Bryggen wharf, a unique attraction inscribed on UNESCO's World Heritage List.

From Bergen, follow the E16 to Trengereid, and then take the Rv7 which is a Norwegian Scenic Route. Stop at Steinsdalsfossen waterfall just outside Norheimsund. A 20-minute ferry trip from Tørvikbygd takes you to Jondal. The dazzling Folgefonna glacier and Fonna Glacier Ski Resort are situated high above the Hardangerfjord.

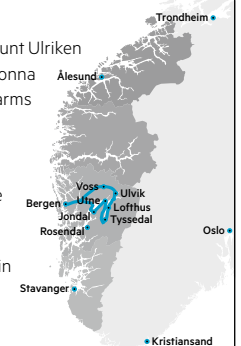
The village of Utne and Hardanger Folk Museum are well worth a visit before you take the ferry across to Kvanndal.

Utne/Lofthus – Tyssedal – Ulvik – Voss, 1 ferry, approx. 160 km, 3 hours 3 min.

One of Norway's most fantastic viewpoints is situated in the mountains near Tyssedal. It is only possible to get to Trolltunga in summer when the snow has melted. You have to do a tough 20-km mountain hike up 800 altitude metres to reach the viewpoint. It takes 10 to 12 hours, so check the forecast and sunset time before you set off and remember to bring food! We recommend guided excursions, and there are several exciting activities and routes to choose between. From March, you can also join an experienced guide on a snowshoe tour.

Experience

- Norway's fastest zip-line on Mount Ulriken
- A guided glacier walk on Folgefonna
- Agatunet hamlet – a cluster of farms dating back to the Middle Ages
- The old hydropower plant in Tyssedal
- A hike to Trolltunga – one of the most stunning viewpoints in Fjord Norway
- Kayaking or whitewater rafting in Eidfjord
- Enjoy the taste at Hardanger Juice and Cider Factory
- Try the high-adrenaline sports of your choice at Voss!
- Dale of Norway's factory outlet
- Summer skiing at Fonna Glacier Ski Resort

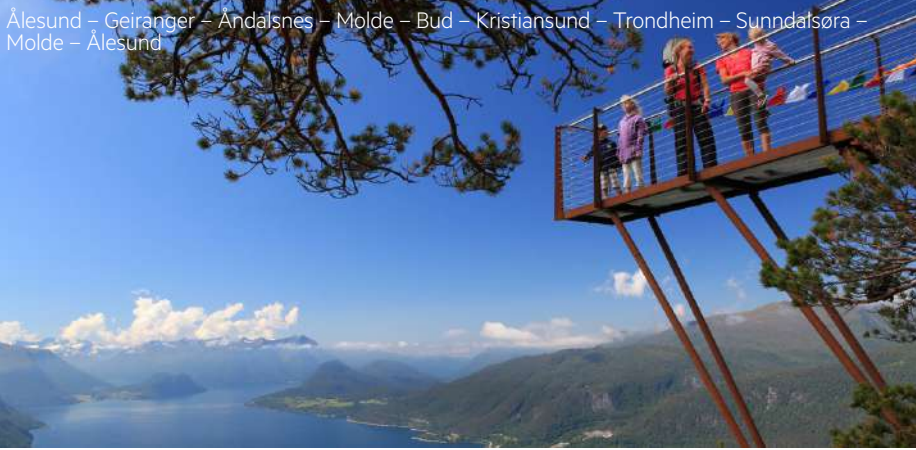


🕒 4-6 DAYS 📏 400 KM 🚢 1-2 FERRIES

From Tyssedal, cross the impressive Hardanger Bridge, and follow the Rv7 which winds its way along the Hardangerfjord.

Voss – Bergen, 106 km, 1 hour 40 min.

There are many exciting activities on offer in Voss. How about whitewater rafting or maybe trying the wind tunnel? Allow at least 1.5 hours for the drive on the E16 from Voss to Bergen. There's no reason to hurry through beautiful landscape!



Romsdalstrappa, Åndalsnes.

THE WONDERS OF MØRE OG ROMSDAL

Ålesund – Geiranger, 108 km, 2 ferries, 2.5 hours

Ålesund is straight out of a fairy tale. Few places can beat its location, surrounded by fjords and mountains and facing the open sea. Ålesund also has a unique cultural history. The town can thank the fire of 1904 for its concentration of Art Nouveau architecture, which is considered one of the finest in the world.

We recommend learning more about the history of the town by visiting the Art Nouveau Centre. Then when you walk through the town, lift your gaze and see the elegant facades and imaginative ornamentation. Your reward for climbing the 418 steps to the top of Mount Aksla is an unforgettable view.

The ferry quay Magerholm is a 20-minute drive from Ålesund. The trip across to Aursnes takes 15 minutes. Follow the roads to Hellesylt, where you can take a ferry to Geiranger (April to October – book in advance). The Geirangerfjord is one of the most beautiful fjords in Norway and is inscribed on UNESCO's World Heritage List.

Take your time when you get to Geiranger. A walk along the road above Geiranger takes you to Flydalsjuvet, one of Norway's most photographed scenic viewpoints. Try the beautiful Waterfall Walk that leads from the village up to Hotel Union and on to Norsk Fjordsenter.

Geiranger – Åndalsnes – Molde, 140 km, 2 ferries, 2 hours 35 min.

Next morning, you can look forward to more great viewpoints, such as the top of Ørnevegen (Eagle Road) after driving up the hairpin bends from Geiranger. The road continues to Eidsdal, where there is a ferry to Linge.

Then drive to the popular viewpoint at Gudbrandsjuvet gorge. The river Valdøla roars at the bottom of the gorge, and you can see how it has formed potholes and striking rock formations. After the impressive Trollstigen

road (closed in winter) and its eleven hairpin bends, you come to Åndalsnes by the Romsdalsfjord. Visit the Norwegian Mountaineering Centre, where there is even an indoor climbing wall.

Molde is known as the town of roses and jazz, and is in a beautiful location surrounded by fjords and mountain peaks. In the 1900s, more parks and rose gardens were established here than anywhere else in Norway. The town's prestigious international jazz festival celebrated its 50th anniversary in 2011.

Drive up to the viewpoint to see the Molde panorama of 222 mountain peaks.

Molde – Bud – Kristiansund, 105 km, 1 hour 53 min.

The idyllic fishing village Bud is situated one hour from Molde. In the 1500s and 1600s, Bud was the biggest trade centre between Bergen and Trondheim.

The coastal route between Molde and Kristiansund is proof that travelling is more than half the fun. The Atlantic Road takes you from islet to islet across bridges and causeways – almost like driving on the sea. Many people drive out here during raging storms to see the waves breaking across the road.

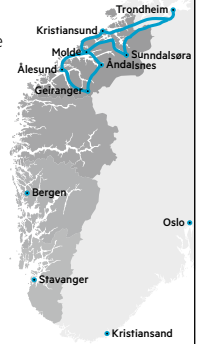
If you have time, consider a boat trip to Håholmen, a well preserved 18th century fishing village known for its replicas of Viking ships. Book ahead and you can also enjoy a delicious seafood lunch, go deep sea fishing or set to sea on a Viking ship.

Kristiansund is known for its excellent clipfish. For hundreds of years, top quality cod has been salted and dried and exported to the Mediterranean and further afield.

If you're looking for an excuse to postpone your journey back, we recommend a boat trip to Grip, a group of beautiful islands 14 km from Kristiansund.

Experience

- Wildlife Sea Safari along the coastline outside Ålesund in a high speed RIB-boat.
- Strawberries are an attraction too – at least in the village of Vallidal!
- The Information Centre Norsk Fjordsenter in Geiranger yields a fascinating insight into history, culture and life along the fjord.
- Experience two Norwegian Scenic Routes – the Atlantic road and the Geiranger-Trollstigen.



🕒 4-7 DAYS 📏 870 KM 🚢 7 FERRIES

Kristiansund – Trondheim, 197 km, 1 ferry, 3 hours 30 min.

From Kristiansund to Trondheim, you can choose the E39 express route, or the slightly longer coastal route, which is a northern extension of the Atlantic Road. There is a ferry between Servia and Tømmervåg on the coastal route. In Trondheim, Nidaros Cathedral is a must, as is exploring the old wooden houses and narrow streets of Bakklandet.

Trondheim – Sunndalsøra – Molde, 274 km, 1 ferry, 4 hours 8 min.

Drive southwest to Sunndalsøra, a village at the end of the great salmon river Surnaelven. Take the Kvanne-Rykkjem ferry and continue on to Sunndalsøra. From Sunndalsøra, drive on to Molde. You can stay at Angvik Gamle Handelsstad or at one of the lovely hotels around Molde.

Molde – Ålesund, 82 km, 1 ferry, 2 hours

After taking the Molde-Vestnes ferry, the journey ends back in the Art Nouveau town of Ålesund.



Håholmen.



Geirangerfjord.



Gudbrandsjuvet.

TOUR SUGGESTIONS / MEDIUM TOURS



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Oslo – Gudvangen – Bergen – Haugesund – Karmøy – Stavanger – Oslo

Experience

- The Viking Village Njardarheimr, to learn more about the Vikings, how they lived and worked
- Bergen, a UNESCO World Heritage City and a European City of Culture
- Fløibanen funicular to the top of Mt Fløyen and enjoy a magnificent view of Bergen
- Bergen Maritime Museum
- Haugesund, homeland of the Viking Kings
- Avaldsnes Viking Village and Norway's oldest royal seat
- The national monument Swords in Rock



A JOURNEY IN THE FOOTSTEPS OF THE VIKINGS

Oslo – Gudvangen, 330 km, 4 h 50 min

In the Viking village Njardarheimr in Gudvangen you can see and experience first-hand what it was like to live in the Viking Age. You can taste real Viking food, see an authentic Viking battle, and learn more about their weapons.

Gudvangen – Bergen, 147 km, 2 h 15 min

In Bergen we recommend a visit to Mount Fløyen, Bryggen and Bergen Maritime Museum to look at models of the famous ships that have been found from the Viking Age (800–1050): Oseberg and Gokstad.

Bergen – Haugesund – Avaldsnes, 147 km, 1 ferry, 3 h 30 min

Haugesund – the homeland of the Viking Kings. Just outside Haugesund lies Avaldsnes, a reconstructed Viking village. This is Norway's oldest royal seat, where you can learn about the life and times of the Vikings.

Avaldsnes – Stavanger, 75 km, 2 h, 1 ferry

The national monument Swords in Rock (Sverd i Fjell) is found at Hafstrfjord. The story goes that it was here that Harald Fairhair united Norway into one kingdom in 872. The monument consists of three large swords that have been planted in the rock. Stavanger also has lots of other exciting activities to offer for active visitors and culture enthusiasts. The city can also boast two Michelin-starred restaurants.

🕒 6-7 DAYS 📏 1173 KM 🚢 2 FERRIES

Stavanger – Oslo, 457 km, 7 h 10 min

On your way back to Oslo from Stavanger you will, among other things, drive along Frafjordheiane. This is a landscape protection area with a characteristic and beautiful landscape that is home to wild reindeer, moose, deer and a rich bird life.

Bergen – Flåm – Sogndal – Solvorn – Balestrand – Bergen

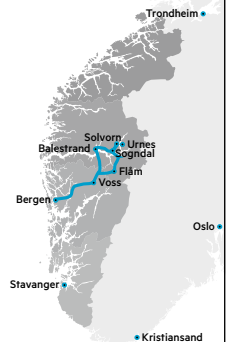


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Urnes Stave Church.

Experience

- Tour of the production of Balholm cider, juice and brandy
- Ciderhuset.no – cider tasting
- Kviknes hotel
- Amblegaard.no – farm shop
- Stegastein – viewpoint
- Lærdalsøyri
- Urnes.no – slow food at Urnes farm
- Undredal – great goat cheese and a tiny stave church



A TASTE OF LIFE AND TRADITION

Spring is the perfect time to explore Fjord Norway – that's when our magnificent landscape awakens after winter.

Bergen – Balestrand, 187 km, 1 ferry, 3 hours

From Bergen, follow the E16 to Voss, an inland town with deep cultural roots. You can sense its colourful heritage at Voss Folk Museum, Mølstertunet farmstead, or at a concert featuring the Hardanger fiddle, a double stringed instrument with a haunting sound. Continue across the Vikafjell mountains. Just before you reach the Sognefjord, stop at Hopperstad Stave Church. The village of Vik by the fjord produces a pungent cheese known as gammalost; aficionados claim it's a natural Viagra ...

Balestrand, one of the most picturesque villages in Norway, is situated across the fjord. At Kviknes Hotel, insist on a window table with a view. Visit the family-run

Ciderhuset to learn about traditional berry and fruit juice production.

Balestrand – Solvorn, 63 km, 1 ferry, 1 hour

On the eastbound Rv55 along the Sognefjord, you will discover many treasures – such as Urnes Stave Church, a UNESCO World Heritage Site, which is a short ferry ride from Solvorn across the Lustrafjord. Accommodation is available at Urnes Farm, a stone's throw from the stave church. The farm has its own deer herd. The old barn has been converted into a café and shop, which sells farm fresh products.

A short detour from the winding road that connects Urnes and Skjolden, takes you to Vetle Kroken Farm. Visit Fjordatunet, learn about local farm history and fruit and berry production.

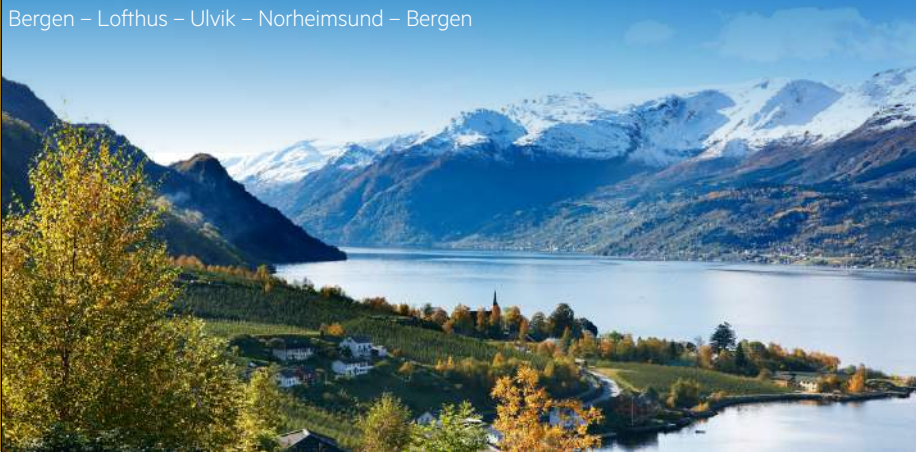
🕒 4-8 DAYS 📏 503 KM 🚢 3 FERRIES

Solvorn – Flåm, 86 km, 1 ferry, 1.5 hours

We recommend driving past Sogndal and taking the Mannheller–Fodnes ferry to Lærdal. The old village, Lærdalsøyri, is a large cluster of beautifully preserved wooden houses. Continue through the Lærdal Tunnel to Flåm or choose the Norwegian Scenic Route across the scenic Aurlandsfjellet (closed in winter). Make sure you don't miss Stegastein viewpoint, where you can enjoy breathtaking views of the Aurlandsfjord.

Flåm – Bergen, 167 km, 3 hours

There is ample opportunity in and around Flåm to enjoy wilderness activities, cultural attractions and local produce. Consider a visit to Undredal, a tiny village renowned for its goat cheese – and the world's smallest stave church.



Lofthus, Hardanger, Hordaland.

A TASTE OF AUTUMN IN THE FJORDS

Bergen – Os – Lofthus, 165 km, 2 ferries, 4 hours 9 min.

Bergen has a beautiful location, protected by the archipelago and surrounded by seven mountains. The Hanseatic wharf Bryggen is inscribed on UNESCO's World Heritage List. Wander through medieval history and the wooden alleyways behind the famous row of gabled buildings. Take the Fløibanen Funicular up to the best view of the city. Spend two nights in Bergen, so that you can see the city's many sights and attractions.

The half hour drive to Os goes through the gentle landscape south of Bergen. From Bjørnefjorden Gjestetun, you can enjoy a great view of the fjord, the Rosendalsfjellene mountains and Folgefonna glacier.

On to Hardanger, Norway's orchard. One of the most exciting trips starts here and involves two ferries: Hatvik–Venjanaset and Gjermundshavn–Løfallstrand. The Barony Rosendal, with its old renaissance garden, fragrant roses and manor built in 1665, is five minutes south of the last ferry quay.

The new road to Lofthus goes through the Folgefonna Tunnel, and past Odda and Tyssedal. Spend the night at Hotel Ullensvang in Lofthus, or continue to Kinsarvik and take the ferry to Utne and the venerable Utne Hotel.

Lofthus – Ulvik, 43 km, 51 min.

From Lofthus, drive north along the Sørfjord and across the Hardanger Bridge. Continue to idyllic Ulvik. Before you cross the Hardanger Bridge, take a detour to Eidfjord and the Norwegian Nature Center.

Experience

- Explore Bergen and the UNESCO World Heritage Site Bryggen with the Bergen Card
- Visit the composer Edvard Grieg's beautiful villa Trolldhaugen
- The lively Fish Market in Bergen
- Factory tours of Janus and/or Oleana, which produce traditional Norwegian textiles
- Bleietunet, a modern fruit farm that serves lunch and dinner for groups, guided garden tours, farm shop
- Norwegian Nature Center
- The fruit and cider walk in Ulvik
- Steinstø Farm, a family-owned fruit farm with guided tours



🕒 5-7 DAYS 📏 349 KM 🚢 2 FERRIES

Ulvik – Norheimsund, 72 km, 1.5 hours

The trip continues west on the Rv7 along the Hardangerfjord, with orchards dotted along the road to Øystese and Norheimsund. Hardanger Maritime Museum provides an interesting insight into the Vikings' boat building methods.

Norheimsund – Bergen, 77 km, 1.5 hours

On the road back to Bergen, stop at Steinsdalsfossen waterfall outside Norheimsund, where there is a path that takes you behind the waterfall!



Rallarvegen.

ADVENTURES FOR ACTIVE PEOPLE – BY PUBLIC TRANSPORT

Bergen – Voss

Many exciting holidays start in Bergen. For a bird's eye view of the 'City of the Seven Mountains', take the funicular up Mount Fløyen, where you can explore the many hiking trails, or you can try Norway's fastest zip-line on Mount Ulriken!

Voss, a scenic 90-minute train ride away, is an inland town that offers a wealth of outdoor activities, for instance river rafting – for beginners and families, as well as for high-adrenaline sports junkies.

Finse – Flåm

Another great adventure is cycling Rallarvegen (the navvies' road). From Finse train station, 1,222 metres above sea level, to Flåm by the fjord, most of the 57 km is a gentle downhill. Rallarvegen was built more than a hundred years

ago to cart in supplies for the thousands of workers building the Bergen Railway. Today, the old road attracts many cyclists wishing to do the exotic two-wheeled journey.

To the southwest, you can see the bluish ice of the Hardangerjøkulen glacier, and it is not uncommon to see reindeer roaming freely in the distance. If you have a keen eye, you may spot a well camouflaged ptarmigan or fox, or an eagle searching for prey high above you. At Kleivagjelet ravine, you start to descend from the mountain plateau. Here the river flows into a series of pools. Further on, we advise you to walk your bike down the steepest gravel sections. You can pick up speed on the tarmac road, down the lush valley to Flåm. New adventures await you in Flåm – for instance kayaking on the fjord or a fjord safari in a RIB-boat. In addition to the stunning landscape, you may well experience seals, porpoises and other wildlife up close.

Public transport:

- Train:** nsb.no
- Bus:** nettbus.no
- Boat:** norled.no

Season:

- Cycling Rallarvegen: July–October
- Rafting: May–October
- Glacier walking: May–September

**Norled
Brebussen
NSB
Norwaybussexpress**



Flåm – Jostedalsbreen glacier

Nothing compares to a glacier hike with an experienced guide! From Flåm you can take the bus to Sogndal, and from there the Glacier Bus (Jun – Aug) to Nigardsbreen, an arm of the largest glacier on mainland Europe: Jostedalsbreen. To gain additional insight into the inner life of the glacier and how it shaped the landscape over the millennia, visit the Norwegian Glacier Museum in Fjærland or Breheimsenteret Glacier Centre in Jostedal. Overnight stay in Sogndal before returning to Flåm.

Sogndal/Jostedal – Flåm/Bergen/Oslo

After returning to Flåm, you have a number of options. There are trains and buses to Bergen and Oslo. Alternatively you can take the express boat on the impressive Sognefjord to Bergen (April – September).



Loen Skylift

NORWEGIAN SCENIC ROUTES

Bergen – Haugesund – Stavanger, 200 km, 2 ferries, 5 h

The UNESCO World Heritage-listed Bryggen is the pride of Bergen, and a walk through the narrow alleys and backyards behind the colorful facades is like going back in time to when the Hansa merchants dominated this part of town from the 15th and 16th centuries.

For a mid-way stop along route E39 southwards to Stavanger, do take a stroll along the charming harbor in Haugesund and visit the Nordvegen History Center and Viking farm at Avaldsnes, a former seat of powerful kings and chieftains. In Stavanger it is recommended to have stroll through the picture-perfect white houses in the Old Town and the fun and visit the quirky Canning Museum and Petroleum museum.

Stavanger – Egersund, 92 km, 1 h 30 min

From Stavanger, a short drive south brings you to Bore at Jæren. Norwegian Scenic Route Jæren runs through green farmlands with many lighthouses dotting the sandy and pebble beaches. Orre beach stretches on for several kilometers, perfect for a walk in the sand dunes.

Egersund – Oanes – Hjelmeland, 156 km, 1 ferry, 3 h

From Egersund drive to Lauvika and take the ferry across to Oanes, where you can jump on a sightseeing cruise on the magnificent Lysefjord and sail under the Preikestolen plateau. Hiking to the Preikestolen plateau is an amazing experience with an incredible view at the top, and getting there takes approximately four to five hours return.

Hjelmeland – Sauda – Odda 155 km, 1 ferry, 4 h

As you embark on Norwegian Scenic Route Ryfylke, you will notice how the landscape has transformed from the flat, lush farmlands and beaches at Jæren into a rugged scenery of deep forests, fjords and rolling hills. Among the architectural highlights of the route are the award-winning Høse bridge in Sand and the fascinating old zinc mines of Almannajuvet in Sauda. Continuing into the Hardangerfjord region and Norwegian Scenic Route Hardanger.

Odda – Øvre Eidfjord – Voss, 158 km, 3 h

The Hardangerfjord region is dramatic and spectacular, peaceful and idyllic all at once. Small villages and fruit farms dot the green banks of the fjord, surrounded by

mountains and roaring waterfalls. Don't miss the impressive Vøringsfossen waterfall on Norwegian Scenic Route Hardangervidda, with a fall of 182 meters.

Voss – Flåm – Sogndal, 150 km, 1 ferry, 3 h 30 min

From Voss, drive the hairpin bends at Stalheimskleiva with a pitstop by the viewpoint at Stalheim Hotel before you reach Gudvangen and the Viking village Njardarheimr by the UNESCO World Heritage-listed Nærøyfjord. A fjord cruise or RIB boat safari is a must, as well as a ride with the Flåm Railway, one of the world's most scenic rail journeys. Past Aurland village the windy road leads up to Stegastein viewpoint and a panoramic view of the fjord. Stegastein marks the entry to Norwegian Scenic Route Aurlandsfjellet, known as the Snow Road. Even in July there is still a good chance of seeing snow up here in the almost lunar landscape.

Sogndal – Lom – Grotli – Loen, 272 km, 5 h

From Sogndal, drive to Solvoll and cross the Lusterfjord by ferry to visit Urnes Stave Church, another UNESCO-treasure. From Lom, route 15 takes you to Grotli and Norwegian Scenic Route Gamle Strynefjellsvegen to Loen. The road was built by manual labor in the 19th century, connecting the East and West of Norway, and is especially beautiful in the fall when the forests don their golden and red colors.

Loen – Hellesylt – Geiranger, 82 km, 2 h 30 min

The new Loen Skylift takes you to the top of Mt. Hoven, and a short drive from the village center lies the serene lake and old farmsteads in Lodalalen valley. One hour drive away from Loen is Hellesylt, where the car ferry to Geiranger docks. From Geiranger continue up the mountainside to the Flydalsjuvet gorge and Dalsnibba viewpoint at 1500 masl.

Geiranger – Trollstigen – Åndalsnes, 87 km, 1 ferry, 2 h 30 min

Driving the Norwegian Scenic Route Geiranger-Trollstigen is not complete without a stop at Ørnesvingen viewpoint, for a final panorama view of the Geirangerfjord. The viewpoint at the top of Trollstigen is a masterpiece in architecture, blending perfectly into the dramatic landscape and offering a birds-eye view of the serpentine road. Coming down from the mountain the road leads on to Åndalsnes.

Experience

- 10 out of a total of 18 designated Norwegian Scenic Routes
- Visit Haugesund, home of the Viking Kings
- Architectural highlight and award-winning Høse bridge and the old zinc mines of Almannajuvet
- The impressive Vøringsfossen waterfall on Norwegian Scenic Route Hardangervidda, with a fall of 182 meters
- The UNESCO World Heritage-listed Nærøyfjord and the world famous Flåm Railway
- The new attraction Loen Skylift and the spectacular Trollstigen road with a stop at Ørnesvingen viewpoint
- The picturesque village Balestrand known for its Swiss style houses and cider production



🕒 14-18 DAYS 📏 2150 KM 🚢 14 FERRIES

Åndalsnes – Kristiansund – Atlanterhavsvegen – Molde, 226 km, 1 ferry, 4 h 30 min

The next leg of this roundtrip will loop around the northernmost part of the Fjord Norway region. Kristiansund has a beautiful location by the sea. South of the town Norwegian Scenic Route The Atlantic Road has earned the title "Norwegian construction of the century" for the masterful integration of eight bridges into the archipelago. In the summer, the aroma from a myriad of rose bushes fill the air, earning Molde the nickname "Town of Roses".

Molde – Ålesund, 82 km, 1 ferry, 2 h

Ålesund is a fascinating town, with a characteristic town center with in Art Nouveau Style. Towers and turrets are decorated with intricate floral patterns and colors, and the Art Nouveau Center houses a city museum and delicate artefacts from the bygone era. From the viewpoint at Mt. Aksla they seem almost like doll houses, surrounded by mountains, islands and deep blue ocean.

Ålesund – Hjørundfjord – Sandane, 160 km, 4 ferries, 5 h

From Ålesund awaits a journey through the dramatic landscape of the Hjørundfjord and the narrow Norangsdalen valley. Norangsdalen is full of cultural memories for those who stop and look, and at the bottom of Lyngstøylsvatnet lake you can see an old abandoned farm house in the clear water. At Sandane, the comfortable Gløppen Hotell is renowned for excellent local food.

Sandane – Gaularfjell – Balestrand, 193 km, 3 h 30 min

Along the banks of the serene Jølstravatnet lake head to Norwegian Scenic Route Gaularfjellet, where you will pass mighty waterfalls before reaching the impressive installation Utsikten balancing at 700 masl. The road snakes down the mountainside past Utsikten to Balestrand. The village by the fjord is known for the stylish Swiss-style villas and local fruit and cider production.

Balestrand – Vikafjell – Bergen, 195 km, 1 ferry, 4 h

After crossing the fjord to Vangsnes, you can visit Hopperstad Stave church from the 12th century, one of the oldest in the region. You will pass by the familiar town of Voss before reaching Bergen at journey's end.





Experiences:

- Bergen, a UNESCO World Heritage City and a European City of Culture
- Norway in a Nutshell round trip
- RIB boat safari or fjord cruise on the UNESCO listed Nærøyfjord
- The scenic train ride The Flåm Railway
- Ægir micro-brewery and beer-brewing traditions
- Winter activities in Myrkdalen Mountain Resort
- Five hours cruise along the rugged coast from Bergen to Stavanger by Fjord Line
- Fjord cruise Lysefjorden
- Charming city of Stavanger



Public transport:

Train: nsb.no, **Fjord cruise:** thefjords.no, **Bus:** netbuss.com
Ferry: fjordline.com

GO VIKING IN THE FJORDS

«To go Viking» was originally a verb used by Scandinavians to describe travelling overseas. This roundtrip shows you how to experience a time of year that truly brings forward the authentic toughness of what Fjord Life is all about. How many days you spend on this tour is up to you. A five-day journey will take you through the main sights, but there are plenty of activities and adventures worth adding an extra day for.

Bergen – Flåm, 3h (train, bus, boat)

The UNESCO World Heritage site Bryggen is beautiful any time of year, and the brightly colored wharf houses stand out against sun, rain or snow. Nearby lies the Fløibanen funicular, which takes you to the best view in town in only 8 minutes.

The origins of the lively harbor city can be explored at Bryggen Museum, and KODE art museums include works of the renowned Edvard Munch, the masters of the Golden Age of Norwegian oil paintings as well as contemporary pieces. The villa at Troldhaugen was once the home of famous composer Edvard Grieg and is today complimented by a museum. The Bergen Philharmonic Orchestra carry on the proud musical traditions as well as performing modern pieces in the Grieg Hall.

Known as the gateway to the fjords, Bergen is the starting point for half-day excursions the idyllic Mostraumen and full-day adventures to the Sognefjord. After exploring the city it is time to board the train and set off in the search of new adventures in the innermost reaches of the fjords. All through the year, travelers can experience the best of the Norwegian fjord landscape on the Norway in a Nutshell tour from Bergen to Flåm, where

the highlight of the tour is a tough choice between a cruise on the World Heritage Nærøyfjord and a ride on the spectacular Flåm Railway.

Flåm – Voss/Myrkdalen, 2,5h (train, transfer)

In the tranquil fjord village of Flåm, there is plenty to keep you busy. Warm and comfortable in a survival suit, you climb aboard the RIB boat for a fjord safari on the UNESCO World Heritage Nærøyfjord. Environmentally-friendly vessels aptly named Vision and Future of the Fjords sail quietly between Gudvangen and Flåm whilst protecting the vulnerable nature. The view that awaits you changes dramatically with the season, from golden hues in the fall, to dark, almost black waters of the winter fjord. When the snow lays heavy on the hillsides, a pair of snowshoes takes you up to the best view.

The Vikings took pride in their beer-brewing traditions, and Ægir micro-brewery is named after the giant in Norse mythology who was the best brewer of all. Have a seat by the welcoming fireplace in the brewpub for a taste or try the Viking Plank with local treats and beer pairings.

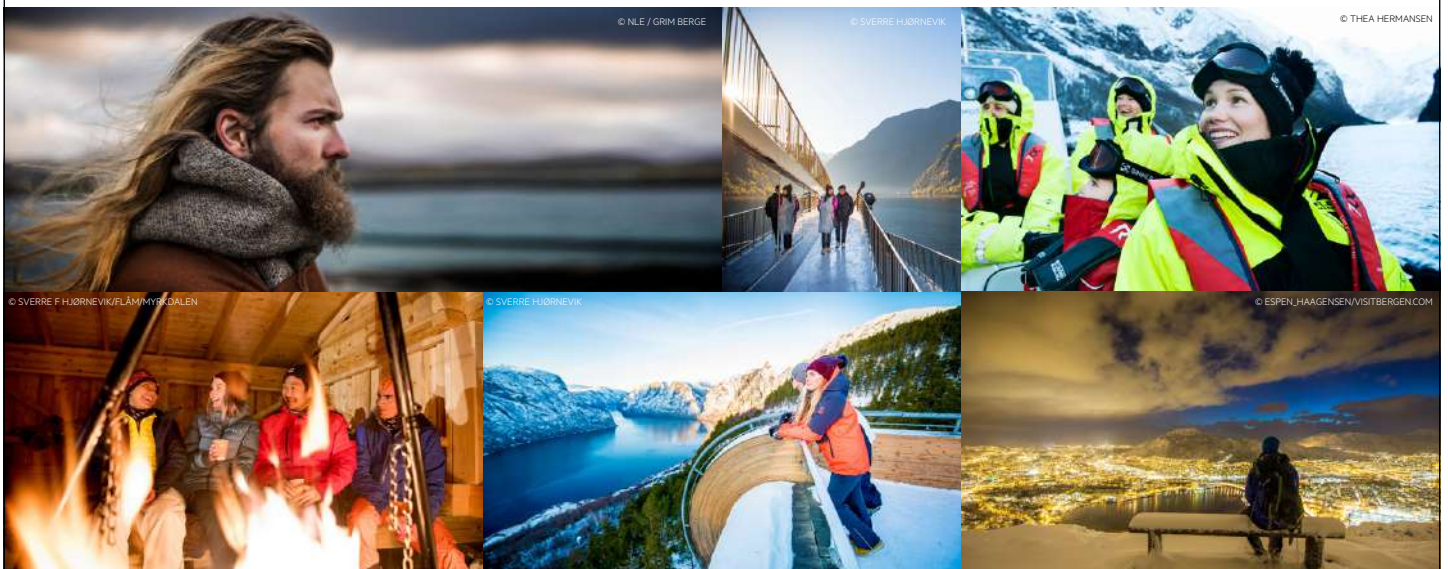
The beautiful Flåm Railway connects the village to Myrdal, where you board the train back to Bergen. Halfway between the two lies the town of Voss, where adrenaline-seekers and nature-lovers go hiking and biking in the mountains in fall and spring and try their skills in the wind tunnel. A half hour from the center of the lively winter town, Myrkdalen mountain resort guarantees perfect slopes and off-piste terrain. Whether you prefer skis, snowboard, a horse-drawn sleigh ride or even tobogganing, Myrkdalen has the winter adven-

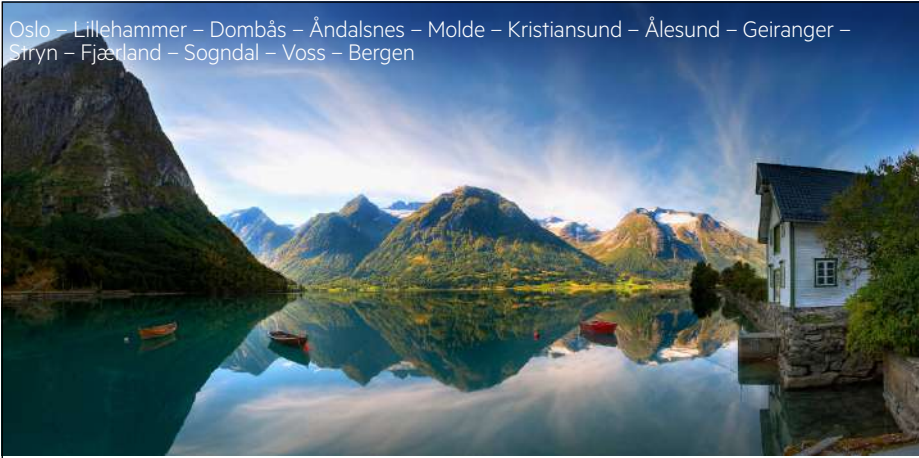
ture for you. A hot meal of local delicacies and a hot chocolate by the fireplace brings the heat back to your fingers and toes before bedtime in the modern hotel or comfortable cabins.

Voss/Myrkdalen – Bergen – Stavanger, 5,5h (train, boat)

The ski bus brings you from Myrkdalen to the afternoon train departure to Bergen in the skiing season, and in the morning as well as in fall and spring a transfer service can be booked to the train station. Back in Bergen, a Fjord Line cruise along the beautiful, rugged coast to Stavanger awaits. As you stroll along the streets, you will notice that Stavanger is a city of colors and flavors, with brightly painted facades on cafes and delicacy shops, and street art adorning the city's walls. Two restaurants in Stavanger have been awarded Michelin stars, inspired by Norwegian nature and the fresh ingredients of the region.

Cruises to the Lysefjord and the famous Preikestolen depart from the harbor, and if you are up for a true adventure, guided hikes take you to the plateau and other parts of the wild Ryfylke landscape. The rough beauty of the mountains truly shows its power in the fall, winter and spring months. Sudden weather changes, snow and temperature drops are common, and hiking without an official guide is not considered safe during this time. Norwegians have always had to adapt to the rough climate, and this brought about the popular saying «bad weather does not exist, only bad clothing». Protecting yourself from the elements with proper outerwear, boots and layers of warm wool is in true Viking spirit.





Hjelle, Stryn.

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Experience

- Oslo – Vigeland Park, Munch Museum, the Viking Ship Museum, the opera house.
- Lillehammer – and the stadiums built for the 1994 Winter Olympics.
- Rauma Railway – one of the most exciting train rides in Europe!
- Norsk Tindemuseum
- Molde Panorama – 222 mountain peaks
- The Atlantic Road – a road adventure
- Bacalão in Kristiansund
- Art Nouveau town of Ålesund
- Geirangerfjord – stunning waterfalls and farms perched on mountain ledges.



A GRAND TOUR OF FJORD NORWAY

Oslo – Lillehammer, 184 km, 2 hours 13 min.

If you want to get a sense of Oslo's vibe, walk up Karl Johans gate, from the Parliament building to the Royal Palace. Art lovers can also head for Vigeland Sculpture Park. Then drive north on the E6 to Lillehammer.

Lillehammer – Dombås, 156 km, 2 hours 7 min.

The landscape becomes more mountainous along the E6, as the road ascends towards Dombås.

Dombås – Åndalsnes, 110 km, 2 hours

Taking the Raumabanen Railway from Dombås or Bjorli to Åndalsnes is a unique experience. The Raumabanen Railway is one of the most exciting railway journeys in Northern Europe. Your gaze shifts from the roaring Raumaelva river to the peak of Romsdalshorn and then to the sheer Trollveggen cliff. Your destination Åndalsnes is situated on the Romsdalsfjord.

Åndalsnes – Molde, 60 km, 1 ferry, 1.5 hours

In Åndalsnes, you should visit the Norwegian Mountaineering Centre, dedicated to the history of mountaineering. It even has an indoor climbing hall!

When you get to Molde, consider visiting Romsdalsmuseet, one of the best folk museums in Norway. The town is also known for its beautiful panorama of 222 peaks.

Molde – Kristiansund, 72 km, 1 hour 15 min.

The Rv64 along the Atlantic Road crosses bridges and causeways between islands, islets and skerries at the ocean's edge.

Before you get to Kristiansund, you can take a short detour to Kvernes Stave Church. The church's humble exterior hides a sumptuously decorated interior. The fishing villages out on the coast are also worth a visit, like picturesque Bud on the tip of the peninsula, or Ona, Bjørnsund and Håholmen.

Kristiansund lies on three islands. Go 'island hopping' on the Sundbåten boat or walk up to Varden for a bird's eye view.

Kristiansund – Ålesund 145 km, 1 ferry, 4 hours

You can again experience the fairytale Atlantic Road on the way to Ålesund. If you would like a change of tempo and landscape, you can take the E39.

Ålesund has possibly the world's most coherent and harmonious concentration of Art Nouveau architecture, due to the fire that devastated the town in 1904. Architects and craftsmen came from all over Norway to help rebuild the town. Art Nouveau was in its heyday, and Ålesund was transformed into an attractive Art Nouveau town.

We recommend a guided city walk and a visit to the Art Nouveau Centre. As daylight fades, walk up the steps to the viewpoint on Mount Aksla.

Ålesund – Geiranger 110 km, 1 ferry, 2.5 hours

We recommend the route along the E39 to Sjøholt. Join the Rv650 at Linge and take the ferry to Eidsdal. Then follow the Rv63 to Geiranger. From the viewpoint on Ørnevegen (Eagle Road), you can enjoy a spectacular view of the famous Geirangerfjord.

Also visit Norsk Fjordsenter for an insight into the cultural history of the people who have lived along the fjord. Take the beautiful Waterfall Walk from Norsk Fjordsenter, and see the waterfalls at close range.

Geiranger – Stryn – Sogndal, 210 km, 1 ferry, 4 hours 37 min.

On the ferry from Geiranger to Hellesylt (April to October, remember to book) you can see the fjord with its high mountains and magnificent waterfalls. Abandoned farms on mountain ledges and lush areas of forest clinging to steep mountainsides are reflected in the tranquil blue-green fjord.

From Hellesylt, the journey continues on to Stryn and the village of Loen. Here, you can take the Skyliift Loen cable car for fantastic views, and see Briksdalsbreen, the most famous glacier arm of Jostedalbreen.

🕒 8-12 DAYS 📏 1305 KM 🚢 5 FERRIES

Photography enthusiasts can look forward to fantastic motifs across Utvikfjellet to Byrkjelo. We also recommend a stop at the Norwegian Glacier Museum in Fjærland and Bøyabreen, another well-known arm of the Jostedalbreen glacier. Sogndal is where glaciers, mountains and fjord meet.

Urnes Stave Church is another attraction you shouldn't miss – also inscribed on UNESCO's World Heritage List.

Sogndal – Flåm – Gudvangen – Bergen, 240 km, 1 ferry, 4 hours

From Sogndal, follow the Rv5 east to Mannheller and cross the fjord to Fodnes. The next stop is Lærdal, and the old village Lærdalsøyri. The Norwegian Wild Salmon Centre is another attraction that shouldn't be missed.

You have two options when you continue on the E16 to Bergen. The world's longest tunnel (24.5 km) is the quickest route between Lærdal and Aurland. The other option is the slower Aurlandsveien (closed in winter). The Aurlandsveien offers beautiful views of the Aurlandsfjord. Both roads lead to Flåm.

Make time for the Flåm Railway, voted the most beautiful train journey in the world by Lonely Planet! From here, you can take a boat to the narrow Nærøfjord, which is inscribed on UNESCO's World Heritage List. You can also take a ferry from Kaupanger to Gudvangen, to see more of the beautiful landscape.

From Gudvangen, the journey continues along the river valley to Voss, an inland town with strong cultural traditions. Take a break at Voss Folk Museum, Mølstertunet farmstead.

The journey west continues on the E16. Then just follow the winding road and tunnels to Bergen, the City of the Seven Mountains.



Raumabanen.



The Nærøfjord.



Lærdal.



Old Stavanger.

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Experience

- Trolldhaugen – home of composer Edvard Grieg
- Rosendal – an authentic barony with beautiful gardens
- Fonna Glacier Ski Resort – enjoy skiing and snowboarding even on the hottest summer days
- Skomakarnibba
- Sjernarøyane in Ryfylke – ideal for cycling, many of the islands are joined by bridges
- The beaches of Jæren are well worth a visit
- Observe salmon climbing the river in one of Norway's first Salmon Studios at Sand



🕒 5-8 DAYS 📏 683 KM 🚢 6 FERRIES

A JOURNEY OF DISCOVERY IN RYFYLKE AND HARDANGER, AND ALONG THE NORTH SEA ROAD

Stavanger – Sand, 110 km, 2 ferries, 3 hours
 Stavanger can thank the sea for its prosperity. The Norwegian Canning Museum tells the exciting story of 'the silver of the sea', while at the Norwegian Petroleum Museum, you can learn how 'black gold' is recovered from under the stormy North Sea.

One of the city's biggest attractions is Old Stavanger, Northern Europe's largest concentration of old wooden houses. Take a walk across the square and along the harbour. Talented street artists from all over the world make their mark on the city during the NuArt festival every September.

A boat trip on the Lysefjord is not to be missed – past the majestic Preikestolen, towering 600 metres above the fjord, and Mount Kjerag, which is even higher. Kjeragbolten is a strange sight – a boulder wedged in a crevasse more than a thousand metres above the Lysefjord! During summer, you can take the ferry from Stavanger to Lysebotn or from Stavanger to Tau.

The Norwegian Scenic Route Ryfylke takes you north to several fjords. After passing Tysdalsvatnet lake, you can visit the glass shop Glasskjellaren in Bjørheimbygd. Further on you will find Årdal Old Church, a distinctive long church from 1620. Enjoy lunch at Hjelmeland Spa Hotel made from the best local ingredients. Take the ferry from Nesvik across the Jøsenfjord to Hjelmeland. Continue along the fjord to Sand.

Sand – Rosendal, 150 km, 1 ferry, 3 hours
 Ryfylke's charm and beauty make even the most seasoned traveller stop in wonder. To the west, you get ever changing views of the archipelago. To get to Rosendal, take a ferry from Skånevik to Matre. Make time for a walk in the charming village of Skånevik.

The Barony Rosendal is famous for its rose garden and well kept renaissance garden. After a guided tour where

you learn about the fascinating history of Norway's only barony, you can enjoy a relaxing lunch in Rosendal with a view of the fjord.

There are many lovely detours you can do in Hardanger, for example to Folgefonna National Park. Explore the valleys at the foot of the glacier, go on a guided glacier walk, or go skiing or snowboarding at Fonna Glacier Ski Resort.

Rosendal – Bergen, 153 km, 1 ferry, 2.5 hours
 From Rosendal, there are two options. Around 10 km north of Rosendal, you can take the Årneses–Gjermundshamn ferry. On the other side of the fjord, the trip continues via Eikelandssøsen and Tysse to Bergen. For a relaxing option, take the express boat from Rosendal to Bergen.

Rome was built on seven hills, but only Bergen has the honour of being 'the City of the Seven Mountains'. Take a walk through the city centre and along Bryggen wharf, which is inscribed on UNESCO's World Heritage List. Explore the charming streets of old wooden houses in Sandviken or Nordnes, with an experienced guide if you wish.

For a bird's eye view of the city, take the Fløibanen Funicular, 200 metres from the Fish Market. For an even more impressive view, take the blue double-decker bus and the Ulriksbanen cable car to the top of Mount Ulriken (643 metres).

The city's art museums and many galleries are concentrated around Lille Lungegårdsvannet lake in the heart of the city. Music lovers should visit Edvard Grieg Museum Trolldhaugen. Bergen is famous for its diverse cultural scene, so check the calendar.

Bergen – Haugesund, 140 km, 1 ferry, 3.5 hours
 The next leg of your trip is easy: Just follow the E39 all the way to Haugesund. You must take the ferry from Halhjem to Sandvikvåg. This friendly town is known for its film and jazz festivals. Walk along the lively quay with its beautiful stonework and cobble paving, and enjoy the sea air.

Haugesund – Skudeneshavn – Stavanger, 130 km, 1 ferry, 2 hours 53 min.
 Haugalandet's many cultural attractions include the old Avaldsnes Church on Karmøy and the reconstructed Viking Farm nearby. It often organises exciting activities and storytelling around the fireplace.

Skudeneshavn, a charming and well preserved village, is a worthwhile detour. The history of the town goes back to the early 19th century, when herring fisheries made it a hive of activity and what we today know as the 'Old Town' emerged.

In Stavanger, you can enjoy a fine meal in one of the city's many renowned restaurants with menus made from fresh local ingredients.



The Rosendal Barony.



Preikestolen.

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© PAUL EDWARDS / WWW.FJORDNORWAY.COM



KAYAK THE FJORDS

Kayaking the fjords gives you the best kayaking experience in Fjord Norway.

In the island paradise of Solund

The archipelago of Solund with its 1,700 islands is located just two hours north of Bergen. Here, you can visit an authentic community far removed from busy tourist areas. You can go on a guided day tour that focuses on the coastal culture and local food or you can go on a multi-day tour, whichever you prefer. You can also visit Norway's westernmost point, Utvær Lighthouse.

In the Sognefjord

The Old King's path starting in Flåm. A sea kayaking tour and a short hike combined, the ideal way to experience the Fjords of Norway. We paddle to Fronneset, a place of historical importance with burial mounds from the Viking era, and follow a winding path along a wild river, passing amazing waterfalls and bubbling lagoons.

In the Geiranger area

Guided sea kayaking tour to Fjørå

Round trip starting and stopping in Valldal. This is a good trip for beginners. Just long enough and in lovely surroundings. Lunch pack included.

A guided kayaking tour in the beautiful UNESCO Geirangerfjord

Go on a personal adventure, exploring the vast untouched wilderness of this remote, abandoned fjord farm. During this hike you will be able to see both the majestic 'Seven Sisters' waterfall and the 'Suitor' waterfall.

Rent a kayak

Rent high-quality equipment at competitive prices. We have all you need for everything from a gentle paddle on the fjord to an expedition! Let one of our guides help equip you for your next adventure! All of our destinations rent out kayaks.

Tailor-made

Maybe you have special wishes or you simply haven't found what you are looking for, dates don't fit your schedule or you would prefer to spend your holiday with your own private group. There are many good reasons for contacting us and sharing your thoughts, wishes and dreams, so that we can work together on making your dream trip come true.

For more information and booking go to kayakthefjords.com





FLÅM
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IN THE HEART OF THE FJORDS

Book here: www.visitflam.com



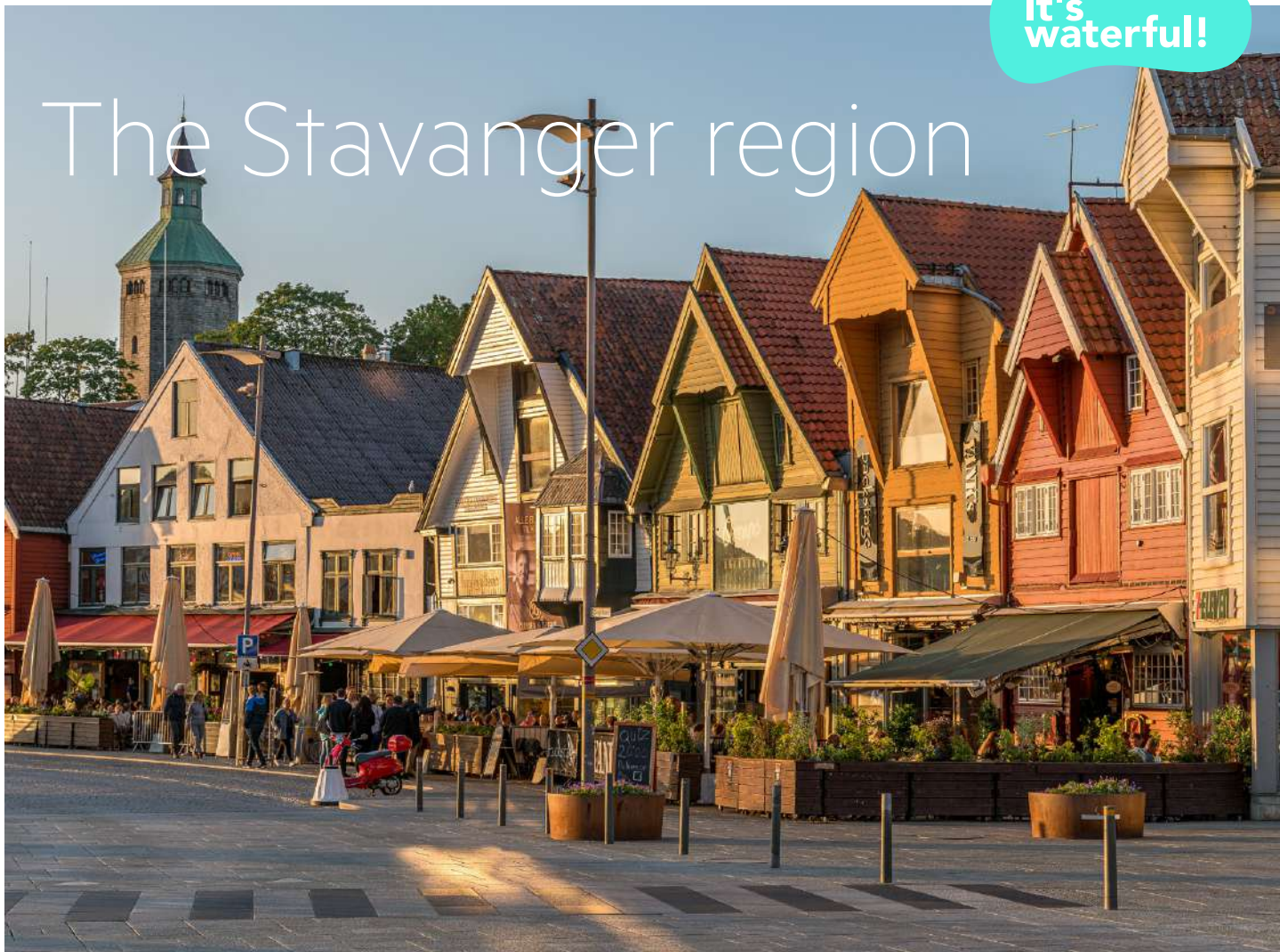
The Flåm Railway



Historical Fretheim Hotel

It's
waterful!

The Stavanger region



© Brian Tallman Photography

Vågen i Stavanger

Go on an Urban Nature Break™ to the Stavanger region! Where nature and city go hand in hand – enjoy the untouched nature one day, and eat at world class restaurants the next. Visit the iconic Stavanger Concert Hall, or attend an open air concert at Tungenes lighthouse or a full moon concert at Klepp.

The region offers beautiful long stretched beaches, pulsating city and cultural life, fjord and mountain landscapes as well as islands. The region is filled with contrasts; enjoy an active holiday with hikes to world famous attractions, such as Preikestolen and Kjerag, kayaking, biking, surfing and kiting at the beaches of Jæren, hunting and fishing, or climbing in Sandnes. The magnificent islands outside of Stavanger are perfect for boating. Stavanger city centre offers good restaurants, shopping, cozy coffee shops in Øvre Holmegate, also known as the colourful street as well as interesting cultural history in North Europe's best-preserved wooden houses, and Stavanger Cathedral dated 1125.

Scandinavia's largest food festival, Gladmat, is merely one of more than 30 large festivals and events taking place every year. Stavanger and Sandnes were both chosen

European capital of culture in 2008, a testimony to the rich cultural life in the region. The region also boasts a fantastic variety of museums, as well as several fun activities for kids and families, in addition to the popular theme park Kongeparken.

Visitor centres:

Sandnes: Vågsgata 22
Stavanger: Strandkaien 61

Regional marketing organisation and product coordination / development.

We offer free photo service, films, brochures and maps.

We assist and advise tour operators, MICE organisers and the press.



© Tommy Ellingsen

Rena

1. THE CULINARY REGION

Restaurants and ingredients in this part of Norway have received excellent reviews from both national food critics, as well as from the Michelin guide, where Stavanger became the first Norwegian city outside of Oslo to receive this highly sought after Michelin star in 2016. It was the restaurant RE-NAA that could boast one magic star. Seafood, lamb, vegetables and fruit from local producers can be enjoyed in world class restaurants. In 2017 Sabi Omakase also got 1 star in the Michelin guide.

the **Stavanger**
region

Region Stavanger

www.regionstavanger.com

info@regionstavanger.com



The Stavanger region



Surf's up

2. SURFING ON JÆREN

The winter is high season for surfing, and Norway's best surfing conditions are actually found along the Jæren beaches in the Stavanger region, resulting in large championships such as Eurosurf and Eurosurf Junior being hosted here.

3. MAGMA GEOPARK

In the south of the Stavanger region, you can experience an exciting geological environment in UNESCO Magma Geopark; in fact, you have to travel to the moon to find similar terrain! Staying along the coastline, you will also be able to experience the alluring Sogndalstrand; the only village where both the wooden buildings and the surrounding cultural landscape are protected.



Trollpikken

4. OLD STAVANGER

Old Stavanger has northern Europe's largest concentration of listed wooden houses with its 173 whitely painted houses. The area is one of the most photographed tourist spots in the city of Stavanger.



Old Stavanger

5. STREET ART – FESTIVAL

NUART is a street art festival organised annually in Stavanger. The art ranges from situationism, graffiti, post-graffiti, muralism, comic culture, stencil art and activism amongst many other things. It is without a doubt the most exciting development in visual art for decades. World leading artists have free reign to express themselves during the festival. Street art tours available all year.



Street art



Vitenfabrikken

6. MUSEUMS

Families can pick and choose among the Vitenfabrikken (Science Centre), Archeological Museum, Iron Age Farm, Norwegian Children's Museum, Vitengården, Stavanger Maritime Museum and Norwegian Petroleum Museum to name a few.

ATTRACTIONS IN IN THE STAVANGER REGION

Name	Address	Tel (+47)	Website	Email	Season
Breidablikk	Eiganesveien 40 A, Stavanger	51 84 27 00	museumstavanger.no	post@museumstavanger.no	S
Egersund Faience Museum	Fabrikkgaten 2, Egersund	51 46 14 10	egersundfayancemuseum.no	post@egersundfayancemuseum.no	A
Eigerøy lighthouse	Midbrødøya, Egersund	51 46 80 00	eigersund.kommune.no	post@eigersund.kommune.no	A
Fjøløy fortress and Fjøløy lighthouse	Fjøløy, Rennesøy	51 72 02 00	rennesoy.kommune.no	post@rennesoy.kommune.no	A
Friluftshuset på Orre	Nordsjøvegen, Orre	51 66 71 70	jarenfri.no	post@jarenfri.no	A
Fritz Røed Sculpture Park	Arne Garborgsvei 30, Bryne	51 77 60 00	time.kommune.no	postmottak@time.kommune.no	A
Gloppedalsura scree	Gloppedal, Dirdal	51 85 92 00	gjesdal.kommune.no	info@regionstavanger.com	A
Grødalandstunet	Grødaland 64, Nærbø	47 77 60 20	jaermuseet.no	grodaland@jaermuseet.no	Sp, S, F
Helleren and Jøssingfjord	Jøssingfjord, Hauge i Dalane	51 47 06 00	sokndal.kommune.no	postmottak@sokndal.kommune.no	A
Hå Old Vicarage	Håvegen 347, Nærbø	51 43 40 11	hagamleprestegard.no	kultur@ha.kommune.no	A
Kongeparken - Family Park	Kongsgaten 20, Ålgård	51 61 26 66	kongeparken.no	info@kongeparken.no	Sp, S, F
Kvassheim lighthouse	Kvassheim, Brusand	51 66 71 70	friluftsfyret-kvassheim.no	post@jarenfri.no	A
Ledaal	Eiganesveien 45, Stavanger	51 84 27 00	museumstavanger.no	post@museumstavanger.no	S
Magma Unesco Geopark		91 78 25 94	magmageopark.com	post@magmageopark.com	A
Midgardsormen	Frøylandsvatnet, Klepp og Time	51 77 60 00	midgardsormenbrua.no	postmottak@time.kommune.no	A
Museum of Archaeology in Stavanger	Peder Klowsgt. 30 A, Stavanger	51 83 26 00	am.uis.no	post-am@uis.no	A
Norwegian Scenic Route Jæren	Ogna - Bore	51 85 92 00	nasjonaleturistveger.no/	info@regionstavanger.com	A
Norwegian Canning Museum	Ø. Strandgt. 88, Stavanger	51 84 27 00	museumstavanger.no	post@museumstavanger.no	A
Norwegian Children's museum	Muségata 16, Stavanger	51 84 27 00	museumstavanger.no/	post@museumstavanger.no	A
Norwegian Petroleum Museum	Kjeringholmen, Stavanger	51 93 93 00	norskolje.museum.no	post@norskolje.museum.no	A
Obrestad lighthouse	Håvegen, Nærbø	51 79 16 60	ha.no	kultur@ha.kommune.no	Sp, S, F
Old Stavanger	City centre, Stavanger	51 85 92 00	regionstavanger.com	info@regionstavanger.com	A
Sogndalstrand	Sogndalstrand, Hauge i Dalane	51 47 06 00	sokndal.kommune.no	postmottak@sokndal.kommune.no	A
Stavanger Cathedral	Domkirkeplassen	51 84 04 00	stavangerdomkirke.no	postmottak.kirkevergen@stavanger.kommune.no	A
Stavanger Maritime Museum	Nedre Strandgt. 17-19, Stavanger	51 84 27 00	museumstavanger.no	post@museumstavanger.no	A
Stavanger Museum of Fine Arts	Henrik Ibsensgt. 55	51 84 27 00	museumstavanger.no	post@museumstavanger.no	A
Swords in Rock	Møllebukta, Stavanger	51 50 70 90	stavanger.kommune.no	postmottak@stavanger.kommune.no	A
The Museum of Aviation History	Flyplassveien 131, Sola	47 77 60 20	jaermuseet.no	flyhistorisk@jaermuseet.no	Sp, S, F
Utstein Monastery	Mosterøyveien 801, Rennesøy	51 72 00 50	museumstavanger.no	post@museumstavanger.no	Sp, S, F
Viking House	Strandkaien 44, Stavanger	41 24 67 16	www.vikinghouse.no	post@vikinghouse.no	A
Vitenfabrikken / Science centre	Storgt. 28, Sandnes	47 77 60 20	jaermuseet.no	vitenfabrikken@jaermuseet.no	A
Vitengarden (Science farm)	Kviavegen 99, Nærbø	47 77 60 20	jaermuseet.no	vitengarden@jaermuseet.no	A
Øvre Holmegate - The colourful street	Øvre Holmegate, Stavanger	51 85 92 00	regionstavanger.com	info@regionstavanger.com	A

FOOD & DRINK IN THE STAVANGER REGION

Name	Address	Tel (+47)	Website	Email
RESTAURANTS				
Bevaremegvel	Skagen 12, Stavanger	815 52 882	herlige-stavanger.no	booking@herlige-stavanger.no
Bølgen & Moi Stavanger	Norsk Oljemuseum, Stavanger	51 93 93 51	bolgenogmoi.no	stavanger@bolgenogmoi.no
Olivia Torget Restaurant	Kongsgårdbakken 3, Stavanger	23 11 54 70	olviarestauranter.no#!/restaurant/torget	booking@olivia.no
Fish & Cow	Skagen 3, Stavanger	51 50 50 50	fishandcow.no/	post@fishandcow.no
Flor & Fjære	Sør Hidle	51 11 00 00	florogfjare.no	booking@florogfjare.no
Nick & Jonnies Restaurant & Bar	Øvre Holmegate 20, Stavanger	51 86 41 58	gaffelogkaraffel.no	booking@gaffelogkaraffel.no
Matsalen	Lagerveien 2, Forus	815 52 888	matsalen.as/	bestilling@matsalen.as
NB Sørensens Dampskibsexpedition	Skagen 26, Stavanger	815 52 881	herlige-stavanger.no	booking@herlige-stavanger.no
RENAA 2 star Michelin*/ Renaa Matbaren	Nordbøgata 8, Stavanger	51 55 11 11	restaurantrenaa.no	post@restaurantrenaa.no
Ostehuset	Domkirkeplassen 3	51 86 40 10	ostehuset.no	post@ostehuset.no
Sabi Omakase	Pedersgata 38, Stavanger	92 54 37 81	omakase.no	omakase@sabi.no
Sabi Sushi Sandnes	Storgata 42, Sandnes	90 40 60 70	sabi.no	sandnes@sabi.no
Skagen Restaurant	Skagen 13	90 41 73 27	skagenrestaurant.no	post@skagenrestaurant.no
Tango Bar & Kjøkken	Skagen 3, Stavanger	51 50 12 30	tango-bk.no	post@tango-bk.no
Villa 22 Trattoria & Bar	Skagen 22, Stavanger	815 11 115	villa22.no/trattoria	bordbestilling@villa22.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Useful information

Norway's best preserved villa from 1880s in swiss style.
The exhibition shows a large selection of the factory's 132 years long production tradition.
Nice, easy hike to Norway's oldest cast iron lighthouse
Cultural and recreational area for the public in former military environments
Information centre about the beaches at Jæren. Café.
The park consist of 10 sculptures in the centre of Bryne
Avalanche boulders that are piled on top of an end moraine
An old farmstead at Jæren with houses from 1700's and 1800's.
Two small houses under Helleren in Jøssingfjord.
Today it is an art gallery and cultural centre, close to the ocean.
Western Norway's largest amusement park and Rogaland's most popular attraction.
Cafe and information centre for 23 wetland areas
Royal residence and manor house museum
Magma UNESCO Geopark, a unique geological area in southwest of Fjord Norway, where rocks are the same type as those found on the surface of the moon
Striking pedestrian bridge across lake Frøylandsvatnet.
Exhibition on the Viking Age, including archeological discoveries and an exhibition on rune stone.
Scenic road, 41 km along the North Sea.
A fascinating museum that shows the canning industry that brought Stavanger prosperity. (Closed until June 2021)
A really cool museum with activities and things to do for children of all ages!
An intereactive museum where you can experience how oil and gas was formed and how it has been extracted today.
Lodgings available in two two residences.
173 wooden buildings from turn of the18th century. Most of them are small white cottages.
Only village in Norway where both the wooden buildings from the 1700's and 1800's and the surrounding cultural landscape are listed
Stavanger Cathedral is the only Norwegian cathedral from the Middle Ages that has kept its original appearance and been in continuous use. (Closed May 20–May 23)
An insight into marine and general city history from the beginning of the 1800s and up to present time
Collection of distinguished Norwegian art ranging from the 19th century to contemporary art.
Monument to commemorate the battle that united Norway into one kingdom in 872 AD.
Local Norwegian aviation history from World War II until the present day
It is the only medieval monastery that remains in Norway.
VR experienc of Norway's first king when Norway was gathered to one kingdom.
Everything in The Science Factory is connected to science, technology and art.
Vitengarden is especially devoted to the «green» sciences.
A colourful street in the centre of Stavanger where all buildings have been painted in fresh and vibrant colours.

Capacity	Useful information
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90	Daily
122	Daily
170	Daily
110	Daily
300	Monday - Saturday, Sunday closed. May - September
82	Tuesday - Saturday
110	Monday - Saturday, Sunday closed
86	Daily
21	2 star Michelin from 2020. Tuesday - Saturday.
60	Monday - Saturday
10	1 star Michelin Guide 2017. Thursday - Saturday.
60	Daily
144	Monday - Saturday
60	Monday - Saturday, Sunday closed
115	Daily

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

It's
waterful!

© Outdoorsinnorway.com



Preikestolen

Coming from the south, Ryfylke is your first meeting with the fjords. The Lysefjord with Preikestolen and Kjerag are great for hiking, or you can simply enjoy the sights from a boat on the fjord.

The Norwegian Scenic Route Ryfylke, which is the main thoroughfare through Ryfylke, runs from Oanes by the famous Lysefjord in the south and ends at Hårå in Røldal in the north. It runs along the roads Rv. 13 and Fv. 520 and is 260 km long in distance.

Travelling along this scenic path gives you an ideal opportunity to experiencing the southernmost fjords. The Scenic route invites you into Fjord Norway showing you a landscape of varied, striking and lush scenery, where green, tranquil archipelagos and well maintained cultural landscapes are superseded by screes of stone, polished cliffs, fjords and mountains. Whilst driving along the road, you will find places to stop along the way with both stunning natural beauty as well as interesting cultural mementos from ancient times. Experience the past brought to life at Landa prehistoric village and study the prehistoric rock carvings at Solbakk in Strand. Explore Årdal old church and the old Kolbeinstveit farmstead by Suldalsvatnet lake. Count the number of fish swimming at the Salmon Studio in Sandsfossen and feel the spray from Svandalsfossen waterfall near Sauda! You can experience peace and quiet in Ryfylke on a walk in the mountains or sightseeing on the fjord.

Try the local salmon and halibut, catch it yourself or buy local produce. Early season strawberries from Fister and juicy cherries, plums, apples and pears are some of the treats available from the orchards of Ryfylke.

Hiking in Ryfylke

The Ryfylke region also offers a great network of varied, well-marked hiking trails. Enjoy a day excursion for the entire family, or take an extended trek from lodge to lodge, hiking up the peaks as you go. Choose clothing to accommodate weather changes, and wear boots or solid shoes. Pack a rewarding bite to chew on for when you reach your goal. For additional suggestions and GPX files, please visit www.ryfylke.com

Great food in Ryfylke

A great meal is one of the true delights of travelling – especially if you know that the dishes are prepared from the finest regional ingredients. Many restaurants and cafés in Ryfylke take great pride in basing their menu on prime local products. We invite you to taste the flavour of Ryfylke as you travel the Norwegian Scenic Route Ryfylke.



Høsebrua

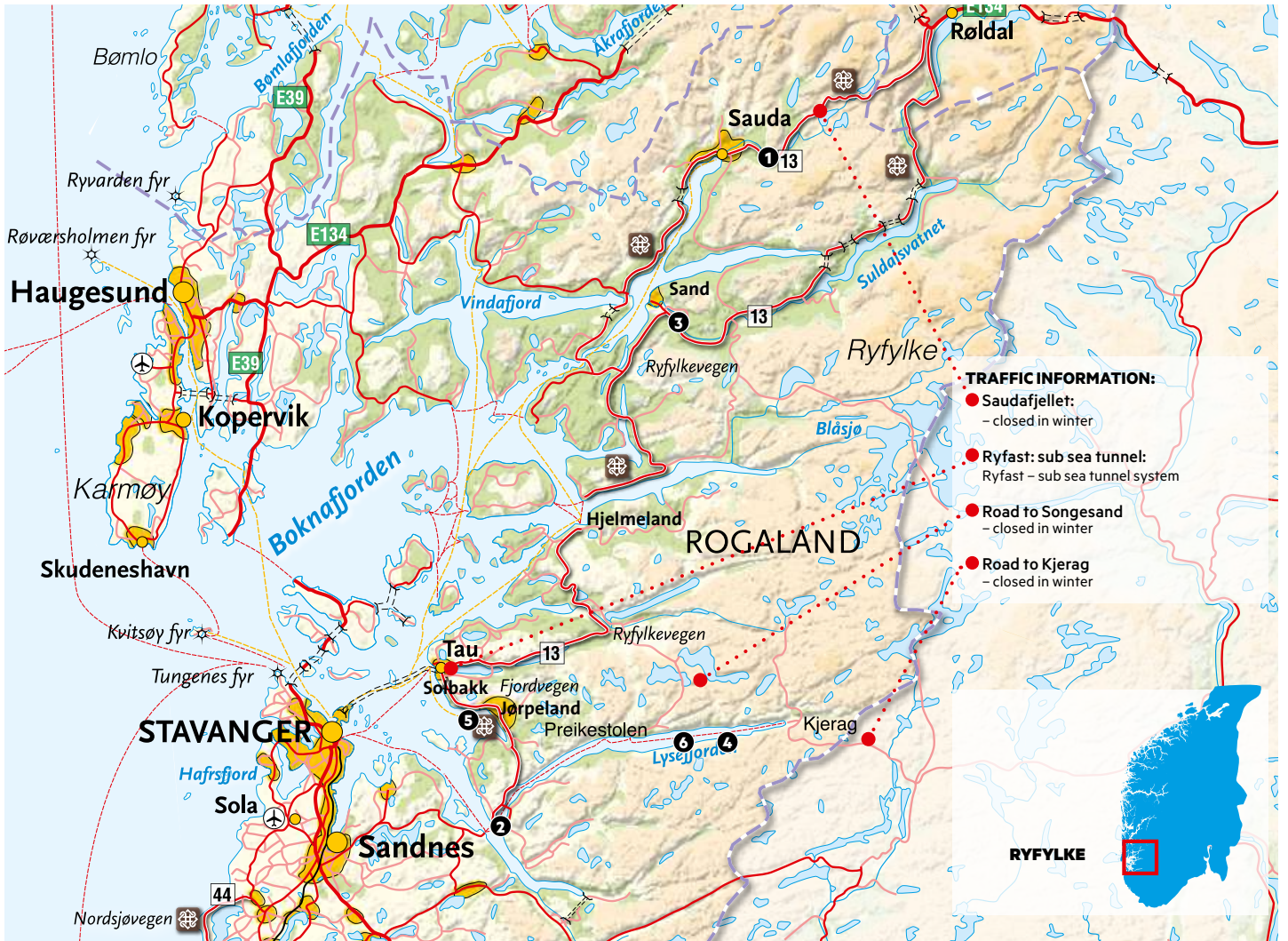
© Dag Jensen

1. THE ARCHITECTURAL ROUTE ALONG NORWEGIAN SCENIC ROUTE RYFYLKE

Experience world class and historic architecture while driving through a spectacular landscape over mountains and along fjords, rivers and lakes in Suldal, Sauda and Røldal. Highlights of the route include Allmannajuvet in Sauda by Peter Zumthor and Geir Grungs architecture for Røldal Suldal Kraft in Nesflaten. The route has the best collection of architectural works in fjord Norway and is the only tourist route in Norway highlighting both modern and historic architecture in a day trip format.



Visit Ryfylke



Ryfylke



Allmannajuvet

2. GUIDED TOUR IN ALLMANNAJUUVET

Daily guided tours throughout the summer season. You will be equipped with a helmet and a lantern, and we will walk along the old mineroad and into the mines. Furthermore, we continue 600m into one of the old mines. Listen to the story of the mining adventure and get a taste of how life inside the mines was in the late 1800's.

www.saudaferie.no



Salmon safari

3. SALMON SAFARI

Float in the current down the river from Mo Laksegard! Don't be surprised if you suddenly see trout and salmon up close. Through the diving mask you are able to study the wild salmon in their natural element. This is a chance to literally feel the "strong" river on your body. To see wild salmon in their right element, free, you will never forget. You don't catch the salmon – you swim with them!

www.molaks.no



Fjordexpedition

5. FJORDEXPEDITION

Ten years' experience with kayak hire, and guided kayak excursions on the Lysefjord! Kayak hire and rental of other equipment is offered at Forsand and Jørpeland. Guided kayak excursions from Jørpeland are offered throughout the summer.

www.fjordexpedition.com



Kjerag

4. KJERAG

Towering to an impressive 1094 metres, Kjerag is the highest peak near the Lysefjord. A trail from Øygardstøl, situated by Lysevegen road far above the village of Lysebotn, takes you to the mountain plateau. The truly daring climb is out onto Kjeragbolten, a boulder wedged into a crack 1000 metres above the fjord. Allow 6 hours for this demanding 10-km hike, which climbs 570 m. Kjerag may also be seen from a boat on the Lysefjord. Season: June-October



Flørli

6. FLØRLI 4444

Flørli is a roadless hamlet. It lies deep into the spectacular Lysefjord, close to the Kjerag bigwalls. Flørli is popular for its 4444 steps right up the mountain - the longest wooden stairway in the world. It is also known for its hydropower history – in the power hall you can visit the exposition and enjoy the summer-open Power Café. You can also stay the night at a hostel or a holiday apartment in Flørli. www.florli.no

ACCOMMODATION IN RYFYLKE

Name	Address	Tel (+47)	Website	Email
HOTELS				
Energihotellet	Fylkevei 691, nr. 130, NO-4244 Nesflaten	51 20 05 55	energihotellet.no	post@energihotellet.no
Kløver Hotel	Skulegata 1, NO-4200 Sauda	52 78 69 99	kloverhotel.net	klover@online.no
Lilland Brewery Hotel	Bergtunvegen 10A, NO-4120 Tau	51 74 74 34	lillandhotell.no	booking@lillandhotell.no
Preikestolen BaseCamp	Preikestolvegen 521, NO-4100 Jørpeland	51 74 20 74	preikestolenbasecamp.com	post@preikestolenfjellstue.no
Ryfylke Fjordhotel	NO-4230 Sand	52 79 27 00	ryfylkefjordhotel.no	ryhotell@online.no
Verkshotellet	Dir. Poulsensgate 2, NO-4100 Jørpeland	407 21 233	verkshotellet.no	post@verkshotellet.no

APARTMENTS, GUEST HOUSES, HOSTEL, CAMPING, CABINS

Furutangen Misjonssenter	Randøy ring 791, NO-4130 Hjelmeland	404 06 068	furutangen-misjonssenter.no	furutangen@nms.no
Fossane	Fundingslandsvegen 105, NO-4130 Hjelmeland	91 11 29 73	fossane.no	post@fossane.no
Gøysa Gard	Gjøysavegen 26, NO-4110 Forsand	919 03 919	lysefjorden.com	explore@lysefjorden.com
Hamrane Hyttfelt	Ryfylkevegen 2710, NO-4120 Tau	464 77 965	hamrane-hyttfelt.no	post@hamrane-hyttfelt.no
Hauane Bed & Breakfast	NO-4127 Lysebotn	988 87 738	lysegard.com	kjellyse@lysegard.com
Haukali 33/3	Haukalivegen 374, NO-4110 Forsand	475 10 147	haukali333.com	haukali333@gmail.com
Høiland Gard	Kyrkjevegen 186, NO-4137 Årdal i Ryfylke	919 14 524	hoiland-gard.no	post@hoiland-gard.no
Lysefjorden Hostel	NO-4127 Lysebotn	948 26 602	lysefjordenturisthytte.dnt.no	booking@lysefjordenturisthytte.no
Lysefjorden Marina	NO-4110 Forsand	51 70 39 00	lysefjorden.no	post@lysefjorden.no
Mo Laksegard	NO-4230 Sand	52 79 76 90	molaks.no	post@molaks.no
Preikestolen Camping	Jøssang, NO-4100 Jørpeland	481 93 950	preikestolencamping.com	info@preikestolencamping.com
Ryfylkehytter	Nagavegen 55, NO-4120 Tau	913 29 628	ryfylkehytter.no	tormod.nag@gmail.com
Sande Fjordferie	Sande, NO-4130 Hjelmeland	51 65 44 34 / 913 59 131		kristen.birkemo@gmail.com
Solvåg Fjordferie	Solvåg 47, NO-4139 Fister	51 75 22 63	solvag.com	post@solvag.com
Songesand Camp & Cafe	Songesandvegen 323, NO-4129 Songesand	980 52 728	lysefjorden-aktivitetsenter.no	ellen@lysefjorden-aktivitetsenter.no
Stranddalen turisthytte	Stranddalen, NO-4230 Sand	906 09 425 / 51 84 02 00	stranddalen.dnt.no	booking@stranddalshytta.no
Utsyn Ungdomssenter	NO-4160 Finnøy	952 26 355	utsynungdomssenter.no	utsynungdomssenter@nlm.no

ATTRACTIONS IN RYFYLKE

Name	Address	Tel (+47)	Website	Email	Season
Blåsjø	Blåsjø, NO-4230 Sand	51 79 05 60	visitsuldal.no	suldal@visitsuldal.no	S
Grønvik Gard	Grønvik, NO-4139 Fister	481 34 899	gronvikgard.no	elisabeth@gronvikgard.no	A
Hydropower Nesflaten	NO-4244 Nesflaten	51 79 05 60	visitsuldal.no	suldal@visitsuldal.no	A
Høsebrua bridge	Sandsfossen, NO-4230 Sand	51 79 05 60	visitsuldal.no	suldal@visitsuldal.no	A
Jær chair	Hjelmelandsvågen, NO-4130 Hjelmeland	982 199 75	ryfylke.com	info@ryfylke.com	A
Jørpelandsholmen	NO-4100 Jørpeland	982 199 75	ryfylke.com	info@ryfylke.com	A
Landa Park	Haukalivegen 24, NO-4110 Forsand	954 28 451	landapark.no	post@landapark.no	Sp, S, F
Mølleparken	NO-4120 Tau	982 199 75	ryfylke.com	info@ryfylke.com	A
Ryfylkemuseet	Nordenden 14, NO-4230 Sand	52 79 29 50	ryfylkemuseet.no	post@ryfylkemuseet.no	A
Salmon Studio	Sandsfossen, NO-4230 Sand	51 79 05 60	visitsuldal.no	suldal@visitsuldal.no	Sp, S, F
The Norwegian Stonehenge - Solspeilet	Klungholmen, NO-4100 Jørpeland	982 199 75	ryfylke.com	info@ryfylke.com	A
Svandalsfossen waterfall	Saudasjøen, NO-4200 Sauda	52 78 42 00	saudaferie.no	post@saudaferie.no	A
Årdal old church	NO-4137 Årdal i Ryfylke	982 199 75	ryfylke.com	info@ryfylke.com	A

FOOD & DRINK IN RYFYLKE

Name	Address	Tel (+47)	Website	Email
CAFÉS, RESTAURANTS				
Bakernes Paradis	Lauvvikveien 259, NO-4308 Sandnes	51 60 83 00	bakernesparadis.no	post@kronengruppen.no
Fargeriet Kafe	Gata 12, NO-4230 Sand	52 79 74 05	fargerietkafe.no	hanne@hiimsmoen.no
Flor & Fjære	Skagenkaian 35-27, NO-4006 Stavanger	51 11 00 00	florogfjære.no	booking@florogfjære.no
Rosehagen	Vågabakken 12, NO-4100 Jørpeland	981 98 870	rosehagen.net	post@rosehagen.net
Ryfylke bakeri & konditori	Rådhusgata 13, NO-4100 Jørpeland & Fiskåveien 2, NO-4120 Tau	900 62 626	www.ryfylkebakeri.no	www.ryfylkebakeri.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
29	Hotel at Nesflaten with a unique architecture designed by Geir Grung.
50	Hotel and apartments.Conference facilities. Private river frontage for free fishing. Boat hire.
23	Restaurant with Ryfylke menu and wine cellar. Bar and micro-brewery.
42	Beautifully located near the starting point and parking lot for the hike to Preikestolen.
64	Family-owned with focus on personal service, good food and a friendly, hospitable and relaxing environment.
28	Historic hotel, built in 1911, with a great view of the fjord. Restaurant open daily. Near Preikestolen.
18	Groups, school and church groups welcome. Beautifully situated by the fjord. Boat quay and marina. A farm with three unique traditional Norwegian cabins for rent: the houses are 100 years old with original wooden walls and the old atmosphere.
7	A comfortable stay for shorter and longer periods while exploring Lysefjorden and the surrounding areas.
17	Well-equipped cabins with shower/wc. Marked trails, farm museum, barbecue huts, and playground.
6	A unique B&B, with rooms in a charming farmhouse, barn and cookhouse. Traditional Norwegian breakfasts. Experience life as in 1850, the quiet and authentic way of living. Groups of max 8 people. Rooms and holiday apartments. Facilities for campers and caravans.
21	Accommodations, café, kiosk and friendly hosts. Beautifully situated at the head of the Lysefjord.
3	Holiday apartment. Grocery store. Guest harbour and jetty, petrol and diesel.
18	Cabins situated by the Suldalslågen river. Salmon fishing, salmon safaris and river rafting. Heated pool. Self-catering. B&B, full/half board for groups. Licensed. Private brewpub.
-	Camping near the base of the trail to Preikestolen. Modern sanitary facilities. Restaurant with beer and wine licence. Kiosk.
10	Ryfylkehytter have tree cottages near the Preikestolen and the Lysefjord, at Nordskår, Nag and Idse. High standard.
12	Two spacious holiday homes available for travellers who appreciate luxury. Near the beach and town centre. Boat for hire.
53	Situated by the fjord, fishing and hiking. Holiday homes, apartments of high standard, luxury holiday houses with sauna and Jacuzzi. Boats for hire. Private beach. A camp located in Songesand, near the Lysefjord. Rooms. Facilities for tents and caravanes.
16	The jewel of the Ryfylke heathlands! Unique cluster of cabins high in the mountains. Traditional fare featuring local ingredients. Two-hour walk for the entire family.
18	Excellent fishing nearby. Meals for groups. An ideal venue for group holidays, meetings and conferences, private parties.

Destination Ryfylke

Ryfylkevegen 7040
4130 Hjelmeland

www.ryfylke.com

We offer:

Ryfylke in the southern part of the fjords includes Norwegian Scenic Route Ryfylke. Home of Preikestolen (Pulpit Rock) and Kjerag by the Lysefjord.

Accommodation: Holiday houses, hotels, hostels, cabins, B&B and camping.

Activities: Salmon safari, river expedition, kayaking, guided walks, winter activities, local food.

Fjord cruises: winter routes.
Fishing in the fjords and rivers.

Attractions: Museums, old wooden churches. Modern sightseeing & historical boats. Architecture & hydro-power. Allmannajuvet zinc mines.

How to get to Ryfylke:

Air • Road • Sea • Bus

Airport:

Stavanger Airport, Sola
Haugesund Airport, Karmøy

Prices NOK	Useful information
-	Norway's largest artificial lake, kept in place by 11 small and larger dams. Great for bicycling.
-	Welcome to Grønvik Gard – a fruit farm at Fister in Ryfylke. Well known for their delicious apple juice (eplemost). Guided tours for groups.
-	The hydropower station and the workers' dwellings in Røldal-Suldal, designed by Geir Grung (1926–1989), are some of the finest and best-preserved examples of Norwegian functionalism.
-	An observation bridge offers an intense experience of Sandsfossen falls. Designed by Rintala Eggertsson Architects and completed in 2012.
-	The Jær chair is a genuine product of Hjelmeland. On its 100th anniversary in 1999, the municipality received the world's largest Jær chair.
-	A pedestrian bridge leads to this small island just outside Jørpeland. Bring the family for a day of fun! Travel back in time! Let the family experience a prehistoric village brought to life. Café, accommodation and guided tours.
-	Beautiful park by the Director's residence, established in cooperation with the milling company at Tau. Brugsløa is an old barn with art exhibitions and café.
-	The Ryfylke Museum - local historical experiences throughout Ryfylke. Nesasjøhuset at Sand is the main venue with exhibitions, café and a museum shop.
-	Watch trout and salmon swim upstream to spawn!
-	On the islet of Klungholmen near Jørpeland village is a stone circle, an installation by a local artist named Stian H. Skjæveland.
-	From beneath the bridge, you can really experience the falls up close, or you can ascend the trail and stairs up to the main waterfall.
-	Årdal old church is among the most remarkable Renaissance churches in Western Norway.

Capacity	Useful information
500	Høgsfjorden is the gateway to Lysefjord. By Lauvvik, on the way to Ryfylke. Hand craft, restaurant with local food. A piece of Norwegian history.
40	Fargeriet Kafé is located on the main street in Sand. It is a charming café with an intimate and warm atmosphere.
300	A sanctuary for pleasure. An incredible park and a wonderful restaurant, a unique experience of pleasure, recreation and inspiration!
50/50	Beautifully situated in a nice, large garden in Jørpeland, overlooking the sea and guestharbour in Jørpelandsvågen. Café with fresh bakery and dishes made from local products. Café and bakery at Jørpeland and at Tau. Local food, coffee and delicious cakes.c

It's
waterful!

© Nordicdrone

Visit Haugesund

Inhale the Viking Spirit!



Haugesund

This is the area where Vikings used to live and where the Viking Kings had their Royal seat. Visit Haugesund and you will experience the best of what Norway has to offer. Fjord, waterfall, coast- and city culture, the unique Viking history, glacier, mountains and sea, idyllic islands and lighthouses are among what you will find in this region.

Haugesund may well be the best starting point for your adventure in Norway. Regardless of where you find yourself in the region, you are never far from a recreational outdoor area. Haugesund is midway between Bergen and Stavanger on Norway's west coast, the landscape is rich in history, and brings to mind both "Game of Thrones" and "Vikings." The region consists of varied terrain ranging from heaths with tracks extending out over the fertile landscape to breath-taking mountain summits.

Here you may learn more about the Vikings and get to experience the scenic areas of saga landscape, towering mountains and the wild sea. Haugesund has many cultural scenes to visit for theatre or comedy shows. The annual jazz festival "Sildajazzen" attracts international jazz musicians and music lovers to

town every August. Haugesund is also the home of the international film festival attracting national and international actors and filmmakers. And what's more; staying in Haugesund offers the opportunity of experiencing some of the most spectacular hiking trips in Norway, Trolltunga and the Pulpit Rock. Not forgetting glacier trips at Folgefonna or visiting one of the most beautiful waterfalls in the world, Langfoss in Åkrafjorden.



HOMELAND OF
THE VIKING KINGS

NORWAY'S BIRTHPLACE

VISITHAUGESUND.NO



Norway's National Monument, Haraldshaugen

© Jone Torkelesen

1. HAUGESUND

Haugesund is a small town on the west coast of Norway, situated between Stavanger and Bergen. In Haugesund you will find shops with local design, good food and other city experiences like festivals, museums, excursions and sightseeing. And this is where you'll find Norway's National Monument.



Experience Festivals in Haugesund

© Grethe Nygaard



The viking farm at Avaldsnes

2. AVALDSNES

– NORWAY'S OLDEST THRONE

Ever since the time before the Viking Age, Avaldsnes was a place of power. This is where the Vikings ruled the fairway that gave name to Norway – the way north. Around 870 King Harald Fairhair made Avaldsnes his main royal estate, which was to become Norway's oldest throne. Today, we still find Olav's church at Avaldsnes, as well as Nordvegen History Centre and the Viking Farm. These are all places of importance for the Vikings and the history of Norway.



Himakånå

3. HIMAKÅNÅ

– TROLLTUNGA'S LITTLE SISTER

Situated a relatively modest 357 metres above sea level, the Himakånå rock formation has become known as "Little Trolltunga". Whilst it is easier to get to than Trolltunga, the views are equally impressive.



Utsira Island

© Atle Grimsby

4. THE ISLANDS OF RØVÆR AND UTSIRA

Experience small idyllic communities located outside the coast of Haugesund. Here, you can relax, take in the silence and appreciate life away from everyday hustle and bustle. Enjoy summer-open restaurants, apartments, hotel and hostel accommodation, guided tours, village museums, marked trails, country stores, and guest harbours and service amenities for boat guests.

Røvær – At the Røvær Aquaculture Centre you can learn about Norway as a seafood nation and the way we have developed into a world leader for producing farmed salmon.

Utsira – Situated in the middle of the North Sea, a visit to Utsira is quite exotic. Utsira has for a long time been known as one of Europe's best places for bird spotting, now it has become one of the most windblown and picturesque backdrops for modern European street art.



Langfoss

© Mats Fredriksson

5. ÅKRAFJORD AND

LANGFOSS WATERFALL

The great Langfoss waterfall drops 600 meters down to the fjord below. Just an hour or so from Haugesund, you may experience the waterfall that CNN voted one of the most beautiful waterfalls in the world. Driving alongside Åkrafjorden, it is impossible to miss Langfoss waterfall. The road brings you just next to the waterfall, and if you roll down the windows as you pass by in your car, you can feel the light drops of the waterfall on your skin.

ACCOMMODATION IN HAUGESUND

Name	Address	Tel (+47)	Website	Email
HOTELS				
Banken Hotel	Strandgata 161, 5525 Haugesund	53 70 00 30	banken-hotel.no	info@banken-hotel.no
Energihotellet	4277 Nesflaten	51 20 05 55	energihotellet.no	post@energihotellet.no
Fugl Fønix Hotel	Etnesjøen, 5590 Etne	52 77 14 40	fuglfonix.no	hotel@fuglfonix.no
Hordatun Hotel	Hårå 18-20, 5760 Røldal	934 50 293	hordatun.no	booking@hordatun.no
Sure Hotel Haugesund by Best Western	Haraldsgt. 207, 5525 Haugesund	52 86 59 00	hotellneptun.no	mail@hotellneptun.no
Høyvarde Fyrhotell	Hydrovegen 160, 4265 Håvik	52 71 22 01	hoyvardefyrhotell.no	post@lothesmat.no
Park Inn by Radisson Haugesund Airport	Helganesvegen 24, 4262 Avaldsnes	52 86 10 90	parkinnhotell.no/hotellhaugesund	Info.haugesund@rezidorparkinn.com
Røvær Kulturhotell	5549 Røvær	52 71 58 00	rovarkulturhotell.no	post@rovarkulturhotell.no
Scandic Maritim	Åsbygt. 3, 5528 Haugesund	52 86 30 00	hotelmaritim.no	post@hotelmaritim.no
Skånevik Fjordhotell	5593 Skånevik	53 77 07 00	fjordhotellet.no	post@fjordhotellet.no
Thon Hotel Saga	Skippergt. 11, 5527 Haugesund	52 86 28 00	thonhotels.no/saga	saga@thonhotels.no
GUEST HOUSES, CAMPING, CABINS				
Grindafjord Holiday Centre	Grinde, 5570 Aksdal	52 77 57 40	grindafjord.no	post@grindafjord.no
Haraldshaugen Camping	Krossveien 5, 5515 Haugesund	52 72 80 77	haraldshaugencamping.no	booking@haraldshaugencamping.no
Norneshuset Overnatting	Nordnes 7, 4280 Skudeneshavn	52 82 72 62	norneshuset.no	pnornes@online.no
Utsira Overnatting	5547 Utsira	52 75 00 08	utsira.net	utsiraovernatting@utsira.com
Rullestad Camping	Halvfjordingen 3, 5598 Fjæra	53 51 83 22	rcamping.no	post@rcamping.no
Tresviken Holiday Cabins	Tesviken 41, 4264 Kvalavåg	52 84 02 46	tresviken-feriehytter.no	tresviken@tresviken-feriehytter.no
Skaarnesheimen Raw Ocean Lodge	Storaurvegen 70, 4272 Sandve		booking@skaarnesheimen.no	facebook.com/rawoceanlodge
Nesheimstunet	5578 Nedre Vats	924 61 223	nesheimstunet.no	post@nesheimstunet.no

ATTRACTIONS IN HAUGESUND

Name	Address	Tel (+47)	Website	Email	Season
Opplev Avaldsnes	Kong Augvaldsvei 101, 4262 Avaldsnes	52 81 24 00	opplevavaldsnes.no/english	post@opplevavaldsnes.no	A
Norways national monument, Haraldshaugen	Haraldshaugvegen, 5515 Haugesund				
Langfoss waterfall	5598 Fjæra	464 16 096	langfoss.com/en_index.html	post@langfoss.com	A
Arquebus War Muesum	Gardsvikveien 20, 5563 Førresfjorden	52 77 01 00	arquebus.no	post@arquebus.no	Sp, S
Old Town Skudeneshavn	4280 Skudeneshavn	52 85 80 00		turist@karmoy.kommune.no	A
Ryvarden Lighthouse	Mølstre, 5550 Sveio	53 74 00 41	ryvarden.no	ryvarden@sveio.kommune.no	A (sundays and holidays)
Dokken open-air museum	Brogata 1D, Hasseløy, 5527 Haugesund	52 70 93 60	karmsundfolkemuseum.no	postmottak@karmsundfolkemuseum.no	S
Haugesund Art Gallery	Erling Skjalgssonsgt. 4, 5523 Haugesund	52 74 41 80	haugesund-billedgalleri.net	postmottak.billedgalleriet@haugesund.kommune.no	A
Visnes Mining Museum	Visnesvegen, 4262 Avaldsnes	917 66 565		kobberverketsvenner@haugnett.no	A
The Rising Tide by Jason DeCaires Taylor	5515 Haugesund				A
Røldal Stave Church	5760 Røldal				A
UtsirArt	5547 Utsira	52 75 01 00			A
Åkrasanden beach	4270 Åkrehamn				A
Åkrafjorden – fjordcruise	Teigland, 5596 Markhus	959 09 664	aakrafjorden.no/en	booking@aakrafjorden.no	S
Røvær Aquaculture Centre	5549 Røvær	97 07 48 10	rovarhavbrukssenter.no	post@rovarhavbrukssenter.no	A

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
53	This is a modern gem with old traditions, located in the hear of Haugesund. Boutique hotel, unique architecture and exciting interior.
29	A design hotel located in Sulda, designed by renowned norwegian architect Geir Grung. Rooms with spectacular views of the Suldal lake.
26	Located in surroundings of natural beauty by the village of Etne one and a half hour from Trolltunga
62	Situated between the ski-centre and the centre of Røldal, close to the stave church and less than one hour from Trolltunga.
46	Nice hotel in the centre of Haugesund. Just 200 meters from the sea and Haugesund's shopping street. Rooftop terrace.
10	Elegant and unique boutique hotel at an old, and very well kept, lighthouse estate outside Haugesund. High end.
115	A five-minute shuttle from Haugesund Airport, offering 115 quiet rooms and a full restaurant and bar.
16	Located on a small island 20 minutes with boat from Haugesund. Great for incentives offering activities such as rafting, deep-sea fishing
311	A first class and full-service hotel idyllically situated on the quay along Smedasundet Sound in Haugesund. Friendly and cosy family-run hotel in beautiful natural surroundings by Skånevikfjorden
107	Thon Hotel Saga is centrally located in the centre of Haugesund
	One of the west coast's best developed camping sites. This is a family camping site near the sea, a 2000 square metres outdoor salt water pool with slides and paddling pool, barbeques, trampolines, mini golf, football, basketball, beach volleyball, tennis
	Spacious camping site situated close to the sea, 3 km from city centre. Next-door neighbour to Norway's only National Monument.
	Restored Holiday House by the sea in the summer town Skudeneshavn.
	Accommodation and peace of mind – far at sea!
	- Campsite located by a small lake with good fishing opportunities. Langfoss and Åkrafjorden are close by and a short drive away is Odda, Folgefonna, Trolltunga and Hardangerfjord.
	4 well equipped cabins. Each cabin can sleep 9 persons. On a 5000 square meters nature lot, next to the sea.
	Surf bungalow right by the sea! In a quiet setting surrounded by the North Sea. Only 3min drive away from the best surfing beaches on Karmøy. - Accomodation in a cozy and nostalgic atmosphere. Nesheimstunet has been in family ownership since the 1400s. Here you may sleep in the great grandmother's house or at the old barn from 1600.

Visit Haugesund

Destinasjon Haugesund & Haugalandet AS
Smedasundet 77
5528 Haugesund

visithaugesund.no

Distance:

Oslo 440 km
Stavanger 80 km
Bergen 138 km

Airport:

Haugesund Airport, Karmøy
Stavanger Airport, Sola

Prices NOK	Useful information
Ch: 70,- A: 130,- St/Sc: 110,-	Avaldsnes - Norway's oldest royal throne. History Centre, Viking farm, Viking festival and living history with real Vikings
Free	Norway's only national monument, erected in honour of the Viking king, King Harald I of Norway (Harald Fairhair), who unified Norway into one kingdom
Free	Voted by CNN as one of the worlds 10 most beautiful waterfalls! One of few in Norway that has not been used in hydroelectric power generation.
Ch: 50,- A: 70,- Sc: 50,- Gr: 1000,- +20,- pp	One of Norway's largest museums exhibiting artifacts from the Resistance during WWII. More than 2000 m2 with the dramatic history from the occupation to liberation
free	One of the most well-kept old towns of Europe with narrow streets, an idyllic harbour and old white wooden houses
free	Lighthouse close to the sea, great for a Sunday outing, with a gallery and a cafe
Ch: free A: 70,- Sc: 50,-	An idyllic representation of the way people lived during the period 1850-1950 in Haugesund. The museum is close to the waterfront.
Ch: free A: 70,- Sc: 50,-	Museum of Fine Art. One of very few institutions in Norway that can blend history with contemporary displays all under one roof.
Ch: free A: 60,-	Vigsnes Coppermine, a society ahead of its time. Contributing to the making of one of the worlds most recognized landmarks, The Statue of Liberty in New York City.
free	Four hybrid horse sculptures placed at the shoreline drawing attention to our ongoing dependency on fossil fuels and the potential apocalyptic outcome of climate change.
free	Probably the most known pilgrim church and was the second most important pilgrim destination after Nidarosdomen in catholic times. Built around year 1250.
free	Utsira has become one of the most windblown and picturesque backdrops for modern European street art. Small island with lots of art.
free	Voted the most beautiful beach in Norway in 2014! Åkrasanden has the renowned eco-label Blue Flag
Ch: 160,- A: 290,-	
Price: free to enter, RIB 100,-	At the Røvær Aquaculture Centre you learn about Norway as a seafood nation and the way we have developed into a world leader for producing farmed salmon. Interactive screens provide in-depth information, games and activities. An excursion by rigid inflatable (RIB)

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

Hardangerfjord



Trolltunga with the glacier Folgefonna on the horizon. A hard, 10-12 hours return hike to get there.

Close to Bergen, the Hardangerfjord region is easy accessible all year round! With two National Parks, the Norwegian Scenic Routes, amazing waterfalls, narrow fjord arms, the Folgefonna glacier and the famous Trolltunga, it is one of the most beautiful areas in Norway and a perfect base to explore the Fjord Norway region!

Scenic beauty is everywhere and includes, beside the stunning fjord- and mountain landscape itself, the Hardangervidda National Park, the Folgefonna National Park and some of the most spectacular waterfalls in Norway like Steinsdalsfossen, Skjervsfossen, Låtefoss, Furebergfossen and Vøringsfossen. Some of the best scenic drives in Norway are along the Norwegian Scenic Route Hardanger and the Norwegian Scenic Route Hardangervidda.

Ready-made roundtrips, based on public transportation, are available from Bergen and Oslo. With the new Hardangerfjord in a nutshell winter tour, Fjord Tours now offers this popular trip by bus, boat and train all year round. Go Fjords offers Hardangerfjord Sightseeing Cruises from May to September.

Activities vary from soft to challenging and there is something for everyone - groups, individual travellers, families and the MICE segment. Classic hiking and guided glacier hikes, Via Ferrata climbing and summer skiing,

biking and water activities like kayaking, Fjord Cruises or RIB boat tours are available. There is also a wide selection of high quality visitor centres and museums, displaying the rich cultural heritage of the region and organizing special cultural arrangements. Several fruit farms are open for visitors, offering orchard hikes, cider tastings and lunches or dinners in their farm restaurants. Farm shops all over the region sell traditional and locally produced specialities.

The Hardangerfjord region has accommodation facilities in all categories - fjord hotels, mountain lodges, guest houses, holiday homes, cabins and camp grounds, there are offers for all budgets.

Visit Hardangerfjord

tel: +47 56 55 38 70

info@hardangerfjord.com

www.hardangerfjord.com



Lake Bondhusvatnet.

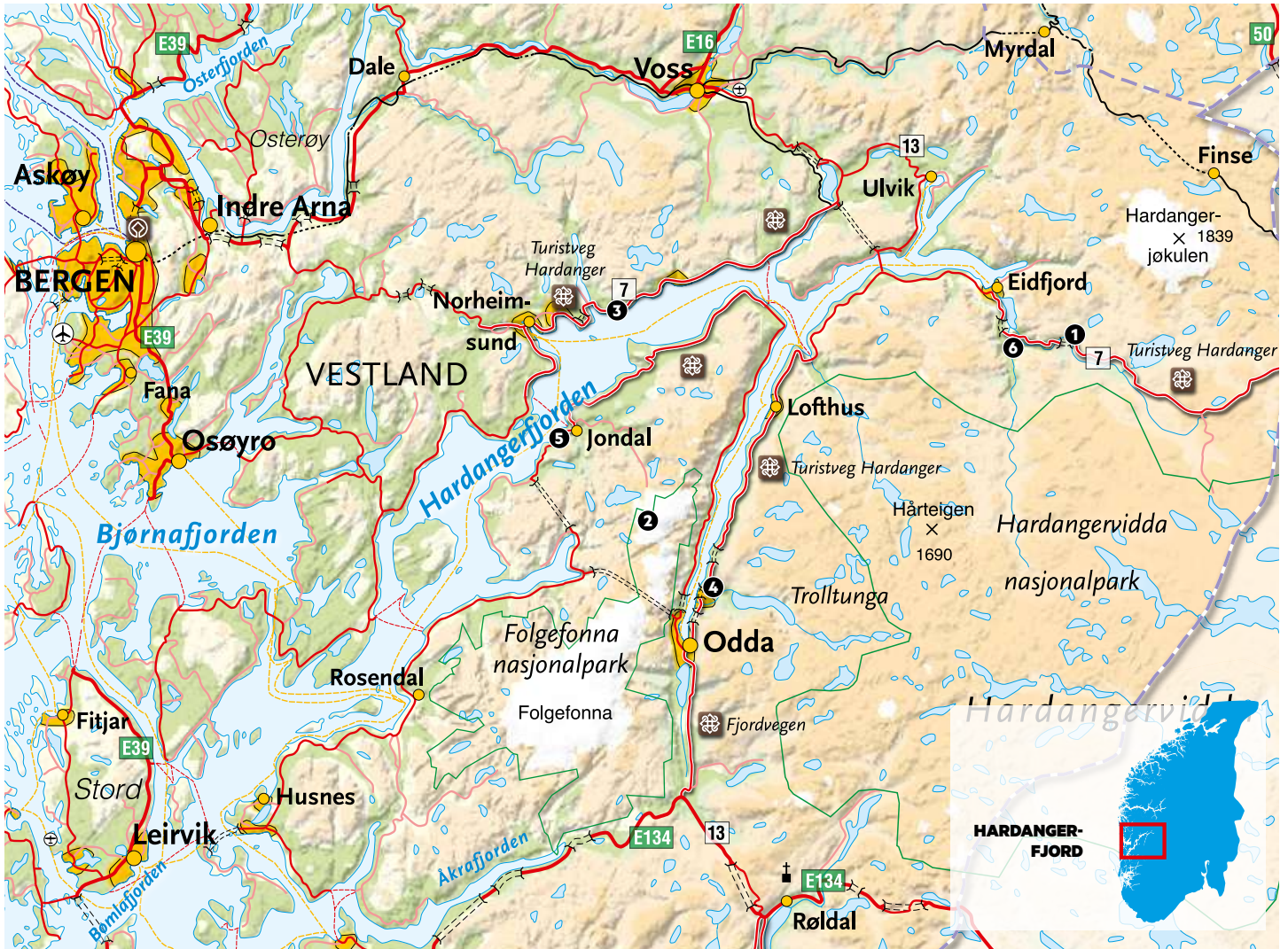
1. A HIKERS PARADISE

The Hardangerfjord region is a hiker's paradise.

All over the region, there are trails in all levels, from easy to hard and from shorter to longer trails. Some of the highlights are:

- Vøringsfossen waterfall canyon trail in Eidfjord (1.5h)
- Trolltunga hike, starting from Skjeggedal in Odda (10-12h)
- HM Queen Sonja's panoramic hiking trail between Lofthus and Kinsarvik (8h)
- Husedalen valley of waterfalls in Kinsarvik (2-6h)
- The fruit trail in Lofthus (2-3h)
- Mt Oksen - "The Bull" (8h)
- Hæreid iron age burial sites in Eidfjord (1.5h)
- Bondhusdalen in Sundal (2-4h)
- Mt Melderskin in Rosendal (7-8h)
- Mt Samlen in Jondal (3h)





The Hardangerfjord is situated just east of Bergen.

© Adventure Academy Norway



Guided glacier hike with Folgefonna Glacier Team.

2. FOLGEFONNA GLACIER

In summer, the glacier is accessible by coach or car, only half an hour drive from fjord level. Guided glacier hikes offered by Folgefonna Glacier Team and summer skiing at the FONNA Glacier Ski Resort are available. In wintertime, the glacier is covered by snow and snow shoe hikes on or in the area around the glacier can be arranged.

© Aga Sideri



Fruit and Cider farm at Aga, Sørfjorden.

4. OUTDOOR ADVENTURE

Professional activity suppliers in the whole region offer varied activities, all from soft adventure to more advanced experiences. Trolltunga Active offers hikes and Via Ferrata Climbs to Trolltunga as well as Zip-line, RIB boat tours and more. B-Active in Ulvik, Best Adventures in Eidfjord, Hardanger Eventyr and Trolltunga Adventures are other main activity providers with activities ranging from skiing/snowshoeing to hiking, kayaking and teambuilding activities.



Via ferrata climb with Trolltunga Active.

© Ben Howells

3. VISITOR FARMS AND CIDER MAKERS

The Hardangerfjord region is known for fruit farming and the locally produced apple cider. The farms along the Fruit and Cider Route in Ulvik, the Steinstø Fruit Farm and several farms along the Sørfjorden offer farm tours, meals and cider tastings. Groups can book farm visits at the farm directly; individual travellers can book cider tastings at tastehardanger.com. Fjord Tours offers a fjord cruise including cider tasting at Aga Sideri and a meal at the Agatunet museum.



RIB boat on the Hardangerfjord.

© Norheimsund RIB Seafari

5. ON THE FJORD

There are many options for exploring the Hardangerfjord at close range. Several suppliers offer kayak tours or equipment rental. Hardanger Fjordsafari, Trolltunga Active, Hardangerfjord Adventure and Norheimsund RIB Seafari offer RIB boat tours. Smaller charter boats and daily fjord cruises (May to September) are available.



Agatunet, part of Hardanger and Voss Museum.

© Simon Sjøkvist

6. MUSEUMS AND VISITOR CENTRES

The Norwegian Nature Centre and the Folgefonna Centre are housing modern, interactive exhibitions. The Hardanger Folk Museum, Agatunet and the Hardanger Maritime Museum are about history and culture. There are historic sites as Røldal stave church or Baroniet Rosendal and places focussing on art, as the Art Centre Kabuso, Gallery G Guddal or Olav H. Hauge Centre.

ACCOMMODATION IN HARDANGERFJORD

Name	Address	Tel (+47)	Website	Email
Brakanes Hotel	5730 Ulvik	56 52 61 05	brakanes-hotel.com	brakanes@fjordtindhoteles.no
Eidfjord Fjell & Fjord Hotel	Lægredsvegen 7, 5783 Eidfjord	53 66 52 64	eidfjordhotel.no	post@eidfjordhotel.no
Eikeneset Herregaard	Eikjeneset 28, Strandebarne	97 04 45 96	eikeneset.no	eikenes.herregaard@gmail.com
Hardanger Basecamp	Tyssevikvegen, 5730 Ulvik	91 18 82 37	hardangerbasecamp.com	info@hardangerbasecamp.com
Hardanger Feriesenter	Hardangerfjordvegen 341, 5600 Norheimsund	92 05 09 55	hardanger-resort.com	booking@hardangerferiesenter.no
Hardangerfjord Hotel	5610 Øystese	56 55 63 00	hardangerfjord-hotel.no	hardangerfjord@fjordtindhoteles.no
Hardanger House	Nordbøen 6, 5627 Jondal	404 33 401	hardangerhouse.no	info@hardangerhouse.no
Hordatun Hotel	Håra 18-20, 5760 Røldal	93 45 02 93	hordatun.no	booking@hordatun.no
Hotel Ullensvang	5787 Lofthus	53 67 00 00	hotel-ullensvang.no	ullensvang@hotel-ullensvang.no
Kinsarvik Camping	5780 Kinsarvik	53 66 32 90	kinsarvikcamping.no	evald@kinsarvikcamping.no
Kinsarvik Fjordhotel	5782 Kinsarvik	53 66 74 00	kinsarvikhotel.no	mail@kinsarvikhotel.no
Kjærtveit Camping	Simadalsvegen 13A, 5783 Eidfjord	90 68 17 62	kcamp.no	k-camp@outlook.com
Kvamseter Lodge	Eikedalen	90 85 31 42	kvamseterlodge.com	kvamseterlodge@gmail.com
Mikkelparken Ferietun	5780 Kinsarvik	53 67 13 13	mikkelparken-ferietun.no	info@hardangertun.no
Oddland Camping	Vikøyvegen 369, 5600 Norheimsund	90 79 55 52	oddlandcamping.no	oddland.camping@kvamnet.no
Quality Hotel Vøringfoss	Ostangvegen 6A, 5783 Eidfjord	53 67 41 00	resortvoringfoss.no	q.voringfoss@choice.no
Rosendal Fjordhotel	Rosendalsvegen 46, Rosendal	53 48 80 00	rosendal-fjordhotel.no	booking@rosendal-fjordhotel.no
Strand Fjordhotel	5730 Ulvik	56 52 63 05	bnature.com	post@bnature.com
Thon Hotel Sandven	Kaien 28, 5600 Norheimsund	56 55 20 88	thonhotels.no/sandven	sandven@thonhotels.no
Trolltunga Hotel	Vasstun 1, 5750 Odda	40 00 44 86	trolltungahotel.no	mail@trolltungahotel.no
Tysseidal Hotel	Gamle Oddaveg 3, 5770 Tyssedal	53 64 00 00	tysseidalhotel.no	mail@tysseidalhotel.no
Utne Hotel	5778 Utne	53 66 64 00	utnehotel.no	reception@utnehotel.no
Vik Pensjonat og Hytter	Simadalsveien 10, 5783 Eidfjord	53 66 51 62	vikpensjonat.com	post@vikpensjonat.com
Vågen Rom- og Hytteutleige	Vikøyveien 299, 5600 Norheimsund	56 55 25 21	vaagenhytte.no	k-vaage@online.no

ATTRACTIONS IN HARDANGERFJORD

Name	Address	Tel (+47)	Website	Email	Season
Agatunet	5776 Nå	47 47 99 02	hardangerogvossmuseum.no	post@hvm.museum.no	S
Baroniet Rosendal	5486 Rosendal	53 48 29 99	baroniet.no	info@baroniet.no	S
Eidfjord Sightseeing	5783 Eidfjord	05 50 5	tide.no/fjords	booking@gofjords.com	Sp, S, F
Folgefonn Centre	Skålafjæro 17, Rosendal	53 48 42 80	folgefonncenteret.no	post@folgefonncenteret.no	A
FONNA Glacier Ski Resort	5629 Jondal	90 08 82 78	visitfonna.no	post@visitfonna.no	Sp, S, F
Gallery G Guddal	Guddalsvegen 181, 5472 Seimsfoss	55 786 322	galleriguddal.no	info@galleriguddal.no	Sp S F
Halsnøy Monastery	Halsnøy, Kvinnherad	53 41 38 99	sunnhordland.museum.no	post@sunnhordland.museum.no	A
Hardangerbadet	5610 Øystese	905 06 436	hardangerbadet.no	post@hardangerbadet.no	A
Hardanger Akvasenter	5610 Øystese	970 17 537	akvasenter.no	post@akvasenter.no	A
Hardanger Folk Museum	5778 Utne	47 47 98 84	hardangerogvossmuseum.no	post@hvm.museum.no	A
Hardanger Maritime Museum	Kaldestad, 5600 Norheimsund	47 47 98 39	hardangerogvossmuseum.no	fartoyvern@hvm.museum.no	Sp, S, F
Norwegian Nature Centre	5784 Øvre Eidfjord	53 67 40 00	norsknaturcenteret.no	post@norsknaturcenteret.no	A
Olav H. Hauge Centre	Promenaden 7, 5730 Ulvik	56 52 70 70	haugesenteret.no	geir@haugesenteret.no	A
Røldal Stave Church	5760 Røldal	48 07 07 77	visitodda.com	turistkontor@odda.kommune.no	Sp, S, F
The Art Centre Kabuso	Hardangerfjordvegen 626, 5610 Øystese	56 55 39 00	hardangerogvossmuseum.no	post@kabuso.no	A
Kraftmuseet – The Power Museum	Naustbakken 7, 5770 Tyssedal	53 65 00 50	kraftmuseet.no	post@kraftmuseet.no	A

FOOD & DRINK IN HARDANGERFJORD

Name	Address	Tel (+47)	Website	Email
RESTAURANTS, CAFÉS, BAR				
Bjørketeigen Gard	Steinsdalsveien 177, 5600 Norheimsund	48 13 34 22		anneliseboye@gmail.com
Elins Matgleder	Skålagato 33, Rosendal & Døsslandssido 24, Uskedalen	47 01 21 25	elinesmatgleder.no	elinenes@online.no
Hardanger Saft- og Siderfabrikk	Lekve Gard, 5730 Ulvik	90 12 28 35	hardangersider.no	postmottak@hardangersider.no
Hardangerviddahallen	Norwegian Nature Centre, Eidfjord	53 67 40 00	norsknaturcenteret.no	post@norsknaturcenteret.no
Steinstø Fruitfarm	5612 Steinstø	99 69 15 27	steinsto.no	post@steinsto-fruktgard.no
Syse Farm	5730 Ulvik	56 52 60 01	sysegard.no	syse.gard@online.no
Taste Hardanger	Hardangerfjord region		tastehardanger.com	hardanger@siderklynga.no
Tunet på Haugen	Lægredsvegen 13, 5783 Eidfjord	90 27 63 95	tunetpaahaugen.com	eidfjordaktiv@gmail.com

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
142	Established in 1860. Idyllically located in Ulvik, surrounded by the fjord, fruit farming landscape and high mountains.
28	A friendly, family-owned hotel with personality! Located centrally in Eidfjord. Comfortable restaurant with fjord view.
7	Holiday home, mansion from 1917. Villa product.
5	Comfortable Yurts situated at the utter tip of the Hardangerfjord in Osa. Sleeps 34 pax.
9	Situated on the fjord between Norheimsund and Øystese. 3 holiday houses, 6 cabins and campground.
113	Situated by the Fjord in Øystese, 1.5-hour drive from Bergen. Guests have free access to the new swimming pool Hardangerbadet.
9	New boutique hotel in Jondal. 9 rooms all with private bathrooms. High standard and good facilities.
98	Rooms and fully equipped apartments. Located between Røldal Village centre and Røldal ski centre.
168	Modern first class hotel with historic charm. Excellent bath area with in-/outdoor pools and swimming channel.
24	Cabins and campground in walking distance from Kinsarvik centre.
70	Located in the centre of Kinsarvik with views towards the Hardangerfjord, near by the famous Husedalen hiking trail.
12	3 cabins and 9 apartments with total 83 beds. 90 pitches for tents/caravans/campers. Located between Bergen and the Hardangerfjord. Rooms and apartments in different sizes, flexible solutions. 65 beds in total.
34	Located in Kinsarvik close to the family park Mikkelparken. 8 apartments and 26 cabins.
7	7 cabins with total 29 beds close to Norheimsund.
81	Idyllically located by the fjord in Eidfjord. Close to the Hardangervidda National Park, Vøringsfossen waterfall and the Norwegian Nature Centre.
95	Situated by the fjord in Rosendal. Directly accessible by Hardangerfjord ekspresen boat from Bergen.
50	Family-run hotel situated directly at the fjord. Panoramic view and large sun terrace.
102	Only 1h 15 drive from Bergen. Historic hotel, beautifully located by the Hardangerfjord.
42	Perfect accommodation for an active and adventurous holiday in the Hardangerfjord region. Close to Trolltunga.
26	A hotel with a special history, located in the village right below the famous Trolltunga.
17	One of the oldest wooden hotels in Norway, established in 1722. Part of the Historic Hotels in Norway.
11	Situated in Eidfjord centre. 7 rooms with 20 beds in total and 4 cabins with 16 beds in total.
4	Situated on a small farm 3.5km from Norheimsund. Holiday houses, Apartments and cabins.

Visit Hardangerfjord

Sandvenvegen 40
5600 Norheimsund
Tel.: +47 56 55 38 70
info@hardangerfjord.com

hardangerfjord.com

How to get here:

Nearest airport:
BGO Bergen Airport (1.5h)

By road:

Oslo, route 7 or E134 (5.5h)
Bergen, route 7 (1.5h)
Stavanger, route 13 (4h)

Norwegian Scenic Routes:

Hardanger
Hardangervidda
Ryfylke (towards Stavanger)

By sea:

Fjord Line
Bergen–Stavanger–Hirtshals

Useful information

Idyllic listed hamlet with 30 buildings from the Middle-Ages to present-day, the oldest from 1250. Café, museum shop, and guided tours.
Manor from 1665. The only Barony in Norway and Scandinavia's smallest castle. Guided tours in summer season.
Coach roundtrip with stop at the Norwegian Nature Center and Vøringsfossen waterfall. Corresponds with the NORLED boat, 1 Mai to 30 September.
Visitor centre with modern, interactive exhibition about the themes of glacier, fjord, water and climate change.
Summer ski centre on the Folgefonna glacier. Alpine skiing, freestyle park and cross country tracks. 19km from Jondal centre.
Modern gallery in historic surroundings, Norwegian cultural heritage site. Many well-known artists, as HM Queen Sonja in 2018, exhibit here.
Remains of an Augustinian monastery built in 1164. Guided tours for groups all year.
New swimming pool with varied swimming and training facilities.
Visitor centre on a fully operational salmon farm. Guided tours on the floating facility. Underwater cameras, videos and exhibitions.
Hardanger embroidery, traditional costumes, Norway's largest collection of old Hardanger fiddles, open air museum and temporary exhibitions. Museum shop and Café.
Museum focussing on maritime culture. Open workshops with rope making, blacksmith and wooden boat building. For groups on request all year.
Exhibition centre for Norwegian nature, climate and environment. Cinema with panoramic film, Hardangerviddahallen restaurant and souvenir shop.
Exhibition about one of Norway's most acclaimed poets. Museum shop, poetry library and activities for children.
Built in the 13 century. After Nidarosdomen Røldal was the most important pilgrimage destination during the Middle Ages.
Art centre with changing exhibitions, permanent Ingebrigt Vik sculpture exhibition. Hardanger Skyspace by James Turrell opened in 2016.
Museum in the impressive Tyssedal power plant. Guided tours, films, exhibitions, museum shop and café. Tailored programs for groups.

Capacity Useful information

30	Cosy farm Café in an old, restored log cabin. Walking distance from famous Steinsdalsfossen waterfall.
45	Lunch restaurant in the centre of Rosendal and farm restaurant with farm shop in Uskedalen. Open for groups all year.
80	Produces juice, cider, liquor and brandy from apples. Guided tours, product tasting and farm restaurant for groups.
200	Restaurant offering traditional food combined with modern cuisine.
70	Fruit farm with panoramic fjord view. Café and farm shop along route 7. Farm visits, product tastings and farm restaurant for groups.
80	Traditional Western Norwegian fruit and sheep farm. Economusée for fruit production and farm shop. Farm visits and farm restaurant for groups. Several farms in the Hardangerfjord region offer farm visits and cider tastings. Visits can be booked at tastehardanger.no
50	Cosy restaurant serving local food and traditional bakery products and farm shop in the centre of Eidfjord.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

Sunnhordland

The Pearls of the West Coast



© Espen Haagenesen



Melderskin

Sunnhordland is an off-the beaten-track destination. Among the charming fishing villages, and fjord villages, close to the spectacular mountains you will find many hidden gems. With fewer crowds, you will get the feeling of enjoying peaceful moments, and unwind from a stressful everyday life.

Sunnhordland is located just 1–2 hours south of Bergen city. Combine your city vacation with a day or two in peaceful and untouched nature environment, full of exciting experiences with local guides showing you the local culture and telling you the local histories in our region!

Sunnhordland is an Eldorado for outdoor adventures! In the unique archipelago, which stretches over 2900km² it is facilitated for you to explore the thousands of small islands with your own kayak or on a RIB safari. Try your luck at ocean fishing with a local guide. They know where to catch the big fish. If you prefer more soft activities discover the coastal treasures on a sightseeing boat.

Within a few hours, you can travel from the open dramatic ocean and coastal archipelago to a beautiful fjord scenery and end up at Norway's roof – the Folgefonna glacier! Here you find the Hardangerfjord that stretches past

islands and fjord villages. One of them is Rosendal where you find Baroniet Rosendal, the Manor House & Rosendal Gardens, Scandinavia's smallest castle with its wonderful renaissance garden.

Sunnhordland is the perfect place to unwind and enjoy peaceful moments in beautiful untouched nature. Here you can get close to nature by exploring one of the more than 200 marked hiking trails of different levels in Sunnhordland, with magnificent views over the Hardangerfjord, thousands of islands and the ocean. Bicycle routes and bicycle friendly accommodation is well facilitated in Sunnhordland.

You find many charming restaurants in Sunnhordland focusing on using locale produce and traditions to give the guests culinary food experiences! Here we have award-winning chefs and beautiful and historic hotels of Europe. Professional, charming and friendly locals and staff are there to give you life-long memories.



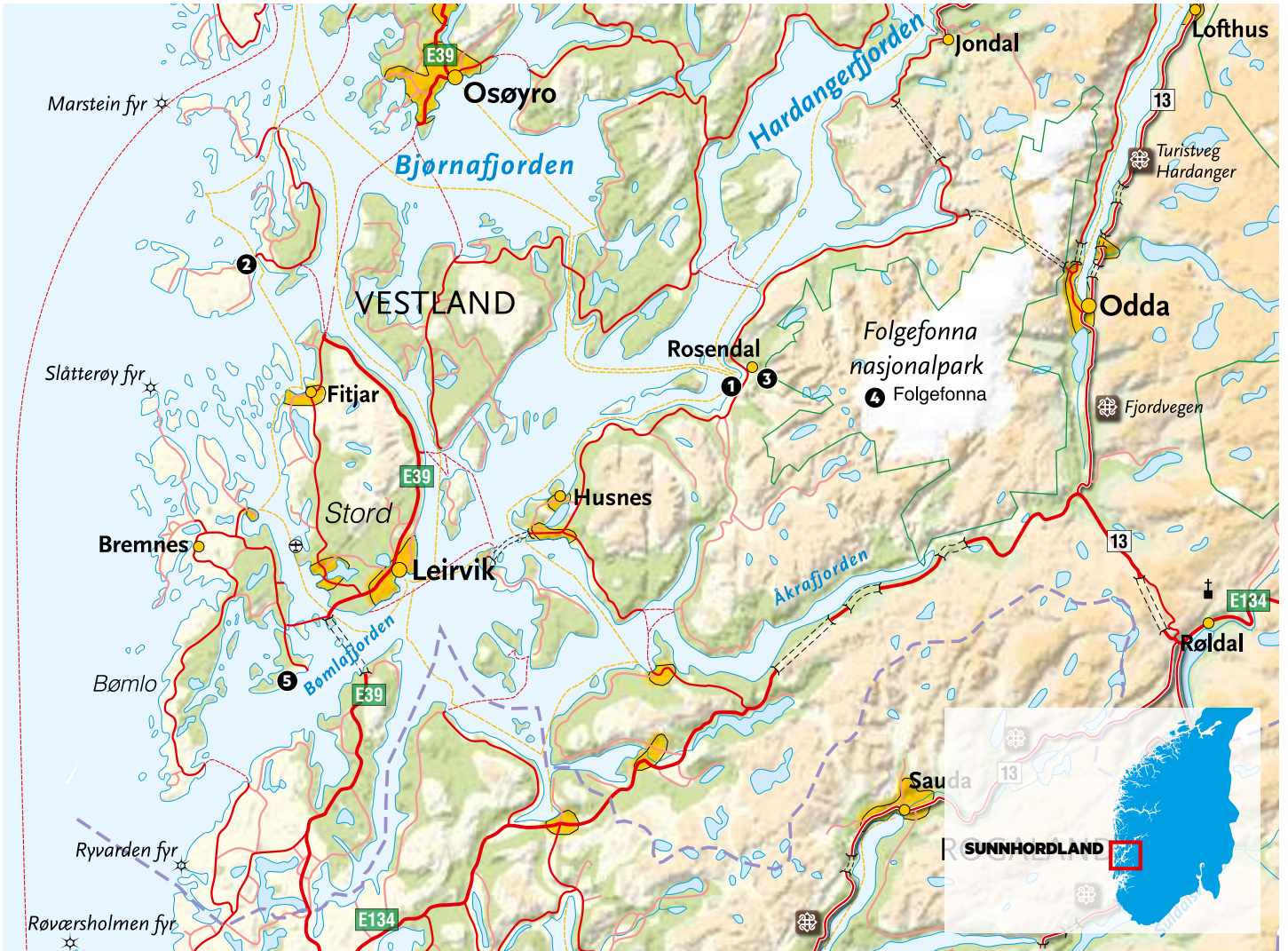
Hike between Mølstrevåg and Ryvarden

© Photo: Ranveig Marie Nesse

TOP 10 SUGGESTED HIKES:

- Fonnabu "The Tourist route over Folgefonna" 1450 m.a.s.l, Kvinnerad
- Melderskin "Queen of the Sunnhordland mountains" 1426 m.a.s.l, Kvinnerad
- Tysnessåto 753 m.a.s.l, Tysnes
- Top of Langfoss waterfall 640 m.a.s.l, Etne
- Siggo 474 m.a.s.l, Bømlo
- The Sherpa stairs to Kattnakken 724 m.a.s.l, Stord
- North Sea trail Stolmen at Austevoll
- North Sea trail Mølstrevåg – Ryvarden, Sveio
- Windmill Park in the Fitjar mountains
- Bondhusdalen valley in Kvinnerad

For more info:
visitsunnhordland.no



Sunnhordland



© Discover Norway

1. BIKE SUNNHORDLAND, THE FJORDS AND ISLANDS SOUTH OF BERGEN

Self-guided tour with luggage transfer. Discover a bit of Norway in miniature, with mountains, fjords and islands. Daily stages are cut by boat trips, and visits to cozy villages, showing coastal- and fjord culture. We also promise extraordinary food experiences, when award-winning chefs offer food influenced by the surroundings - fresh, wild and beautiful. Tour starts and ends in Bergen. www.discover-norway.no



© Linda Levfall

Baroniet Rosendal Manor house and gardens.

2. WORLD CLASS FOOD

In Sunnhordland, you will meet Ørjan Johannessen, winner of the unofficial cooking world championship "Bocuse d'Or" 2015. Visit his restaurants: Brygga 11 in Stord and Bekkjarvik Gjestgiveri in Austevoll. Several other restaurants with high quality are also recommended: Haaheim Gaard and the Gardencafé at the Barony Rosendal. All serve food featuring local ingredients in historical and beautiful nature environment.



© Wind Sense

Chefs Ørjan and Arnt Johannesen at Bekkjarvik Gjestgiveri.

3. BARONIET ROSENDAL & FJORD CRUISE

Experience Baroniet Rosendal, the smallest castle in Scandinavia from 1665, with its beautiful renaissance gardens and rich cultural programme. Daily departures on a beautiful fjord cruise from Bergen to Baroniet Rosendal. Fjord cruise package may-september. Lunch and a tour guide at the Barony are included.

5. MOSTER AMFI

This is the most unusual open-air theatre in Northern Europe and accommodates an audience of 1000. They offer guided tours through the exhibition "From heathendom to Christianity" with stories from Norse mythology, society in the Viking era, and the transformation to the Christian faith and understanding of life. Café with traditional Norwegian food, with a taste from ancient times.



© Folgefonna breforlag / Ståle Sundfjord

Glacierkayak, Folgefonna breforlag.

4. FOLGEFONNA NATIONALPARK, FOLGEFONNA GLACIER

Folgefonna is the third largest mainland glacier in Norway, and part of Folgefonna National Park. In the Folgefonna Centre in Rosendal you can learn more about the glacier and National Park. Activities on the glacier are offered by the local glacier guides Folgefonna breforlag: glacier kayaking, glacier guiding and blue ice hike.



© Mågne Langåker

From "Mostraspelet" the story of the legendary Viking King Olav Haraldsson.

ACCOMMODATION IN SUNNHORDLAND

Name	Address	Tel (+47)	Website	Email
HOTELS				
Almaas Hotell Stord	Kjøtteinsvegen 60, 5411 Stord	53 40 99 99	almaas-hotell.no	post@almaas-hotell.no
Bekkarvik Gjestgiveri - Hotel & suites	5397 Bekkarvik	55 08 42 40	bekkarvikgjestgiveri.no	post@bekkarvikgjestgiveri.no
Bømlo Hotell	5420 Rubbestadneset	53 42 93 53	bomlo-hotell.no	post@bomlo-hotell.no
Fitjar Fjordhotell	5419 Fitjar	53 45 77 00	visitsunnhordland.no	post@fitjar-fjordhotell.no
Haaheim Gaard	Dalsvegen 182, 5685 Uggdal	904 72 920 / 53 43 30 00	haaheimgaard.no	post@haaheimgaard.no
Skånevik Fjordhotel	5593 Skånevik	53 77 07 00	visitsunnhordland.no	post@fjordhotellet.no
Stord Hotell	Legene 1, 5411 Stord	53 40 25 00	stord-hotell.no	booking@stord-hotel.no
GUEST HOUSES, CABINS, CAMPING				
Baroniet Rosendal Avlsgård & Fruehus	5470 Rosendal	53 48 29 99	baroniet.no	info@baroniet.no
Bryggekanen	Innvær and Straumen	91 32 97 55	fjordtun.no	eivind@fjordtun.no
Dønhaug Gjestegard	Kjerlandssio 51, 5463 Uskedalen	97 04 01 53	donhaug.com	donhaug.gard@knett.no
Kråko Gjestetun	Kråko, 5419 Fitjar	41 42 80 38	krakogjestetun.no	post@krakogjestetun.no
Fjord Ferie Feriehus				
Laukhamar Fritid	Skorpevegen 609, 5694 Onarheim	993 31 168	visitsunnhordland.no	post@laukhamarfritid.no
Laukhamar Rorbuer	Skorpevegen 670-676, 5694 Onarheim	47 60 42 26	laukhamar-rorbuer.no	booking@laukhamar-rorbuer.no
Rabben Feriesenter AS	5463 Uskedalen	408 47 387	rabbencamping.no	rabben@rabbencamping.no
Ryvarden Cultural Lighthouse	Mølstrevåg 5550 Sveio	53 74 80 00 / 46 90 60 43	www.ryvarden.no	ryvarden@sveio.kommune.no
Skjersvik Gjestehus	Børkjenesvegen 149, 5590 Etne	909 60 449	skjersvik.no	b-nesjo@online.no
Sveio Ferie	Fabrikkveien 25a, 5551 Auklandshamn	982 32 432	sveioferie.no	jostav@online.no
Valevåg Camping og Hyttetun	Tittelsnesvegen 696, 5554 Valevåg	902 20 269	valevaag.no	camping@valevaag.no

ATTRACTIONS IN SUNNHORDLAND

Name	Address	Tel (+47)	Website	Email	Season
Baroniet Rosendal Manor House & Gardens	5470 Rosendal	53 48 29 99	baroniet.no	info@baroniet.no	SP,S,F
Engesund Fish Farm and Display Centre	Fitjarsjøen 2, 5419 Fitjar	951 89 950	engesund.no	post@engesund.no	A (On request)
Folgefonnserveret	Rosendal	958 24 275	www.folgefonnserveret.no	post@folgefonnserveret.no	A
Hardangerfjordekspressen	Bergen - Rosendal	51 89 52 70	rodne.no	mail@rodne.no	A
Langfoss Waterfall	5598 Fjæra	464 16 096/ 959 09 664	langfoss.com	post@langfoss.com	A
Moster Amfi	Tora Mostrastongs veg 2, 5440 Mosterhamn	53 42 66 20/ 97 54 20 78	mosteramfi.no	post@mosteramfi.no	A
MS Sunnhordland	Stord	48 11 18 00	mssunnhordland.no	post@mssunnhordland.no	A
Ryvarden Cultural Lighthouse	Mølstrevåg 5550 Sveio	53 74 80 00/ 46 90 60 43	www.ryvarden.no	ryvarden@sveio.kommune.no	A S
Slåtterøy Lighthouse	5423 Brandasund	53 42 30 14	visitsunnhordland.no		A
Sunnhordland Museum	Museumsbakken 16, 5417 Stord	53 41 38 99	sunnhordland.museum.no	post@sunnhordland.museum.no	S
The Lobster Park	5444 Espevær	480 67 452	visitsunnhordland.no	svein.barane@jkn.no	S

FOOD & DRINK IN SUNNHORDLAND

Name	Address	Tel (+47)	Website	Email
RESTAURANTS AND CAFÉS				
Baroniet Rosendal Garden café	5470 Rosendal	53 48 29 99	baroniet.no	info@baroniet.no
Bekkarvik Gjestgiveri	5397 Bekkarvik	55 08 42 40	bekkarvikgjestgiveri.no	post@bekkarvikgjestgiveri.no
Elins Matgleder	Skålagato 33, 5470 Rosendal	470 12 125	elinsmatgleder.no	elinenes@online.no
Gamleposten 5444	Espeværvegen 14, 5444 Espevær	904 72 920	gamleposten5444.no	gamleposten5444@haaheimgaard.no
Haaheim Gaard	Dalsvegen 182, 5685 Uggdal	904 72 920	haaheimgaard.no	post@haaheimgaard.no
Mandelhuset	Hegglandsvegen 4, 5680 Tysnes	53 43 21 00	mandelhuset.no	booking@mandelhuset.no
PS Bryggekafé	Kråkevegen, 5419 Fitjar	41 42 80 38	ps-byggekafe.no	post@ps-bryggekafe.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
36	We offer high-standard hotel rooms and lounges and an abundant breakfast buffet, plus an evening buffet at no additional cost
48	A distinguished old hotel from the 1600s. Offers accommodation, restaurant, bar, licensed outdoor area and art gallery.
30	A charming family run hotel with different assorted offers to guests, including a restaurant and conference centre.
24	A full service hotel with views of the lovely Fitjarvikjø bay and its many picturesque small islands and skerries
21 (23)	Create memories for life at the historic Haaheim Gaard and its cultural garden. Restaurant.
51	You can enjoy peace and quiet in this idyllic hotel, which is located between fjords and mountains. Restaurant.
173	A full service hotel centrally located in Leirvik, midway between Stavanger and Bergen. Large and modern rooms. Swimming pool.
24	The Baroniet Rosendal home farm next to Rosendal Gardens.
7 ca	Holiday homes with boats in a beautiful location at the seafront. Suited for both families and groups of fishing enthusiasts.
6	A farm house (entire house must be booked) with panoramic views over the village, mountains and fjord.
6	Located close to the sea, offering tent pitches camping sites for caravans and campervans.
6	We offer beautiful scenery, restaurant and bar with traditional food, banquet facilities and much more.
4 ca	A boat is included in the rental price of these idyllic fisherman's cabins
14 ca	Rental of small, medium and large cabins. Tent pitches and camping sites. Boat rental.
8-10 people	Experience life at the lighthouse close to nature and enjoy the peace and quiet in this rugged landscape.
5	Enjoy peace and quiet in a beautiful natural setting.
26	Fishermans cabins and apartments, boat included. Holidayhouses at the seaside.
6	Camping site, cabin and rorbu in idyllic, calm nature. Close to sea, beach and mountain.

VisitSunnhordland

Tourism organization
anne@visitsunnhordland.no

visitsunnhordland.no

How to get here:

Fjord Line:
Hirtshals – Stavanger – Bergen

Bus/Car from Oslo

Airplane Bergen, Stord, Oslo

Distance:

Bergen – 80 km
Stavanger – 127 km
Oslo – 469 km

Airports:

BGO Bergen Airport
Stord Lufthamn, Stord, Stordflyet
Haugesund Airport, Karmøy

Prices NOK	Useful information
From A: 100, Ch: 20	The smallest castle in Scandinavia. Famous for its renaissance garden and cultural events. Guided tours at the Manor.
150	Taste salmon, an unforgettable trip in our beautiful archipelago, buy dinner or lunch made from the salmon farm.
A: 100, Ch: 60	Interactive exhibition of the cycle of water on earth and climate
	A beautiful fjord cruise and sightseeing from Bergen to Rosendal. See rodne.no for departure times and prices.
	The fifth highest waterfall in Norway, voted by CNN as one of the top ten most beautiful waterfalls.
From A: 150, Ch: 100, Sc: 100	Beautiful open-air amphitheatre, guided tours, Moster old church, musicals and concerts, exhibitions, stone exhibition, café.
On request	Elegant veteranship from 1943, offers dinner cruise and sightseeing for up to 180 pax. Some cabins.
Free Entry	Take the beautiful 30 minute walk out to Ryvarden, where you will find a cafe and gallery. Overnight stay possible.
On request	Slåtterøy lighthouse (transport by boat needed) is situated on the island Slåtterøy, near Brandasund and Fitjarøyane. Guided tour and overnight stay possible.
On request	Rural museums on different sites in Sunnhordland, including the ruins of an Augustine monastery (built around 1300) on Halsnøy.
A: 50, Ch: 25	Norway's largest lobster park with a combined museum and aquarium. Guided tours.

Capacity	Useful information
36 + 24	A pleasant garden cafe situated next to the Herb Garden at the Rosendal Barony. Open May-Sept.
150 + 150	Renowned for their excellent food, particularly dishes based on fresh seafood, made by award winning chefs. Historic hotels
40 + 40	A la carte restaurant. Also sale of local food and produce.
80	Situated on a island west of Bømlo. 3-9 course menu made by local products. Espevær is a small fishing island with historical attractions.
170	Have a 3-9 course menu made by local products at the beautiful and historic hotel, Haaheim Gaard.
100	A cozy restaurant located at the quay in the harbour «Våge hamn» with a nice outdoor area. 3 course menus available.
40+	Open in summer (off season: open some weekends), enjoy home made bread, pizza and more.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

World Heritage City Bergen

-The Gateway to the Fjords of Norway



Bryggen Lemkuhl

As a European City of Culture, World Heritage City and UNESCO City of Gastronomy, Bergen offers world-class experiences and culture. As the Heart of the Fjords of Norway, the Bergen region has the ideal combination of nature, culture and interesting urban attractions – all year round. Bergen is an international city packed with history and tradition, a big city with small-town charm and atmosphere. Bergen likes visitors. And Bergen is worth a visit. Welcome!

The Heart of the Fjords of Norway

With its ideal location right in the heart of the Fjord Norway region, between the Hardangerfjord and the Sognefjord, it is the perfect starting point for day trips to one of the world's biggest scenic attractions – the fjords. From Bergen you are real close to the spectacular fjord experiences, whether you want to go on a fjord cruise or dive into the experience with mountain and glacier hiking in the majestic mountain landscape, skiing in some of Norway's best terrains, biking along the beautiful fjord arms or explore the wet element with white water rafting or fishing in the ocean along the beautiful coast line. Stop off at the Fish Market to mingle with the crowds. Visit the Aquarium and see the fish, penguins and seals in their natural element, as well as crocodiles, snakes and spiders.

A World Heritage City

Bryggen has a place on **UNESCO's World Heritage List**. A stroll through the back streets of Bryggen brings you

back to the Middle Ages, as a lot of the architecture is preserved or rebuilt as it was originally. Several museums, like the Hanseatic Museum, Bryggens Museum and the Theta Museum provides a deeper sense of the history of Bryggen, what is has meant for the people of Bergen and Norway as a nation. Bergen has fostered several world famous artists such as the **composer Edvard Grieg** and violinist Ole Bull. Grieg's home at Trolldhaugen and Ole Bull's summer paradise at Lysøen are both popular attractions today, where you can experience their homes preserved just as they were built, and concerts to the scenery that once inspired the two world famous composers. A good meal is the icing on the cake of your visit to Bergen, and a taste of the city's nightlife should have you bursting with new energy. Bergen has some of the country's most beautiful restaurants with the best cuisine. Some of the most seductive delicacies the region has to offer require no preparation – big sweet strawberries straight from the field, dark-red morello cherries, juicy



The KODE Art Museums

1. BERGEN'S ART STREET

Bergen has an impressive collection of unique Norwegian and international art treasures ranging from the classical to the contemporary. The collections are housed in a row of galleries lining the picturesque Lille Lungegårdsvann lake in the heart of the city. Permanent and changing exhibitions throughout the year. Major collections of Munch, Tidemand and Gude, Picasso, Miró and Astrup as well as contemporary art, and KunstLab, a children's art museum, can be found at the KODE art museums. In this area you'll also find Bergen Kunsthall (Bergen Contemporary Art Centre), where you can experience contemporary art and performances.

plums and tasty Hardanger apples. You can enjoy fresh fjord prawns down by the harbor while peacefully watching the comings and goings of the boats. Bergen has in recent years become known as an international culinary city, and in 2015 Bergen earned the **UNESCO title City of Gastronomy**.



© Geir S. Johannessen - visitBergen.com



Edvard Grieg Museum, Troidhaugen

2. BERGEN MUSIC CITY

Bergen has produced many famous musical figures such as classical composers Edvard Grieg and Harald Sæverud, and violin virtuoso Ole Bull. They lived at Troidhaugen, Siljustøl and Lysøen, respectively, and their homes are now open to the public. Live concerts are also held there, and there are daily lunchtime concerts all summer long at Troidhaugen. Concerts are also held in other venues, including: Den Nationale Scene, Logen Teater, Ole Bull Scene, Ricks, the Grieg Hall and the Gunnar Sævig Hall. Bergen Philharmonic Orchestra gives weekly concerts in the Grieg Hall from August to June.

3. WOODEN HOUSES – BERGEN, THE BIG CITY WITH SMALL-TOWN CHARM

Bergen's small wooden houses add to the city's charm and uniqueness. Many of these old wooden buildings date back to the 18th and 19th centuries and have been respectfully restored and refurbished in recent years. Fine examples of this can be seen in central areas such as Nordnes, Nøstet and Fjellsiden, where narrow alleyways and cobbled streets dominate. People have lived in these areas for centuries, and they are well worth exploring for their charm.



Knøsesmauet



Marstein lighthouse

5. BERGEN REGION WEST – THE COAST AS YOUR PLAYGROUND

The coast of Bergen, including Sotra, Fjell and Øygarden, is the place for active, brisk and exciting experiences. Just a stone's throw from the city, you can take part in spectacular coastal activities, incredible culinary seafood experiences and learn about one of the most exciting episodes in Norway's war history. You can enjoy accommodation with panoramic views of the sea, in a small traditional rorbu or in a first-class hotel.



Ulriken

4. ENJOY A CITY THAT BUZZES ALL YEAR ROUND

Surrounded by seven mountains, Bergen is ideal for enjoying the beauties of nature. A few minutes' ride on the Fløibanen funicular will take you from the city centre to the top of Mt. Fløyen, while a cable car takes you to the summit of our highest mountain, Mt. Ulriken. Enjoy the views and the peace and quiet while gazing down at the city. Sample the delicacies on offer at the Fish Market, or spend hours among the fish, penguins and seals at Bergen Aquarium. The whole family can explore the world of science and technology at the VilVite Science Centre.



Nordhordland

6. BERGEN REGION NORTH - A NATURAL HISTORY GEM

Across beautiful heathland with charming old drystone walls, through narrow sounds and currents from the ocean's edge to fjords and high mountains. The region north of Bergen is a gem for nature experiences, exciting emigration history and activities that are guaranteed to bring a glow to your cheeks, the wind in your hair and laughter and joy.

© Espen Haagenesen - visitBergen.com

© Redne Fjord Cruise

A European City of Culture



© Bergen Tourist Board / Oddleiv Aprneseth - visitBergen.com

Our city may be modest in size, but it is packed with attractions that fascinate visitors. Lively traditions live side by side with a vibrant cultural scene. Our Hanseatic heritage is one of many reasons for Bergen's status as a European City of Culture.

City of Culture

There are many good reasons why Bergen was designated European City of Culture in 2000. The city has fostered several famous sons who have achieved worldwide fame and put their home town on the map. Edvard Grieg, Ole Bull and Harald Sæverud all became famous, each in his own way.

As a City of Culture, Bergen can now also boast an innovative and trendy music and design scene. Bands have emerged on Bergen's music scene that have captured the imagination of the whole of Europe: Alan

Walker, Kygo, Kings of Convenience, Røyksopp, Sissel Kyrkjebø, Kurt Nilsen and Sondre Lerche, to mention just a few. The city's musical traditions also include **Bergen Philharmonic Orchestra**, which was started as early as 1765 and is Europe's oldest orchestra of its kind. Norway's first permanent theatre, Den Nationale Scene, was founded in Bergen in 1850. Together with 60 other festivals and top-flight concerts, the highly-reputed **Bergen International Festival**, held every year in May and June, means that the Bergen region has a natural place on the world's musical map.

Unesco City of Gastronomy

In 2015, Bergen became a member of the UNESCO Creative Cities Network in the area of gastronomy. Bergen City of Gastronomy builds on a millennium of history as a meeting place and trading centre for cultural and culinary traditions. Surrounded by the sea, deep fjords and high mountains, nature has created a magnificent and pure environment for food production.



Cornelius Seafood Restaurant



The Fish Market



Edvard Grieg Museum, Trolldhaugen

© Espen Haagensen - visitBergen.com

© Espen Haagensen - visitBergen.com

© Espen Haagensen - visitBergen.com

SUGGESTIONS FOR THREE DAYS IN WORLD HERITAGE CITY BERGEN

Bergen will enchant you regardless of the season. Spring and autumn each have their beautiful palette, summer is teeming with joyous activities, and in winter you can combine your stay with snow-filled adventure at a nearby ski resort. Year round you can experience the Norway in a nutshell® excursion. Set aside three days to explore the World Heritage City Bergen, and we guarantee you unforgettable memories and experiences.

Day I

Start your day with a stroll through the Fish Market and along the mediaeval Hanseatic wharf, Bryggen. Visit some of the city's many museums and art galleries, before exploring Bergen's charming shops.

Photo: Grish Chouhan



Bryggen (the Wharf) in Bergen

Day II

Head out to Edvard Grieg's home, Troldhaugen, for a lunch concert in idyllic surroundings. Visit the recreated Old Bergen, before taking the Fløibanen funicular or the Ulriken cable car up to the top for a magnificent panorama of the city and surrounding fjords. The trails may well lure you to a mountain hike.



The Funicular / Mt. Fløyen

Day III

Spend the morning at the Aquarium or the science exploratorium ViIvite. Go on a fjord sightseeing trip in the afternoon. Have dinner at one of the city's seafood restaurants – and round off your evening with a concert at one of Bergen's many cultural venues.



Bergen Aquarium

© Espen Haagenen - visitBergen.com

BERGEN – EASY TO GET TO

Bergen Airport Flesland has good domestic and International connections. You can fly there direct from more than 30 destinations in Europe. Oslo-Bergen is one of the busiest air routes in Europe, with more than 30 daily departures.

In addition to a large selection of direct flights to Bergen, you can also arrive by ferry or cruise, by train from Oslo or Flåm or drive along the scenic fjords and coast to Bergen.

The **Bergen Railway** between Bergen and Oslo has been ranked as one of the greatest train journeys in the world.

Many people take this train ride as part of **Norway in a nutshell®**, Norway's biggest and most popular round trip.

Bergen has a ferry connection to and from the Continent. Fjord Line sails from Denmark and the ferry docks within easy walking distance of the city centre. You can also travel from Stavanger to Bergen with Fjord Line.

Norway is ideal for round trips and most of them include Bergen. If you are travelling to Bergen with your own car, all the roads leading to Bergen run through a fantastic landscape of fjords, mountains and waterfalls. Modern

express boats with panoramic views take you up and down the coast and up the famous fjords.

Express bus services also operate in virtually all directions.

Bergen is a turnaround port for the world famous Hurtigruten. Spending a few days in Bergen either before or after your trip is a must.

Bergen is easy to get to.

THE BERGEN CARD

The practical and reasonable way to explore Bergen, the City of Culture

With the Bergen Card in your pocket, you travel free on Bergen Light Rail and buses in the city and the Region. You get free or discounted admission to museums and attractions, fjord cruises as well as many cultural events, various sightseeing tours, restaurants, Bergen Airport Bus, and parking.

For further information and purchase of cards, please contact:

Bergen Tourist Board,
Tel.: +47 55 55 20 00 or BergenCard@visitBergen.com

	24 hours CARD	48 hours CARD	78 hours CARD	96 hours CARD
Adult	NOK 280	NOK 360	NOK 430	NOK 500
Child	NOK 100	NOK 130	NOK 160	NOK 190

SERVICES OFFERED BY BERGEN TOURIST BOARD

Free film –and Photoservice:

visitBergen.com/photoservice
Pictures and films from Bergen and the region, for unrestricted non-commercial use by the travel industry, the press and media outlets.

Other free publications

Bergen Guide, Bergen Feature Brochure, Bergen Map, Round Trips, etc.
visitBergen.com/brochures
Most of our literature can also be found at visitBergen.com/trade




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Heart of the Fjords of Norway



BERGEN

ACCOMMODATION IN BERGEN AND THE REGION

Name	Address	Tel (+47)	Website	Email
HOTELS				
Alver Hotel	Alvervegen 100	56 34 38 00	alverhotel.no	post@alverhotel.no
Augustin Hotel	C. Sundts gate 22	55 30 40 00	augustin.no	booking@augustin.no
Bergen Børs Hotel	Vågsallmenningen 1	55 33 64 00	bergenbors.no	booking@bergenbors.no
Bergen Harbour Hotel	Finnegårdsgaten 6	55 30 09 10	bergenharbourhotel.no	booking@bergenharbourhotel.no
Best Western Plus Hotell Hordaheimen	C. Sundtgate 18	55 33 50 00	hordaheimen.no	booking@hordaheimen.no
Clarion Collection Hotel Havnekontoret	Slottsgaten 1	55 60 11 02	nordicchoicehotels.no	cc.havnekontoret@choice.no
Clarion Hotel Admiral	C. Sundts gate 9	55 23 64 00	nordicchoicehotels.no	cl.admiral@choice.no
Clarion Hotel Bergen Airport	Flyplassvegen 551	56 10 00 00	nordicchoicehotels.no	cl.bergen.airport@choice.no
Comfort Hotel Bergen Airport	Lønningsvegen 45	55 52 98 00	nordicchoicehotels.no	co.bergen.airport@choice.no
Comfort Hotel Bergen	Strandgaten 190	55 30 42 00	nordicchoicehotels.no	co.holberg@choice.no
Det Hanseatiske Hotel	Finnegården 2A	55 30 48 00	dethanseatiskehote.no	frontdesk@finnegaarden.no
First Hotel Marin	Rosenkrantzgaten 8	53 05 15 00	firsthotels.no	booking.marin@firsthotels.no
Fjordslottet Hotell	Osterøyvegen 2715	56 39 50 90	fjordslottet.no	fjordslottet@fjordslottet.no
Grand Terminus	Zander Kaaes gate 6	55 21 25 00	grandterminus.no	booking@grandterminus.no
Hotel Norge by Scandic	Nedre Ole Bulls plass 4	55 55 40 00	scandichotels.no/hotelnorge	hotelnorge@scandichotels.com
Hotel Oleana	Øvre Ole Bulls plass 5	55 21 58 70	hoteloleana.no	seeyou@hoteloleana.no
Hotel Park	Harald Hårfagresgate 35	55 54 44 00	hotelpark.no	booking@hotelpark.no
Klosterhagen Hotell	Strangehagen 2	53 00 22 00	klosterhagenhotell.no	post@klosterhagenhotell.no
Magic Hotel Kløverhuset	Strandgaten 13-15	55 90 01 30	magichotels.no	kløverhuset@magichotels.no
Magic Hotel Korskirken	Nedre Korskirkealmenning 1A	55 90 01 40	magichotels.no	korskirken@magichotels.no
Magic Hotel Solheimsviken	Bøhmergaten 42	55 90 01 50	magichotels.no	post@magichotels.no
Magic Hotel Xhibition	Småstrandgaten 3	55 90 01 20	magichotels.no	xhibition@magichotels.no
Ole Bull Hotel & Apartments	Øvre Ole Bulls plass 4	55 23 16 13	olebullhotel.no	booking@olebullhotel.no
Opus XVI - Edvard Grieg Heritage Hotel	Vågsallmenningen 16	53 01 22 00	opusxvi.no	booking@opusxvi.no
Panorama Hotell & Resort	Austefjordveien 165	56 93 90 00	panoramahotell.no	booking@panoramahotell.no
Quality Hotel Edvard Grieg	Sandslåsen 50	55 98 00 00	nordicchoicehotels.no	q.bergen@choice.no
Radisson Blu Royal Hotel	Bryggen 5	55 54 30 00	radissonblu.com	info.royal.bergen@radissonblu.com
Scandic Bergen City	Håkonsgaten 2-7	55 33 33 00	scandichotels.no/bergencity	bergencity@scandichotels.com
Scandic Byparken	Christiesgate 5-7	55 54 56 00	scandichotels.no/byparken	byparken@scandichotels.com
Scandic Flesland Airport	Lønningsvegen 9	55 14 03 00	scandichotels.no/fleslandairport	fleslandairport@scandichotels.com
Scandic Kokstad	Kokstadflaten 2	21 61 44 00	scandichotels.no/kokstad	kokstad@scandichotels.com
Scandic Neptun	Valkendorfs gate 8	55 30 68 00	scandichotels.no/neptun	neptun@scandichotels.com
Scandic Torget Bergen	Strandkaien 2-6	55 59 33 00	scandichotels.no/torgetbergen	torgetbergen@scandichotels.com
Scandic Ørnen	Lars Hilles gate 18	55 37 50 00	scandichotels.no/ornen	ornen@scandichotels.com
Solstrand Hotel & Bad	Solstrandveien 200	56 57 11 00	solstrand.com	hotel@solstrand.com
Steens Hotel	Parkveien 22	55 30 88 88	steenshotel.no	post@steenshotel.no
Thon Hotel Bergen Airport	Kokstadvegen 3	55 92 00 00	thonhotels.no/bergenairport	bergen.airport@olavthon.no
Thon Hotel Bristol Bergen	Torgalmenningen 11	55 55 10 00	thonhotels.no/bristolbergen	bristol.bergen@olavthon.no
Thon Hotel Orion	Bradbenken 3	55 30 87 00	thonhotels.no/orion	orion@olavthon.no
Thon Hotel Rosenkrantz	Rosenkrantzgaten 7	55 30 14 00	thonhotels.no/rosenkrantz	rosenkrantz@olavthon.no
Villa Terminus	Zander Kaaes gate 6	55 21 25 00	villaterminus.no	booking@villaterminus.no
Westland Hotel	Kvalen 30	56 34 21 00	westlandhotel.no	post@westlandhotel.no
Zander K Hotel	Zander Kaaes gate 8	55 36 20 40	zanderk.no	booking@zanderk.no

There is a wide range of hotels, guesthouses, apartments, campings, cabins, hostels and bed & breakfast in Bergen and the Region.

ATTRACTIONS IN BERGEN AND THE REGION

Name	Address	Tel (+47)	Website	Email	Season
Alvøen Manor	Alvøveien 150	55 30 80 30	bymuseet.no	alvoen.hovedbygning@bymuseet.no	S
Arboretet & Botanical Garden	Mildevn. 240	55 58 72 50	uib.no/arboretet	post@arboretet.uib.no	A
Art Galleries on Bryggen	Bryggen wharf			-	A
Arven Économusée & Concept Store	Sandbrogaten 11	55 55 14 40	arven.no	shop@arven.no	A
Bergen Aquarium	Nordnesbakken 4	55 55 71 71	akvariet.no	post@akvariet.no	A
Bergen Contemporary Art Centre	Rasmus Meyers allé 5	940 15 050	kunsthall.no	bergen@kunsthall.no	A
Bergenhus Fortress Museum	Koengen, Bergenhus Festning	55 54 63 87	forsvaret.no	bhusmus@gmail.com	A
Bergen Maritime Museum	Haakon Shetelig's plass 15	55 54 96 00	sjofartsmuseum.no	post@sjofartsmuseum.no	A
Bergen Science Centre - VilVite	Thormøhlensgate 51	55 59 45 00	vilvite.no	post@vilvite.no	A
Bryggens Museum	Dreggsallm. 3	55 30 80 30	bymuseet.no	post@bymuseet.no	A
Damsgård Country Mansion	Alléen 29	55 30 80 30	bymuseet.no	damsgard.hovedgard@bymuseet.no	S
Edvard Grieg Museum - Troidhaugen	Troidhaugveien 65, Paradis	55 92 29 92	griegmuseum.no	info@troidhaugen.no	A
Fantoff Stave Church	Fantoffveien, Paradis	55 28 07 10	visitbergen.com	post@fantoffstavkirke.no	Sp, S, F

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms Useful information

48	Located in beautiful surroundings, the hotel is a perfect starting point for exploring Fjord Norway. Fully equipped rooms, in harmonic, bright colors.
130	Bergen's oldest family-run hotel with a combination of modern, prize-winning interiors and traditional style. Centrally located in Bergen city centre.
127	A fashionable and exclusive design hotel located in a historical building in the centre of Bergen, close to restaurants, shopping, city life, fjords and mountains.
50	Bergen Harbour Hotel offers a unique and personal hotel experience. Access to gym, bicycles and short distances to the city's famous attractions.
88	Hotel Hordaheimen is located in the city centre in a quiet, peaceful street in the heart of Bergen. Renowned for traditional home-cooked Norwegian cuisine.
113	Centrally located on Bryggen. Price includes breakfast buffet and a light evening meal. Coffee/tea, waffles or pancakes in the afternoon.
210	One of the most characteristic hotels in Bergen - old, dignified storehouses from the turn of the century, now a beautiful and centrally located hotel.
200	Conference hotel, with direct access from Bergen Airport, Flesland. Design hotel with contemporary architecture, inspiring décor, art and music.
304	Located only a 2 minute walk from the airport. Modern hotel with facilities for meetings and conferences.
159	The times you enjoy the most is often when things are casual, funny, easy, exible and reasonable. Like at Comfort Hotel Holberg.
37	The hotel is located in the heart of the city, next to the Hanseatic Museum. Beautiful and sophisticated hotel, with unique and stylish rooms.
151	Hotel in classical style in the heart of Bergen. Centrally located with buses, ferries and trains within walking distance.
41	Fjordslottet Hotell is built in 1851, and is located only 45 minutes from Bergen on the island Osterøy. Beautiful surroundings with mountains and fjords.
131	Grand Terminus is centrally located in the city center opposite the railway station and bus station. Charming hotel with an elegant, classic style.
415	Top modern and stylish hotel centrally located in Bergen. Re-opened after renovation in 2018.
97	A boutique hotel perfectly situated in Bergen.
35	Beautiful small hotel close to the University, railway station and walking distance to city centre.
16	Located in historical surroundings at Klosteret, centrally and quietly at Nordnes in the centre of Bergen. 16 comfortable rooms including a tasty breakfast.
43	Budget Design Hotel with the style and comforts of high-design by Karim Rashid. Centrally located in Bergen.
90	Budget Design Hotel with the style and comforts of high-design by Karim Rashid. Centrally located in Bergen.
217	Budget Design Hotel with the style and comforts of high-design by Karim Rashid. 217 rooms and a restaurant with magnificent view over Bergen
55	Budget Design Hotel with the style and comforts of high-design by Karim Rashid. Breakfast not included. Centrally located in Bergen.
60	Centrally located apartment hotel, close to the theatre. Breakfast not included.
65	Elegant and classic hotel in the centre of Bergen, near the Fish Market. Opened in 2018.
57	Conference hotel situated on the edge of the North Sea outside Bergen. Wide range of activities, local food and spa facilities.
373	One of Bergens largest hotels situated in calm surroundings, only 5 minutes from Bergen Airport and 15 minutes from the city centre of Bergen.
342	Newly renovated hotel tastefully decorated with a Nordic touch centrally located at Bryggen. Conference facilities and airport bus just right outside.
262	A modern hotel in the centre of Bergen situated close to all the cultural activities. The rooms are comfortable and spacious, all of high standard.
159	Centrally located in the heart of Bergen. Short walk to Torgallmenningen, Grieg Hall, shopping and attractions. Evening buffet Monday to Saturday.
300	Situated in a rural location 2 km from Bergen Airport and 15 km from the city centre of Bergen. The hotel has 10 bright, modern meeting rooms.
199	Thanks to location in calm surroundings, and with a tram stop right outside our door, Scandic Kokstad is perfect for those who wish to combine nature and city life
270	The place for good food, wine and art! Centrally located in the city centre. Full-service hotel. Gourmet restaurant Lucullus.
173	Scandic Torget has the best location in Bergen and the most magnificent view of the Fish Market. Scandic Torget offers comfort at a reasonable price.
368	One of Bergen's newest and largest hotel with 368 spacious, bright and modern rooms.
135	Beautiful hotel located in the heart of fjord Norway only 30 kilometers from Bergen and the airport. High standard, great views and spa facilities.
21	Charming small hotel in a lovely building from 1890 close to Nygårdsparken and the University of Bergen. Most rooms have a view of the park.
249	Thon Hotel Bergen Airport is located 2 kilometres from Bergen Airport and has 249 rooms, conference facilities, swimming pool, squash courts and a gym.
122	Centrally located on Torgallmenningen square in the heart of Bergen, within walking distance of Bergen's most popular attractions, restaurants and shopping.
219	Centrally situated at Bryggen, the world famous wharf area. A short walk from the airport express bus and a five-minute walk from the Fish Market.
129	Thon Hotel Rosenkrantz is located in Bergen city centre within walking distance of Bryggen, Fløibanen funicular and the Fish Market.
18	Modern design in an intimate and exclusive atmosphere packed with history. 50 metres from train and bus terminal, and within walking distance of everything Bergen has to offer.
86	A modern hotel, situated in the magnificent surroundings of Western Norway, amidst fjords, mountains and the ocean, only 49 km north of Bergen city centre.
249	A new and modern hotel located by the railway and bus station

Find the accommodation of your costumer's wish on our website www.visitBergen.com/accommodation

Prices NOK Useful information

free	This mansion is the main building of the owners of the paper factory of Alvøen, dating from 1797. Large collection of furniture, silver and porcelain. Groups on request.
free	The Arboretum, founded in 1971, occupies an area of 125 acres, part of which is planted with a variety of foreign trees and shrubs. Includes nice beaches. Studios and art galleries on Bryggen, Bergen.
free	The silverfactory Arven let you experience some of the city's best gold- and silversmiths at work, creating precious metal into true pieces of art.
275-295	Meet the sea lions, the creepy – but great crocodiles, fish and the fascinating snakes at Bergen Aquarium. Film screening and feeding daily. Book online.
50	Alternating exhibitions of contemporary art. Restaurant and exhibition rooms.
free	Focus on the activities of the resistance movement in the Bergen area during Second World War, illegal press and the history of the fortress.
100	The Bergen Maritime Museum presents the history of shipping and includes a vast collection of ship models and Viking ships.
180-190	Science centre where the whole family can discover more than 100 different exhibits. Science show and 3D film at weekends and during school holidays.
100	Bryggens Museum display findings of the archaeological excavations of Bryggen from 1955 and contains the foundations of the oldest buildings in Bergen.
100	Damsgård Country Mansion was built in the 1770's. It is perhaps Europe's best preserved wooden Rococco building with the original interior.
130	Edvard Grieg Museum Trolldaugen was the home of composer Edvard Grieg for 22 years. He composed many of his best-known works in the little garden hut.
65	Old stave church, originally built in Fortun in Sogn in 1150 and moved to Fantoff in 1883, burnt down on 6 June 1992. Has been rebuilt exactly as it was before the fire.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

ATTRACTIONS IN BERGEN AND THE REGION

Name	Address	Tel (+47)	Website	Email	Season
Fish Market	Strandkaien 3	-	-	-	A
Galleri Allmenningen	Vetrlidsallmenningen 8	41 45 96 99	galleri.allmenningen.no	atle.maurseth@gmail.com	A
Galleri Nygaten	Nygaten 7	920 84 612	galleri.nygaten.no	post@galleri.nygaten.no	A
Gamlehaugen	Gamlehaugveien 10, 5231 Paradis	53 00 61 15	gamlehaugen.no	gamlehaugen@museumvest.no	S
Harald Sæverud Museum Siljustøl	Siljustølsveien 50	55 92 29 92	siljustolmuseum.no	info@troidhaugen.no	Sp, S
Hordamuseet	Hordnesvegen 24	55 30 80 30	bymuseet.no	hordamuseet@bymuseet.no	A
Håkon's Hall	Bergenhus Festning	55 30 80 30	bymuseet.no	post@bymuseet.no	A
KODE Art Museum (1-4)	Rasmus Meyers allé 3, 7 og 9	53 00 97 04	kodebergen.no	post@kodebergen.no	A
Kunsthall 314	Vågsallmenningen 12	55 36 26 30	stiftelsen314.com	post@stiftelsen314.com	A
Leprosy Museum – St. George's Hospital	Kong Oscarsgt. 59	55 30 80 30	bymuseet.no	lepramuseet@bymuseet.no	S
Magic Ice	C. Sundtsgate 50	930 08 023	magicice.no	bergen@magicice.no	
Nykirken Church	Strandgaten 197B	55 59 71 75	bergendomkirke.no	bergendomkirke.menighet.bergen@kirken.no	S
Old Bergen Museum	Nyhavnsveien 4	55 30 80 30	bymuseet.no	gamlebergen@bymuseet.no	Sp, S
Oleana Économusée	Ivar Aasgaardsv. 1, 5265 Ytre Arna	55 39 32 20	oleana.no	oleana@oleana.no	A
Ole Bull Museum – Lysøen	Lysøen	56 30 90 77	lysoen.no	mail@lysoen.no	S
Rosenkrantz Tower	Bergenhus Festning	55 30 80 30	bymuseet.no	post@bymuseet.no	A
S12 Galleri og Verksted	Skostredet 12/Sparebankgaten 4	930 33 510	s12.no	post@s12.no	A
St. John's Church	Sydnesplass 5	55 59 71 75	bergendomkirke.no	bergendomkirke.menighet.bergen@kirken.no	S
St. Mary's Church	Dreggsallmenningen	55 59 71 75	bergendomkirke.no	maria.bergen@kirken.no	A
Stiftelsen Seilskipet Statsraad Lehmkuhl	Bradbenken 2, skur 7	55 30 17 00	lehmkuhl.no	lehmkuhl@lehmkuhl.no	
The Hanseatic Museum and Schøtstuene	Bryggen	53 00 61 10	museumvest.no	hanseatisk@museumvest.no	A
The Norwegian Fisheries Museum	Sandviksboder 23, 5035 Bergen	53 00 61 60	museumvest.no	fiskeri@museumvest.no	A
The Norwegian Knitting Industry Museum	Salhus	55 25 10 81	muho.no	norsk.trikotasjemuseum@muho.no	A
The School Museum	Lille Øvregate 38	55 30 80 30	bymuseet.no	skolemuseet@bymuseet.no	
The University Museum of Bergen – Natural History	Haakon Shetelig's plass 10	55 58 00 00	universitetsmuseet.no	post@um.uib.no	A
The University Museum of Bergen – Cultural History	Haakon Shetelig's plass 10	55 58 00 00	universitetsmuseet.no	post@um.uib.no	A
Ytre Arna Museum	Ivar Aasgaardsv. 1, 5265 Ytre Arna	975 69 518	ytreamuseum.no	post@ytreamuseum.no	A

FOOD & DRINK IN BERGEN AND THE REGION

Name	Address	Tel (+47)	Website	Email
RESTAURANTS				
26 North	Bryggen 47	47 71 04 67	26north.no	
Ácido Cocktail Bar & Restaurant	Øvre Ole Bulls plass 5	55 21 58 73	hotelloleana.com	
BARE	Torgallmenningen 2, 5014 Bergen	400 02 455	barerestaurant.no	restaurant@barerestaurant.no
BARE Vestland	Vågsallmenningen 1, 5014 Bergen	400 02 455	barevestland.no	post@barevestland.no
Bergtatt	Bøhmergaten 42-44	92 28 26 02	bergtattrestaurant.no	booking@bergtattrestaurant.no
Bien Basar	Vetrlidsallmenningen 2	55 59 11 00	bienbar.no	
Bien Centro	Nordahl Bruns gate 9	55 59 11 00	bienbar.no	
Bien Snackbar	Fjøsangerveien 30	55 59 11 00	bienbar.no	
Big Horn Steak House	Lodin Leppsgt. 2B	55 36 60 60	bighorn.no	bergen@bighorn.no
Brasilia	Olav Kyrres gate 39	48 30 55 55	brasiliano.no	booking@brasiliano.no
Bryggen Tracteursted	Bryggestredet 2, 5003 Bergen	55 33 69 99	bellevue.no	booking@bellevue.no
Bryggeloftet & Stuene	Bryggen 11, 5003 Bergen	55 30 20 70	bryggeloftet.no	restaurant@bryggeloftet.no
Bryggeriet Bryggghus & Restaurant	Zachariasbryggen, 5012 Bergen	55 55 31 55	zabr.no	post@rics.no
Café Opera	Engen 18	55 23 03 15	cafeopera.org	cafeopera@engengruppen.no
Casa del Toro	Rosenkrantzgate 6	55 55 03 10	dethanseatiskhotel.no	casa@finnegaarden.no
China Palace	Torgallmenningen 3a	55 21 28 38	chinapalacerestaurant.no	post@cpbergen.no
Colonialen Litteraturhuset	Østre Skostredet 5-7, 5017 Bergen	55 90 16 00	colonialen.no	booking@colonialen.no
Colonialen 44 Restaurant	Kong Oscars gate 44, 5017 Bergen	55 90 16 00	colonialen.no	booking@colonialen.no
Cornelius Seafood Restaurant	Postboks 27, 5174 Mathopen	56 33 48 00	corneliusrestaurant.no	booking@cornelius-restaurant.no
Don Pippo	Christiesgate 11	55 31 30 33	donpippo.no	
Dr. Wiesener	Nye Sandviksveien 17a	98 12 77 32	drwiesener.no	drwiesener@gmail.com
Duggfrisk Bar & Spiseri	Strandkaien 12	93 89 48 64	duggfriskbergen.no	booking@duggfriskbergen.no
Enhjørningen	Enhjørningsgården 29, Bryggen 5003 Bergen	55 30 69 50	enhjorningen.no	info@enhjorningen.no
FG Restaurant & Bar	Finnegårdsgaten 2a, 5003 Bergen	55 55 03 02	finnegaarden.no	fg@finnegaarden.no
FishMe	Strandkaien 3, 5013 Bergen	450 23 000	fishme.no	post@fishme.no
Fjellskål	Strandkaien 3, 5013 Bergen	989 05 898	fjellskaal.no	booking@fjellskaal.no
Fløien Folkerestaurant	Fløyfjellet 2, 5014 Bergen	55 33 69 99	bellevue.no	booking@bellevue.no
Harbour Café	Torget 9	55 30 09 00	harbourcafe.no	harbour@harbourcafe.no
Hoggorm	Nygårdsgaten 29		hoggormpizza.no	hello@hoggormpizza.no
Kitchen & Table	C. Sundtsgate 9, 5004 Bergen	55 23 65 10	kitchenandtable.no	bergen@kitchenandtable.no
Lokalt og Lekkert	Strandkaien 3	98 90 55 55	lokaltoglekkert.no	
Lysverket	Rasmus Meyers allé 9, 5015 Bergen	55 60 31 00	lysverket.no	booking@lysverket.no
Mandelhuset	Våge, Tysnes	53 43 21 00	mandelhuset.no	booking@mandelhuset.no
Marg & Bein	Fosswinkels gate 18, Bergen	55 32 34 32	marg-bein.no	booking@marg-bein.no
Nama Japanese Fusion	Lodin Leppsgate 2B, 5003 Bergen	55 32 20 10	namasushi.no	post@namasushi.no
Naomi Restaurant	Nedre Korskirkeallmenningen 2	53 50 01 86	naomi-restaurant.com	
Olivia	Zachariassbryggen, Torget 2	23 11 54 70	oliviarestaurant.no	booking@olivia.no
Pascal Mat & Vin – Scandic Neptun	Valkendorfs gate 8, 5012 Bergen	55 30 68 00	neptunrestaurant.no	neptun@scandichotels.com
Valaskjalv	Torget 3, 5014 Bergen	989 05 555	valaskjalv.no	post@valaskjalv.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Prices NOK Useful information

free	The picturesque Fish Market in Bergen is one of Norway's most visited outdoors markets. The Fish Market also sells fruit, vegetables and souvenirs.
	Contemporary gallery with changing exhibitions and a large selection of paintings, graphics and ceramics for sale. Decoration of public and private buildings.
	Maybe the most spectacular gallery in Norway. Breathtaking interior as well as exhibitions. Available for receptions, concerts, seminars and dinners for up to 500 persons.
100	King Harald's official residence in Bergen. Built at the turn of the century, this impressive house was the home of Prime Minister Christian Michelsen.
130	One of the most important Norwegian composers of the 20th century. The house from 1939 is made of wood and natural stone, with elements from old building traditions.
100	Folk museum focusing on the traditional industries like agriculture, fishing, arts and crafts. Permanent and changing exhibitions.
100	Built between 1247 and 1261 by Håkon Håkonsson. It was the largest and most imposing building of the royal residency in the 13th century when Bergen was the political centre of Norway.
130	Extensive collection of art and design. Masterpieces by Edvard Munch, Nikolai Astrup, Pablo Picasso, Paul Klee, J. C. Dahl and "The silver treasure".
free	The exhibitions encourage dialogue and reflection on different aspects of contemporary international society and promote acclaimed as well as upcoming artists.
100	Founded in the 15th c., St. George's was a hospital for lepers until the middle of the 20th c. The present day buildings date back to the 18th c.
225	The ice bar is the work of world renowned ice carvers, they re-craft the bar several times every year.
Free	Nykirken is the "Children's Cathedral". The ruins of the late 13th century archbishop's palace still lie under the floor of the church.
120	The open-air Old Bergen Museum is a reconstructed small town consisting of around 50 wooden houses dating from the 18th, 19th and 20th centuries.
	Oleana invites you to an eventful journey through our factory, following the production process from yarn to finished product.
130	The beautiful villa on Lysøen was built as a summer residence for the Norwegian violin virtuoso Ole Bull in 1873. Open to the public in the summer.
100	The tower was built in the 1560's by the governor of Bergen Castle (Bergenhus), Erik Rosenkrantz, and served as a combined residence and fortified tower.
free	S12 is an artist run exhibition space and open access studio for art and design specializing in glass and ceramics.
Free	The church has the highest tower in Bergen at 61 meters, and is also the church with the biggest capacity. Built in 1894 in the Neo-Gothic style.
75	The oldest intact building in Bergen, built in the 12th century. Re-opened in 2015 following extensive renovations and the result is magnificent.
	"Statsraad Lehmkühl" is Norway's largest and oldest barque-rigged sailing ship. Can be chartered for day trips including buffet meals. Perfect setting for a conference or social gathering.
120	The Hanseatic Museum is one of the oldest wooden buildings in Bergen, furnished in the 18th century style and shows the life of the Hanseatic merchants.
90	Visit Norway's newest and finest exhibits about life along the coast and at sea. The museum is located in authentic wharfside warehouses as old as Bryggen.
90	The old knitwear factory (1858-1989) has now re-opened as a new museum. Visitors can see the whole process from spinning the wool to the finished product.
100	One of the country's oldest school buildings, built in 1706.
60	Collections ranging from the Age of antiquity and the Middle Ages right up to the present day. West Norway is particularly well represented.
60	Collections ranging from the Age of antiquity and the Middle Ages right up to the present day. West Norway is particularly well represented.
50	Arna Fabrikker was Norway's biggest textile mill in the 1950's. Learn about industrial history and visit Oleana's textile factory.

Capacity Useful information

	Inspired by the ingredients found in the Fjords, Farms and Forests of Norway, the Chef has created a unique Nordic menu that will trigger your taste buds.
	Social eating to share with your friends. Ácido Restaurant & Cocktailbar - where Latin-American food meets the Nordic Kitchen.
100	
80	With focus on local, organic produce and high quality products, offering exciting dishes in tapas format, Western Tapas.
	Bergtatt offer a casual and open atmosphere with an Italian inspired menu that follow the seasons. Visit our unique rooftop terrace for stunning views.
	Bien Basar is located in the Kjøttbasaren, right in the historic centre of Bergen. The restaurant serves Norwegian food, in a Spanish way, as tapas.
	The Bien Centro is the result of love for the simple Italian cuisine. This is a modern restaurant based on a classic Italian food tradition. The pizza is baked in a wood-fired oven, built by Stefano Ferrara from Naples.
	Simple and ridiculously good food combined with a great beer selection and classic cocktails, served by smiling people in the midst of one of Norway's busiest intersections.
	Big Horn Steak House is an American inspired steakhouse, which specializes in serving beef of highest quality to its customers and guests.
	Bergen's only Brazilian restaurant! Choose your own side dishes from our buffet, sit down and let our gauchos serve you delicious meat and drinks.
150	The restaurant's cuisine is modern but very much inspired by Norwegian and Hanseatic traditions.
200/100	Traditional Bergen restaurant with a view of the harbour, located on the old wharf, Bryggen. Distinctive interior with roots back to 1910.
	All beers are selected together with the Chef, so that the drink suite the traditional Germanic menu. The chef has also use beer in food production.
	Café, restaurant, bar and club all wrapped into one. Café Opera is host to local, national and international DJs and bands most Thursdays - Saturdays.
	Tex-Mex restaurant. Casa del Toro is an informal restaurant located on the famous wharf Bryggen, in a restored Hanseatic building, Finnegaarden.
	High quality Chinese dishes in a traditional Chinese atmosphere. The restaurant is located in the middle of the city centre.
140	'There is something simple and stylish about this place. It's not pretentious, just quality in every detail.' Newspaper BT 2014
100	Colonialen stands as a monument and a solid rock in the local restaurant landscape, a place where the good people in Bergen can get their fine dining kicks.
300	Meteorological Menu of exquisite seafood and trimmings.
	Intimate, informal and cosy winebar for great wines and continental and local specialities - everything home made. Approx. 150 different wines on the menu.
	Dr. Wiesener is an old folk bath in Sandviken. Now it is the district pub and restaurant where the people and local producers have the most important space.
	With fresh quality products and exciting compositions of traditional Norwegian flavors, we offer traditional dishes from Bergen with a modern twist.
75	Enhjørningen Fish Restaurant is the place for the diner who appreciates the fruits of the sea. Our à la carte menu has a wide range of fish and shellfish.
90	Modern Brasserie with beautiful interior design in historical surroundings. A broad selection of meat, fish, salads and home-made hamburgers.
	Tasty & Local - chefs prepare delicious hot dishes, fresh sushi, seafood and individual servings.
	Fjellskål is both a seafood store and restaurant, and a great place to enjoy world class Norwegian seafood.
450	Fløien Folkerestaurant from 1925 is one of Bergen's most distinguished restaurants, situated on Mount Fløyen, with a spectacular view over Bergen.
	Harbor Café is an international restaurant and bar with delicious food from all corners of the world and stunning panoramic views of the Fish Market in central Bergen.
	Hole-in-the-Wall Pizzeria & Natural Wine Bar
90	With it's spectacular views of Bryggen and the mountains, the restaurant offers a wide range of exciting flavors, brought to you all the way from Manhattan.
	Norwegian Traditional local food at the Fish Market in Bergen. The menu and shop presents fresh quality products, with emphasis on local produce and specialities.
250/100	Lysverket presents some of the best Bergen has to offers of food, drink and music. Seafood from the west coast, self-made juices and local beer. Small stage with intimate concerts or DJ.
	Mandelhuset is a restaurant built on stories and traditions from the coastal culture of the island Tysnes located about 1 hour from Bergen.
	Neighbourhood restaurant located at Høyden. We have focus on Nose to tail eating and Norwegian produce. Good selection of craft beer and natural wines
90	Nama Sushi & Noodles serves quality Sushi and Asian food. Sushi Bar and Asian warm dishes from a la carte menu.
	Delicious and tasty Ethiopian food in the heart of Bergen. Also offering takeaway.
	Olivia is authentic Italian food in modern surroundings with colleagues and a service that shines of fellowship and passion - just like in an Italian family.
50	Pascal Mat & Vin offers an exciting menu of Norwegian and international specialities for lunch and dinner.
100	Valaskjalv is a Viking themed restaurant and bar in Bergen. Experience real Norwegian food from the Viking age!

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

RESTAURANTS

Peppes Pizza	Olav Kyrresgt. 11, 5003 Bergen	22 22 55 55	peppes.no	peppes@peppes.no
Pingvinen	Vaskerelven 14, 5014 Bergen	55 60 46 46	pingvinen.no	
Pygmalion Økokafe og Galleri	Nedre Korskirkeallmenning 4	55 32 33 60	pygmalion.no	
Restaurant NOVA	Nedre Ole Bulls plass 4	55 55 40 36	scandichotels.no	
Restaurant 1877	Vetrlidsalmenning 2, 5014 Bergen	928 71 877	restaurant1877.no	Booking@restaurant1877.no
Sky:Skraperen	Ulriken	53 64 36 43	ulriken643.no	skyskraperen@ulriken643.no
Soya	Finnegårdsgaten 6	56 90 12 55	soyarestaurant.no	restaurant@soyarestaurant.no
Storm Brasserie	Øvre Ole Bulls plass 3, 5012 Bergen	56 32 11 45	olebullhuset.no	booking@olebullhuset.no
TGI Friday's	Nedre Ole Bulls plass 4, 5012 Bergen	55 56 32 40	fridays.no	Booking1000@fridays.no
To Kokker	Enhjørningsgården 29, Bryggen 5003 Bergen	55 30 69 55	tokokker.no	restaurant@tokokker.no
Villa Blanca	Nedre Korskirkeallmenning 1A, 5017 Bergen	920 28 443	villablanca.no	post@villablanca.no

ACTIVITIES IN THE BERGEN REGION

Name	Address	Tel (+47)	Website	Email
AdO Arena	Lungegårdskaiaen 40	53 03 62 22	adoarena.no	ado@adoarena.no
Barony Rosendal	P.O.Box 235	53 48 29 99	baroniet.no	info@baroniet.no
Bergen Base Camp	Holmedalsgården 3	55 32 55 00	bergenbasecamp.no	post@bergenbasecamp.no
Bergen Bike Rent	Bontelabo 2	410 68 000	bergenbikerent.no	post@bergenbikerent.no
Bergen By Expert	Teatergaten 19	55 70 60 88	bergenbyexpert.no	info@bergenbyexpert.no
Bergen Card	Strandkaiaen 3	55 55 20 00	visitBergen.com	booking@visitBergen.com
Bergen Food Tours	Bradbenken 1	960 44 892	bergenfoodtours.com	info@bergenfoodtours.com
Bergen Guide Service A/S	Holmedalsgården 4	55 30 10 60	bergenguideservice.no	info@bergenguideservice.no
Medieval Walk on Bryggen	Dreggsalmenning 3	55 30 80 30	bymuseet.no	post@bymuseet.no
Bergen Jazz Forum	USF Verftet, Georgernes Verft 12	55 30 72 50	bergenjazzforum.no	
Bergen Nasjonale Opera	Griegshallen, Edvard Griegs plass 1	55 21 61 07	bno.no	info@bno.no
Bergen Philharmonic Orchestra	Griegshallen, Edvard Griegs plass 1	55 21 61 00	harmonien.no	post@harmonien.no
Bergen Segway	Bontelabo 2	471 471 00	bergensegway.no	contact@bergensegway.no
Bergen Tour Guides	Tobrotet 26	55 93 34 80	bergentourguides.no	info@bergentourguides.no
Bergen Turlag - Bergen Mountain Touring Association	Tverrgt. 4/6	55 33 58 10	bergen-turlag.no	post@bergen-turlag.no
BIT Teatergarasjen (Bergen International Theatre)	Strandgaten 205	55 23 22 35	bit-teatergarasjen.no	info@bit-teatergarasjen.no
Carte Blanche	Nøstegaten 119	55 30 86 80	carteblanche.no	info@ncb.no
Cornelius Seafood Restaurant – Seafood experience with a boat trip	Postboks 27	56 33 48 80	cornelius-restaurant.no	booking@cornelius-restaurant.no
Den Nationale Scene (Theatre)	Engen 1, P.O. Box 78 Sentrum	55 60 70 80	dns.no	dns@dns.no
Det Akademiske Kvarter	Olav Kyrres gate 49	55 58 99 10	kvarteret.no	
Edvard Grieg Museum, Troidhaugen	Troidhaugveien 65	55 92 29 92	troidhaugen.no	info@troidhaugen.no
Escape Bryggen	Bryggen 35	473 72 273	escapebryggen.no	mastermind@escapebryggen.no
Festspillene - Bergen International Festival	Vaskerelvsmauet 6	55 21 06 30	fib.no	info@fib.no
Fjord Tours	Møllendalsveien 1A	815 68 222	fjordtours.no	fjordtours@fjordtours.no
Fløibanen Funicular	Vetrlidsalmenning 23 A	55 33 62 00	floyen.no	info@floyen.no
Folkemusikkklubben Columbi Egg	Augustin Hotel, C. Sundts gate 22	55 13 62 41	columbiegg.org	
Fonnafly		88 00 13 13	fonnafly.no	bergen@fonnafly.no
Gamle Vossebanen – Old Steam Train and Railway Museum	Garnes Station	940 53 037		
Glesvær Rorbu - boat rental	Holmen	56 33 84 71	glesver-rorbu.no	
Go Fjords		480 60 333	gofjords.com	info@gofjords.com
Gone Paddling	Herdla Fort	982 20 810	gonepaddling.no	post@gonepaddling.no
Grieg in Bergen Festival - Musicanord	P.O.Box 676 Sentrum	56 33 30 23	grieginbergen.com	booking@musicanord.no
Griegshallen	Edvard Griegs plass 1	815 33 133	griegshallen.no	
Guided glacier hiking	Juklafjord (Booking center)	53 66 85 31	folgefonni-breforlag.no	post@folgefonni-breforlag.no
Guided Tours of Bryggen	Dreggsalmenning 3	55 30 80 30	bymuseet.no	bryggens.museum@bymuseet.no
Gulen Dive Resort	Glosvikveien 134	57 78 40 20	gulendiveresort.com	post@gulendykkesenter.no
Hop on/hop off City Sightseeing Bergen AS	Postboks 19 Industrivegen	97 78 18 88	citysightseeing-bergen.net	post@osbuss.no
InTo The Fjords AS		413 35 646	intothefjords.com	booking@topthefjords.com
Jandis: Fishing and guided tours in Bergen	Øvre Flaktveit 37	55 18 40 99	jandis.ru	info@jandis.no
Lidia Kleiberg - Bergen Guide	Bispengst. 12 B	906 90 152	kleiberg.ru	lidia@kleiberg.biz
Logen Theatre	Øvre Ole Bulls Plass 6	55 23 20 15	logen-teater.no	post@logen-teater.no
Lysøen Museum - Ole Bull's villa, Lysøen Island	Lysøen	56 30 90 77	www.lysoen.no	mail@lysoen.no
Madam Felle	Bryggen 43	55 54 30 58	madamfelle.no	
Martin's Bergen Tours	Ekregaten 20	462 41 200	martinsbergentours.com	info@martinsbergentours.com
Meland Golf Course	Leirvik	56 17 46 00	melandgolf.no	post@melandgolf.no
Night Jazz (Nattjazz)	USF Verftet, Georgernes Verft 12	55 30 72 50	nattjazz.no	
Norled	Strandkaiaen 15, 5013 Bergen	51 86 87 00	www.norled.no	booking@norled.no
Norway Active	Norway Active v/Knut Aarbakke, Knøsesmauet 1	400 04 059	norwayactive.no	post@norwayactive.no
Norway Mountain Guides				
Ole Bull Scene	Øvre Ole Bulls plass 3	55 32 11 45	olebullscene.no	
Open Top Sightseeing AS	Stubben 3	481 74 444	opentopsightseeing.no	info@opentopsightseeing.no
Rockeklubben Hulen	Olav Ryes vei 48	55 32 31 31	hulen.no	
Rodne Fjord Cruise	Zachariasbryggen	51 89 52 70	rodne.no	mail@rodne.no
Siljustøl – Home of composer Harald Sæverud	Siljustølveien 50	55 92 29 92	siljustolmuseum.no	
Solstrand Spa	Solstrandveien 200	56 57 11 00	solstrand.com	hotel@solstrand.com
Sotra Golfklubb	Kolltveitvegen	415 41 084	sotragk.no	post@sotragk.no
Sotra Rorbuserenter - Deep Sea Fishing	Spildepollen	56 31 79 76	rorbuserenter.com	post@rorbuserenter.com
The Fjords – fjordcruise and fishing on your own!	Nordre Steinestø 5	408 25 828	bergenfjordtours.no	weller@bergenfjordtours.no
The Norwegian Navy Band Bergen		55 54 62 57	forsvaret.no/smfk	kaugestad@mil.no
USF Verftet	Georgernes Verft 12	55 30 74 10	usf.no	
Voss Active	Nedkvitnesvegen 25	56 51 05 25	vossactive.no	post@vossactive.no

	Casual atmosphere, pleasant surroundings and an American pizza menu.
	Pingvinen (The Penguin) is an intimate eater bar in the heart of Bergen, featuring traditional Norwegian homecooked food.
	Among brick walls and candles Pygmalion Økocafé and Gallery can offer a small variety of appetizers, entrees and desserts, cultural happenings, gallery exhibitions, or just a cup of coffee..
100	Located just across from the Fish Market. Using the best ingredients, the restaurant soon became one of the best rated on TripAdvisor. The highest viewing point in Bergen: enjoy some of the most delicious food and refreshments available on a mountain top. Soya is a state-of-the-art Asian restaurant serving authentic Chinese food during the day and evening.
140	Storm Brasseri has what your heart and palate must desire. Great food and drink in atmospheric rooms where everything is arranged for. In the heart of the city centre.
70	T.G.I. Friday's offers a wide selection of dishes and has something for everyone. Restaurant with fresh Norwegian produce of the highest quality. Unique atmosphere in historic surroundings. Villa Blanca Bergen is an Italian restaurant in the heart of Bergen. Specialized in stone oven baked pizza, pasta, cheese & wine.

Useful information

	ADO arena is Norway's main facilities for swimming and diving. Olympic pool, diving tower of 10m, two hot pools, and two large slides in Bergen city centre.
	Boat trip to/from Bergen – Rosendal incl. guided tour at the Manor, entrance to Rosendal Gardens and art exhibitions. 2-course lunch in the Garden Café included.
	Offering different activities in Bergen for both large and smaller groups, like guided mountain hikes, climbing and abseiling, bike rental, and city tour by GPS.
	Bike rental company. On a bike, you get a fantastic opportunity to see Bergen at its best.
	BergenByExpert provides tour guides and specializes in customized sightseeings and tours in the Heritage City of Bergen and to the fjords. Provide more than 20 languages.
	Explore Bergen practical and cheaper with the Bergen Card! Enjoy free bus travel, free admittance to most museums, attractions, sightseeing and more! 24, 48 and 72 hour cards.
	Become a Bergen insider on these one-of-a-kind adventures and experience some of the best food and drink Bergen has to offer.
	Bergen Guide Service offers authorised Bergenguides all year round on 20 languages and have more than 15years of experience in service.
	Come on a tour of Bergen in the Middle Ages.
	Concerts most Fridays at USF Verftet from September to May. Jazz café during same period every Saturday at "Ludvig Bar" (Swing n' Sweet).
	Bergen National Opera presents excition opera and music theatre on a high artistic level, with 4-6 productions spanning from small-scale to grand operas.
	Founded in 1765 the orchestra celebrated its 250th anniversary in 2015. Concert season from August to June. Performs in Grieghallen on Thursdays and Fridays.
	Bergen Segway offers a unique, exciting and fun experience. Tours include Bergen By Night, Bergen's Best Views and 1 or 2 hour Experience Tour
	Offering tailor-made, informative and entertaining guiding with authorized English-speaking guides.
	Information about walking tours, huts and mountain routes all over Norway.
	Norwegian and international contemporary theatre and dance. Co-produces and presents Norwegian and international theatre and dance, with an emphasis on projects that stimulate international collaboration and work that transcends artistic genres. Also organizer of two biannual performing arts festivals.
	The Norwegian National Company of Contemporary dance.
	A beautiful boat trip and a unique seafood experience at Cornelius Seafood Restaurant on Holmen island just outside Bergen. Lunch and dinner available.
	The theatre houses three stages/venues and executes approx. 20 productions each year, both international and national classics, musicals contemporary drama and children and family theatre. Concerts all year.
	The home of Edvard Grieg and his wife Nina, Troidhaugen, is a «living museum» and the villa looks just like it did during Grieg's time. During summer lunchtime concerts and evening recitals.
	You are trapped in a room, and you have 60 minutes to escape by solving all the puzzles and cracking all the codes. Available on Bryggen and Skuteviken 13.
	Two intense weeks with over 200 events in the fields of music, ballet, opera, theatre, dance and the performing arts. 22 May 2019 - 5 June 2019
	Offer a variety of fjord trips and excursions, such as Norway in a Nutshell, Hardangerfjord in a Nutshell and Sognefjord in a Nutshell, as well as RIB boat tour and kayak paddling.
	Funicular to the top of Mount Fløyen, where you'll find canoe rental, guided hikes and mountain bike rental. Great outdoor playground
	Traditional and experimental acoustic folk & world music on selected Mondays from Sept. to May.
	Bergen offers the most beautiful scenery. Fonnaflly gives tourists a memory for life every day.
	Steam train running on the 18 km line between Garnes and Midttun. Norwegian-built steam locomotive from 1913.
	Boats for hire when you stay in a modern sea house at the old merchant town of Glesvær.
	Norwegian tour operator, grand experiences and local feel.
	Various activities in natural surroundings for groups and special events. Via ferrata, climbing, kayaking, zip-line and more.
	Concerts every Monday, Wednesday, Friday and Saturday during summer in the Church of the Cross (Korskirken)
	Bergen's main venue for classic music, opera, popular concerts and shows. Facilities for conventions and exhibitions.
	Round trip from Bergen to Folgefonna Ski Centre including 5-hour guided tour on the glacier Folgefonna.
	Guided walks from Bryggen Museum among the old wooden buildings at Bryggen to the Hansatic Museum.
	Visit the fjords and the area around Gulen. Activities include scuba diving, eagle watching, lighthouse safaris, island jumping or fjordtours with fishing.
	Explore Bergen's most famous attractions at your own pace with a hop on, hop off sightseeing bus. Guiding in eight languages. Departures every half hour.
	Join us on a journey through a spectacular archipelago and a powerful fjord landscape.
	Incoming tour operator. Activities like fishing, boat tours, guided tours, accommodation and transport. We speak Russian, English, Czech and Norwegian.
	Offer personalized tours that are tailored specifically to your individual interests, tastes and time constraints. Guiding in Russian, English and Norwegian.
	Concert hall with capacity up to 500 standing or 440 seated. Different concerts/plays/theatre/dance in all genres.
	Extraordinary villa on Lysøen built as a summer residence for violin virtuoso Ole Bull and his American family in 1873.
	Famous local venue with live music every week.
	Come with me on a journey of discovery through my city and be inspired by it!
	Meland Golf regarded as a beautiful, exciting and challenging 18-hole course. Unique location among forest, lakes and mountains.
	International jazz festival with more than 60 concerts ultimo May/primo June every year.
	Boat transport company which offers the Fjordcruise Bergen-Mostrauen, as well as the passenger route between Bergen and Rosendal.
	Explore some of the most breathtaking landscape in fjord Norway. Train Bergen - Myrdal, Flåm Railway, mountain biking and fjord safari in Nærøyfjorden. Choose between different packs, such as Basic, Standard and Full Pack
	One of Bergen's biggest venues, offering stand up comedy, theatre, shows and live music.
	Hop On and Hop Off as much as you like at any of the bus stops on the route and see all the best attractions Bergen has to offer.
	Pop concerts.
	Boat transport company which offers the Fjordcruise Bergen-Mostrauen, as well as the passenger route between Bergen and Rosendal.
	Regular concerts in the grand living room at Siljustøl, home of composer Harald Sæverud.
	Lovely spa at Solstrand Hotel & Bad outside Bergen. Body and facial treatments, sea baths, indoor and outdoor swimming pools.
	Golf course just outside Bergen
	Want to try your fishing fortune far out at sea? Maybe catch the biggest fish ever? Deep sea fishing trip with a captain who knows all the good spots.
	Enjoy the fjords on your own, or as a part of a small group with TSMY Weller, a 50- foot yacht. Experience the fjords and cost, with or without fishing.
	One of Norway's full-time professional military bands, comprising 28 musicians of the highest professional standard.
	Pop, rock and jazz concerts all year.
	Offer water activities such as white-water rafting, river boarding, waterfall abseiling, as well as wilderness camp with high ropes course, outdoor jacuzzi & sauna.



Activities on Fløyen



Fløibanen

Daily all year round
8:00 AM - 11:00 PM



Bike rental

Daily
May 1st to October 1st



Shop & Café

Daily all year round
Souvenirs, pastries, ice cream, coffee



Zipline

Daily
June 21nd to August 23rd



Hiking

Daily all year round
Various hiking areas



Canoe rental

Daily
June 21nd to August 23rd

Find all opening hours at www.floyen.no/en

Vetrlidsallmenningen 23A, N-5014 Bergen
Tel.: +47 55 33 68 00 / E-mail: info@floyen.no



Experience the top of Bergen! Highland nature, local food and the best view of the city.

Enjoy the ride up along the hillside in our cable cars or have a refreshing hike up the brand new sherpa trail, Oppstemten. At the top, you will find activities for the whole family, as well as unique dining in our panorama restaurant, Skyskraperen.



Opening hours
09:00 - 21:00



Express bus
09:00 - 18:00
Every half hour
from the city center



Skyskraperen
Small dishes, snacks
and gourmet restaurant



Activities
Drop in activities
for everyone



Bus and cable car return:
Adults: NOK 300
Children: NOK 190
Families: NOK 760



13,0 km
Vidden trail
(Ulriken to Fløyen)

More information at ulriken643.no

ULRIKEN
643



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BRIKSDAL

A SCENIC WONDERLAND THAT MUST BE SHARED



VISIT THE BRIKSDAL GLACIER

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MAGIC
HOTELS



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FORTIDSMINNEFORENINGEN



Visit the stave churches Sognefjord
- Norway's unique cultural heritage

www.stavechurch.com

borgund@stavechurch.com · urnes@stavechurch.com
hopperstad@stavechurch.com · kaupanger@stavechurch.com

Voss



Voss Gondol.

Welcome to Voss

Voss is made for adventure all year round, and has a wide range of adventure based activities, from spectacular hikes to rafting, kayaking and tandem skydiving.

Visitors have travelled to Voss to enjoy the beautiful scenery and enjoy the nature for almost 200 years. As one explore Voss, snow-covered mountaintops, valleys and forests, rivers, waterfalls and lakes will greet you, and the locals will show you the Voss-way of living.

July 2019 the new gondola opened and takes you from the railway station up to Hangurstoppen (820 metres). Now it is easy for everyone to reach the mountain for hiking, biking or just for the view.

In spring, our famous rivers are at its best, and all visitors should consider a day out white water rafting or kayaking. If one are not that into getting wet, this is also the best season to enjoy the beautiful waterfalls around town. Whether one are seeking an adrenaline-filled vacation or just want to enjoy nature at your own pace, we got something to offer. The high rope course is popular for all ages, and so is the family rafting. A tandem skydive will definitely get the heart pumping. In summer, one can also visit our medieval church, Vangskyrkja, and get a guided tour at the local folk museum.

Hiking season starts in late June, but it is at its best in August–October. There are enough tracks and mountains to spend weeks walking. Just imagine the feeling when the views over the fjord landscape are stretching out in front of you after hiking for 4 hours! If it rains one day, as it might do, it is the perfect opportunity to try indoor skydiving.

As the largest ski destination in Western Norway, it has something to offer everyone in winter, it being alpine skiing, cross-country skiing, learning to ski, shred powder off-piste or backcountry skiing from cabin to cabin.

In Voss the nature and culture are our playground, and visitors can enjoy great variety in what to see and do.



Contact us:

Visit Voss
Evangervegen 3
5704 Voss

Tel +47 40 61 77 00
info@visitvoss.no
www.visitvoss.no



Kiellandbu

1. HIKING

Voss has a wide range of walks and hiking trails with different levels of difficulty. Hiking season starts in late June, but is as its best in late July–October. Wild Voss offers a range of guided hikes around Voss summer and winter.



New gondola

2. NEW GONDOLA

The new gondola from the city centre opened July 2019. Voss Gondola ends up at Hangurstoppen (820 masl), where Hangurstoppen Restaurant is located. The gondola has 9 cabins with a capacity of 1000 passengers per hour. It makes it easy for everyone to reach the mountains.



Voss



© Voss Active

Rafting

3. RAFTING

The most popular summer activity in Voss. Thrilling, fun and suitable for beginners as well as those with experience! Rafting grade 3-4 give you about 8 kilometres of thrilling rafting in one of the rivers surrounding Voss. Family rafting is available for children and those who are less extreme.



© Anne Gjeraker

Voss Folk Museum

4. VOSS FOLK MUSEUM

At Voss Folk Museum you can visit Mølstertunet, a beautiful farmstead with 16 houses. The farm was in use until 1927, and the oldest building dates from the 16th century. This is an outstanding example of the traditional building customs of the area.



© Sverre F. Hjørnevik

Wind Tunnel

5. WIND TUNNEL

Visit Voss Vind and get a unique experience of body flying in secure surroundings. Flying three minutes in the wind tunnel equals four free falls from a plane at 12 000 feet!



© Sverre F. Hjørnevik

Myrkdalen

6. SKIING

One destination – two ski resorts. In Voss Resort and Myrkdalen Mountain resort one can choose between altogether 20 lifts and more than 40 well prepared slopes. Ski schools in both resorts offer instructions in different types of skiing styles on all levels. Ski rental available.

Myrkdalen Mountain Resort is located in Myrkdalen, a short drive of 25 kilometres from Voss centre. Accommodation at Myrkdalen Hotel, cabins and apartments.

Voss Resort has two welcome areas; one by the gondola (Voss Gondol) in the town centre and one in Bavallen (approx. 5 km from Voss town centre). Accommodation in cabins and apartments.

Voss ski and tour centre offers 25 km groomed cross-country trails idyllic set in woodland terrain, just 10 minutes drive from town. The 5 km flood led trail is perfect for evening tours.



© Terje Bakke Life AS, Fjord Norge AS

Rallarvegen

7. BICYCLE

Voss is a good starting point for several cycling routes with different levels of length and difficulty. Cycle from the mountains to the fjord, on quiet rural roads to one of the majestic waterfalls or on short family friendly excursions.

ACCOMMODATION IN VOSS

Name	Address	Tel (+47)	Website	Email
HOTELS				
Myrkdalen Hotel	Klypeteigane, 5713 Vossestrand	47 47 16 00	myrkdalen.no	post@myrkdalenhotel.no
Scandic Voss	Evangervegen 1A, 5704 Voss	23 15 50 00	scandichotels.com/hotels/norway/voss/ scandic-voss	voss@scandichotels.com
Store Ringheim Hotell	Mølstervegen 44, 5705 Voss	95 40 61 35	storingheim.no	booking@storingheim.no
APARTMENTS, GUEST HOUSES, HOSTEL, CAMPING, CABINS				
Eenstunet	Ænsmoen 47, 5710 Skulestadmo	56 51 68 34	eenstunet.no	post@eenstunet.no
Fennebu	Fennavegen 497	932 29 093		fennebu@gmail.com
Flatlandsmo Camping	Flatlandsmo 6, 5700 Voss	56 51 78 08	flatlandsmo.no	flatlandsmo.camping@outlook.com
Lilandtunet Gjestgiveri	Vikjavegen 970, 5708 Voss	400 80 180	lilandtunet.getshop.com	post@lilandtunet.no
Mjølfjell Mountain Lodge	5760 Mjølfjell	56 52 31 50	mjolfjell.no	booking@mjolfjell.no
Myrkdalen Camping	Myrkdalsvegen 576, 5713 Vossestrand	951 46 472	myrkdalen-camping.no	
Myrkdalen Fjellandsby	Klypeteigane, 5713 Vossestrand	47 47 16 00	myrkdalen.no	post@myrkdalenhotel.no
Sivle Gard	Stalheim, 5713 Vossestrand	95 78 32 74	sivlegard.com	randi@sivlegard.com
Staupstunet	Strandavegen 593, 5710 Skulestadmo	91103016	www.staupstunet.no	post@staupstunet.no
Voss Camping	Idrottsvegen 5, 5700 Voss	56 51 15 97/ 90 18 11 20	voss camping.no	post@voss camping.no
Voss Lodge Rongastovo	Bordalsvegen 985, 5807 Voss	905 71 402	rongastovo.no	post@rongastovo.no
Voss Resort Bavallstunet	Evangervegen 3, 5704 Voss	47 00 47 00	vossresort.no	post@vossresort.no
Voss Vandrarheim	Evangervegen 68, 5700 Voss	56 51 20 17 / 97 59 38 88	voss hostel.com	booking@voss hostel.com

ATTRACTIONS IN VOSS

Name	Address	Tel (+47)	Website	Email	Season
Bordalsgjelet	Fv311 900, 5700 Voss				Sp, S, F
High Rope Course and Zipline Park	Voss Active, Nedkvitnesvegen 25, 5710 Skulestadmo	56 51 05 25	vossactive.no	post@vossactive.no	S
Rafting	Voss Active, Nedkvitnesvegen 25, 5710 Skulestadmo	56 51 05 25	vossactive.no	post@vossactive.no	S
Skjervsfossen	Skjervet, 5736 Granvin				Sp, S, F
Skydive Voss / Voss Fallskjermklubb	Flyplassvegen 135, 5705 Voss	56 51 10 00	skydivevoss.no	info@skydivevoss.no	S
Stalheimskleiva	5715 Stalheim				Sp, S, F
Tvindefossen	Tvinde, 5710 Skulestadmo				Sp, S, F
Vangskyrkja	Vangsgata 3, 5700 Vossevangen	56 52 38 80		post@voss.kyrkja.no	S
Voss Folkemuseum	Mølstervegen 143, 5705 Voss	47 47 97 94	vossfolkemuseum.no	post@vossfolkemuseum.no	A
Voss Gondol	Evangervegen 5, 5404 Voss	4700 4700	voss gondol.no	post@voss gondol.no	
Voss Wind Tunnel	Voss Vind, Oberst Bulls veg 28, 5705 Voss	40 10 59 99	vossvind.no	post@vossvind.no	A

FOOD & DRINK IN VOSS

Name	Address	Tel (+47)	Website	Email
RESTAURANTS				
Elvatun Restaurant	Nedkvitnesvegen 25, 5710 Skulestadmo	56 51 05 25	vossactive.no	post@vossactive.no
Haik Grill	Evangervegen 1A, 5704 Voss	23 15 50 00	scandichotels.com/hotels/ norway/voss/scandic-voss	voss@scandichotels.com
Hangurstoppen Restaurant	5710 Voss	47 00 47 00	voss gondol.no	hangurstoppen@vossresort.no
Restaurant Nuten	Myrkdalen Hotel (Klypeteigane, 5713 Vossestrand)	47 47 16 00	myrkdalen.no	post@myrkdalenhotel.no
Restaurant Tunet	Myrkdalen Hotel (Klypeteigane, 5713 Vossestrand)	47 47 16 00	myrkdalen.no	post@myrkdalenhotel.no
Store Ringheim	Mølstervegen 44, 5705 Voss	95 40 61 35	storingheim.no	booking@storingheim.no
Vossevangen Bodega	Vangsgata 12, 5700 Voss	56 51 18 00		post@voss.no
CAFÉS				
Kamben Kafé & Bar	Myrkdalen, Klypeteigane, 5713 Vossestrand	47 47 16 00	myrkdalen.no	post@myrkdalen.no
Kringlo Bakery (Vossakringlo)	Vangsgata 31, 5700 Voss	56 51 88 07	voss-sentrum.no/works/ vossakringlo-as	vkringlo@gmail.com
Vangen Cafè	Hestavangen 4, 5700 Voss	56 51 80 73	vangencafe.no	britt knapstad@hotmail.com
Vossabakst Bakery	Uttrågata 23D, 5700 Voss	910 03 260	vossabakst.no	post@vossabakst.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
112	A modern mountain hotel which has a perfect location with ski in – ski out access to the largest ski resort in Western Norway
215	With its central location right next to the train station, and being the largest hotel in town, Scandic Voss will be a neutral meeting point for both tourists and locals.
15	The house is carefully restored and the rooms are comfortable with all the amenities expected to find in a modern hotel
	Our farm is surrounded by a beautiful nature and the place is very family friendly with great outdoor facilities
4	Fennebu is a high standard cabin with space for 11 adults. It is located in a quiet area with walking trails as the nearest neighbor. The campsite is idyllically located by the beautiful lake Moensvatnet, 12 km from the centre of Voss
10 beds	Lilandtunet is located in calm surroundings at Bulken, with a beautiful view to Lake Vangsvatnet.
6	The mountain Lodge is situated in beautiful nature surroundings at Mjølfjell, 29 km from the centre of Voss. Located along the Bergen-Oslo Railway,
12 cabins	Myrkdalen Camping is an all-year-round camping site, situated in beautiful surroundings in Myrkdalen. Stay well in cottages and apartments with self-catering and a high standard. Close to hiking trails in the summer and ski slopes in the winter
	At Sivle you can enjoy magnificent nature and excellent home-made traditional food, spiced with stories, poems and songs
5	Staupstunet is two different houses from the 1700s and the 1800s that has been restored. Beautifully situated among the trees, beside the lake in Voss and only a short 5 min walk to the town centre
6	Voss Lodge Rongastovo is offering accommodation in beautiful Bordalen, 17 km (25 min) from the centre of Voss. You can rent modern cabins and apartments in Voss Resort throughout the entire year with easy access to the nature located outside your door
40	Voss Hostel lies idyllically by the lake Vangsvatnet, 700m from the train-and bus station, about 1km from Voss centre

Visit Voss

Evangervegen 3, 5704 Voss
Tel: +47 40 61 77 00
info@visitvoss.no
www.visitvoss.no

How to get here:

Voss Tourist Information is located at Voss Station, on the ground floor of Voss Gondol. We offer free information about what to do and where to stay in Voss and the surrounding area, you can also book activities for you while you are here. Free wi-fi and computers for you to use.

How to get here:

Rail • Bus • Road • Air (Bergen Airport)

Distance:

Oslo: 420 km
Bergen: 100 km
Flåm: 60 km

Prices NOK	Useful information
Free	The deep and imposing Bordalsgjelet gorge is a spectacular natural attraction within walking distance from the town centre
A: 465, Ch: 200	This is a family activity that is varied, fun and challenging for everyone
A: from 1290 Ch: 590	Provides rafting with safety instruction, all necessary equipment for adults age 15+ and family rafting for adults and children 5+ "Skjervsfossen waterfall consists of two falls in succession and is located along the historic route "Skjervet" with several paths for hiking near the waterfall"
Only Adult 3,990	We offer beginner skydiving courses every week, and tandem skydives every day.
Free	One of the steepest roads in Northern Europe, and on either side of the road you can see the Stalheim Waterfall and the Sivle Waterfall
Free	A 152 metre waterfall near a small hamlet called Tvinno
15	Built in 1271-77, Vangskyrkja is still in use with services every Sunday at 11.00. During the summer months the church is open for tourists
A: 90, Ch: Free	Voss Folkemuseum is a local museum whose purpose is to preserve items of historic interest from Voss and the surrounding area
A: 395 (Roundtrip) Ch: 260 (Roundtrip)	Gondola with 9 cabins, with room for 34 people in each, brings you from Voss town centre to Hangurstoppen in only 8,8 minutes.
A: from 799, Ch 5+: from 599	Anyone can fly in the wind tunnel, no previous experience is necessary.

Capacity	Useful information
	The Elvatun is a restaurant with a unique atmosphere and our chef creates magic in the kitchen while using local ingredients
	The main restaurant at Scandic Voss, serving og meeting buffes and the traditional breakfast with a large selection of organic food. Serving season food and local ingrediens.
	Located at the top station of Voss Gondol. You can enjoy homemade meals, based on local ingredients from several farms in and around Voss.
	At Restaurant Nuten you can choose between fine wines and tasty local produce from our A la Carte menu.
	Restaurant Tunet at Myrkdalen Hotel is a family-friendly restaurant with homemade pizza and pasta dishes on the menu
	The menu reflects the range of fantastic raw material available in Voss and Western Norway according to season
	At Bodega you can enjoy mexican food in the centre of Voss. Nice atmosphere and several vegetarian options.
	At Kamben you can enjoy easy dishes and a large selection of beers from local breweries.
	A bakery that offers sandwiches, cakes, buns, bread and coffee in many varieties.
	Vangen Café offers traditional and modern dishes made from scratch, in a modern and cozy space in the middle of Voss town centre
	Vossabakst is a craft bakery that offers athentic products made in a stone oven.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

Visit Sognefjord

UNESCO Nærøyfjord

Sognefjord – the heart of Fjord Norway – with UNESCO World Heritage Nærøyfjorden, UNESCO Urnes Stave church and the National parks Jotunheimen mountains and Jostedalsbreen glacier. The longest fjord, the biggest glacier and the highest mountains – the world’s most beautiful fjord experiences!

The major attraction of the Sognefjord area is the power of its nature and all that is connected to it. Sognefjord offers a broad range of natural phenomena, with the widest and narrowest of fjords, lush valleys, towering mountain ranges and blue glaciers. You will find visitor centres, museums, art galleries, stave churches and historical sites, and anything from isolated mountain farms to quaint, picturesque fruit-growing villages and modern towns.

Since 2005 the area defined as the West Norwegian Fjords comprising the Geirangerfjord, Nærøyfjord and Aurlandsfjord has been included on UNESCO’s World Heritage List of the world’s cultural and natural heritage of outstanding universal value.

Five of the oldest stave churches in Norway are found in the area, and the oldest of them all (Urnes) is on UNESCO’s list of the most protected heritage sites in the world.

The Sognefjord area is an all year destination with classic fjord experiences in summer, crystal clear air and beautiful colors in the autumn. Winter serves magical fjord light, blue ice caves under the glacier, alpine ski touring, snow shoe hiking, RIB-safari, fjord cruises and the Flåm railway. And the spring breakers in with flowering and snow powdered mountain tops.



Urnes Stave Church

1. THE SOGNEFJORD

The Sognefjord has several distinct fjord arms winding their way between steep mountains to end in small, picturesque villages. You can choose between different boat trips to experience the fjords all year round and a variety of activities like kayaking, fjord rafting, and angling. UNESCO Nærøyfjord is one of the wildest and most beautiful of the arms of the Sognefjord.



sognefjord

www.sognefjord.no

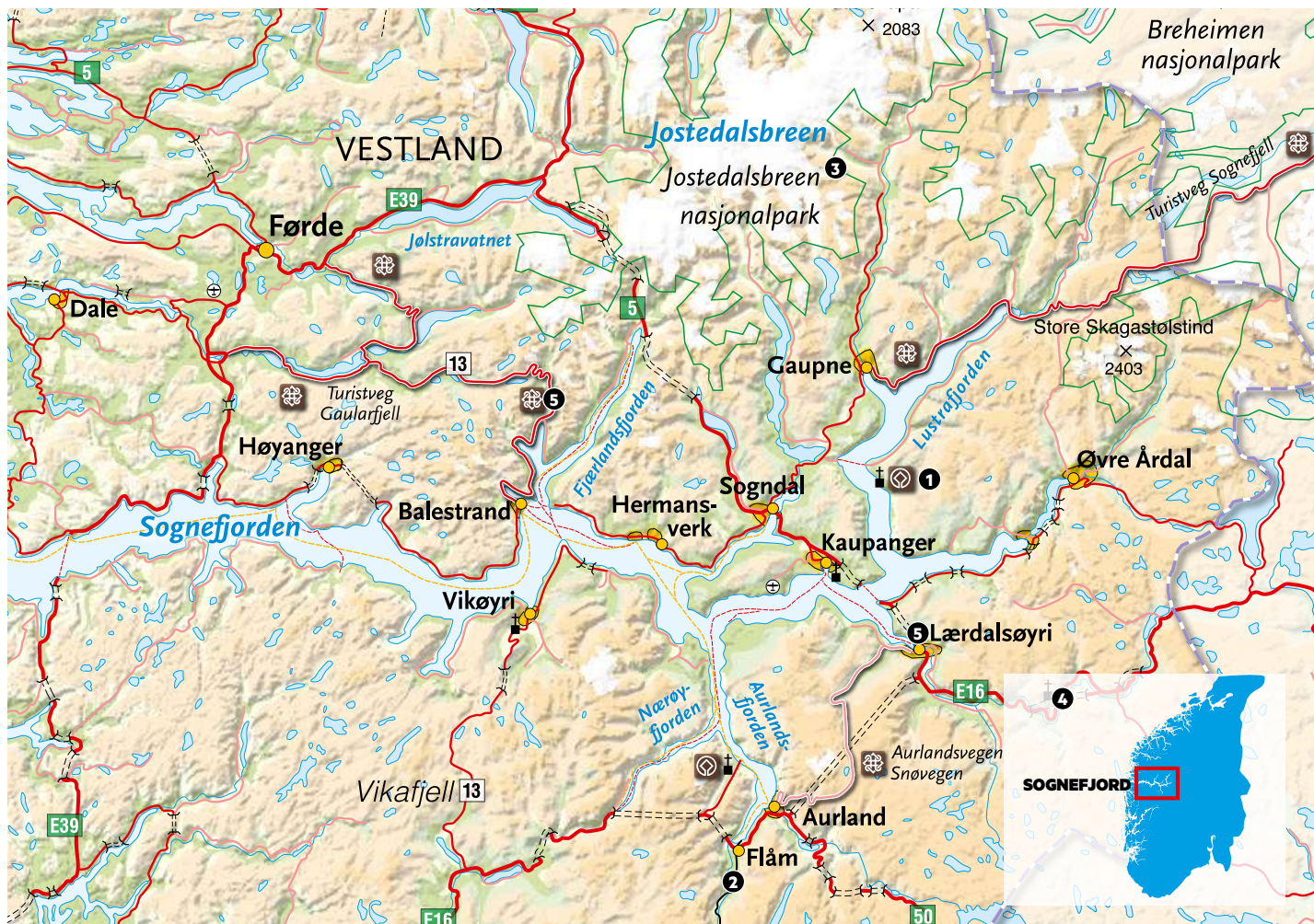
Visit Sognefjord

Tel: +47 99231500

Mail: info@sognefjord.no

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[Instagram/VisitSognefjord](https://www.instagram.com/VisitSognefjord)



The Flåm Railway

2. THE FLÅM RAILWAY

– an incredible train journey from the mountain station at Myrdal on the Bergen Railway and all the way down to Flåm station at the Aurland Fjord. The Flåm Railway is the steepest adhesion railway on standard gauge tracks in the world. With views of mighty waterfalls and majestic mountain peaks, the train moves at a leisurely pace and stops at the most scenic spots, such as the Kjosfossen waterfall.

3. NATIONAL PARKS

Jostedalbreen National Park includes the largest glacier on the European mainland. What sets this national park apart from others is its enormous variety of habitats within such short distances. Here you will find everything from lush fertile valleys to barren mountain and glacial landscapes. The National Park is most easily accessed through Jostedalen (Nigardsbreen) and Fjærland, and you can organize glacial walks as well as visit national park centres in both of these places.



Nigardsbreen glacier



The King's Road

4. HIKING

The entire Sognefjord area offers a wide range of hiking and biking possibilities from easy hikes through beautiful nature and fjord landscape with great waterfalls, to thrilling hikes in more demanding tours to mountain peaks. The most famous are the Jotunheimen National Park, the Jostedalbreen National Park and the valleys of Aurland (Flåm), Utladalen (Årdal), Kings road (Lærdal), Keipen (Balestrand) and Stølshimen (Vik).



Utsikten, Gaularfjellet Norwegian Scenic Route.

5. ATTRACTIONS

Sognefjord offers a variety of attractions and activities including museums, Stave Churches, Jostedalbreen Glacier, National Scenic Routes, local farm visits, the Norwegian Booktown in Fjærland, river rafting, art Exhibitions, festivals, old village centres, the world's longest car tunnel (Lærdalstunnelen), indoor waterworlds, open-air swimmingpool and a lot more. Many of them are open all year around.



Norsk Bremuseum, Fjærland

ACCOMMODATION IN SOGNEFJORD

Name	Address	Tel (+47)	Website	Email
HOTELS				
AURLAND				
Hotel Aurlandsfjord	NO-5745 Aurland	94 86 21 00	visitflam.com	mail@hotelaurlandsfjord.no
Østerbø Fjellstove -Hotel	NO-5745 Aurland	57 63 11 77	post@aurlandsdalen.com	aurlandsdalen.com
29/2 Aurland	NO 5745 Aurland	48 99 49 13	292aurland.com	booking@292aurland.com
FLÅM				
Flåmsbrygga Hotell	NO-5743 Flåm	57 63 20 50	booking@flamsbrygga.no	flamsbrygga.no
Fretheim Hotel	P.O.Box. 63, NO-5742 Flåm	57 63 63 00	mail@fretheimhotel.no	fretheimhotel.no
Vatnahalsen Høyfjellshotell	NO-5718 Myrdal	57 63 37 22	post@vatnahalsen.com	vatnahalsen.no
GUDVANGEN				
Gudvangen Fjordtell	NO-5747 Gudvangen	480 75 555	fjordtel@online.no	gudvangen.com
STALHEIM				
Stalheim Hotel	N-5715 Stalheim	56 52 01 22	info@stalheim.com	stalheim.com
LÆRDAL				
Hotel Grandane	P.O. Box 114, NO-6886 Lærdal	57 66 69 00	post@lindstroemhotel.no	hotelgrandane.no
Lindstrøm Hotel	P.O. Box 114, NO-6886 Lærdal	57 66 69 00	post@lindstroemhotel.no	lindstroemhotel.no
Lærdal Hotel A/S	Habnavegen 5, NO-6887 Lærdal.	57 66 77 00	post@laerdalhotel.no	lerdalhotel.no
FJÆRLAND				
Fjærland Fjordstue Hotel	NO-6848 Fjærland	410 00 200	bard@fjaerlandhotell.no	fjaerlandhotel.com
ÅRDAL				
Klingenberg Hotell	Torget, NO-6885 Årdalstangen	57 66 58 00	post@klingenbeghotel.no	klingenberghotel.no
Sitla Hotell	Tyinvegen 3, NO-6884 Øvre Årdal	57 66 58 80	post@sitlahotel.no	sitlahotel.no
BALESTRAND				
Balestrand Hotel	Postboks 4, NO-6898 Balestrand	57 69 11 38	info@balestrand.com	balestrand.com
Dragsvik Fjordhotell & Hytter	Dragsvik, NO-6899 Balestrand	57 69 44 00	mail@dragsvik.no	dragsvik.no
Kviknes Hotel	P.O. Box 24, NO-6898 Balestrand	57 69 42 00	booking@kviknes.no	kviknes.no
Midtnes Hotel	Kong Belesveg 33, NO-6898 Balestrand	57 69 42 40	post@midtnes.no	midtnes.no
HØYANGER				
Lavik Fjord Hotell	NO-6947 Lavik	57 71 40 40	info@lavikfjordhotell.no	lavikfjordhotell.no
Sogn Hotel	NO-6996 Vadheim	57 71 02 41	post@sognhotel.no	www.sognhotel.no
Øren Hotell	P.O. box 133, NO-6991 Høyanger	57 70 76 00	post@orenhotel.no	orenhotel.no
LEIKANGER				
Leikanger Fjord Hotel	Strandavegen 1, NO-6863 Leikanger	57 65 60 20	leikangerfjordhotel.no	post@leikangerfjordhotel.no
Sognefjord Hotel	Sognefjordvegen 20, NO-6863 Leikanger	57 65 11 00	hotel@sognefjordhotel.no	sognefjordhotel.no
LUSTER				
Eikum Hotell	NO-6869 Hafslø	57 68 06 00	post@eikum.no	eikum.no
Gaupnetunet Hotel	Rådhusvegen, NO-6868 Gaupne	992 06 1 10	post@gaupnetunet.no	gaupnetunet.no
Jostedal Hotell	NO-6871 Jostedal	57 68 31 19	post@jostedalhotel.no	jostedalhotel.no
Skjolden Hotel	NO-6876 Skjolden	57 68 23 80	booking@skjoldenhotel.no	skjoldenhotel.no
Tørvis Hotell – Glacier, ski and mountain Hotel	NO-6873 Marifjøra	57 68 35 00	post@torvis.no	torvis.no
Walaker Hotell	NO-6879 Solvorn	57 68 20 80	hotel@walaker.com	walaker.com
SOGNDAL				
Best Western Lægroids Hotell	NO-6856 Sogndal	57 62 88 88	lagreid@bestwestern.no	lagreid.no
Hofslund Fjord Hotel	P.O. Box 170, NO-6851 Sogndal	57 62 76 00	h-hotel@online.no	hofslund-hotel.no
Quality Hotel Sogndal	P.O. Box 113, NO-6851 Sogndal	57 62 77 00	q.sogndal@choice.no	qualityhotelsogndal.no
VIK				
Blix Hotell	NO-6893 Vik i Sogn	57 69 65 50	booking@blixhotell.no	blixhotell.no
APARTMENTS, GUEST HOUSES, HOSTEL, MOUNTAIN LODGES, CAMPING, CABINS				
AURLAND				
Aurlandsdalen Turisthytte Østerbø	NO-5745 Aurland	483 88 287	aurlandsdalen.dnt.no	aurlandsdalen@turistforeningen.no
Bygningen	NO-5745 Aurland	94 82 94 31	www.skjerdal.com	harald.skjerdal@alb.no
Skaim Hytter	NO 5745 Aurland	47 90 02 12	sognefjord.no	hallgeir.aasen@live.no
Lunde Camping Aurland	Skulevegen 48, NO-5745 Aurland	997 04 7 01	www.lunde-camping.no	lunde.camping@alb.no
Vangsgaarden Gjestgiveri	NO-5745 Aurland	57 63 35 80	www.vangsgaarden.com	booking@vangsgaarden.no
FLÅM				
Flåm Camping & Vandrarheim	NO-5743 Flåm	57 63 21 21	www.flaam-camping.no	camping@flaam-camping.no
Flåm Marina & Appartement	NO-5743 Flåm	57 63 35 55	www.flammarina.no	booking@flammarina.no
Fretheim Fjordhytter	NO-5743 Flåm	91 72 79 69	www.fretheimhytter.com	f-fjord@online.no
Garnes Overnatting	NO-5743 Flåm	91 31 88 59	www.sognefjord.no	vikingexplorer@online.no
Heimly Pensjonat	NO-5743 Flåm	57 63 23 00	www.visitflam.com/es/accommodation/ heimly-pensjonat/	post@heimly.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
30/85	100 pax restaurant capacity
16/32	100 pax restaurant capacity
50/100	300 pax restaurant capacity
121/248	320 pax restaurant capacity
40 rooms	60 pax restaurant capacity
30	200 pax restaurant capacity
124 rooms	60 pax restaurant capacity
32/70	80 pax restaurant capacity
86/165	190 pax restaurant capacity
160	130 pax restaurant capacity
50/100	120 pax restaurant capacity
26/35	
30/55	
23+5 Ca/65	75 pax restaurant capacity
190/365	400 pax restaurant capacity
29/53	50 pax restaurant capacity
10/20	90 pax restaurant capacity
24/36	200 pax restaurant capacity
52/90	120 pax restaurant capacity
55/105	150 pax restaurant capacity
55/100	150 pax restaurant capacity
26/48	220 pax restaurant capacity
20/46	130 pax restaurant capacity
50 rooms	Restaurant
28 rooms	
22/50	64 pax restaurant capacity
36 rooms	
52/98	100 pax restaurant capacity
115/259	450 pax restaurant capacity
28 dbl	
100	
8	
80 sp / 15 ca	
60	70 pax restaurant capacity
Flats/50	50 pax restaurant capacity
25/50	50 pax restaurant capacity

Visit Sognefjord

Tel: +47 992 31 500
 Mail: info@sognefjord.no
www.sognefjord.no
[facebook/VisitSognefjord](https://www.facebook.com/VisitSognefjord)
[Instagram/VisitSognefjord](https://www.instagram.com/VisitSognefjord)

Contact: heidi@sognefjord.no
 Mob: +47 913 50 730

We offer:

Information and free services for tour operators and others about the Sognefjord area.

PCO and DMC services.

How to get here:

Car: From Bergen/Oslo:
www.vegvesen.no and
www.maps.google.no

Norwegian Scenic Routes:
www.nasjonale turistveger.no/en

Boat: From Bergen:
www.norled.no

Bus: From Bergen/Oslo:
www.nor-way.no

Air: From Bergen/Oslo:
www.wideroe.no

Train: From Bergen/Oslo:
www.nsb.no and
www.visitflam.com

Roundtrips:

"Norway in a Nutshell"[®] and
 "Sognefjord in a Nutshell"[®]:
www.fjordtours.no

Hiking:

See more at: www.ut.no



sognefjord

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

Name	Address	Tel (+47)	Website	Email
APARTMENTS, GUEST HOUSES, HOSTEL, MOUNTAIN LODGES, CAMPING, CABINS				
UNDREDAL				
Undredal Guest House	NO-5746 Undredal	57 63 31 00	visitundredal.no	info@visitundredal.no
GUDVANGEN				
Gudvangen Camping	NO-5747 Gudvangen	993 80 803	visitgudvangen.com	post@visitgudvangen.com
Dyrdal Gard	NO 5749 Bakka	90 88 57 98	dyrdalgard.no	post@dyrdalgard.no
Vang Camping	NO-5747 Gudvangen	57 63 39 26 / 412 65 212	vang-camping.no	dharplooper@gmail.com
LÆRDAL				
Bjørkum Gard	NO-6887 Lærdal	90 55 61 11	bjorkumgard.drupalgardens.com	ole.jbjorkum@gmail.com
Sanden Guest House	Øyragata 9, NO-6887 Læredal	57 66 64 04	sandenpensjonat.no	post@sandenpensjonat.no
Vindedal Camping og Hytter	NO-6887 Lærdal	57 66 65 28	avindeda.freeyellow.com	avindeda@alb.no
BORGUND				
Bjøraker Camping	NO-6888 Borgund	57 66 87 20	sognefjord.no	olemagsk@frisurf.no
Borgund Hyttesenter og Camping	NO-6888 Borgund		hyttesenter.com	ovoldum@alb.no
Eggum Gard	NO-6888 Borgund	57 66 82 75 / 416 80 177	eggumgard.no	post@eggumgard.no
HI Borlaug Vandrerrhjem	NO-6888 Borgund	91 10 99 46	hihostels.com/hostels/borlaug	
Maristuen Fjellferie AS - Cabins	Filefjell, NO-6888 Borgund	57 66 87 11	maristuen.no	post@maristuen.no
FJÆRLAND				
Bøyum Camping hytter / Cabins	NO-6848 Fjærland	57 69 32 52	boyumcamping.no	post@boyumcamping.no
ÅRDAL				
Avdal Farm Tourist Lodge	NO-6884 Øvre Årdal	90 27 49 96	www.avdalen.no	post@avdalen.no
Svalheim Gard	NO-6884 Øvre Årdal	90 97 03 73	www.utla.no	post@utla.no
Tangen Pensjonat	NO-6885 Årdalstangen	57 66 58 00	www.klingenberghotel.no	post@klingenberghotel.no
Utladalen Camping	Svalheim, NO-6884 Øvre Årdal	57 66 34 44	utladalencamping.no	post@utladalencamping.no
Vetti Gard	NO-6884 Øvre Årdal	90 05 28 77	www.vettigard.no	post@vettisriket.no
BALESTRAND				
Balestrand Feriehytter	NO-6899 Balestrand	99 36 42 47	www.sognefjordhytter.no	inge.menes@sogn.no
Dragsvik Hytter	NO-6899 Balestrand	57 69 44 00	www.dragsvik.no	mail@dragsvik.no
Gronlund Hytter	NO-6899 Balestrand	99 26 27 61	www.gronlundhytter.com	gronlundhitter@gmail.com
Kallestad Hytter	NO-6899 Balestrand	90 63 95 82	www.sognefjord.no	age.nesheim@bilfinger.com
Kringsjå Hotel & Vandrerrheim	Lærargata 9, NO-6899 Balestrand	57 69 13 03	kringsja.no	hotel@kringsja.no
Menes Fjordhytter	NO-6899 Balestrand	90 86 89 43	www.menes.no	inge.menes@sogn.no
Thuegården	NO-6899 Balestrand	41 32 07 60	www.thuegaarden.com	thuegaarden@gmail.com
Tjugum Hytter	NO-6899 Balestrand	95 04 16 51	www.sognefjord.no	anders.tjugum@gmail.com
Veganaset Camping	NO-6899 Balestrand	91 12 81 33	www.veganasetcamping.no	post@veganasetcamping.no
HØYANGER				
Nesheim Camping og Hytter Boat Hire	NO-5962 Bjordal	995 26 834	nesheim-camping.no	post@nesheim-camping.no
LEIKANGER				
Systrond Motell & Camping	NO-6863 Leikanger	57 65 39 17	systrondcamping.no	post@systrondcamping.no
LUSTER				
Bestebakken / Rooms / Farm	NO-6869 Hafslø	901 68 449	bestebakken.no	lindis@bestebakken.no
Eplet Bed & Apple	NO-6879 Solvorn	416 49 469	eplet.net	post@eplet.net
Jostedal Camping	NO-6871 Jostedal	977 56 789	jostedalcamping.no	post@jostedalcamping.no
Lyngmo Gjestehus og Camping	NO-6869 Hafslø	57 68 43 66	lyngmoinfo.com	lyngmo@lyngmoinfo.com
Døsen Gard	NO-6872 Luster	95 16 87 27	sognefjord.no	olav@dosenengard.no
Marifjøra Sjøbuer / Cabins	NO-6873 Marifjøra	481 44 309	rorbu.net	post@rorbu.net
Nes Gard / Guest House / Rooms / Farm	NO-6875 Høyheimsvik	57 68 39 43 / 952 32 694	nesgard.no	post@nesgard.no
Nigardsbreen Gjestehjem	NO-6871 Jostedal	417 74 747	nigardsbreen.com	post@nigardsbreen.com
Pluscamp Sandvik / Camping	NO-6868 Gaupne	57 68 11 53	sandvikcamping.com	sandvik@pluscamp.no
Skjolden Brygge / Cabins	NO-6876 Skjolden	918 03 025	skjoldenbrygge.no	anne@skjoldenbrygge.com
SOGDAL				
Amble Gård / Farm / Rooms	NO- 6854 Kaupanger	405 10 589	amblegaard.no	post@amblegaard.no
Havnebakken Feriehus	NO-6854 Kaupanger	91 75 10 16	www.havnebakken.no	oddrun@havnebakken.no
Kjørnes Camping	Kjørnes, NO-6853 Sogndal	975 44 1 56	kjornes.no	camping@kjoernes.no
Lems Bungalows	Venesviki, NO-6856 Sogndal	911 46 2 72	lemsbungalows.com	j-vmeist@online.no
Lunden Ferie	NO-6859 Slinde	95 00 50 10	www.lundenferie.no	post@lundenferie.no
Sogndal Lodge&Guiding	NO-6856 Sogndal	57 62 99 88	sogndallodge.no	post@sogndallodge.no
Sogndal Vandrerrheim / Hostel	Helgheimsvegen 9, NO-6851 Sogndal	57 62 75 75	hihostels.no/sogndal	sogndal@hihostels.no
Timberlids Hytter / Cabins	Øvre Amla 24, NO-6854 Kaupanger	958 42 661	timberlid.no	morten@timberlid.no
Uteplassen Sogndal	NO-6856 Sogndal	46 91 04 56	www.ute-plassen.com	uteplassenogndal@gmail.com
Vesterland Feriepark / Cabins	NO-6854 Kaupanger	57 62 71 00	vesterland.no	adm@vesterland.no
Ølnes Fjordhytter	NO-6856 Sogndal	57 67 11 43	www.sognefjord.no	solnes@gmail.com
VIK				
Alm Gard / Farm / Rooms	NO-6895 Feios	482 67 898	almgard.com	guusmorel@msn.com
Arnafjord hytter / Cabins	Arnafjord, NO-6893 Vik i Sogn	905 93 586	arnafjord-hytter.no	geir@arnafjord-hytter.no
Djuvik Camping	Djuvik, NO-6894 Vangsnes	57 69 67 33	djuvikcamping.no	booking@djuvikcamping.no
Gamle Trevaren	NO-6893 Vik i Sogn	90 10 86 31	www.gamletrevaren.no	post@gamletrevaren.no
Otterskred Fjordhytter	Arnafjord, NO-6893 Vik i Sogn	90 20 91 30	www.otterskred.com	booking@otterskred.com
Sognefjord Gjestehotell	NO-6894 Vangsnes	57 69 67 22	sognefjord-gjestehus.no	vangpens@online.no
Tistel Camping & Feriehytter / Cabins	NO-6893 Vik i Sogn	57 69 54 79	sognefjord.no	e-tis@online.no
Tveit Camping	NO-6894 Vangsnes	57 69 66 00	tveitcamping.no	tveitca@online.no
Vik Camping	NO-6893 Vik i Sogn	57 69 51 25	vikcamping.com	grolilje@hotmail.com

60 pax restaurant capacity

9 ca

11 ca

14 ca

11 ca

10 ca

7 ca

7 ca / 4p 2 ca / 8p

14 ca / 50

10 ca

16 rooms/32 beds

32 pax resaurant capacity

23 beds/2 gh

12 ca

26/85

80/150 pax restaurant capacity

Glamping

4 ca

17/36

350 pax restaurant capacity

7 rooms

16/56**

30 pax restaurant capacity

10 ca/87 pax. 32 apt

Restaurant

6 ca

14 ca, 2 apt

12 ca, 2 apt

12 beds

44/80

3 ca

119/560

150 pax restaurant capacity

2 h /12

8 h / 54

22 ca

8 rooms, 2 gh

Restaurant

8 ca / 32

6 ca / 20

8 ca / 28

ATTRACTIONS IN SOGNEFJORD

Name	Address	Tel (+47)	Website	Email	Season
AURLAND					
Aurlandsdalen valley	NO-5745 Aurland	57 63 11 41	aurlandsdalen.no		Mid June–1st Oct
Stegastein	NO-5745 Aurland		sognefjord.no		A
LÆRDAL					
Borgund Stave Church	NO-6888 Borgund	57 66 81 09	stavechurch.com	borgund@stavechurch.com	16.04.2019 - 30.09.2019
Gamle Lærdalsøyri, old town	NO-6887 Lærdal		sognefjord.no		
Lærdal Tunnel – the world's longest tunnel	NO-6887 Lærdal		sognefjord.no		
The Kings' Road	NO-6887 - Lærdal		visitkongevegen.no	info@sognefjord.no	
FLÅM					
Flåm Railway	P.O. Box 75, NO-5742 Flåm	57 63 14 00	visitflam.com	info@visitflam.com	A
Rallarvegen - The Navy's Road	NO-5742 Flåm	57 63 21 00	sognefjord.no	info@visitflam.com	July-Oct
GUDVANGEN					
Viking Valley	NO-5747 Gudvangen	462 45 462	vikingvalley.no	post@guas.no	A
The Nærøyfjord	NO-5747 Gudvangen	57 67 14 00	sognefjord.no	info@sognefjord.no	A
UNDREDAL					
Undredal goat cheese centre	NO-5746 Undredal	951 37 403	visitundredal.no	info@visitundredal.no	
Undredal Stave Church	NO-5746 Undredal	952 97 668	undredal-stavkyrkje.com	post@undredal.no	S
FJÆRLAND					
Bøyabreen Glacier	NO-6848 Fjærland	57 69 32 88	fjaerland.org		
Norwegian Glacier Museum	NO-6848 Fjærland	57 69 32 88	bre.museum.no	post@bre.museum.no	Apr-Nov
Supphellebreen Glacier	NO-6848 Fjærland		fjaerland.org		
The Norwegian Booktown Mundal	NO-6848 Fjærland	57 69 22 10	bokbyen.no	post@bokbyen.no	May-Sept
ÅRDAL					
The 1000 meter viewpoint.	NO-6884 Øvre Årdal	57 66 11 77	greaterardal.no	post@ardal-utvikling.no	Hiking: All year Bicycle: July-Sept.
Tindevegen Mountain Road and the Jotunheimen National Park	NO-6884 Øvre Årdal	908 43 189	tindevegen.no	frank@tindevegen.no	01 may - 20 Oct (approx)
Vettisfossen Waterfall and Utladalen valley	NO-6884 Øvre Årdal	57 66 35 62	utladalen.no	post@ardal-utvikling.no	A
BALESTRAND					
Balestrand Art Village / The Heritage Trail	NO-6899 Balestrand	57 69 12 55	sognefjord.no/balestrand		A/ Guided heritage walks on request
Gaularfjellet view point	NO-6899 Balestrand		sognefjord.no		
St. Olaf's Church	NO-6899 Balestrand	992 31 500	sognefjord.no	info@sognefjord.no	
The Norwegian Museum of Travel and Tourism	NO-6899 Balestrand	474 53 053	reiselivsmuseum.no	nrm@misf.museum.no	Mai - Oct
HØYANGER					
Hiking at Stølsheimen and along the Sognefjord	NO-6993 Høyanger		sognefjord.no		A
Høyanger Industrial Museum	NO-6993 Høyanger	992 19 353	industriadamuseet.wordpress.com		S Gr: A (on request)
LEIKANGER					
Cultural Trail	Strandavegen , Leikanger		sognefjord.no		A
Kvinna fossen waterfall	Sognefjordvegen, near Hella		sognefjord.no		
The fruit blossom			sognefjord.no		
LUSTER					
Breheimsenteret Glacier Center	NO-6871 Jostedal	57 68 32 50	jostedal.com	jostedal@jostedal.com	May-Sept
Feigumfossen waterfall	NO-6872 Luster	992 31 500	sognefjord.no	info@visitsogn.info	A
Jostedalsbreen National Park / Nigardsbreen	NO-6871 Jostedal	976 00 443	sognefjord.no	info@sognefjord.no	A / May-Sept
Urnes Stave Church, Urnes	NO-6870 Ornes	57 67 88 40	stavechurch.com	urnes@stavechurch.com	May-Sept. Gr: A
SOGDAL					
De Heibergske Samlinger /Sogn Folkemuseum	NO-6854 Kaupanger	57 67 82 06	dhs.museum.no	dhs@museum.no	S
Kaupanger Stave Church	NO-6854 Kaupanger	57 67 88 40	stavechurch.com	kaupanger@stavechurch.com	S
Sogn Fjordmuseum Kaupanger	NO-6854 Kaupanger	57 67 82 06	dhs.museum.no	dhs-sf@misf.museum.no	S
VIK					
Hopperstad Stavechurch	NO-6893 Vik	57 67 88 40	stavechurch.com	hopperstad@stavechurch.com	May-Sept, else on request
Hove Stone Church	NO-6893 Vik	57 67 88 40	stavechurch.com	hove@stavechurch.com	June-August, else on request
The Silver Ring – Cultural Walk	NO-6893 Vik		facebook.com/sylvringen	vik@sognefjord.no	A

Season

A: all year Sp: spring S: summer F: fall W: winter

Prices NOK Useful information

"The hike from Østerbø Fjellstove to Vassbygdi is quite famous. We recommend hiking maps"
Platform situated 650 mtrs. Over the sea level

One of Norway's most distinctive stave churches, exceptionally well preserved, from 1180. Visitors Centre for Fit ' s and groups

Kongevegen across Filefjell is a beautiful walk through Norwegian communications and cultural history

The most exciting stretch of railway track in Scandinavia. Exceptional feat engineering. From fjord to mountain.
Rallarvegen, follows the outskirts of the Hardangervidda Plateau til Flåm.

Special arrangements for groups incl. accommodation. Storytelling and viking related activities. Guided tours: English, Italian, Spanish, French or German.
The Nærøfjord is an arm of the Sognefjord and is listed on UNESCO World Heritage. The fjord is situated between Flåm and Aurland.

Visitor centre for goat cheese production. Taste of goatcheese and information about the production
Church from 1147 with white clapboard sidings. The smallest in Scandinavian still in use.

Outlet glacier from the Jostedalsglacier. The ice in the icefall is moving down the mountainside with a speed of 2 metres a day. Easy access by car from the road no.5.
Museum about ice, glaciers, landscape and climate. Visitor centre for Jostedalsbreen National Park and Food and beverages services for individuals and groups.
The lowest lying glacier in Southern Norway, only 60 m a.s.l. The glacier is kept alive by ice avalanches from the bigger glacier, Flatbreen, some 800 m higher.
The Norwegian Booktown in Fjærland has more than 250.000 second-hand books in many languages for sale. Old barnes, boathouses etc have been converted into bookshops.

Walk or bike the route 53 to the viewpoint 1000 mtrs high. Along the way, visitors can enjoy landmarks connecting local history, to views of great beauty.

Mountain road, that is a shortcut through Jotunheimen and Connected with Tourist Road Sognefjellsvegen (Route 55) at Turtagrø.

Vettisfossen waterfall has 275 meters, this is the highest waterfall in northern Europe. Utladalen is the most popular walk in the area.

Balestrand is the artist village in the region. Artists during the XIXth Century used to visit this village to find inspiration for their paintings. Nowadays, is possible to learn more of Balestrand Heritage and walk of the famous cultural walk.

Viewpoint on the National Route of Gaularfjell. Waterfalls, steep mountain road.

Discover the origins and history of the phenomenon of tourism from the point of view of the Norwegian mountains and fjords.

2-days-hike. The gentle slopes, stunning lake sceneries and the various mountain summer farms in is a perfect hiking area for families and others.

On request

The Museum portrays the 90 year old industrial and working history of Høyanger. At the Museum you can experience how the isolated farming village became the modern industrial town of Høyanger. Become acquainted with the living conditions of the different social groups, the trade union struggles, the war years, and see how a worker would spend his time at work and at home. On request you may also see films related to the building of a new industrial society in Høyanger. A nature enthusiasts dream!

Free

The culture trail between Leikanger Fjord Hotel and Leikanger Church leads you past the Balder Stone, Viking grave mounds and the vicarage garden.
The Kvinna waterfall sprays water over the road, providing rainbows on a summers day.
Leikanger is one of Norways largest fruit municipalities. Early May you can experience the spectacular blossom.

Breheimsenteret is a National Park Visitor's centre for the Jostedalsbreen Glacier National Park. Exhibition, restaurant and other services available.
Groups can book in advance.

The 218 meters high Feigumfossen waterfall is located in an idyllic setting on the southern side of the Lusterfjord, and is one of Norway's highest waterfalls.
The Nigardsbreen glacier is the most famous glacier branch of the Jostedalsbreen National Park, and one of the most accesible. Guided tours in summer and Blue Ice Caves in winter. All activities must be pre-booked.
UNESCO World Heritage Site and the oldest Stave Church in Norway (1132). It is beautifully located on the southern shore of the Lustrafjord. Visitor centre.

Outdoor Museum with houses dated back to 1500. Traditional farm with animals. Local food and souvenir shop.

The biggest stave church in Sogn (c. 1150), it has been in continuous use as a parish church for more than 850 years. Its medieval design has been preserved, and the body of the church is supported by 22 staves. Visitor centre.
Sogn Fjord Museum has exhibitions about the fjord and a collection of boats from Sogn.

Hopperstad Stave Church is one of the oldest stave churches in Norway. It was built around 1130.

Hove Stone Church is the oldest stone building in Sogn and probably one of the oldest in the country. It was built at the end of the 12th century.

Free

Cultural walk (4.5 km) including many cultural monuments in Vik, among others Moahaugane burial mounds, Hopperstad stave church and Hove Stone Church.
Contact Vik Tourist Office for more information.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group



GO
fjords

THE EASIEST WAY TO EXPERIENCE

SOGNEFJORD

HARDANGERFJORD

LYSEFJORD

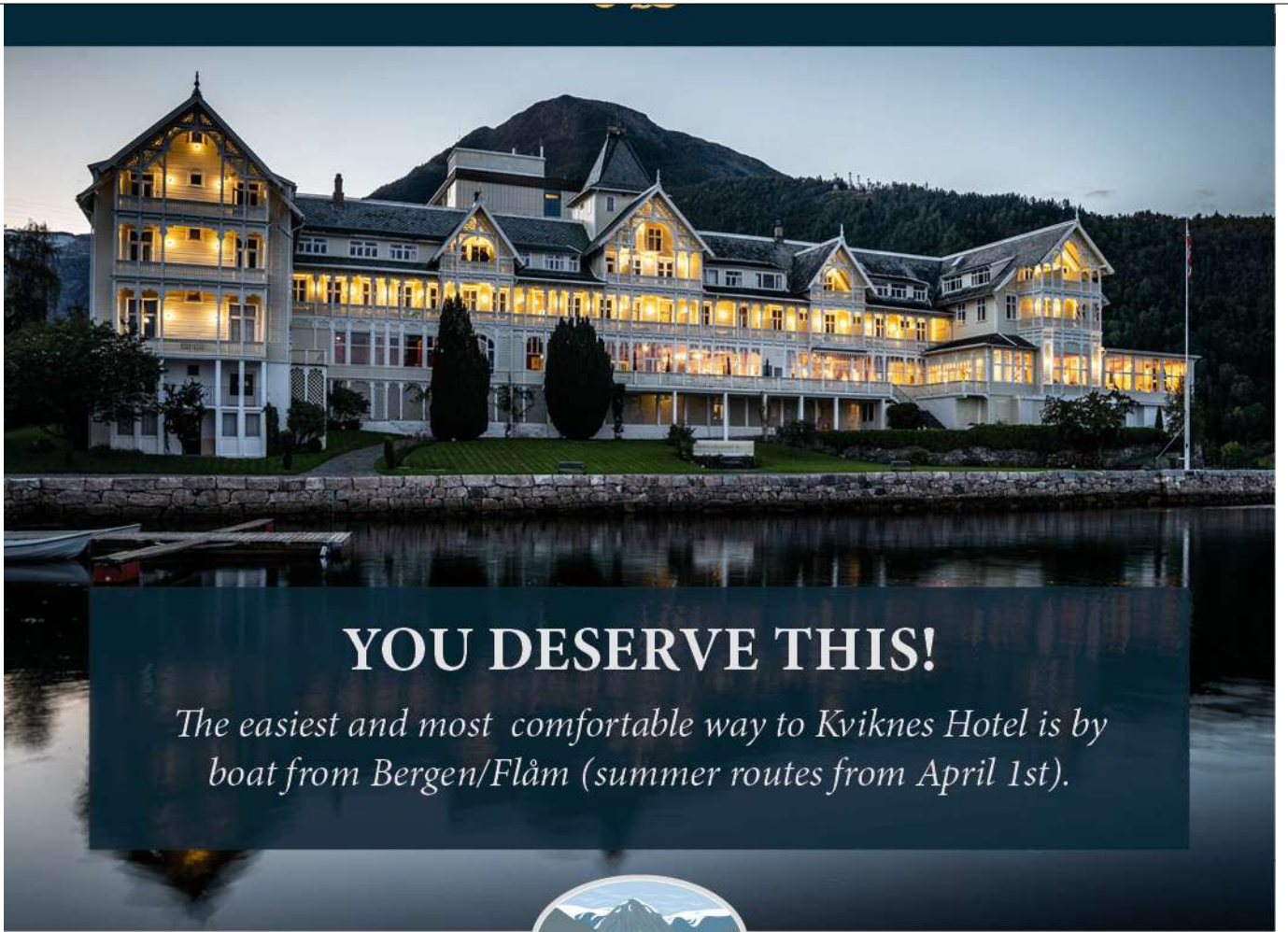
Preikestolen • Vøringsfossen • Flam • Vik

Glaciers • Coastal islands • Waterfalls • Fjordcruise
Rock formations • Historical Villages

Summer skiing • Island hopping • Mountain hiking • Glacier hiking

For cooperation or inquiries connect with us at
info@gofjords.com





YOU DESERVE THIS!

The easiest and most comfortable way to Kviknes Hotel is by boat from Bergen/Flåm (summer routes from April 1st).

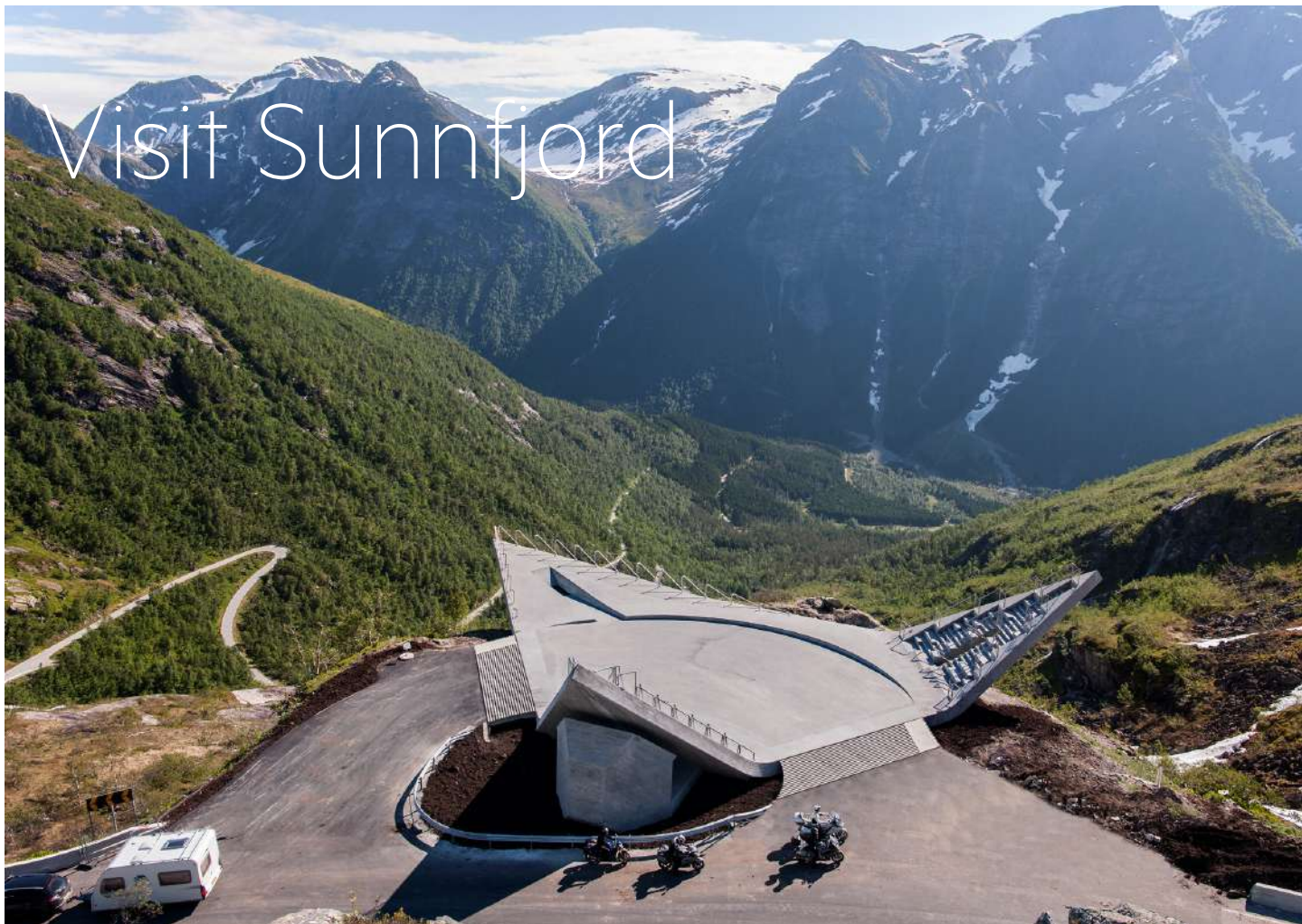


FROM FJORD TO SKY IN 5

Loen Skylift takes you sky high in 5 minutes, in one of the steepest cable cars in the world. Loen Skylift offer spectacular views of the fjord, mountains and the Jostedal Glacier National Park, a comfortable restaurant, and outdoor adventures – all year.

loenskiylift.no

LOEN
SKYLIFT



© Jiri Havran, Statens Vegvesen

Utsikten viewpoint

Welcome to Sunnfjord

Sunnfjord is in the heart of Fjord Norway and offers magical nature experiences and exclusive products all year. Here you can experience the Jostedalsglacier, spectacular mountains and some of the most beautiful fjords in the world.

Sunnfjord offers steep mountain hikes and good cycling and fishing opportunities, for example in one of the best trout lakes in Norway, Jøstravatnet lake. You can walk on the Haugabreen glacier and go rafting or kayaking. Sunnfjord offers unique cultural attractions – from Astruptunet in Jølster, the home of artist Nikolai Astrup, to the award-winning Villa Åmot in Gaular, known for its local food and concerts.

Jølster, the glacier village

The Jostedalsglacier is a magical landscape, both silent and formidable at the same time. The fascinating glacier can be both frightening and alluring, plunging down from the mountain and extending its prehistoric ice blue arms down towards the valley. The Jostedalsglacier is the biggest glacier in mainland Europe. In Jølster, you can see the glacier from the E39 road in Kjørnesfjorden and in Stardalen. In 1890, the Norwegian Trekking Association decided to hire guides who were authorised for certain routes across the Jostedalsglacier. Since then, several authorised guides have led people along the routes from Lunde to Fjærland and

from Fonn in Stardalen to Veitastrand. Tourists started walking on the glacier at the end of the 19th century, and in Jølster, the authorised guide tradition was continued in the form of day walks with experienced glacier guides on the Haugabreen glacier.

Glacier walks

Walking in a rope team on the glacier is a unique and exciting experience for adults and children alike. If you want to walk on the glacier, use a local guide. "Bre og Fjell" offers guided glacier walks on Haugabreen from mid-June to the end of August.

Mountain, fjord and waterfall walks

Walking in Sunnfjord means fantastic views of the mountains in Fosseheimen, the fjords, the glacier and the ocean. Experience the most beautiful fjord landscape in the world – everything from adapted nature trails to the most demanding summits. Try a waterfall walk in Sunnfjord, and see some of the area's spectacular waterfalls up close. For a very special experience, try a 'scree walk' to Tjovura in Stardalen, Jølster, where you



© BRE OG FJELL

Guided glacier walk

climb and walk between boulders and through narrow passages.

Active holiday

There are several activity enterprises in Sunnfjord that offer tailor-made adventures to last a lifetime. Sunnfjord Golfklubb, Jølster Rafting and Lunde Turiststasjon offer golf, rafting, riverboarding, abseiling and paintball. Spend the night in a traditional Sami Lavvo tent at Lunde Turiststasjon, and try your hand at axe throwing and archery.

Kayaking is a versatile activity, and Go'kajak offers introduction and training courses and rent out kayaks at several locations in Sunnfjord.

National Tourist Route Gaularfjellet

A peaceful journey along protected watercourses, waterfalls and a quiet fjord arm. The road runs along an arm of the Sognefjord, the world's longest fjord, before winding its way up the steep valley into the mountains. You drive along the protected Gaularvassdraget watercourse, known for its many waterfalls, and waterfall paths have



Sunnfjord



© David Zašljig

Kayaking



© Espen Mills, Sunnfjord Museum

Astruptunet



© Terje Rakke

Rafting

been built at different parts of the watercourse to make the spectacular waterfalls more accessible.

Utsikten – the new attraction at Gaularfjellet

The viewpoint Utsikten at Gaularfjellet is one of the spots offering fine views of the scenery. This picnic area is at the top of the climb up from the Vetlefjord, and offers splendid views of lush, beautiful landscape with the main Rv13 road winding its way up the hillside. With a clear view of 1,500 metres-high mountains and deep valleys, the viewing platform balances on the edge of the mountain, 700 metres above sea level.

Art and culture – in Astrup's kingdom

Nikolai Astrup (1880–1928) is one of Norway's most prominent and beloved artists. He is known for his characteristic depictions of Western Norway's lush, wild scenery and the traditional way of life in the area. Astrup lived in Jølster for most of his life and was very attached to the place. He described himself as one of Norway's most down-to-earth artists. Astruptunet was Nikolai Astrup's home for the last 14 years of his life and is preserved as it was when he

lived there. The barn has been torn down and rebuilt as a gallery in the same style as the old barn. The gallery has permanent exhibitions of Astrup's paintings, graphic art, woodcut plates and sketches. Most of his motifs are from Jølster, and Nikolai Astrup is still considered to be one of the Norwegian artists who best captures the Norwegian spirit. The light, scenery and atmosphere at Astruptunet alone are worth the visit.

Sunnfjord also has other exciting museums and galleries: Jølstramuseet, featuring 400-year-old houses, art galleries and a fishing centre, Sunnfjord Museum, Luftkampmuseet (air combat museum) in Naustdal, Hestad chapel, Sogn og Fjordane Art Museum in Førde, and the Eikaas Gallery at Ålhus in Jølster.

Winter and skiing

Sunnfjord has two ski centres, Jølster Skisenter and Sunnfjord Skisenter. There are alpine pistes for all tastes, in addition to numerous possibilities for summit tours on skis: 'Bre og Fjell' offers tailor-made experiences in Jølster. Top areas in Sunnfjord include Snønipa, Olahansfjellet and Syskarnipa.



SUNNFJORD
UTVIKLING



© Terje Rakke, Nordiclife AS

Hestadfjorden

ACCOMMODATION IN SUNNFJORD

Name	Address	Tel (+47)	Website	Email
HOTELS				
Sande Kro og Hotel	6973 Sande	57 71 80 50	sandehotel.no	post@sandehotel.no
Scandic Sunnfjord Hotel & Spa	Storehagen 2, 6800 Førde	57 83 40 00	scandichotels.no	sunnfjord@scandichotels.com
Thon Hotel Jølster	6841 Skei i Jølster	57 72 78 00	thonhotels.no	jolster@thonhotels.no
Åmot	Åmot Gard, 6977 Bygstad	97 16 07 04	www.myamot.com	steinar@myamot.com
Thon Hotel Førde	Hafstadvn 26, 6800 Førde	57 82 81 10	www.thonhotels.no	forde@olavthon.no

APARTMENTS, CABINS, CAMPING, GUEST ROOMS, HOSTEL

Ekreskogen Hytter	6817 Naustdal	90 97 55 70	ekreskogen.no	ekreskogen@naustedalen.no
Flatheim	Hoffslåttene, 6978 VIKSDALEN	99 24 60 66	www.gaularfjellet.no	post@gaularfjellet.no
Førde Gjestehus & Camping	Kronborgvegen 44, 6813 Førde	46 80 60 00	fordecamping.com	post@fordecamping.com
Førde Vandrerhjem	Solvang 3, 6810 Førde	57 82 99 60	hihostels.no	resepsjon.sfh@gmail.com
Hov Hyttegrend	6978 Viksdalen	57 71 79 37	hovhyttegrend.no	ottar.hov@online.no
Høyseth Camping	Stardalen, 6843 SKEI I JØLSTER	46 78 59 90	www.hoysethcamping.no	info@hoysethcamping.no
Jølster Panorama	6843 Skei i Jølster	99 09 00 98	jolsterpanorama.no	malene@essoskei.no
Jølstraholmen Camping	6847 Vassenden	95 29 78 79	jolstraholmen.no	post@jolstraholmen.no
Jolvassbu Camping	6843 Vassenden	92 06 22 03	jolvassbu.no	post@jolvassbu.no
Kjøsnes Hytter	6843 Skei i Jølster	97 01 92 86	kjosnes.no	nils-einar@kjosnes.no
Lunde Turiststasjon	Lunde, 6843 Skei i Jølster	41 55 33 35	turiststasjon.no	lunde@turiststasjon.no
Stardalen Hyttegrend	6843 Skei i Jølster	57 72 89 88	stardalenyhyttegrend.com	kontakt@stardalenyhyttegrend.com

ATTRACTIONS IN SUNNFJORD

Name	Address	Tel (+47)	Website	Email	Season
Astruptunet	Sandalstrand, 6847 Vassenden	47 47 65 81 / 99 20 26 76	astruptunet.no	sfgm@misf.no	S (21.05.–18.09.)
Sunnfjord Museum	Movika, 6819 Førde	57 72 12 20	sunnfjord.museum.no	sum@misf.museum.no	A
Sogn og Fjordane Museum of Fine Art	Storehagen 1A, 6800 Førde	97 42 15 65	sfg.museum.no	sfgm@misf.no	A
Jølstramuseet	6847 Vassenden	97 14 09 75	jolstramuseet.no	heidi.fosshheim.aardal@eninvest.net	S
Eikaasgalleriet	Ålhus, 6847 Vassenden	47 47 22 36 / 99 20 26 76	sfg.museum.no	sfgm@misf.no	Sp, S, F (22.03.–16.10.)
Nasjonal Turistveg Gaularfjellet	Gaular, Førde		www.nasjonalturistveger.no		
Førdefestivalen	6900 FØRDE	46 90 50 10	www.fordefestival.no		

FOOD & DRINK IN SUNNFJORD

Name	Address	Tel (+47)	Website	Email
RESTAURANTS				
Jølstramuseet	6847 Vassenden	97 14 09 75	jolstramuseet.no	heidi.fosshheim.aardal@eninvest.net
Sande Kro og Hotel	6973 Sande	57 71 80 50	sandehotel.no	post@sandehotel.no
Scandic Sunnfjord Hotel & spa	Storehagen 2, 6800 Førde	57 83 40 00	scandichotels.no	sunnfjord@scandichotels.com
Thon Hotel Jølster	6841 Skei i Jølster	57 72 78 00	thonhotels.no	jolster@thonhotels.no
Åmot	Åmot Gard, 6977 Bygstad	97 16 07 04	www.myamot.com	steinar@myamot.com
Thon Hotel Førde	Hafstadvn 26, 6800 Førde	57 82 81 10	www.thonhotels.no	forde@olavthon.no

CAFÉS

Audhild Vikens Vevstove	6841 Skei i Jølster	57 72 81 25	www.audhild-viken.no	skei@audhild-viken.no
Flatheim	Hoffslåttene, 6978 VIKSDALEN	99 24 60 66	www.gaularfjellet.no	post@gaularfjellet.no
Håjen Kafè	Slettehaug, Naustdal	57 81 82 60	www.haajen.no	hslettehaug@gmail.com
Jølstramuseet	6847 VASSENDEN	97 14 09 75	www.jolstramuseet.no	heidi.fosshheim.aardal@eninvest.net
Skei Serviscenter	6841 Skei i Jølster	57 72 82 34		malene@essoskei.no
Stardalen Sommarkafé	Stardalen, 6843 Skei i Jølster	476 40 893	stardalensommarkafe.no	kafe@stardalen.no

Rooms	Useful information
15	located by the gateway to Norwegian Scenic Route Gaularfjellet
205	Located in the heart of Førde city
129	Situated close to known attractions
10	An unique combination of accommodation, local food and culture
69	Located in Førde city
4 ca	Located in Naustedalen in Naustdal, between Førde and Florø.
	Close to major attractions in the area.
	located 2,3 km from the center of Førde.
	Located by Norwegian Scenic Route Gaularfjellet.
40 camping spaces	Located in Skei, Jølster, by lake Jølstravatnet.
18 ca	Situated by the river Jølstra, 18 km north of Førde. 60 camping spaces
	Possible to catch fish directly from the riverside and the camping ground.
4 ca	Located by Lake Jølstravatnet - enjoy Europe's best trout lake
4 ca, 2 apt & 4 rooms	Close to Jostedalsglacier, surrounded by majestic mountains and overlooking Jølstravatnet (lake). Troutfishing, hiking, Astruptunet.
10 ca	View to Jostedalsglacier

Visit Sunnfjord

Tel.: +47 57 72 19 50
 Email: post@sunnfjord.no
www.sunnfjord.no
 Facebook/VisitSunnfjord
 Instagram/VisitSunnfjord

Contact: bjorg@sunnfjord.no
 Mob. +47 95 73 93 24

We offer:

Information and free services for tour operators and others about the Sunnfjord area.

How to get here:

Car: From Bergen/Oslo:
vegvesen.no and
maps.google.no

Norwegian Scenic Routes:
nasjonalturistveger.no/en

Bus: From Bergen/Oslo:
nor-way.no

Air: From Bergen/Oslo:
wideroe.no

Prices NOK	Useful information
75,-	Home of the famous painter Nikolai Astrup.
A: 60,-, Ch/St/Sc: 40,- Ch: 0,-	open air museum
A: 50,-, St/Sc: 35,-, Gr: 35 (3+)	display the region's history of art, with a focus on the 18th century, contemporary art, handicrafts, design and architecture.
	a private museum with old houses, thousands historical things, an art gallery and a fishing center.
A: 50,-, St/Sc: 35,-, Gr: 35 (3+)	A gallery with paintings from Ludvig Eikaas

Capacity	Useful information
	À la carte menu, fixed menu
	Fixed menu
	À la carte restaurant, buffet
	À la carte restaurant, buffet
	Local food
	Located in Førde city
	Traditional food
	À la carte menu
	À la carte restaurant



Rafting i Jølstra

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group



Bulandet & Værlandet.

Travel off the beaten track to the Fjord Coast and get a taste of authentic coastal life. Located on the coast between Bergen and Ålesund, the Fjord Coast is easily accessible when travelling in Fjord Norway. Our region is still a hidden gem for international tourists.

Within two hours from Bergen you can discover a stunning coastline. Visit small fishing villages, charming towns and explore the nature. Thousands of islands, narrow fjords, mountains rising straight up from the sea and white sandy beaches – perfect for small and big adventures!

Explore island hopping, kayaking, hiking, biking, sightseeing to historical sites and lighthouse safari to the westernmost islands in Norway.

HIKING

The Fjord Coast region offers our visitor's spectacular hikes, from steep and challenging hikes to more easy family walks. Nothing is more relaxing than a stroll along the seaside. The highest Seacliff in Europe, Hornelen, 860 meter above sea level is an unforgettable hike with the most magnificent view.

ATTRACTIONS

The Fjord Coast offers a variety of attractions and activities including museums, local farm visits, extensive rock-carving site at Ausevika, historic sites from the Viking Age such as the Gulating at Eivindvik and the Millstone Park at Hyllestad, the medieval church of the saga island of Kinn and the beautiful island of Svanøy. The region is also known for its unique geology.

BIKING

The Fjord Coast is perfect for biking. The area boasts quiet roads, gently rolling terrain and a multitude of islands linked by local boat and ferry routes. Go biking and island hopping!

FURTHEST WEST

You cannot go further west in Norway than to the islands of Solund, Bulandet and Værlandet – often called "Venice of the North". With a myriad of small and large islands, islets and skerries sheltering you from the



The saga island of Kinn

wind and waves this area is perfect for kayak paddling. The distance to the open sea is short. A must do is also a lighthouse safari to Utvær.

SEA FISHING

Surrounded by open sea and fjords along Norway's most beautiful archipelago, the conditions are perfect for sea fishing all year round. Here you will find fishermen's cabins and holiday houses customized for fishing holidays. These are located right by the sea and offer good boats and facilities for preserving and storing your catch. A local fisherman can be hired as your guide to show you the best fishing spots in the area.



Visit FjordKysten

Tel + 57743000
Email: mail@fjordkysten.no
Website: fjordkysten.no
Facebook/fjordkysten
Instagram/fjordkysten



Fjordkysten



Hornelen, the highest seacliff in Europe.

2. HORNELEN

The hike to Hornelen will give you a spectacular hiking experience. The trail is quite challenging and steep, but gives you fantastic views all along the way to the top. On the top you can enjoy a breathtaking panoramic view! You will get a great overview of narrow deep fjords, majestic mountains and small islands far out at sea. If you dare to, you can lie down on the edge of the cliff and look straight down on the sea 860 meters below you. You will never forget this hike, it is one of a kind!



Island hopping in Solund and Bulandet.

3. ISLAND HOPPING

Island Hopping to Solund, Bulandet and Værlan-landet is a round trip to the westernmost islands in Norway. Travelling by boat you get close to the unique and spectacular scenery on the coast, and you get to experience the everyday life of the people living on the islands. Island Hopping is offered either as a day excursion from Bergen or as a part of a longer stay.



Be a part of nature's drama

4. STORMWATCHING

Winter in the Fjord Coast is often mild, green and with changing stormy weather and extraordinary light conditions. We call the season stormwatching season and offer a variety of storm experiences. Explore the sea beating the stormy tides ashore, in rain and wind either inside by the window or in a safe stormwatching spot in full rainwear. Winter on the coast also offers sunny and quiet days to prepare for new stormy days.



Kayaking in Solund.

5. KAYAKING

One of the best ways to explore the coast is by kayak, and the Fjord Coast is Norway's best kayak destination. Discover the magnificent untouched coastline with thousands of islands, islets and skerries, calm bays and white sandy beaches.



The white sandy beach Refviksanden.

6 THE WHITE SANDY BEACH REFIKSAWEN

In Måløy you will find the white sandy beach Refviksanden. Enjoy lazy summer days or watch a storm close by!

© Jostein Vedvik

© Sverre Hjornevik

© David Zadig

© Unni Lise Dahl

© Sara Marie Ytreøy

ACCOMMODATION IN FJORDKYSTEN

Name	Address	Tel (+47)	Website	Email
HOTELS				
Askvoll Fjordhotell	Askvoll	57 73 35 35	askvollfjordhotell.no	post@askvollfjordhotell.no
Bremanger Fjordhotell	Svelgen/Bremanger	57 79 65 20	bremangerfjordhotell.no	post@bremangerfjordhotell.no
Knutholmen	Kalvåg, Bremanger	57 79 69 00	knutholmen.no	post@knutholmen.no
Comfort Hotel Victoria Florø	Florø	57 75 25 55	nordicchoicehotels.no	co.floro@choice.no
Hotel Sognefjord	Leirvik, Hyllestad	57 78 89 20	hotelsognefjord.no	post@hotelsognefjord.no
Quality Hotel Florø	Florø	57 75 75 75	nordicchoicehotels.no	q.floro@choice.no
Skjerjehamn Handelsstad	Skjerjehamn, Gulen	954 22 033	skjerjehamn.no	post@skjerjehamn.no
Værlandet Havhotell	Værlandet, Askvoll	917 30 366	værlandethavhotell.com	post@værlandethavhotell.com
APARTMENTS, GUEST HOUSES, HOSTEL, COTTAGES, FISHING CABINS, DIVE RESORT				
Svanøy Hovedgård	Svanøy, Flora	40 40 24 91	svanoy.com	booking@svanoy.com
Solund Leilegheitshotell	Hardbakke, Solund	911 89 822	solund.com	post@solund.com
Kjelstad Holiday Houses	Kalvåg, Bremanger	992 26 827	fjordkysten.no/eng	roal-kje@online.no
Batalden Ishus	Batalden, Kinn	454 20 944	bataldenishus.no	booking@bataldenishus.no
Bulandsferie	Bulandet	916 91 918	bulandsferie.no	bulandsferie@gmail.com
Gulen Dive Resort	Dalsøyra, Gulen	57 78 40 20	gulendiveresort.com	orjan@gulendykkesenter.no
Hjartholm Holiday Cabins	Brekke, Gulen	481 74 451	sognefjordferie.no	info@hjartholm.no
Fjordkick	Sørbøvåg	979 62 230	fjordkick.no	post@fjordkick.no
Fjord Moments	Hyllestad	93 94 24 54	fjordmoments.com	info@motvindssognefjord.no
Gåsvær Fiskeferie	Gåsvær	57 78 72 60	visitgaasvaer.com	gfaeroy@online.no
Steinsund Marinesenter	Steinsund, Solund	975 75 117	steinsund.no	info@steinsund.no
Villa ved havet	Bulandet, Askvoll	959 40 718	fjordkysten.no/en	rose-gjervik@hotmail.com
UWC Connect	Flekke, Fjaler	57 73 70 21	uwconnect.com	connect@uwcrn.no
CAFÉS				
Askvoll Sjøbuer Mat og Drikke	Askvoll	57 73 03 81	askvollsjobuer.no	post@asjobuer.no
Svanøy Segl Inn	Svanøy, Flora	57 74 00 29	seglinn.no	post@seglinn.no

ATTRACTIONS IN FJORDKYSTEN

Name	Address	Tel (+47)	Website	Email	Season
Ausevika Rock Carvings	Eikefjord, Flora	57 74 30 00	fjordkysten.no/eng	mail@fjordkysten.no	A
Coastal Museum	Florø	57 74 22 33	kyst.museum.no	museum@kyst.museum.no	A
Explore 62 North	Måløy	996 98 113	explore62.com	bottlemail@explore62.com	A
FjordLagunen	Askvoll	415 52 350	fjordlagunen.no	cecilie@utne.nu	S
Fjordtroll Adventures	Askvoll	948 70 010	fjordkysten.no	post@fjordtrolladventures.no	A
Gulatinget Millennium Park	Eivindvik, Gulen	57 78 20 06	gulatinget.no	gulatinget@gulen.kommune.no	A
Jakob Sande Tunet	Dale, Fjaler	57 73 77 75	jakobsande.no	tunet@jakobsande.no	S
Kannesteinen Rock	Måløy	57 74 30 00	fjordkysten.no		A
Kinn Brewery	Florø, Flora	900 90 465	kinn.no/en/	post@kinn.no	A
Kinnaspelet	Flora		kinnaspelet.no	mail@kinnaspelet.no	S
Mestringsgården Klatrepark	Nesbø, Bremanger	901 64 719	fjordkysten.no	mestringsgaarden@gmail.com	A
Millstone Park in Hyllestad	Hyllestad	458 71 940	kvernstein.no	post@kvernstein.no	A
Måløy Raid Center	Måløy	948 16 904	fjordkysten.no	post@maloyraidsenteret.no	A
Norsk Kystkulturakademi	Hardbakke, Solund	481 05 774	nkka.no	post@nkka.no	A
Sjøbris Adventure	Måløy	952 44 993	fjordkysten.no	post@sjobrisadventure.no	A
Skjerjehamn Handelsstad	Gulen	954 22 033	skjerjehamn.no	post@skjerjehamn.no	A
The island Kinn	Kinn, Flora	57 74 30 00	fjordkysten.no/eng	mail@fjordkysten.no	A
The island Svanøy	Svanøy, Flora	57 74 30 00	svanoy.com	mail@fjordkysten.no	A
Utvær Lighthouse	Solund	57 74 30 00	fjordkysten.no/eng	mail@fjordkysten.no	A

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
26	Restaurant for 35 pax
39	Restaurant
150	The rooms are in different buildings around the bay.. Restaurant for 500, specialises in sea food
85	Restaurant
11	Restaurant for 165 pax
79	Restaurant for 90 pax
18	Useful information: Rooms in the beautiful Swiss style villa from 1891.
14	6 rooms shares bathroom.
21	Unique rooms from from the 1600.
11	Apartments
8	3 different apartements.
10	1 holiday house. 6 apartments.
8	Twin rooms.
10	4 fishing cabins. 5 cottages. Tailor made activities such as photo tour and heritage, nature and food traditions. 3 apartments.
16	6 cabins. Boat is included. 1 holiday house. Accommodation for groups up to 90 pax. Tailor made activities such as hiking, kayaking, teambuilding, aquapark etc.
	Restaurant for 100 pax.
	Local food and pub.

Prices NOK	Useful information
	Guiding on request. Trails and information boards.
	Guiding in summer and for groups on request.
	Offers activities like ski and sail, surfing and biking.
	Sea sport center, camping, glamping, café and beach.
	Nature- and culture based activities along the fjord coast.
	Guiding on request. Cultural trail with audio- and videoguiding all year.
	Guiding in summer and for groups on request. Cultural trail with audio- and videoguiding all year.
	For thousands of years, the ocean has pounded and ground down this rock, giving it its unique appearance. 10 km from Måløy town center.
	Beer café and brewery in the center of Florø, focusing on craft beer and other good flavours. Guiding on request.
	Every third weekend in June. Historical play and optional hike around the island.
	Two different climbing trails and is a family friendly activity.
	Guiding in summer and for groups on request.
	International War History Information Center.
	Courses, tailor made tours and kayaking.
	Offers activities like kayak, coasteering and outdoor yoga.
	Guiding on request. Day trips from Bergen with the express boat, April–September.
	Guiding in summer and for groups on request.
	Guided tours every Friday from mid June to mid August. Guided tours available on other days and throughout the year on request.
	All year for groups. Lighthouse safari from Hardbakke in summer.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group

Visit FjordKysten

Tel +47 57 74 30 00
Email: mail@fjordkysten.no
Website: en.fjordkysten.no
Facebook/fjordkysten
Instagram/fjordkysten

We offer

Information and free services for tour operators and others about the Fjord Coast area.

How to get here

Reaching the region is easy. You can travel with the express boat from Bergen, express bus from any of the largest cities in Norway, or enjoy a trip on the Hurtigruta coastal steamer, travel by airplane to Florø and Førde, or drive your own car.

The Express boat

Travelling by express boat along the coast is a comfortable way to journey through the beautiful landscape of coastlines and fjords. For more information about tickets and scheduled routes and times, please visit www.norled.no

Air

Widerøe has a number of daily departures from Bergen and Oslo. Price information and booking tickets can be done from www.wideroe.no or by tel. +47 81 00 12 00

Hurtigruta

Hurtigruta is the coastal steamer that follows scheduled routes along the Norwegian coast, considered the world's most beautiful sea voyage. Hurtigruta stops in Florø every day on both the northbound and southbound routes. For more information please visit www.hurtigruten.no

Bus

Local and regional buses will take you to the region quickly, at a low price. Connections from Oslo, Trondheim and Bergen. For local bus routes please consult www.kringom.no

Car

It is easy to reach the region by car. From Bergen it is approximately 2 hours to Gulen in the south and approximately 4 hours to Florø. From Bergen to Førde the traveling time is around 3 hours.

Car rental

Avis has car rental offices in Bergen, Førde and Florø. For more information, please visit www.avis.no

Roundtrip

Island hopping

Classic Norway Hotels is a hotel chain with some of Norway's most charming hotels and traditional rorbu accommodation. All hotels are set in beautiful surroundings a short distance from world famous sights such as Geiranger, the Trollstigen Road and the Atlantic Road.

Against the backdrop of the past, we want to create new stories through exciting experiences linked to our nature and local culture.



FINNØY HAVSTUER

Finnøy Havstuer has 50 hotel rooms and is situated out at the ocean's edge, on the premises of the old trading station and fish landing facility on Finnøy. The journey out to the fishing village is a fantastic experience, whether you arrive by car and ferry, express boat or charter boat.
Tel.: (+47) 71 27 58
post@havstuene.no



HÅHOLMEN HAVSTUER

The listed fishing village Håholmen near the Atlantic Road has served as a meeting place, harbour, home and workplace for fishermen, seamen, traders and travellers for centuries. A Viking ship transports guests out to the fishing village.
Tel.: (+47) 71 51 72 50
post@haholmen.no



HOTELL UTSIKTEN, GEIRANGER

Set in the midst of the fjord landscape inscribed on UNESCO's World Heritage List. The view from the hotel is incredible. Edvard Hole certainly knew what he was doing when he built 'Hotel Udsigten Bellevue' at the well-known viewpoint Flydalsjuvet in 1893.
Tel.: (+47) 70 26 96 60
post@hotell-utsikten.no



HUSTADVIKA GJESTEGÅRD

Hustadvika is the most dramatic stretch of water along the coast of Norway. Here, you can experience the glory of nature, whatever the weather or time of year. Great hosts, delicious local food and short distances.
Tel.: (+47) 71 26 47
post@hustadvika.no



ANGVIK GAMLE HANDELSSTED

The hotel has 37 rooms, a museum, spa and gallery, and is situated on the Tingvollfjord in Nordmøre. Here, you get a real sense of the entrepreneurial spirit of the age.
Tel.: (+47) 71 29 13 00
post@angvik-hotell.no



VALLDAL FJORDHOTELL

Valldal Fjordhotell is situated at the end of the salmon river Valldøla. The hotel has a unique location with views of the fjord and mountains, and it is also situated halfway between the two world famous tourist attractions Geiranger and the Trollstigen Road.
Tel.: (+47) 70 33 46 00
post@valldalfjordhotell.no



FLATFLESA LIGHTHOUSE

Do you dream about staying on a deserted island? Flatflesa is situated on a small cliff in the middle of the sea. However, the lighthouse keepers' house has all the facilities you need for a comfortable stay on the cliff.
Tel.: (+47) 71 27 58 50
post@havstuene.no



MOLDE FJORDSTUER

Molde Fjordstuer has an idyllic location on the edge of the quay in Molde - 'the town of roses'. This urban hotel has 60 rooms, most of which have a veranda and a view of the Romsdalsfjord and the Molde panorama.
Tel.: (+47) 71 20 10 60
post@moldefjordstuer.no



GLOPPEN HOTELL

Gloppen Hotell is located at Sandane, in the heart of Nordfjord. This historic hotel tradition dates back to 1866. From the beginning, Salmon fishing was the key to our operations. Still, salmon fishing in the river is a very important activity for our guests. The hotel has 61 hotel rooms, a restaurant, its own production kitchen and brewery. The hotel produces its own beer.
Tel. 57 86 53 33
post@gloppenhotell.no



SAGAFJORD HOTEL

Sagafjord Hotel is located at Sæbø, Sunnmøre. We offer 40 cozy rooms and a private marina, as well as a charming garden house with 6 beds and a private kitchen. The hotel offers two spacious conference rooms, with all modern features, and a traditional 200 year old school building for groups up to 22 people. The restaurant can host a party of 90 people.
+47 700 49 500
info@sagafjordhotel.no



ONA HAVSTUER

Ona, the furthestmost island off the coast of Romsdal has been a fishing village for hundreds of years. Ona Lighthouse, one of the best known coastal lighthouses in Norway, began operation in 1867. Ona Havstuer offers a high standard of accommodation with 11 bedrooms in five apartments, and a summer-open restaurant.
Tel.: (+47) 71 27 58 50
post@havstuene.no



Small hotels
in big
surroundings

www.classicnorway.no
+47 71 20 50 00

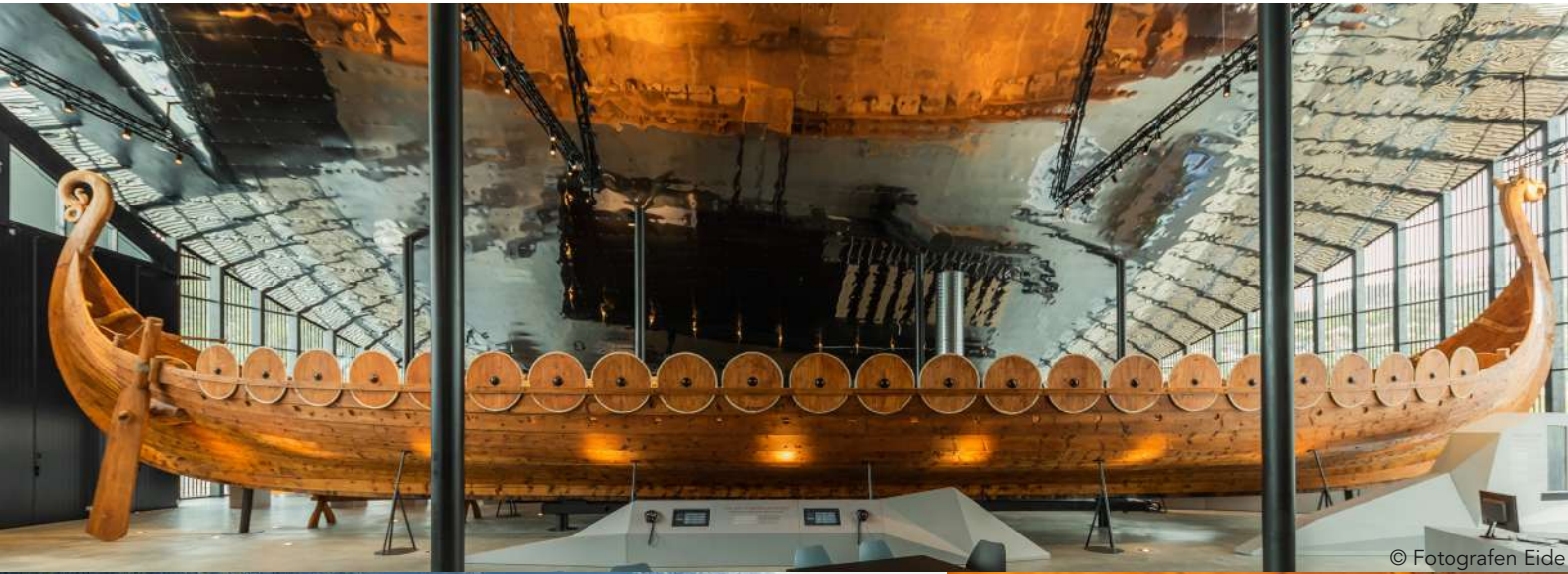




SAGASTAD

THE VIKING SENSATION

See it, sense it, touch it - explore!



© Fotografen Eide



© Øystein Torheim



© Fotografen Eide

Sagastad is a new knowledge centre dedicated to the Viking Age. Walk on board the 30m long Myklebust Ship; one of the world's largest Viking ships.

Learn about our Viking roots through modern exhibitions and join us on a journey to uncover the magic and mysteries of the Vikings. The exhibition features 15 stations with a mixture of texts, images, audio, visual and interactive installations which tell the story of the Myklebust ship and the Viking history in Nordfjordeid. Watch the video «The Viking burial» in our cinema room, and test your knowledge on our supersized quiz screen. Saga hosts are available for storytelling upon request, or you may download our audio guide app for free, featuring English, German, Spanish, French and Mandarin.

Opening hrs: Seasonal variations. Contact us to book outside of regular opening hours.

Season: All year

Facebook: facebook.com/sagastad

Instagram:

instagram.com/sagastad_official

E-mail: booking@sagastad.no

Tel: +47 578 62 200



Visit Nordfjord



Lodalen

Nordfjord is situated between the largest mainland glacier in Europe and Norway's wildest coast at the western cape, with spectacular mountains and valleys, rolling farmland and a dramatic coast line. Here, you are never far away from great, accessible travel experiences. Nordfjord is Norway at its highest, wildest, deepest and most enjoyable. All in one fjord.

Nordfjord is famous for the Briksdalsbreen glacier, the fjord, high mountains, idyllic green valleys and a fantastic coastline with white sandy beaches, big breakers and the majestic Vestkapp plateau. It has everything you need for an active holiday. Nordfjord also has a rich history, which, for example, you can explore at the 12th century Selja monastery. Nordfjord is the neighbouring fjord to the Geirangerfjord, and it is not far from Ålesund.

The region has long and proud traditions in welcoming guests from all over the world. There is a wide variety of accommodation alternatives, from historic hotels to basic self-catering holiday houses. Nordfjord is a popular adventure destination with professional activity providers that offer both soft and more strenuous activities.

The mountains and the deep fjord form a fantastic backdrop to winter adventures: Skiing resorts, cross country tracks, surfing and winter walks. From May to June/July you can even enjoy snow activities at Stryn Summerski Centre. At the coast, winters are often mild with little snow, while there often is a lot of snow further inland and even powder snow. In Nordfjord you will find world-class skitouring terrain and ski centres with prepared tracks, often with great views of the fjord. The best view you'll get from Loen Skylift, from 1011 m.a.s.l. A trip to Nordfjord during winter can also be spiced up with surfing at Stad, spa, delicious local food, or you can just enjoy the dramatic winter landscape of the fjords. When you are planning a trip to Nordfjord, contact us or the skiing resort for updated information on the snow conditions.



Briksdalsbreen Glacier

1. BRIKSDALSBREEN GLACIER

Guests from all over the world come to visit this famous glacier arm set attractively between roaring waterfalls and high peaks. Briksdalsbreen Glacier is an arm of the great Jostedalbreen Glacier, and located inside the Jostedalbreen National Park. From 1200 meters the glacier plunges down into the beautiful Briksdalen Valley. See the Briksdalen valley by foot or catch a ride with one of the "Trollcars" up to the glacier. The small vehicle has a capacity of 7 persons (totally 98 persons per trip), and the roundtrip is 1,5 hours. In Briksdal you will find a restaurant and a large souvenir shop.

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Visit Nordfjord

Perhusvegen 24
NO-6783 Stryn
Tel. +47 57 87 40 40
www.nordfjord.no



Loen Skylift

2. LOEN SKYLIFT

Loen Skylift – an attraction and adventure arena, at the inner part of the Nordfjord. A cable car will lift you from the fjord to 1011 m. Enjoy the views of the fjord landscape and Jostedalbreen National Park – from the restaurant table, or while hiking in the mountains. Try also the popular climbing route Via Ferrata Loen to Mt. Hoven.

4. SELJA MONASTERY

People have been coming here for more than 1,000 years to visit Norway's first pilgrimage site and its unique cultural relics dating from the Viking Age and the Middle Ages. Selja Monastery is probably the oldest monastery in Norway. The legend of St Sunniva who suffered a martyr's death lives on here on this island. The island of Selja is just a short 15-minute boat trip from Selje.



Selja Monastery



Hornelen

3. MT. HORNELEN

The highest sea cliff in Europe, rising 860 metres straight from the sea. At the top of the mountain you have a wide view of narrow fjords, small islands and majestic mountains. Experience the wild sea view in the spectacular nature of Norway. The hiking season usually lasts from June to September.



Myklebust Viking ship

5. THE SAGASTAD CENTRE AND NORWAY'S LARGEST VIKING SHIP

Sagastad – a new combined science- and experience center by the fjord in the center of Nordfjordeid. A central part of the exhibition in Sagastad is the Myklebust ship, one of the largest Viking ship that have been found remaining parts of. The ship is built in full scale, approximately 30 meters long and 6.5 meters wide. The ship shall be able to sail in the fjord, but most of the year it will be exhibited in Sagastad and be one of the main attractions.



Surfing at Stad

6. SURFING AT STAD

At Stadlandet, you will find perfect surfing conditions, with big ocean waves and white sandy beaches, and with steep mountainsides creating a perfect backdrop. The white sandy beaches at Hoddevik and Ervika are some of the best and most beautiful places to surf in Norway.

ACCOMMODATION IN NORDFJORD

Name	Address	Tel (+47)	Website	Email
HOTELS				
Thon Hotel Måløy	NO-6700 Måløy	57 84 94 00	thonhotels.no/maloy	maloy@olavthon.no
Gloppen Hotell	NO-6823 Sandane	57 86 53 33	gloppenhotell.no	post@gloppenhotell.no
Hjelle Hotel	NO-6798 Hjelledalen	57 87 27 50	hjelle.com	hotel@hjelle.com
Hotel Alexandra	NO-6789 Loen	57 87 50 00	alexandra.no	alex@alexandra.no
Hotel Loenfjord	NO-6789 Loen	57 87 57 00	loenfjord.no	post@loenfjord.no
Innvik Fjordhotell	NO-6793 Innvik	57 87 49 90	innvikfjordhotell.no	post@innvikfjordhotell.no
Knutholmen	NO-6729 Kalvåg	57 79 69 00	knutholmen.no	post@knutholmen.no
Nordfjord Hotell	NO-6770 Nordfjordeid	57 86 33 33	nordfjord-hotell.no	booking@nordfjord-hotell.no
Sentrum Hotell	NO-6770 Nordfjordeid	57 86 23 10	sentrumhotell.no	booking@sentrumhotell.no
Stryn Hotel	NO-6783 Stryn	57 87 07 00	strynhotel.no	post@strynhotel.no
Visnes Hotel	NO-6783 Stryn	57 87 10 87	visneshotel.no	booking@visneshotel.no

ATTRACTIONS IN NORDFJORD

Name	Address	Tel (+47)	Website	Email	Season
Anders Svor Museum	NO-6763 Hornindal	974 21 565	sfk.museum.no	post@sfk.museum.no	Sp, S, F,
Briksdal Glacier	NO-6792 Briksdalsbre	57 87 68 05	briksdalsbre.no	post@briksdalsbre.no	Sp, S, F,
Hoddevik & Surf	NO-6751 Stadlandet	57 87 40 40	nordfjord.no	mail@nordfjord.no	A
Hornindalsvatnet Lake	NO-6763 Grodås	57 87 40 40	nordfjord.no	mail@nordfjord.no	All year
Jostedalreen National Park Center	NO-6799 Oppstryn	480 02 997	visitjostedalreen.no	mail@visitjostedalreen.no	Sp, S, F,
Mt. Hornelen	NO-6727 Bremanger	481 40 488	nordfjord.no	turistinformasjon@bremanger.kommune.no	All year
Kråkenes Lighthouse	NO-6710 Raudeberg	929 97 913	krakenesfyr.com	ytre.nordfjord.turlag@gmail.com	All year
Lodalen valley & Kjenndal Glacier	NO-6789 Loen	905 34 087	kjenndalstova.no	post@kjenndalstova.no	Sp, S, F,
Loen Skylift	NO-6789 Loen	57 87 59 00	loenskylift.no	post@loenskylift.no	All year
Mt. Skåla	NO-6789 Loen	57 87 40 40	nordfjord.no	mail@nordfjord.no	All year*
The Måløy Raid Center	NO-6701 Måløy	948 16 904	nordfjord.no	mail@nordfjord.no	All year
Nordfjord Folk Museum	NO-6823 Sandane	57 88 45 40	nordfjord.museum.no	nfm@mist.museum.no	Sp, S,
Selja Monastery	NO-6740 Selje	404 46 011	seljakloster.com	turistinfo@selje.kommune.no	Sp, S, F,
The Old Strynefjell Mountain Road	NO-6783 Stryn	57 87 40 40	nordfjord.no	mail@nordfjord.no	S, F
Vingen Rock Carvings	NO-6700 Bremanger	481 40 488	nordfjord.no	turistinformasjon@bremanger.kommune.no	S
West Cape	NO-6717 Flatraket	908 19 825	vestkapp.no	mail@nordfjord.no	Sp, S, F,
Sagastad Viking Centre	NO-6770 Nordfjordeid	57 86 22 00	sagastad.no	post@sagastad.no	All year

FOOD & DRINK IN NORDFJORD

Name	Address	Tel (+47)	Website	Email
RESTAURANTS, CAFÉS, BAR, PUBS				
Aabrekk Gard	NO-6791 Oldedalen	913 82 569	aabrekkgard.no	post@aabrekkgard.no
Briksdalsbre Fjellstove	NO-6792 Briksdalsbre	57 87 68 00	briksdalsbre.no	post@briksdalsbre.no
China Restaurant Chen	NO-6770 Nordfjordeid	57 86 25 99	nordfjord.no	yipchung0334@gmail.com
Hoven Restaurant	NO-6789 Loen	57 87 59 00	loenskylift.no	post@loenskylift.no
Isehaug Kafeteria	NO-6783 Stryn	57 87 17 40	isehaug.no	jens@isehaug.no
Knutholmen	NO-6729 Kalvåg	57 79 69 00	knutholmen.no	post@knutholmen.no
Kjenndalstova	NO-6789 Loen	905 34 087	kjenndalstova.no	post@kjenndalstova.no
Stryn Kaffebær & Vertshus	NO-6783 Stryn	57 87 05 30	strynvertshus.no	post@strynvertshus.no
Vestkapp Restaurant	NO-6750 Stadlandet	909 30 357	vestkapp.no	post@stormpastad.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
49/86	Located in the centre of the lively coastal town of Måløy. Shopping centre and boat terminal are all within walking distance
64/123	Hotel with Swiss-style architecture dating from 1866. Member of Historic Hotels. Rooms from 3 centuries. Local food.
30/60	Charming wooden hotel, same family since 1896. Lies at the end of Oppstryn Lake.
200/400	A modern first class hotel with a long history. Bad & Spa. Lies next to Loen Skylift.
137/300	A comfortable hotel shoreside in Loen. Close to Hotel Alexandra and Loen Skylift
34/63	Located by the Nordfjord.
130/250	Knutholmen itself is a large living hotel. Fishing huts, apartments, restaurant, hotel rooms within walking distance around the small bay.
54/110	Same owner as Bryggen Hotel from 2017. Centrally located in Nordfjord. Bath & Spa.
10 rooms/ 25 beds	Family run hotel/bed & breakfast in the centre of Nordfjordeid.
69/130	Idyllic location on the banks of Stryn river. Walking distance to Stryn centre.
20/40	Romantic wooden hotel in Swiss style architecture, built in 1850 style, by the Nordfjord in Stryn.

Visit Nordfjord

Perhusvegen 24
NO-6783 Stryn
Email: mail@nordfjord.no
Website: nordfjord.no

How to get here:

Car, bus, air, sea.

Distance:

Ålesund 150 km
Bergen 250 km
Oslo 480 km (via Otta)

Airport:

Sandane, Hovden, Florø, Ålesund, Bergen, Oslo.

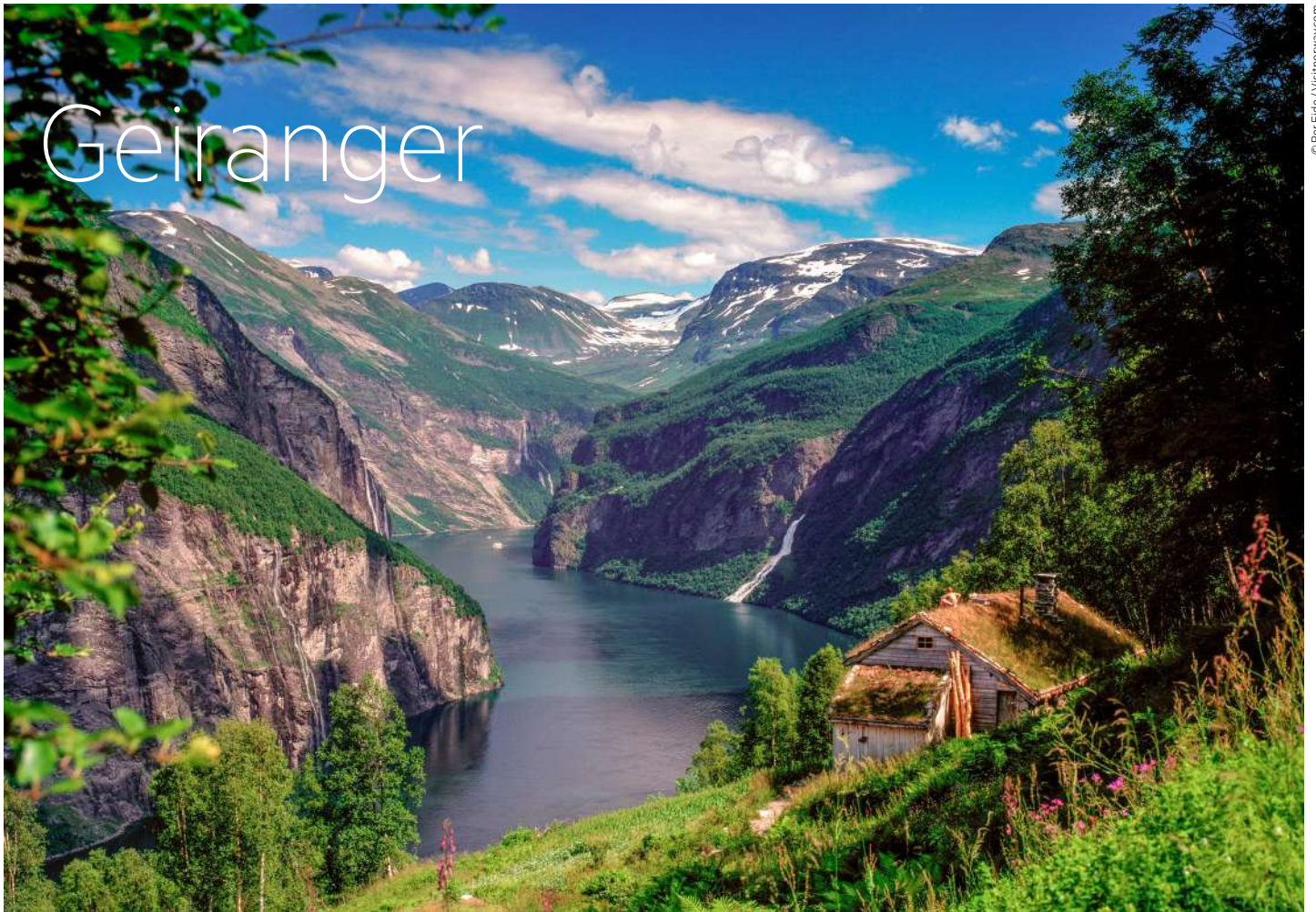
Nordfjord comprises the municipalities of Stryn, Gloppen, Stad, Volda, Bremanger and Kinn.

Prices NOK	Useful information
On request for group prices	Characteristic for Anders Svor's art is its simplicity, purity and authenticity. His works are naturalistic in form, often with a touch of romanticism about them. Sculptors and exhibitions.
A: 240, Ch (7-14): 120, Under 7: Free, Gr: 205	The Briksdal glacier forms part of the Jostedalbreen National Park. Transport to the glacier, cafe and souvenir shop. Hotspot for surfers from all over the world. Both in Hoddevik and Ervik.
Free entrance	Hornindalsvatn Lake is Europe's deepest lake, 514 metres deep. None of the glacier streams run out into the lake and this has resulted in a very clear lake.
A: 100, Ch (4-18): 55, Family: 260, Group on request.	Information of the Jostedalbreen National Park and biggest plateau glacier in mainland Europe. Exhibition, botanical garden, geological park, film (9 languages), cafe, souvenir shop.
Free entrance	For thousands of years, the ocean has pounded and ground down this rock, giving it its unique appearance. 10 km from Måløy town centre. Weather station where important data is collected, affords a wonderful view of the ocean at Stadhavet. Accommodation also available.
On request for group prices	A fantastic boat trip on Lovatnet Lake that takes you to the end of the lake and to Kjenndalstova Cafe & Restaurant. Round trip or single trip. 100 pax per trip.
A: 440/530. Groups on request.	Cable car from the fjord in Loen to Mt. Hoven 1011 m.a.s.l. Restaurant, waymarked hiking trails and Via Ferrata Loen
Parking fee	The summit of Mt. Skåla towers 1,848 metres above sea level. In 1891, a round tower that sleeps 22 was built on the summit. New cabin 2016. * Hiking June-Oct.
Group on request.	International war history and visitor centre, that presents an important part of the Second World War. New in 2018.
On request for group prices	Nordfjord's district museum. Large collection of houses of cultural and historical interest and objects from the whole of Nordfjord. Incl. Holvikjekta sea vessel.
On request.	By boat to the island of Selja. Selja Monastery was built in the 12th century at the place where legendary St. Sunniva came ashore after fleeing from Ireland.
Free entrance	One of Norwegian Scenic Routes. Facilities and information points. Fantastic nature and beautiful stone structures. Waterfall. Road 258. One of the largest carving field in Northern Europe. About 2200 rock carvings that are 6,000 years old.
Free entrance	Most beautiful viewpoint on the West Coast in Norway (496 m.a.s.l.) The cliff has a steep face down to the wild Stadhavet sea. Panoramic view.
Group on request.	Sagastad – a new science- and experience center in 2019. Replica of Norway's biggest Viking ship will be exhibited in the center.

Capacity	Useful information
90 seats	Pre- booked meals for groups on a farm. Well known for local cuisine.
550 seats	Varied menu with hot and cold dishes. Buffet and À la carte
60 seats	Popular China Restaurant in Nordfjordeid village centre. Big sushi menu. Catering.
350 seats	À la carte and cafe with fantastic view. Bar.
100 seats	Wide variety of dinner courses. Norwegian and international menu. 120 outdoor seats partly with roof. Next door to Johan's Pub 50 seats.
500 seats	With the sea as its nearest neighbour, Knutholmen transforms fresh ingredients into a seafood feast.
150 seats	Can serve groups 90 pax. Pre-booked menu. Menu based on fresh, local produce.
125 seats	À la carte. Small dishes. Large coffee menu. Seats 230 outdoors. 60 seats on the roof top with covered seating and view.
42 seats	All the food is homemade, they have tradition as a basis, but with a modern twist and a lot of taste. 42 seats. Fantastic view.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group



© Per Eide / Visitnorway.com

Geiranger

Geirangerfjord & Blomberg Farm

Among the most scenically outstanding fjord area on the planet!
Geirangerfjord is the jewel in the crown of the Norwegian fjords. It is a fairytale landscape with its majestic, snow-covered mountain tops, wild and beautiful waterfalls, lush green vegetation and the deep, blue fjord.

Take a boat trip on the fjord to experience this wonder of nature. Passenger boats, fast RIBs and ferries can all give you a wonderful fjord experience and guides will tell you about the history, with a fund of good stories. Or get closer to the elements and see what the fjord looks like from a perspective in a kayak or try the combination of boat trip and hike to historical farms such as Skageflå and Knivsflå.

The National Tourist Route Geiranger-Trollstigen winds its way up and down the mountainsides, hairpin bend by hairpin bend, to impressive viewing points such as Ørnesvingen, Flydalsjuvet and Geiranger Skywalk - Dalsnibba. You can reach them under your own steam, go on guided round trips, or hire electric bicycles or small electric cars with GPS guiding.

The Norwegian Fjord Centre is an authorized information center for the UNESCO World Heritage Site, where exhibitions and multimedia displays fascinate young and old alike.

If you want an authentic summer mountain farm environment, Herdalssetra is not far away. You can also be in contact with farm animals at Westerås Gard, ideally in combination with an easy hiking trip to Vesterås-fjellet or Storseterfossen.



© Arild Solberg

Geiranger Skywalk - Dalsnibba

1. GEIRANGER SKYWALK - DALSNIBBA

Europe's highest fjordview from a road, new spectacular platform, Geiranger Skywalk, from 2016 - a guaranteed airy experience. Quite possibly the world's finest view - 1500 m above sea level. The toll road, Nibbevegen, takes you from Djupvasshytta at 1038 m above sea level to the viewpoint at Dalsnibba, which is at approx 1500 m a.s.l. You will have an unforgettable experience of fjord culture, views towards the snow-covered mountains, pure air and the World Heritage Area - all at the same time. Nibbevegen, a pioneer project and the very symbol of tourism in Geiranger.

Destinasjon
GEIRANGERFJORD

www.vistgeirangerfjord.com



Geiranger



Flydalsjuvet

2. FLYDALSIJUVET

Flydalsjuvet offers an impressive view and is an excellent point for photography, with a view over Geiranger and Geirangerfjorden with the many cruise boats. Some of Norway's most popular travel photo images are taken here. Flydalsjuvet is easily reached close to road no.63, approx. 4 km from Geiranger centre, heading towards Grotli. The viewpoint is divided into two areas, one upper and one lower plateau, with a gangway running in between. The viewpoint has been modernised via the project "National Tourist Routes".



Kayak



Geiranger panorama

3. THE EAGLE ROAD / THE EAGLE BEND

The road swings through 11 hairpin bends and was an attraction from the very first day. It was called Eagle Road because at its highest point it passed through terrain that had traditionally been the domain of a large number of eagles. At the Eagle Bend, the highest of the hairpins, facilities have been provided for visitors to take in the magnificent panorama over Geiranger, the Geirangerfjord, the Seven Sisters Falls and the alpine farm Knivsflå, or to gaze down on the many cruise ships that traffic the fjord far below.

4. EXPLORE THE FJORD

Take a boat trip on the fjord to experience this wonder of nature. Passenger boats, fast RIBs and ferries can all give you a wonderful fjord experience and guides will tell you about the history, with a fund of good stories. Or get closer to the elements and see what the fjord looks like from a perspective in a kayak or try the combination of boat trip and hike to historical farms.

New sightseeing boat will operate between Ålesund and Geiranger in the period April-October.

- A UNESCO World Heritage Site -

ACCOMMODATION IN GEIRANGER

Name	Address	Tel (+47)	Website	Email
HOTELS				
Havila Hotel Geiranger	NO-6216 Geiranger	922 45 649	hotel-geiranger.no	booking@hotel-geiranger.no
APARTMENTS, CABINS, CAMPING, GUEST ROOMS				
Fossen Camping	NO-6216 Geiranger	70 26 32 00	fossencamping.no	office@fossencamping.no
Vinje Camping	NO-6216 Geiranger	70 26 30 17	vinjecamping.no	post@vinjecamping.no
Westerås Gard	NO-6216 Geiranger	93 26 44 97	facebook.com/WesteraasGard	iwester@online.no

ATTRACTIONS AND ACTIVITIES IN GEIRANGER

Name	Address	Tel (+47)	Website	Email	Season
Emobility, electric car		455 00 222	emob.no	post@emob.no	
Fjordbuda shop	Ørnevegen 2	930 945 82		anne@aleregn.no	
Fjordcruise Geiranger Ålesund	Geirangervegen 2	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no	
Fjordsightseeing on Geirangerfjord		70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no	
Flydalsjuvet	NO-6215 Geiranger	70 26 30 99	visitgeirangerfjord.com	tourist@geiranger.no	A
Geiranger Skywalk – Dalsnibba	NO-6216 Geiranger	45 48 13 01	dalsnibba.no	booking@dalsnibba.no	S, F
Go Viking Geiranger		70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no	
Guided Ebike tour/rental Geiranger		70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no	
Guided Kayak tour/rental Geiranger		70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no	
Knivsflå Farm	NO-6216 Geiranger	70 26 30 99	visitgeirangerfjord.com	info@visitgeirangerfjord.com	Sp,S, F
Løsta and Westerås viewpoint			geiranger.no	info@visitgeirangerfjord.no	
Norsk Fjordsenter	NO-6215 Geiranger	70 26 53 81	fjordsenter.com	ingerline@verdsarvfjord.no	A
RIB Geiranger by FjordGuiding		70 26 30 07	fjordguiding.no	booking@geirangerfjord.no	
Skageflå Farm	NO-6216 Geiranger	70 26 30 99	visitgeirangerfjord.com	info@visitgeirangerfjord.com	Sp, S, F
Storseter Waterfall	NO-6216 Geiranger	70 26 30 99	visitgeirangerfjord.com	info@visitgeirangerfjord.com	S,F
The Eagle Bend / Ørnevegen	NO-6215 Geiranger	70 26 30 99	visitgeirangerfjord.com	info@visitgeirangerfjord.com	A
The Geirangerfjord	NO-6215 Geiranger	70 26 30 99	visitgeirangerfjord.com	info@visitgeirangerfjord.com	Sp, S, F
The Seven Sisters Waterfalls	NO-6215 Geiranger	70 26 30 99	visitgeirangerfjord.com	info@visitgeirangerfjord.com	Sp, S, F
The Waterfall Walk	NO-6216 Geiranger	70 26 30 99	visitgeirangerfjord.com	info@visitgeirangerfjord.com	A

FOOD & DRINK IN GEIRANGER

Name	Address	Tel (+47)	Website	Email
RESTAURANTS				
Friaren Bistro	Havila Hotel Geiranger, 6216 Geiranger	70 26 30 05	hotel-geiranger.no	booking@hotel-geiranger.no
Restaurant Westerås	Vesterås, 6216 Geiranger	70 26 32 14	facebook.com/WesteraasGard	iwester@online.no
Skageflå	Havila Hotel Geiranger, 6216 Geiranger	70 26 30 05	hotel-geiranger.no	booking@hotel-geiranger.no
Norsk Fjordsenter	Gjørvaugane 35	70 26 53 81	fjordsenter.com	ingerline@verdsarvfjord.no
Dalsnibba	Nibbevegen 431	454 81 301	dalsnibba.no	booking@dalsnibba.no
Fjordbuda shop	Ørnevegen 2	930 94 582		anne@aleregn.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms Useful information

151	Family-run hotel located in the centre of Geiranger close to the fjord.
13	Centrally located for walks in Geiranger, nice view, cabins available all year round.
7	Located 1,5 km from the fjord bay, short distance to hotel and the Norwegian Fjord Center, , cabins available all year round.
7	Located 4 km from the fjord on a farm, great view, 5 cabins and 2 apartments.

Useful information

Explore independently some of Norway's finest destinations in our sprightly, fun, environmentally friendly electric cars. Located in Geiranger centrum.

Sells souvenirs and sport clothes for your hiking. Located at Geiranger pier

Travel like the locals used to do and join us for this brand-new cruise connecting the coastal town of Ålesund and the beautiful Unesco Geirangerfjord. In 3 hours, you will take in 3 distinctive Fjords and spectacular landscapes

Take the chance to experience the UNESCO World Heritage site Geirangerfjord from our sightseeing boat – for one of the very best and most dramatic fjord scenery anywhere in Norway.

The best-known purpose built viewpoint on the Geiranger road, 4 km from the centre of Geiranger, along the Norwegian Scenic Route Geiranger–Trollstigen (road no.63).

Europe's highest fjord view by road – 1500 m.a.s.l., 5 km toll road.

Winteractivities Go Viking Geiranger

Would you like to cycle around Geiranger in comfort? Tackle the up hills to get the stunning views

Would you like to explore the fjord on your own? Then feel free to come to our Kayak Center in Homlong, Geiranger.

Combined a boat sightseeing tour on the Geirangerfjord with a visit to the historical farm Knivsfå on a cliff high above the fjord.

Start from Geiranger centrum, Norsk Fjordsenter or Westerås farm.

An authorized visitor's centre for the West Norwegian Fjords World Heritage Site, where exhibitions and multimedia displays fascinate young and old alike.

Join us on an adrenaline-filled RIB tour – the fastest boat ride you can get! With RIBs (Rigid Inflatable Boats) you come much closer to the famous waterfalls of the Geirangerfjord than on all the other tours.

Combined a boat sightseeing tour on the Geirangerfjord with a steep walk to the historical farm Skageflå on a cliff high above the fjord.

A waterfall you can walk behind where well-constructed path with railings provides visitors a safe passage. 1 hour hiking from the Vestrås farm.

A nice designed purpose-built viewpoint, part of the National Tourist Route Geiranger-Trollstigen. From here you get the right photos.

Geirangerfjord is the jewel in the crown of the Norwegian fjords, included on UNESCO's list of World Heritage Sites since 2005.

The most photographed waterfalls along Geiranger Fjord, 7 waterfalls plunging straight down in the fjord with an average free fall of 250 metres, accessible by boat.

327 steps, plateaus and high airy view points, going close to the surging Storfossen (waterfall) in the center of Geiranger.

Destination Geirangerfjord

Geirangervegen 2
NO-6216 Geiranger
www.visitgeirangerfjord.com
Tel.: + 47 70 26 30 99
Email: info@visitgeirangerfjord.com

How to get here

Nearest airport:
Ålesund Airport (2,5 hours away)

Train and Buss

Nearest train station: Åndalsnes
Bus express from Oslo, Bergen and Trondheim.

Coastal Express (Hurtigruten):

Bergen–Geiranger (June–August)

Sightseeing boat (Geirangerfjord II)

Ålesund–Geiranger (April–October)

Distance summer:

Oslo Airport–Geiranger 410 km
Bergen Airport– Geiranger 390 km
Trondheim Airport–Geiranger 390 km

Capacity Useful information

36 A casual a la carte restaurant with a cozy and intimate atmosphere situated right beside the fjord and has a heated and partially covered outdoor area.

60 Housed in a barn building dating to 1603 at Westerås Farm with panorama views of Geiranger.

300 The interior and decor is inspired by local traditions. The menu contains both Norwegian specialties and international cuisine.

50 Light meals with local touch, local souvenirs. Located on the top of the waterfall walk-and across the Hotel Union.

Light meals and kiosk, kafé from September, souvenirs.

Geiranger centrum by pier. Fast food, kiosk.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group



Per Ottar Walderhaug / www.fjordnorway.com

Ryttergården Foto: Matti Bernitz



**VIA FERRATA
CLIMBING CENTRE
MOUNTAINEERING MUSEUM
MUSEUM SHOP
CAFE/RESTAURANT**

Welcome!





**NORSK
TINDESENTER**
NORWEGIAN MOUNTAINEERING CENTRE

Åndalsnes, Romsdal | tindesenteret.no | Tel: (+47) 73 60 45 57



GEIRANGER - FEATURED ON UNESCO'S WORLD HERITAGE LIST

Four Magical Seasons

IN BEAUTIFUL GEIRANGER

The scenery in Geiranger is wild and beautiful regardless of the season.

At the Hotel Union, we focus on creating memorable moments for our guests.

This is your chance to escape to a breathtaking landscape, or enjoy a sense of wellbeing and tranquillity in our Spa. We offer the best in culinary experiences, made from the very best ingredients.

We are open all seasons - Welcome!



HOTEL UNION™
GEIRANGER • 1891 • FAM MJELVA

For booking and more information:
www.hotelunion.no | booking@hotelunion.no

GEIRANGER SKYWALK

DALSNIBBA

New in
2020! We are
building a new
café and shop
at Dalsnibba

Europe's highest fjordview from a road

Geiranger Skywalk – Dalsnibba is a guaranteed airy experience, and quite possibly the world's finest view – 1500 m above sea level. The toll road Nibbevegen takes you to Dalsnibba from RV63. You will have an unforgettable experience of fjord culture, views towards the snow-covered mountains, pure air and the World Heritage Area – all at the same time.

Thanks to its ingenious floor surface and glass guard rail offering unimpeded view, Geiranger Skywalk gives you a sensation of floating – though of course you are perfectly safe! With a clear drop of approx. 500 m beneath your feet, you can enjoy magnificent views of Geiranger and the fjord below, as well as across to the mountains and Blåbreen glacier in a completely new way.

While working on the platform, the old path was restored. Why not park your car in the bottom parking area and follow the 300–400 m path up to the top? The path is an experience in itself. Don't miss the opportunity to admire the sterling work of the Nepalese Sherpa who restored it. Perhaps you'll spot a few surprises along the way too!



Geiranger Skywalk
DALSNIBBA 1500 METER

SEASON

May to October, follow us on Facebook and homepage for opening date.

www.dalsnibba.no

[www.facebook.com/
GeirangerSkywalkDalsnibba](https://www.facebook.com/GeirangerSkywalkDalsnibba)

OPENING HOURS

The road up to Dalsnibba is open all hours a day. Operated hours is 09.00–18.00 in high season (15.6–15.8), and 09.00–17.00 the rest of the season.

CONTACT INFORMATION

✉ booking@dalsnibba.no

☎ +47 454 81 301

Book your ticket on www.dalsnibba.no/booking

visitgeirangerfjord.com

Ålesund & Sunnmøre



Ålesund – The Art Nouveau Town

Get to know some of Norway’s most popular natural and cultural attractions. Ålesund’s beautiful Art Nouveau architecture is well-known. A multitude of towers, spires and beautiful ornamentation makes the town look like it has been lifted straight out of your imagination. Sunnmøre’s numerous fjords, islands and mountains are waiting to impress you. The extent of experiences on offer affords you the freedom to choose exactly the holiday you prefer – all year around!

Generations of royalty and nobility from Europe have visited Sunnmøre and been fascinated by the region’s dramatic mountains and fjords. Hjørundfjord, Norangsdal and Geirangerfjord all have historical hotels that date back to the late 1800s. Now you can follow in their footsteps and travel “The Royal Fjord Route” with public transport or with hire car when you “Fly & Drive”.

Join a guided town walk and learn more about Ålesund’s fascinating history and architecture. Lift your eyes and discover the many beautiful and detailed ornaments on the building façades. Once you have noticed all the details, it is time to get the big picture. Step on board the little town train, which will take you to the top of the town mountain Aksla, where an astounding panoramic view of the town, mountains and ocean awaits.



© Fred Jonny Hammerø

Kayaking in Ålesund

1. ÅLESUND – THE ART NOUVEAU TOWN

Destroyed by fire in 1904, the charming coastal town of Ålesund rose from the ashes and built to a singular Art Nouveau vision by a string of ambitious Norwegian designers and architects. A century later, it remains picturepostcard perfect, with one of the world’s finest concentrations of Art Nouveau architecture. Walk up the 418 steps to the top of Mount Aksla and you will be rewarded with unforgettable panoramic views!





Ålesund & Sunnmøre



Runde Bird Island

2. RUNDE BIRD ISLAND AND THE SUNNMØRE COAST

The bird island Runde lies far out to sea. The island boasts Norway's southernmost bird mountain, and is also the most species-rich seabird region in Scandinavia as more than 500 000 birds nest here during the season. Above it all, sea eagles float with their impressive wingspan that can exceed 2.5 metres. The peak season is between April and August. Runde is also known as 'treasure island' due to the gold that was discovered on the wreck site of the Dutch trading ship Akerendam, which ran ashore here in 1725. The coastal region is ideal for multi-purpose holidays. Most of the year you can go mountain hiking one day, fishing by boat the next, and enjoy birdwatching with binoculars on day three. You can also visit the animals at a petting farm, and experience the flashing lights from picturesque lighthouses.



Geirangerfjord

4. TROLLSTIGEN – NATIONAL TOURIST ROUTE

Experience the Geiranger–Trollstigen National Tourist Route, some of Norway's most unique sceneries. This masterpiece in engineering in the midst of majestic natural landscape will make your drive a true experience. You can also explore Trollstigen on a round trip with public transport, starting in Ålesund and head for the UNESCO listed Geiranger passing the famous Ørnesvingen. After an hour stop in Geiranger the bus leaves for Valldal and the spectacular Trollstigen. Further via Åndalsnes and along the fjord back to Ålesund.



Trollstigen

5. GEIRANGERFJORD - UNESCO WORLD HERITAGE LISTED

The iconic Geirangerfjord is considered one of the most beautiful fjords in the world, and is included on the UNESCO World Heritage list. The Geirangerfjord is one of Norway's most popular natural attractions. The fjord is 260 metres deep while the surrounding mountains are 1600-1700 metres high. The fjord is also known for its spectacular waterfalls and deserted fjord farms high up on the steep cliffsides. The idyllic nature and the dramatic mountains will impress any visitor in the area. You can easily reach Geiranger by car, boat or public transport. While you are there, don't forget to come close to nature. The best ways could be by boat, kayak or e-bike.



Hjørundfjord

3. THE HJØRUNDFJORD AND THE SUNNMØRE ALPS

Experience the seasons in the Hjørundfjord and Sunnmøre Alps. Sharp peaks reach up from the fjord to heights of nearly 1,700 metres above sea level. Find your trails whether you are an alpinist or want gentle trails suitable for families. The Hjørundfjord and the Sunnmøre Alps is a great base for a hiking holiday, and there are plenty of characteristic hotels and quality cabins to choose from. The fjord is surrounded by peaks like Slogen and Skårasalen, which are both more than 1,500 metres above sea level. The sherpa-built stone stairs at Saksa, at more than 1,000 metres above sea level, and the newly signposted circular walk across Urkeeggja, have opened these mountains up to new hikers. In winter, skiing enthusiasts will find what they are looking for. Experience the fjord and mountain landscape from the slopes, the gondola or the panorama restaurants at Strandafjellet.

© Ida Karoline Sævik

© Marius Fredriksson

© Per Eide

ACCOMMODATION IN ÅLESUND & SUNNMØRE

Name	Address	Tel (+47)	Website	Email
HOTELS				
Blåtind Boutique Hotel	Ekrelia 28, 6250 Stordal	99 43 47 44	blaatind.no	post@blaatind.no
First Hotel Atlantica	Rasmus Rønneberggt. 4, Ålesund	70 11 73 00	firsthotels.com	atlantica@firsthotels.no
Grande Fjord Hotel	Ørnevegen 200, NO-6216 Geiranger	70 26 94 90	grandefjordhotel.com	
Hotel Brosundet	Apotekergata 1-5, 6004 Ålesund	70 10 33 00	brosundet.no	post@brosundet.no
Hotel Union Øye	Øye, NO-6196 Norangsfjorden	70 06 21 00	unionoye.no	post@unionoye.no
Havila Hotel Ivar Aasen	Parkvn. 9, NO-6150 Ørsta	70 04 51 00	havilahotelivaraasen.no	booking@hotellivaraasen.no
Quality Hotel Ulstein	Sjøgata 10, NO-6065 Ulsteinvik	70 01 30 00	nordicchoicehotels.no/quality	qulstein@choice.no
Quality Hotel Waterfront	Nedre Strandgate 25-27, Ålesund	70 11 19 00	nordicchoicehotels.no/quality	qwaterfront@choice.no
Quality Hotel Ålesund	Sorenskriver Bullsgt. 7, Ålesund	70 16 00 00	nordicchoicehotels.no/quality	qalesund@choice.no
Sagafjord Hotel-by Classic Norway Hotels	NO-6150 Sæbø	70 04 02 60	www.classicnorway.no/hotell/sagafjord-hotel/	info@sagafjordhotel.no
Scandic Parken Ålesund	Storgata 16, NO-6002 Ålesund	70 13 23 00	scandichotels.com	parken@parkenhotel.no
Hotel 1904	Løvenvoldgt. 8, NO-6002 Ålesund	70 15 78 00	hotel1904.no	post@1904.no
Thon Hotel Ålesund	Molovn. 6, NO-6004 Ålesund	21 61 45 00	scandic-hotels.com/alesund	alesund@scandichotels.com
Storfjord Hotel	Øvre Glomset, NO-6260 Skodje	70 27 49 22	storfjordhotel.com	info@storfjordhotel.com
Stranda Hotel	Almenningen 16, 6200 Stranda	70 26 90 00	strandahotel.no	booking@strandafjellet.no
Thon Hotel Fosnavåg	Gerhard Voldnes Veg 7, Fosnavåg	700 81 000	thonhotels.no/fosnavag	fosnavag@thonhotels.no
Valldal Fjorhotel-by Classic Norway Hotels	6210 Valldal	70 20 50 00	classicnorway.com	post@valldalfjordhotel.no
Finnøy Havstuer-by Classic Norway Hotels	NO-6487 Harøy	71 27 58 50	www.classicnorway.no	post@havstuene.no

APARTMENTS, CABINS, CAMPING, GUEST ROOMS

Alnes Rorbuerie	Alnes, NO-6055 Godøya	70 18 51 96	www.alnesrorbuerie.no	post@alnesrorbuerie.no
Jemtegård Feriesenter	Grendavegen, 6210 Valldal		jemtegaard.no	post@jemtegaard.no
Runde Miljøseneter	NO-6096 Runde	70 08 08 00	www.rundecentre.no	post@rundecentre.no
Visit Stranda	Strandvegen 17, 6200 Stranda	451 64 000	visitstranda.com	booking@visitstranda.com
Troll Fjordhytter	NO-6140 Syvde	70 02 15 06	www.fjordhytter.com	fjordhytter@gmail.com

ATTRACTIONS IN ÅLESUND & SUNNMØRE

Name	Address	Tel (+47)	Website	Email	Season
Aalesunds Museum	R. Rønnebergsgt. 16, NO-6002 Ålesund	70 16 48 42	sunnmoremuseum.no	postam@sunnmore.museum.no	A
Alnes Lighthouse	NO-6055 Godøy	70 18 50 90	alnesfyr.no	post@alnesfyr.no	S
Atlantehavsparken	Tueneset, 6000 Ålesund	70 10 70 60	atlantehavsparken.no	mail@atlantehavsparken.no	A
Devoldfabrikken	NO-6030 Langevåg	70 30 11 11	devoldfabrikken.no	post@devoldfabrikken.no	A
Giske Church	NO-6052 Giske	70 18 09 90	www.visitalesund.com		S
Hakallegarden	Hakallestranda 6149 Åram	900 68 996	www.hakalle.no	aina@hakalle.no	A
Herøy Coastal Museum	NO-6070 Tjørnvåg	70 16 48 42	sunnmoremuseum.no	posthk@sunnmore.museum.no	S
Ishavsmuseet	NO-6260 Brandal	951 17 644	ishavsmuseet.no	post@ishavsmuseet.no	
Jugendstilsenteret	Apotekergt. 16, NO-6004 Ålesund	70 10 49 70	jugendstilsenteret.no	post@jugendstilsenteret.no	A
Runde Miljøseneter	NO-6096 Runde	70 08 08 00	rundecentre.no	post@rundecentre.no	A
Sunnmøre Museum	Borgundgavlén, NO-6015 Ålesund	70 17 40 00	sunnmoremuseum.no	postmottak@mupsu.no	A
Sykkylven Naturmuseum	NO-6230 Sykkylven	97 04 56 40	sunnmoremuseum.no	postsnm@sunnmore.museum.no	S
The Ivar Aasen Centre	Indrehovdevegen 176, NO-6160 Hovdebygda	70 04 75 70	aasentunet.no	admin@aasentunet.no	A

FOOD & DRINK IN ÅLESUND & SUNNMØRE

Name	Address	Tel (+47)	Website	Email
RESTAURANTS & CAFÉS				
Anno Restaurant & Bar	Apotekergt. 9B, 6004 Ålesund	71 70 70 77	anno.no	post@anno.no
Bro	Notenesgata 1, 6002 ÅLESUND	70 30 81 81	brobro.no	booking@bro.no
Fjellstua	Aksla, 6007 Ålesund		fjellstua.com	
Jordbærstova	6210 Valldal	70 25 76 58	jordbarstova.no	post@jordbarstova.no
KAMI Skotholmen	Vågsgata 10, 6090 Fosnavåg	480 38 388	skotholmen.no	
Lyst	Kongensgt 12, 6002 Ålesund	90 94 66 17	lystmeny.no	lyst@xlgruppen.no
Apotekergata No.5	Apotekergt. 5, 6004 Ålesund	70 11 45 00	brosundet.no/mno	hei@apotekergata5.no
Molo Brew	Keiser Wilhelms gate 2B, 6003 Ålesund	404 36 883	molobrew.no	hei@molobrew.no
Nilsgardstunet	6250 Stordal	70 27 89 90	nilsgardstunet.no	post@nilsgardstunet.no
Sjøbua AS	Brunholmgate 1, 6004 Ålesund	70 12 71 00	sjoebua.no	bordbestilling@sjoebua.no
XL Diner	Skaregt. 1B, 6003 Ålesund	70 12 42 53	xldiner.no	xldiner@xldiner.no
Zuuma	Kongensgt. 13, 6002 Ålesund	70 12 70 70	zuuma.no	post@zuuma.no
CAFÉS, COFFEEBARS				
Green Garden	Løvenvoldgt. 8, NO-6002 Ålesund	70 15 78 00	1904.no	post@1904.no
Ivar Aasen-tunet	Indrehovdevn. 176, 6160 Hovdebygda	70 04 75 70	aasentunet.no	admin@aasentunet.no
Kantina	Devoldfabrikken, 6030 Langevåg	70 30 11 11	devoldfabrikken.no	
Vino Bar	Apotekergata 10, 6004 Ålesund	95 43 44 90	www.vinobar.no	post@vinobar.no
Racoon Coffe & more	Kongensgate 6, 6002 Ålesund	95 43 44 90	www.facebook.com/RacoonCoffee	racoonaalesund@gmail.com
Jacu Coffee Roastery	Parkgata 18A, 6003 Ålesund	997 28 802	www.jacu.no	mail@jacu.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
20	Blåtind Boutique Hotel is located in an idyllic hillside between Stordal and Stranda.
73/109	First Hotel Atlantica is located in the heart of Ålesund. The hotel faces the languid Brosundet Canal and offers a splendid view.
48	Grande Fjord Hotel is a 4-star boutique hotel situated only 100 meters from the World Heritage Geiranger Fjord. Located 2 km away from the center of Geiranger.
47/93	Hotel Brosundet offers a different experience. The outer walls of Hotel Brosundet extends directly into the waters of Brosundet.
27/54	In the village of Øye by the Norangsfjord you will find one of the most distinct hotels in all of Europe.
73/145	Havila Hotell Ivar Aasen is located in the centre of Ørsta near the Ørsta fjord, and surrounded by the majestic Sunnmøre Alps.
123/209	Quality Hotel Ulstein is a modern conference hotel, beautifully located by the quayside in central Ulsteinvik.
196/425	The hotel has 196 beautiful and urban rooms located along the waterside.
131/262	By the quay in Ålesund you find the cosy and comfortable Quality Hotel Ålesund.
34/75	In the middle of the beautiful Hjørundfjord you find the fantastic Sagafjord Hotel (Hotel - Lodge - Marina - Resort)
197/435	Scandic Parken is situated in the centre of Ålesund, with a fantastic view of the city centre and the surrounding islands.
70/131	Hotel 1904 is the oldest hotel in Ålesund, and the only one constructed in the renowned Art Nouveau Style.
151/279	Is situated by the waterfront, and most of the hotel's 150 rooms have a fantastic view of the ocean and islands.
23/46	Storfjord Hotel is a secluded luxury boutique hotel situated in Glomset, overlooking the Storfjord and the Sunnmøre Alps.
62/116	Stranda Hotel is situated by the fjord and close to the mountain. You may enjoy hiking, skiing, gondola, and panorama restaurant.
150/	At Thon Hotel Fosnavåg you will find 115 modern and comfortable rooms. Some rooms with sea view and some facing the town.
80/40	Located at Norddalsfjord. Along the famous Norwegian Scenic Routes, Geiranger - Trollstigen and the Atlantic Road.
50/108	It is located on an island with a narrow land bridge, in the rooms of the old trading station and fish reception on Finnøy.
2/12	In the fishing village Alnes you can stay in a picturesque fisherman's shacks by the ocean. Located in quiet surroundings close to Valldal, surrounded by strawberry fields and the Centre is selling local agricultural products.
16/32	Runde Miljøsenters offers apartments and rooms for accommodation. Brand new and modern. Stranda Feriesenter offering cabins from 2 to 21 people in the city and on Strandafjellet.
6/45	Troll Fjordhytter is well equipped cabins, made according to old building traditions with fantastic location with a beautiful view.

Destination Ålesund & Sunnmøre

Skateflukaia, 6002 Ålesund
Tel: +47 70 30 99 00
Email: info@visitalesund.com
www.visitalesund.com

The official office for tourism, in the Ålesund & Sunnmøre region. The tourist information is located in the city centre of Ålesund.

Our service

We provide information about:

- Culture, activities and attractions in the region.
- Tickets for sightseeing tours, fjord tours and round trips.

How to get here

Air, Rail, Bus, Car, Sea
National Travel Planner: en-tur.no

Distances

Oslo 540 km
Bergen 420 km
Trondheim 290km

Airport

Ålesund Airport Vigra
Ørsta-Volda Airport

Prices NOK	Useful information
	A museum of town history that provides an insight into the town's growth and the great fire of 1904.
	Beautiful lighthouse from 1876 situated in the fishing village Alnes. Historical and art exhibitions, crafts and café.
	The Atlantic Sea Park in Ålesund is an aquarium with a difference. Large landscape aquariums provide an insight into the teeming of life beneath the waves.
	The museum shows something of the traditional knitting manufacturer Devold of Norway's history. Factory outlet store and café.
	Marble church at the island of Giske from approx. 1150, originally built as a private chapel for a powerful aristocratic family.
	Painting workshop & gallery, surrounded by wonderful nature, haystacks & animal sounds. Donkey, pigs and alpaca. Barn-café with coffee and home made treats.
	Former trading post and museum with boats, buildings and objects used along the coast in earlier times.
	The Arctic Museum Aarvak is an independent foundation with the purpose and preserving history from our maritime, hunting and polar history.
	Offers a fascinating insight into the Art Nouveau style, by means of authentic interiors and objects, as well as captivating multimedia programmes. NB! Joint ticket with KUBE Art Museum.
	International research and accommodation centre on the bird island of Runde, offer extensive information on climate research. Adventures trips.
	Open-air museum with more than 50 old houses demonstrating building customs and living conditions in former times. Mediaeval museum and boat collection.
	Stuffed animals and birds from Norway and Spitsbergen displayed in their natural habits.
	A national centre for Norwegian language and literature. A museum devoted to Ivar Aasen's work. The spectacular building was designed by Sverre Fehn.

Capacity	Useful information
	Anno Restaurant & Bar is situated at Apotekertorget in the centre of Ålesund and serves delicious dishes with both local international inspiration.
	Fine dining and café/ lounge on two different floors. Coastal gastronomy.
	The restaurant Fjellstua has got the best view in Ålesund, situated on top of the town mountain Aksla. At Fjellstua you can enjoy anything from light snacks to gourmet food.
	Jordbærstova in Valldal is a natural stop-off along the way between Geiranger and Åndalsnes. Our speciality is a lunch buffet with traditional home-made food.
	Located in an old packing house for fish on Skotholmen. A small islet outside of Fosnavåg.
	Small and cosy restaurant in the pedestrian street with lunch and à la carte dishes. Try their exquisite clipfish!
	Cosy fish restaurant serving gourmet dishes from the sea. Located in the heart of Brosundet, in the beautiful and newly renovated Hotel Brosundet.
	A brewery and pub. Serving grilled burgers, sandwiches and beer.
	A local eatery specializing in local food, where all the food is homemade.
	Mouth-watering dishes showcasing the freshest, locally sourced ingredients, served in a relaxing characterful atmosphere on the waterfront.
	XL diner is known as Europe's largest bacalao restaurant, with main expertise in clipfish perfection.
	We are an Asian inspired restaurant, with grilled dishes and sushi we make our interpretation of fusion.
	The backyard, Green Garden, of Hotel 1904. Offers great coffee and lunch.
	The CAFETERIA offers you tasty meals and snacks and the chance to browse through the day's news in papers from many parts of Norway.
	KANTINA Kafé is situated in Devoldfabrikken in Langevåg. Enjoy tasty sandwiches and rolls while you sip coffee and study the harbour.
	Wine bar with possibility for a light snack. Also open for special events.
	Popular coffeebar in the centre of Ålesund. Focus on local ingredients and home made food.
	Coffee Roastery in Ålesund which is open for service every friday.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group



The Atlantic Road

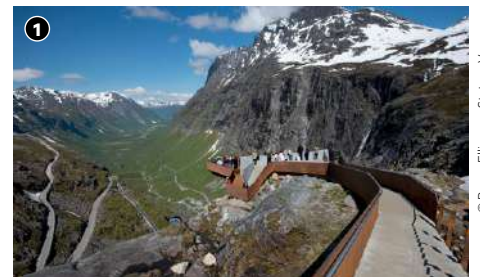
With its dramatic coastline, long fjords, alpine mountains and lush valleys, North-Western Norway is wild, authentic and beautiful. Feel the butterflies in your stomach as you navigate the hairpin bends of Trollstigen road, drive the Atlantic Road in a shower of sea spray, or balance on the Romsdalseggen ridge.

Our two coastal towns Molde and Kristiansund are strategically located for a visit when you drive along our two National Tourist Routes Trollstigen and the Atlantic Road. Molde faces south onto the fjord and has great views of the Molde panorama with its 222 mountain summits.

Kristiansund is one of the towns in Norway with the most character, spread over four islands and with beautiful post-war architecture. The towns have a rich cultural scene, for example Norway's oldest opera house in Kristiansund, Molde's annual jazz festival and many other events throughout the year.

We are also home to many undiscovered gems. The conditions are perfect for cycling trips in the idyllic Øyriket i Romsdal, on Smøla or on one of the other islands at the ocean's edge. The varied scenery means

that a great range of walks are available, from family-friendly walks along narrow coastal paths to guided summit tours in the steep mountains. Or how about enjoying a few summer days at one of the many summer pasture farms in the area or fishing for the whitest cod in the world? All within an hour or two's drive.



Trollstigen

1. TROLLSTIGEN NATIONAL TOURIST ROUTE

The Geiranger–Trollstigen National Tourist Route is a 106-kilometre long stretch of road that winds its way through the most impressive scenery in Western Norway. Enjoy giddy views of steep mountainsides, high waterfalls, deep fjords and fertile valleys. The road is surrounded by majestic mountains such as Kongen, Dronninga and Bispen. The Trollstigen plateau itself and its two viewpoints, which offer spectacular views across the landscape, were designed by Reiulf Ramstad Architects. Everything is made of steel and glass and provides good shelter from the elements. The structure has been designed to blend with its surroundings with parts of it carved into the rock and other parts supported by stone walls.

VISIT NORTHWEST





Northwest

© Steinar Melby



The Atlantic Road

© Øystein Tveiten



Romsdalseggen

© Einar Engdal



Molde

2. THE ATLANTIC ROAD NATIONAL TOURIST ROUTE

The Atlantic Road National Tourist Route is a feast for the eyes, winding elegantly from islet to islet across seven bridges. A triumphant meeting of scenery and modern engineering, which makes for a very special driving experience. The drive takes you from lush coastal cultural landscape and heathland to wind-swept crags along the exposed Hustadvika coast. Take the time to watch the sun set on the horizon here. The Atlantic Road has been described as the best road trip in the world. It is an intense experience that gives you an insight into an exposed world where you have to be able to handle the gusting winds.

3. ROMSDALSEGGEN, NORWAY'S MOST BEAUTIFUL MOUNTAIN HIKE

Romsdalseggen ridge is situated in the heart of Norway's most stunning mountains. From up on the ridge, there is a magnificent view of the Romsdalsfjellene mountains, the most prominent of which are Trollveggen, Romsdalshorn and Vengetindene. You can also see Kongen, Dronninga and Store Trolltind, and all the way to the town of Molde and the Norwegian Sea. Far below in Romsdalen valley, the Rauma river winds its way through the valley and you can catch a glimpse of the train on the Raumbanen Railway.

4. MOLDE, A COSY SMALL TOWN WITH LOTS OF CHARM AND ATMOSPHERE

Molde faces south onto the Romsdalsfjord and is known for its beautiful surroundings and fantastic views. From Varden viewpoint (407 metres) you can enjoy the breathtaking Molde panorama with its 222 partially snow-clad peaks. On a clear day, you can see all the way out to the fishing village of Ona and the notorious waters of Hustadvika. For more than a hundred years, Molde has been dubbed the Town of Roses due to its lush, flowering rose gardens. From mid-July, the fragrant roses on top of the roof of the town hall and in Alexandraparken park are in full bloom.

© Johan Wildhagen



Kristiansund

5. KRISTIANSUND, THE CLIPFISH TOWN

Kristiansund is in a beautiful setting at the edge of the ocean, spread over four islands that form a unique harbour area. It is believed that this area was home to Norway's first settlers. Colourful houses sit higgledy-piggledy around a cosy harbour basin, where the charming Sundbåten boat runs between the four 'lands', as the four islands of Kristiansund are called. Kristiansund is also Norway's clipfish town, with thriving bacalao and clipfish traditions – dishes which are served in restaurants and cafés.

ACCOMMODATION IN VISIT NORTHWEST

Name	Address	Tel (+47)	Website	Email
HOTELS				
Angvik Gamle Handelssted	NO-6636 Angvik	71 29 13 00	classicnorway.com	post@angvik-hotell.no
Comfort Hotel Fosna	Hauggata 13, NO-6509 Kristiansund	71 57 11 00	nordicchoicehotels.no	co.fosna@choice.no
Finnøy Havstuer	NO-6487 Harøy	71 27 58 50	classicnorway.com	post@havstueno.no
Grand Hotel Bellevue	Åndalgt. 5 NO-6300 Åndalsnes	71 22 75 00	grandhotel.no	booking@grandhotel.no
Hotel Aak	NO-6300 Åndalsnes	71 22 17 00	hotelaak.no	booking@hotelaak.no
Hotel Molde Fjordstuer	Julsundv. 6, NO-6412 Molde	71 20 10 60	classicnorway.com	post@moldefjordstuer.no
Håholmen Havstuer	Kårvåg NO-6530 Averøy	71 51 72 50	classicnorway.com	post@haholmen.no
Rosvang Gard	6360 Åfarnes	907 90 919	www.rosvang.no	post@rosvang.no
Scandic Alexandra Molde	Storgt. 1-7 NO-6413 Molde	71 20 37 50	www.scandichotels.no	alexandramolde@scandichotels.com
Scandic Kristiansund	Storgt. 41 NO-6508 Kristiansund	71 57 12 00	scandichotels.com/kristiansund	kristiansund@scandichotels.com
Scandic Seilet Hotel	Gideonv. 2, NO-6412 Molde	71 11 40 00	scandichotels.com/seilet	seilet@scandichotels.com
Thon Hotel Kristiansund	Fiskergaten 12 NO-6507 Kristiansund	71 57 30 00	thonhotels.com/kristiansund	kristiansund@thonhotels.no
Thon Hotel Moldefjord	Storgt. 8 NO-6413 Molde	71 20 35 00	www.thonhotels.com/moldefjord	moldefjord@thonhotels.no
Thon Hotel Storgata	Storgata 17, 6509 Kristiansund	71 57 03 00	www.thonhotels.com/storgata	storgata@olavthon.no
Thon Hotel Vårsøg	Svartvassvegen 1, NO 6650 Surnadal	71 65 71 00	thonhotels.com/varsog	post@varsog-hotell.no
Troll Fjordhytter	NO-6140 Syvde	70 02 15 06	www.fjordhytter.com	fjordhytter@gmail.com

ATTRACTIONS IN VISIT NORTHWEST

Name	Address	Tel (+47)	Website	Email	Season
Aursjøvegen Mountain road	6600 Sunndalsøra	70 23 88 00	visitnorthwest.no	info@visitnorthwest.no	S
Bergtatt marble caves	Nåsvegen 304, 6490 Eide	48 31 88 00	berg-tatt.no	post@berg-tatt.no	A
Boatfour to Grip island	Trappegata 2, 6510 Krisiansund	92 60 80 45	gripruta.no	otonder@online.no	S
Bud museum/Ergan Costal fort	6430 Bud	91 51 05 26	romsdalsmuseet.no	post@romsdalsmuseet.no	S
Hjertøya boat	Molde Gjestehavn, 6412 Molde	71 20 50 00	classicnorway.no	post@classicnorway.no	S
Håholmen fishing village	Kårvåg, 6530 Averøy	71 51 72 50	classicnorway.com	post@haholmen.no	S
Kirkelandet kirke	Konsul Johnsenstgt 29, 6508 Kristiansund	71 57 52 80	visitnorthwest.no / kristiansund.menighet.no		A
Kvernes stave church	Kvernes, 6530 Averøy	92 29 94 38	visitnorthwest.no	stavkirkenikvernes@nordmore.museum.no	S
Mardalsfossen waterfall	6472 Eikesdal	70 23 88 00	visitnorthwest.no	info@visitnorthwest.no	S
Mellemværftet shipbuilding museum	Kranaveien 22, 6512 Kristiansund	71 58 70 00	nordmore.museum.no	post@nordmore.museum.no	S
Midsundtrappene	6475 Midsund	70 23 88 00	visitnorthwest.no	info@visitnorthwest.no	SP, S, F
Molde cathedral	Krikebakken 2,6413 Molde	71 11 14 70	molde.kirken.no	kirkevergen@molde.kommune	A
Norwegian Klippfish museum	Dikselveien 20, 6512 Kristiansund	71 58 70 00	nordmore.museum.no	post@nordmore.museum.no	S
Norwegian Mountaineering Center	Havnegata 2, 6300 Åndalsnes	73 60 45 57	findesenteret.no	post@findesenteret.no	A
Patrick Volckmar museum cafe and coffee roaster	Freiveien 8, 6512 Kristiansund	71 58 70 00	nordmore.museum.no	yvonne@nordmore.museum.no	S
Rauma Railway	Jernbanegata, 6300 Åndalsnes	81 50 08 88	nsb.no/raumabanen		A
Rindal Ski museum	Iglitjønnhaugen, 6657 Rindal	95 74 94 86	nordmore.museum.no	kari@nordmore.museum.no	S
Romsdalseggen mountain	6300 Åndalsnes	70 23 88 00	visitandalsnes.com	info@visitnorthwest.no	S, F
Romsdalsmuseet	Per Amdamsvei 4, 6412 Molde	71 20 24 60	romsdalsmuseet.no	post@romsdalsmuseet.no	A
Rødven stave church	6530 Eidsbygda	91 64 69 69	stavechurch.com/en/rodven	rodven.stavkirke@gmail.com	S
Svinviks Arboretum/Botanical Garden	Todalsvegen 785	91 39 94 52	nordmore.museum.no	svinviksarboret@nordmore.museum.no	S
The Atlantic Road	Averøy/Eide	70 23 88 00	visitnorthwest.no	info@visitnorthwest.no	A
The Guri center on Smøla	Edøy, 6570 Smøla	95 21 90 08	gurisentret.no	Postmottak@smola.kommune.no	F,S
The Vicrage at Nasset	Eidsvåg, 6460 nasset	71 23 11 91	romsdalsmuseet.no	post@romsdalsmuseet.no	S
Tingvoll ost	Saghaug Gård, 6629 Torjulvågen	90 66 41 40	tingvollost.no	post@tingvollost.no	A
Tingvoll Økopark	6630 Tingvoll	994 82 432	tingvollokopark.no	post@okoparken.no	A
Tractor safari – Visit Waterfalls	Fjellgardsv. 2, 6613 Gjøra	930 51 752	visitwaterfalls.no	post@visitwaterfalls.no	S
Trollstigen Road	6300 Åndalsnes	71 22 16 22	visitnorthwest.no	info@visitnorthwest.no	S
Tusten skilift – summer & winter	Fannestrandvegen 125, 6405 Molde		tusten.no	paal@tusten.no	A
Valsøya Climbing Park	6687 Vasøyfjord	915 55 165	valsoya.no	epost@valsoya.no	S

FOOD & DRINK IN ÅLESUND & SUNNMØRE

Name	Address	Tel (+47)	Website	Email
RESTAURANTS				
Bjartmars Favorittkro	Atlanterhavsveien, NO-6530 Averøy	71 51 60 60	favorittkro.no	post@favorittkro.no
Boteco	Skolegata 16, 6508 Kristiansund	995 03 513	www.boteco.no	frogner.ekonomitjenester@live.no
Bryggekannten	Storkaia 1, NO-6509 Kristiansund	76 67 61 60	fireb.no	post@fireb.no
Eventyrlige Skaret	Skaret NO-6422 Molde	71 26 80 90	skarstua.no	post@skarstua.no
Glass	Torget 1 6413 Molde		glassmolde.no	post@glassmolde.no
Sjøstjerna fish restaurant	Skolegata 8, NO-6509 Kristiansund		sjostjerna.no	restaurant@sjostjerna.no
Smia Fiskerestaurant	Fosnagaten 30 B NO-6509 Kristiansund	71 67 11 70	smia.no	post@smia.no
CAFÉS				
Fole Godt	Storgata 61, NO-6413 Molde	93 09 13 33	folegodt.no	post@folegodt.no
Mætt & Go cafe and local food	Kaibakken 2, NO-6509 Kristiansund	94 97 20 63	facebook.com/eterioglandhandleri	
Trollstigen Kafe	Trollstigen, NO-6300 Åndalsnes	91 39 01 05	trollstigen.no	trollstigencamping@gmail.com
Trollveggen Besøkssenter og Kafe	Horgheimseidet, NO-6300 Åndalsnes	71 22 06 60	visit-trollveggen.com	svainkroken@kroken.no

Season

A: all year Sp: spring S: summer F: fall W: winter

Rooms	Useful information
37	A unique gem beautifully situated by Sunndalsfjorden.
62	Centrally located in Kristiansund, newly renovated hotel.
50	Located on a land-fast islet, on the premises of an old trading post and landing facilities.
86	In Andalsnes, at the foot of the Romsdalseggen ridge and the majestic Romsdal Alps.
16	Beautifully small hotel in home cosy style and very nice atmosphere. high quality food and activities.
59	Great atmosphere by the harbour in Molde.
49	By the Atlantic Road. Islet with 25 original buildings, several of them from the 1700s.
10	An intimate farm hotel, lying by the shores of the Rødven Fjord.
165	In the center of Molde overlooking the fjord and mountains.
102	In the center of Kristiansund, the clipfish capital.
224	Centrally located in Molde, with panoramic views of the Romsdal Alps.
100	Idyllic location on Innlandet in Kristiansund.
84	Located in the main street in the center of Molde, overlooking the harbour.
51	Located in the hart of Kristiansund, small and nice atmosphere.
70	In the center of Surnadal. A great starting point for exploring Nordmøre.
6/45	Troll Fjordhytter is well equipped cabins, made according to old building traditions with fantastic location with a beautiful view.

Visit Northwest

Visit Nordmøre og Romsdal AS
Postboks 508
6501 Kristiansund N

www.visitnorthwest.no

How to get here:

Air • Car • Bus • Train • Sea

Distance:

Oslo: 500 km
Bergen: 450 km
Trondheim: 200 km

Airport:

Molde Airport Årø
Kristiansund Airport Kvernberget
www.sas.no
www.norwegian.no

Prices NOK	Useful information
Tollroad: 100	
A: 380, Ch: 200	Unique marble caves situated between Kristiansund and Molde. Guided tour, film, boat trip on the lake inside the mountain and top of the mountain.
A: 370, Ch: 160	Guided trip, boat 45 min one way, 1,5 hrs stay at Grip island. Visit to Grip Stave church is included
A: 60, St/Sc/Gr: 90, Ch: 50	Ergan coastal fort is a war memorial museum and Ergan coastal culture centre shows cultur history and marine biology from the Bud region
A: 125, Ch: 75	18th century fishing village. Boat every hour in summer. Restaurant, hotel and film about viking sailing of Ragnar Torseth. Modern church with a bold and famous architecture.
A 55 St/Sc/Gr: 45	Stave Church with interesting interior. Beautiful location, close to Kvernes Rural museum. Open all year for groups on request The Mardalsfossen waterfall cascades 297 metres down into the valley – it is the forth highest waterfall in the world. Total fall is 655 meters. 45 min. walk
A: 70 incl.	Norway's only "living" shipbuilding museum - founded in 1856. Atmospheric. Guided tours in summer The longest stairway in stone in Norway – 2200 stone steps made by Sherpas from Nepal.
A: 10, Ch: 10, St: 10, Sc: 10, Gr: 10	The cathedral is a double-nave long church in the Gothic style. The freestanding bell tower culminates in a copper-clad pyramid
A: 70, Ch: Free, Gr: 85 incl.	Former wharf that produced the salted and dried matured cod. Guided tours in wharf with taste of Klipfish and exhibitions.
A: 145 Ch: 90 St: 130	Experience center of the Norwegian climbing and mountaineering history. Modern and interactive exhibit, movie theatre, indoor climbing hall.
Free	Norway's oldest operating coffee roaster, Cafe in 1950's style. Groups: combine the shipbuilding museum and coffee/nutcake in Patrick Volckmar cafe. Train ride through the most spectacular mountain formations in Norway.
A: 100 Ch: 50 Family: 200 Gr: 80	This ski museum is an exhibition of the skiing traditions of the district and the cultural heritage in the area
Bus price: A: 250, Ch: 125 Family: 500	One on Norway's classic hikes. Breathtaking view. For experienced hikers. Bus from the center of Åndalsnes every day in summer season
A: 110 Sc/St: 60 Ch: 50	Open air museum with old buildings and new building "Krona" has different exhibitions, the permanent tells the history of Romsdal
A: 60, Sc/St: 50, Gr: 50	Stave church from the 13th century. It is of the Møre type, characterised by central posts in the external walls and crossbeams
Free	Beautiful botanical garden with 450 different rhododendrons and 200 species of conifers. Cafe and guided tours if prebooked One of Norway's most visited attractions. Awarded the best construction of the year and called "The world's best roadtrip"
Free	Culture and exploration center on historic ground and close to the attractions like the old Edøy church and the Kuli stone. Cafe and exhibitions.
A: 110 St/Sc/Gr: 90 Ch: 50	Childhood home of writer and Nobel Prize winner Bjørnstjerne Bjørnson. Seven of the present buildings are from Bjørnstjerne Bjørnson. The famous cheese producer, most known for their blue cheese "Kraftkar" Farmshop, guided tour
A: 115 Ch: 65	The Eco park is the only one of its kind in Norway. Children and adults can learn about life in the earth, how the food is and how animals live.
A: 590, Ch: 350	Guided 3-hours trip with tractor to the waterfalls Åmotan. Trollstigen (the troll ladder) is a dramatic and exciting experience. The road twists through 11 hairpin bends as it climbs up to Stigøra (858 m) Skiing in winter and bike/climbing park in spring/summer.
A: 360, Ch: 290/190	New activity and climbing parc for the whole family, with zip lines in beautiful nature surroundings.

Capacity	Useful information
90	Ideal stop for tour groups visiting the Atlantic Road
50	Brasserie, Restaurant and Bar
350	Soria Moria-like buildings 13 km outside Molde. Home cooking. Popular restaurant with international menu and seafront view. Cosy family restaurant with local menu.
40	God norsk mat inspirert av mors og bestemors kjøkken Bakery and cafe, centrally located in Molde
100	Popular cafe in the center, serving local food for lunch. Also large selection of local food for sale
200	Situated at the top of Trollstigen. Good capacity
200	By Trollveggen. The building is on renowned design list.

Prices

A: adult Ch: children St: student Sc: senior citizen Gr: Group



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- More than 200 activities!



Photo: ©Svenning Klyve



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One way trips & roundtrips



Activities



Booking for travel agents, incoming and tour operators

For round trips: Online booking at www.fjordtours.com/agents

For rail tickets, contact and booking information: booking@fjordtoursgroup.com | T: +47 23 62 11 11

Activities



Skålatårnet.

Fjord Norway is ideal for people who love the great outdoors. The fjord landscape with its mountains, valleys and fjords is ideal for hiking, kayaking, fishing, biking or simply enjoying nature. There are many guided tours where tourists can take part in outdoor activities in a safe environment. The guided activities are suited to different interests and needs, and capable local guides share their knowledge of the history and nature.



© BAUKA JAKT OG FISKESAFARI

FISH FJORD NORWAY

Fjord Norway's famous fjord area happens to be one of the best places in the country to go fishing. Check out the Romsdalsfjord or go sea fishing by the Atlantic Road. The county of Møre og Romsdal is situated in the northern part of Fjord Norway, between the Nordfjord in the south and the island of Smøla in the north. Most of Norway's common fish species are represented here: cod, halibut, saithe, ling, tusk, pollack, redfish, haddock, wolffish and whiting. In the summer you can add mackerel and hake to the list.

It is also worth bringing your fishing rod to the inner parts of the fjords, where you can find plenty of saithe in the summer – for example in the Romsdalsfjord, which is one of the most biodiverse fjords of Norway. Another highlight in Møre og Romsdal is the rivers, some of which are considered the best salmon rivers in Norway. There are also numerous lakes full of tasty trout and char.

Read More: fjordnorway.com/things-to-do/sports-and-adventures/fishing

HIKE FJORD NORWAY

In Fjord Norway, the fjords and mountains attract most of the attention. To experience them at their best, grab your hiking boots and get out there.

Very few places in the world have such varied scenery in one and the same region as Fjord Norway. You will find fabulous hiking areas along the largest fjords, and several national parks offer great walks in everything from barren glacial landscapes to lush forests. Climb wonderful mountains by the coast, experience fantastic mountains that rise straight up from the narrow fjords, or join a safe walk on the blue ice of a glacier arm.

A hiking holiday in Fjord Norway can be enjoyed by all. Those who seek big adventures will find them, but there are also numerous short, gentle paths that are

perfect for families with children or anyone who simply prefer to take it easy. Just make sure you find out which hiking routes are suitable for the level of your client. You can read more about safety and how to prepare for hiking adventure at fjordnorway.com/hiking.

We recommend to use a guide when possible. Please note that the Norwegian nature is challenging and the weather can easily change. A guide will keep your clients safe and knows the local weather and conditions.

Fjord Norway's top hikes

Preikestolen, Aurlandsdalen, Mount Skåla, Romsdalseggen, the Fjord Coast and Trolltunga are just a few of Fjord Norway's most popular hikes.

Read More: fjordnorway.com/hiking



Romsdalseggen.

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© SVERRE HJORNEVIK / WWW.FJORDNORWAY.COM



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Fjørå.

BIKE FJORD NORWAY

In Fjord Norway, cyclists will find everything from leisure cycling in the cities, trekking routes in the fjord landscape, world-class road biking and an increasing number of challenging MTB tracks in the mountains. The UCI Road World Championships, one of the World's greatest sporting events, will take place in Bergen in September 2017

Northwest: The Atlantic Road and Romsdal

The north-western part of Fjord Norway is a true cycling paradise well worth visiting. This region has everything you need for a spectacular biking holiday – and very little traffic on the roads. You can book a guided tour along the scenic Atlantic Road on the coast between Kristiansund and Molde.

Within the scenic surroundings of the Romsdalsfjord there is a great choice of stunning cycling trails – from exciting off-road biking in the forest to single track mountain trails with stunning views of the fjord. A superb suggestion for a road cycling adventure is to attempt the Trollstigen hairpin bends.

Nordfjord

In Nordfjord the water is almost turquoise, surrounded by glaciers and high mountains, and further out in the fjord you will find white beaches. The cycling opportunities are equally exciting - here are many miles of marked mountain biking trails and quiet roads near the fjords. Bikes and safety equipment are available for rent in many places. The terrain in Nordfjord is custom made for mountain biking. The local guides in Gloppen Active will find the perfect trails for your group and your skills. Flat, steep, in the forest, high in the mountains. We take you where you get the magnificent feeling of flow. Stryne Festival 6–9 June 2019 or the Folven Mountain Bike Camp 5–8 September 2019

The Sognefjord area and Rallarvegen

One of the highlights of the Fjord Norway region is the famous 82-kilometer long Rallarvegen (the Navvies' Road) running from Haugastøl to Flåm, by the Sognefjord. This road has been named Norway's finest bicycle roads by the travel magazine Travel and Vacation – and you can start your trip by renting a bike in Flåm, then take the Flåm Railway to Vatnahalsen.



© MATTHIAS FREDRIKSSON

Haugsvarden i Gloppen

Historical cycling route in Bergen, Voss and Hardangerfjord

This bike tour gives you a firsthand experience of the fjords of Norway. Landmarks such as Bryggen in Bergen, the Historical Hotels and Restaurants and the Hardangerfjord are some of the places you will visit. Local guides will be available to assure that you will have the best possible experience. This stunning ride along the beautiful west Norwegian Fjord lasts for five days, and let you have nice meals and good rest at The Historical Hotels & Restaurants along the ride.

Read More: fjordnorway.com/things-to-do/sports-and-adventures/biking



© HAVARD MYKLEBUST

Strandafjellet.

SKI FJORD NORWAY

Benefiting from one of the longest ski seasons in Europe, this idyllic region of Fjord Norway offers world class ski conditions that extend as far as end of June

Voss

Just a 1.5 hour drive from Bergen International Airport you find the two main alpine ski resorts – Voss Resort and Myrkdalen Mountain Resort – both of which offer easy access to over 55 kilometres of well-maintained runs. A choice of crowd-free slopes awaits skiers of all abilities, and child-friendly ski schools with English speaking instructors guarantee a warm, Norwegian welcome.

Comfortable and convenient accommodation

The two family-friendly resorts offer a range of accommodation options, all ideally located to provide quick and convenient access to the slopes. From the exclusive luxury of a deluxe hotel to the authentic home-away-from-home ambience of a traditional Norwegian log cabin, visitors can

be assured of a comfortable base, no matter where they choose to stay. On-site restaurants provide a comprehensive flavour of the region's traditional cuisine and superior spa facilities allow guests to relax après-ski.

Attractions nearby

Away from the slopes, visitors can enjoy a multitude of enticing attractions. The Flåm railway is the ultimate way to explore this dramatic region. Regarded as one of the world's most scenic rail journeys, the train runs from the stunning Aurlandsfjord, crossing through a tributary of the Sognefjord and up to the high mountains of Myrdal Station to Flåm. From Flåm your client can enjoy a RIB fjord safari at the UNESCO heritage Nærøyfjord.

Stranda Ski Resort- freeriding in the Sunnmøre Alps

Stranda has eight lifts, 17 downhill runs of varying difficulty, a children's area, a terrain park and perhaps the best off-piste opportunities in Europe.

The resort has large areas that are not prepared, where you can experience the powder paradise in a slightly safer way. There are also hundreds of great ski trips to summits that stretches from 1000–1400 m. The ski resort is located just one hour drive from Ålesund city.

Ski touring

The mountains of Fjord Norway are perfect for ski touring and backcountry skiing. There are an immense number of peaks to choose from, suitable for the experienced skier or for the beginner. Exploring majestic landscapes, trekking through unbroken snow, breathing in fresh mountain air. For the experienced skier, ski touring in Fjord Norway is exceptional. The mountains of the region are perfect for ski touring and freeride skiing. In fact, they are known as one of the best destinations not just in Norway, but in all of Europe. fjordnorway.com/things-to-do/skiing/ski-touring

Activities in Fjord Norway

Hiking



Top 5 hikes

Not many places in the world offer the same combination of fjords and mountains as Fjord Norway.

Steep mountains that rise straight up from the sea create the perfect surroundings for great walking experiences with panoramic views. The walks often start within walking distance of the town centre or a hotel or guesthouse in smaller places, which means you have more time for excursions during your holiday.

There are thousands of scenic walks to choose from in the region.



Name	Address	Tel (+47)	Website	Email
THE STAVANGER REGION				
Bus to Preikestolen lodge	Stavanger		pulpitrock.no	pulpitrock@boreal.no
Bus to specular hikes	Stavanger	05 50 5	www.gofjords.com	info@gofjords.com
Dalsnuten – Hike	Gramstad, Sandnes		sandnes.kommune.no	info@RegionStavanger.com
Lysefjorden Adventure	Stavanger		lysefjordenadventure.no	post@lysefjordenadventure.no
Mor Norge and Synesvarden hike	Holmavåtn, Høgjæren		www.regionstavanger.com	post@ha.kommune.no
Månaufossen and Friluftsgarden Mån	Frafjord		www.regionstavanger.com	info@regionstavanger.com
Outdoorlife Norway	Stavanger	97 65 87 04	outdoorlifenorway.com	booking@outdoorlifenorway.com
Rennesøyhodnet	Rennesøy		regionstavanger.com	post@rennesoy.kommune.no
RYFYLKE				
Flørli 4444	Flørli, NO-4128 Flørli	902 65 133	florli.no	hessel@florli.no
Gullingen	Gullingen, NO-4230 Sand	995 63 001	visitsuldal.com	suldal@visitsuldal.no
Hellandsnuten	Hellandsbuten, NO-4230 Sand	995 63 001	visitsuldal.com	suldal@visitsuldal.no
Holtaheia	Bjørheimsbygd, NO-4120 Tau	982 199 75	ryfylke.com	info@ryfylke.com
Hovlandsnuten	NO-4200 Sauda	52 78 42 00	saudaferie.no	post@saudaferie.no
Kjerag	NO-4127 Lysebotn	982 199 75	ryfylke.com	info@ryfylke.com
Maldalsløene	Maldal, NO-4200 Sauda	52 78 42 00	saudaferie.no	post@saudaferie.no
Outdoorlife Norway	Strandkaien 61, NO-4006 Stavanger	976 58 704	outdoorlifenorway.com	booking@outdoorlifenorway.com
Preikestolen	Preikestolen, NO-4110 Forsand	982 199 75	ryfylke.com	info@ryfylke.com
Reinarknuten	NO-4100 Jørpeland	982 199 75	ryfylke.com	info@ryfylke.com
Skomakarnibbå	NO-4130 Hjelmeland	982 199 75	ryfylke.com	info@ryfylke.com
Stranddalen	Stranddalen, NO-4230 Sand	995 63 001	visitsuldal.com	suldal@visitsuldal.no
The fairytale forest	NO-Årdal i Ryfylke	982 199 75	ryfylke.com	info@ryfylke.com
The Ritland Crater	Kleivaland, NO-4130 Hjelmeland		ritlandskrater.no	
HAUGESUND				
Fiordos Noruega		93 87 85 90	fiordosnoruega.com	hola@fiordosnoruega.com
Ravnafloke	Smedasundet 77, 5528 Haugesund	52 80 43 98	ravnafloke.no/en/	opplevelser@ravnafloke.com
Åkrafjorden Oppleving	Teigland, 5596 Markhus	95 90 96 64	aakrafjorden.no/en	booking@aakrafjorden.no
Rullestad Camping	Halvfjordingen 3, 5598 Fjæra	53 51 83 22	www.english.rcamping.no	post@rcamping.no
HARDANGERFJORD				
B-Active	5730 Ulvik	47 97 14 84	bnature.com	bactive@bnature.com
Folgefonna Glacier Team	5627 Jondal	95 11 77 92	folgefonna-breforarl.no	post@folgefonna-breforarl.no
Hardanger Eventyr		92 03 33 75	hardangereventyr.com	hardangereventyr@gmail.com
Rosendal Event	Rosendal	414 05 454	rosendalevent.com	info@rosendalevent.com
Trolltunga Active	Skjeggedal 20, 5770 Tyssedal	90 82 45 72	trolltunga-active.com	mail@trolltunga-active.com
Trolltunga Adventures			trolltungaadventures.com	trolltungaadventures@outlook.com
Hvitserk AS		23 21 30 70	hvitserk.com	
SUNNHORDLAND				
Folgefonna Breforarl.no	5627 Jondal	95 11 77 92	folgefonna-breforarl.no	post@folgefonna-breforarl.no
Åkrafjorden Oppleving	Teigland, 5596 Markhus	95 90 96 64	aakrafjorden.no	booking@aakrafjorden.no



Season	Useful information
Sp, S, F	Bus tour
Sp, S, F	Bus tour
A	Mountain tour
A	
Sp, S, F	Family hike to a lonely sculpture
Sp, S, F	Hike to waterfall
A	Guided hike, start from Stavanger
A	Mountain tour
Sp, S, F	A unique roadless village. Renowned for its hydropower history – and the world's longest wooden stairs, 4444 steps, reaching 750 meters above sea level. A demanding 4 hour hike.
A	Suldal offers an excellent network of trails – with something for everyone! Gullingen is a popular recreation area during both summer and winter.
S	A hike up Hellandsnuten (747 m) is rewarded with a panorama over five fjords: Sandsfjorden, Hylsfjord, Saudafjord, Vindafjord and Lovrafjord. 6 hours. Demanding/expert.
S	Enjoy high-mountain ambience down by the coast. The area north and east of Holta, is a well-preserved coastal landscape with trails like Moldhesten and Ormakammen. Easy. 2 hours.
Sp, S, F	A distinct peak that rewards hikers with a great view, as well as beautiful scenery on the way up to the summit. 4 hours. Easy.
S	Highest peak near the Lysefjord. The truly daring climb is out onto Kjeragbolten, a boulder wedged into a crack 1000 m above the fjord. 6 hours. Demanding.
Sp, S, F	The valley of Maldal, just 9 km from Sauda's town centre, is a gem worth exploring on foot. 3 hours. Easy.
A	Experience Preikestolen and Kjerag with a new twist and discover hidden gems off the beaten track. One-day, multi-day and customised tours with a nature guide.
A	Preikestolen, rising 604 m above the Lysefjord, is the most famous attraction in Ryfylke and Rogaland. 4 hours. Demanding. Main Season: April–October. Guided tours: November – March.
Sp, S, F	Reinarknuten towers 787 metres above sea level on the south side of the lower Tysdalsvatnet lake. 5 hours. Demanding.
Sp, S, F	Unusual rock formation on the Jøsenfjord. Wonderful prospect of mountains and fjord. 700 m. 5–6 hrs. Demanding.
S	The jewel of the Ryfylke heathlands. 2 hours walk for the entire family from Øvre Moen.
A	Welcome to the Fairytale Forest in Årdal in Ryfylke – an adventure for the senses. Experience trolls and other creatures. Parking. 1 hour.
A	A crater made by a meteorite 500 million years ago. Beautiful hiking area.
	Local guide company. We will bring you on activity-filled trips throughout the region but with focus on Karmøy.
A	A offers a wide range of activities and experiences in the Haugesund region, RIB- boats, play land for grownups, Laser-tag, Sea fishing, paintball, snowshoe hiking etc.
A	Hiking to the top of the waterfall, guides, horseback riding, tractor safari
	Information and maps for hiking in the Etne mountains.
A	Offers guided hikes, courses and nature workshops. Rental equipment like bikes, kayaks and boats.
Sp, S, F	Outdoor adventures like guided blue ice hikes in summer season, snowshoe hikes on or around the glacier all year round.
A	Facilitates tailored tours for families, friends and companies.
A	Tailored programmes and hiking tours as well as other activities in the Rosendal and Hardangerfjord area.
A	Offering exciting outdoor adventures, guided hikes, climbing (Via Ferrata), biking, kayaking, zip lines, snowshoeing, skiing and more.
A	Tailored programs for hiking to Trolltunga.
A	Offer a wide range of guided hiking trips, skiing and kayak and outdoor adventures in Norway
Sp, S, F	Blue ice hiking, glacier walking, climbing, kayaking
S, sp	Guided hiking, Fjord Cruise, tractor safari, farm visits, riding, bungee jump, zip line. Wilderness camp

Season

A: all year Sp: spring S: summer F: fall W: winter

Hiking

Name	Address	Tel (+47)	Website	Email
Haaheim Gaard	Dalsvegen 182, 5685 Uggdal	904 72 920 / 53 43 30 00	haaheimgaard.no	post@haaheimgaard.no
BERGEN				
3 hour guided 3-hours Scenic & Cultural Hike at Mt Ulriken	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Bergen at your feet			bergenguideservice.no	info@bergenguideservice.no
Bergen Base Camp			bergenbasecamp.no	post@bergenbasecamp.no
Biking and Hiking Mt Ulriken	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Do as the Locals (Hike Mount Fløyen)	Norway Mountain Guides, Strandkaian 3, 5008 Bergen		norwaymountainguides.com/	bergenguide@hotmail.com
Guided blue ice hike	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Guided glacier hiking			folgefonna-breforlag.no	post@folgefonna-breforlag.no
Guided Glacier Hiking on Folgefonna			norled.no	booking@norled.no
Guided Tours of Bryggen and St. Mary's Church			bymuseet.no	bryggens.museum@bymuseet.no
Guided walking tour of Fløyen for groups			floyen.no	info@floyen.no
Hiking Mount Fløyen			floyen.no	info@floyen.no
Norway Active	Knøsesmauet 1, 5009 Bergen	40 00 40 59	norwayactive.no	post@norwayactive.no
Panoramic hike across Vidden	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Panoramic hike from Ulriken to Fløyen			bergenbasecamp.no	post@bergenbasecamp.no
The classic Bergen 'Vidden' hike from Mt Ulriken to Mt Fløyen	Norway Mountain Guides, Strandkaian 3, 5008 Bergen		norwaymountainguides.com/	bergenguide@hotmail.com
VOSS				
Myrkdalen Mountain Resort	Klypoteigane, 5713 Vossestrand	47 47 16 00	myrkdalen.no	post@myrkdalenhotel.no
Outdoor Norway	Evangervegen 14, 5704 Vossevangen	45 97 15 15	outdoornorway.com	info@outdoornorway.com
Sivle Gard	Stalheim, 5713 Vossestrand	56 52 00 63	sivlegard.com	randi@sivlegard.com
Voss Active	Nedkvitnesvegen 25, 5710 Skulestadmo	56 51 05 25	vossactive.no	post@vossactive.no
Wild Voss	Skjerpestunet 8, 5710 Skulestadmo	93 48 40 41	wildvoss.com	post@wildvoss.no
SOGNEFJORD – AURLAND				
El-Tour Flåm	NO-5742 Flåm	92 35 10 20	el-tour.no	post@el-tour.no
eMobility Flåm	NO-5742 Flåm	46 41 17 77	emobflam.no/en	postflam@emob.no
Fjord Safari	NO - 5742 Flåm	990 90 880	fjordsafari.com	post@fjordsafari.com
Njord Kayak	NO-5742 Flåm	91 32 66 28	seakayaknorway.com	post@kajakk.com
Stegastein view point bus tour	NO-5742 Flåm	57 63 14 00	visitflam.com	info@visitflam.com
SUP Norway	NO-5747 Gudvangen	93 45 31 14	supnorway.com	post@supnorway.com
The Flåm Railway	NO-5742 Flåm	57 63 14 00	visitflam.com	info@visitflam.com
SOGNEFJORD – BALESTRAND				
Balestrand Adventure	NO-6899 Balestrand	94 19 64 05	balestrandadventure.no	jesse@balestrandadventure.no
SOGNEFJORD – LUSTER				
Blue-Ice Caves	NO-6871 Jostedal	95 92 36 89	jostedalhotel.no	post@jostedalhotel.no
Fimbul Jostedal guided hikes	NO-6871 Jostedal	99 45 09 21	fimbuljostedal.no	
Icetroll – Glacier Hiking & Kayaking	NO-6871 Jostedal	97 01 43 70	icetroll.com	info@icetroll.com
Jostedalen Breforlag glacier hikes	NO-6871 Jostedal	57 68 31 11	bfl.no	post@bfl.no
Fjord Active	NO-6868 Gaupne	47 02 78 78	fjordactive.com	post@fjordactive.com
Norgesguidene AS guided hikes	NO-6871 Jostedal	92 05 40 57	norgesguidene.no	post@norgesguidene.no
Adventure Tours RIB and hikes	NO-6876 Skjolden	95 76 63 85	adventuretours.no	post@adventuretours.no
Norgesguidene AS	NO-6871 Jostedal	92 05 40 57	norgesguidene.no	post@norgesguidene.no
SOGNEFJORD – LÆRDAL				
Lærdal Guiding - culture, hiking & biking	NO-6886 Lærdal	57 66 81 08	sognefjord.no	post@laerdalguiding.no
SOGNEFJORD – SOGNDAL				
Breogfjell AS hiking & skiing	NO-6856 Sogndal	41 14 60 70	breogfjell.no	post@breogfjell.no
Sognefjord Guiding	NO-6856 Sogndal	90 66 55 33	sognefjordguiding.no	post@sognefjordguiding.no
Sogndal Lodge & guiding	NO-6856 Sogndal	57 62 99 98	sogndallodge.no	post@sogndallodge.no
Uteplassen Sogndal	NO-6856 Sogndal	46 91 04 56	ute-plassen.com	uteplassensogndal@gmail.com
SOGNEFJORD – VIK				
The Silver Ring – Cultural Walk	NO-6891 Vik	57 69 65 50	sylvringen.no	booking@blixhotell.no
SOGNEFJORD – ÅRDAL				
Bulder & Brak guiding and kayak	6884 Øvre Årdal	952 11 657	bulderogbrak.no	post@bulderogbrak.no
Utladalen hiking and guided tours		90 97 03 72	utla.no	

Season	Useful information
Sp, S, F	Various organised activities, such as guided biking and hiking trips
Sp, S, F	Self-guided hiking trip at Mt Ulriken (643 metres) with an app which guides you. Includes bus to Mt Ulriken, Ulriken cable car and fresh packed lunch. Join us for a guided tour of Bryggen and learn about the history of Bergen. Offering different activities in Bergen for both large and smaller groups, like guided mountain hikes, climbing and absailing, bike rental, and city tour by GPS.
Sp, S, F	Self-guided day trip with an app. Biking through Bergen and hiking at Mt Ulriken (643 metres). Includes Ulriken cable car and fresh packed lunch.
Sp, S, F	A short and easy walk with fantastic views starting in Bergen city centre. A guide from Norway Mountain Guides will join you on the hike.
S, F	Guided day trip to Juklavass Glacier. Bus and boat through Hardanger on the way to the Glacier. Round trip from Bergen to Folgefonna Ski Centre including 5-hour guided tour on the glacier Folgefonna. One day round trip from Bergen to Folgefonna, where you join a guided tour on the glacier. Good clothes and shoes needed. Guided walks from Bryggen Museum among the old wooden buildings at Bryggen to the Hansatic Museum. This is an excellent walk suitable for most people – all you need is a good pair of walking shoes. Two-hour guided tour on Mount Fløyen with great views of Bergen!
S	Norway Active round trips are designed for active people searching for a journey of discovery and action
Sp, S, F	Self-guided mountain hike from Mt Ulriken to Mt Fløyen. Incl. bus, Ulriken cable car, Fløibanen funicular, packed lunch at Mt Ulriken, soup at Mt Fløyen and a mobile app The most popular self-guided hiking trip in Bergen with panoramic views! Included ticket to Fløibanen Funicular and Ulriken Cable car. GPS and guiding with App.
Sp, S, F	Join us on this legendary walk across the 'Vidden' plateau. A guide from Norway Mountain Guides will join you on the hike.
A	Myrkdalen resort offers a wide range of guided hiking trips and trips that includes hiking in beautiful mountains, sea kayak in the pristine Sognefjord and road biking.
S	Enjoy our nature's beautiful elements, through our variety of equipment and guided adventures
S	Offers cultural walks combined with food service and trips to the mountain farm in Berdalen including overnight stay.
S, F	For over twenty years Voss Active have been developing and grown into the largest activity provider in western Norway
A	WildVoss offer safe and memorable outdoor activities, in an authentic natural scene
May-Sept.	Segway tour in Flåm.
Apr-Nov	Electrical fun car rental
A	All hiking tours are on request and customized
May-Sept.	Paddle the Fjords of Norway
A	Buss trip to the famous view point Stegastein. 650 meters above sea level.
May-Sept	Fjord Expedition
A	
A	Activities in Balestrand
Dec.-Mar.	Glacier Caving
Nov - Apr	Glacier caving
May - Oct	Guided Glacier hike/Glacier walk/Blue-ice trip/Ice climbing
May - end Sep	Guided Glacier hike/Glacier walk/Blue-ice trip/Ice climbing
Jun- Sep	Guided Glacier hike/Glacier walk/Blue-ice trip/Ice climbing
Jul - Sep	Guided Glacier hike/Glacier walk/Blue-ice trip/Ice climbing, caving
Apr.-Sept	Guided Bike & Hike to local waterfalls.
Jun-sept	Guided hikes to Keipen summit
Sp, S, F	Local guiding in Lærdal. Cultural Walks, Historical Route.
A	Glacier Course, glacier hiking, Guided hiking trips
A	Meet the locals
A	Experience the true calm of nature.
A	Visit to summer farm and hiking, cycling, fishing
A	Cultural walk (4.5 km) including many cultural monuments in Vik, among others Moahaugane burial mounds, Hopperstad stave church and Hove Stone Church. Contact Vik Tourist Office for more information.
All year	Offers tailored excursions according to your wishes.
Sp, S, F.	Hiking in Utladalen and Jotunheimen National Park, Kayak

Season

A: all year Sp: spring S: summer F: fall W: winter

Hiking

Name	Address	Tel (+47)	Website	Email
FJORDKYSTEN				
Turguiding Bulandet & Værlandet	Askvoll	416 37 997	en.fjordkysten.no	ruth.bakke@enivest.net
Cultural Hikes	Askvoll, Fjaler, Gulen, Bremanger, Kinn, Hyllestad	57 74 30 00	kulturvandring.no	mail@fjordkysten.no
Fjordtroll Adventures	Askvoll	948 70 010	fjordtrolladventures.com	post@fjordtrolladventures.no
Fjordmoments	Hyllestad	93 94 24 54	fjordmoments.com	info@motvindsognefjord.no
Norsk Kystkulturakademi	Solund	481 05 774	nkka.no	post@nkka.no
Norway Adventures	Bremanger	57 62 41 70	norway-adventures.com	info@norway-adventures.com
Guided tour at Kinn Island	Kinn, Kinn	57 74 30 00	fjordkysten.no/eng	mail@fjordkysten.no
NORDFJORD				
Breogfjell	NO-6783 Stryn	411 46 070	breogfjell.no	post@breogfjell.no
Briksdal Adventure	NO-6788 Olden	901 38 308	briksdaladventure.no	frode@briksdalsbre.no
Loen Active/Loen Skylift	NO-6789 Loen	57 87 58 00	loenactive.no	post@loenactive.no
Nordfjord Aktiv	NO-6823 Sandane	989 95 946	nordfjordaktiv.no	post@nordfjordaktiv.no
Norway Adventures	NO-6730 Davik	57 62 41 70	norway-adventures.com	info@norway-adventures.com
SUNNFJORD				
Breogfjell	6843 Skei i Jølster	411 46 070	www.breogfjell.no	post@breogfjell.no
GEIRANGER				
Geiranger Adventure	Gågata, NO-6216 Geiranger	473 79 771	geiranger-adventure.com	booking@geiranger-adventure.com
Geiranger Fjordservice AS	NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Hotel Union Geiranger	NO-6216 Geiranger	70 26 83 00	hotelunion.no	geiranger@hotelunion.no
Summit Geiranger	NO-6216 Geiranger	93 68 30 28	summitgeiranger.no	post@summitgeiranger.no
ÅLESUND				
Dollsteinhola	NO-6089 Sandshamn	970 39 250	visitalesund.com	info@visitalesund.com
Fjord Nature	NO-6218 Hellesylt	417 58 796	fjordnature.com	
Offbeat Adventures	NO-6240 Sjøholt	99 57 14 05	offbeatadventures.no	post@offbeatadventures.no
Norway Adventures AS	NO-6730 Davik	57 62 41 70	norway-adventures.com	info@norway-adventures.com
Uteguiden	NO-6200 Stranda	405 54 670	uteguiden.com	post@uteguiden.com
Valldal Naturopplevingar	NO-6210 Valldal	900 14 035	valldal.no	post@valldal.no
Strandafjellet Skisenter	NO-6201 STRANDA	70 26 02 12	strandafjellet.no	skipost@strandafjellet.no
Hvitserk AS		23 21 30 70	hvitserk.com	info@hvitserk.com
NORTHWEST				
DID Adventure	Årønes Gård, 6421 Molde	90 05 68 76	didadventure.no	did@didadventure.no
Contrast Adventure	Auragata 3, 6600 Sunndalsøra	95 23 12 40	contrastadventure.no	post@contrastadventure.no
Friluftsløk	Vollan 3, 6300 Åndalsnes	71 22 25 00	friluftsløk.no	info@friluftsløk.no
iTrollheimen	Rindalsveien 2, 6657 Rindal	930 88 652	itrollheimen.no	post@itrollheimen.no
Norsk Tindesenter	6300 Åndalsnes	73 60 45 57	tindesenteret.no	post@tindesenteret.no
Romsdalseggen	NO-6300 Åndalsnes	70 23 88 00	visitnorthwest.no	info@visitnorthwest.no



Hornelen



Sunnmørsalpene and Hjørundfjord



Jotunheimen

Season	Useful information
A	Guiding in Værlandet and Bulandet, Hiking and walking, sightseeing, storytelling, one day tours
A	Self guided cultural hikes. Audio and video guiding via mobile phone.
A	Offers guided hiking trips along the Fjord coast.
A	Guided tours in Hyllestad.
A	Offers guided hiking tours in Solund
A	Seakayak , Hiking and walking, Family adventures, Cykling, selfguided vacations, Winterfjord vacations, one day adventures
A	Storytelling and guided hike on the saga island Kinn
Sp, S, F	Guided hiking-, climbing- and Glacier trips. Qualified IFMGA Mountain Guides.
Sp, S, F	Guided hiking tours, Glacier Hiking at Tystig Glacier.
A	Guided hiking trips and Via Ferrata Loen. Cable car from Loen to Mt. Hoven 1011 m.
Sp, S, F	Hiking trips to Mt. Eggenipa.
A	Guided hiking and walking trips and vacations. Active roundtrip that incl. hiking and kayak.
S	Offers guided trips on Haugabreen Glacier. Season June, July, August. Max 10 pax per group.
Sp, S, F	Guides hikes to different attractions in Geiranger like waterfalls, farms and view points.
Sp, S, F	Guided hiking tours in Geiranger also in combination with kayaking
A	Nordic Walking for groups with instructor / guide.
Sp, S, F	Guiden hikes in Geiranger
S	Hiking in the Dollsteinhola cave
A	Ålesund & Geiranger outdoor adventures and nature guide
A	Join the locals – The only requirement is your need for an adventure! Our outdoor activities will get you closer than you ever expected to the unique Norwegian nature and culture. All year, Guided hiking and walking trips and vacations. Active roundtrip that incl. hiking and kayak.
A	Guided tours in the Sunnmøre Alps
A	Hiking in the Valldal and Trollstigen area
W	Hiking at Strandafjellet Skiresort and the Sunnmøre Alps
A	Offer a wide range of guided hiking trips, skiing and kayak and outdoor adventures in Norway
A	Different activities for groups e.g guided hiking, kayak, teambuilding
A	Guided activities: Ski,wild reindeer safari, hiking, cycling, kayacing and courses
A	Guided tours as hiking, Stand up paddle board and other tailor made activities
A	Guided tours as hiking, activities and tailor made tours.
A	Outdoor activities. Guided tours Via Ferrata.
S F	One of the most iconic hikes in norway.



Season

A: all year Sp: spring S: summer F: fall W: winter

Biking



Fjord Norway is a paradise for cyclists who are looking for active experiences in beautiful surroundings. There are plenty of opportunities for world-class road cycling, fantastic cycling routes and an increasing number of cycling paths and trails for those who want to explore cycling in the forest, countryside or mountains.

There's a lot more to Fjord Norway than hair-raising peaks. Thanks to a remarkably varied topography, even the more inexperienced cyclists among us can find suitable routes. It is a wonderful way to get closer to nature and discover hidden gems in the countryside.



Name	Address	Tel (+47)	Website	Email
THE STAVANGER REGION				
Travel & Event	Bryne	51 48 34 44	jaerruta.no	post@travelevent.no
Norway Bike Experience	Stavanger		norwaybikeexperience.no	bike@boreal.no
RYFYLKE				
Ryfylke Bike Tours	Jørpeland	988 26 717	ryfylkebiketours.com	
HAUGESUND				
Åkrafjorden Oppleving/en	Teigland, 5596 Markhus	95 90 96 64	aakrafjorden.no	booking@aakrafjorden.no
Haraldshaugen Camping	Krossvegen 5, 5515 Haugesund	52 72 80 77	en.hhcamping.com	booking@hhcamping.no
SUNNHORDLAND				
Discover Norway	Lillehammer	917 25 200	discover-norway.no	info@discover-norway.no
Haaheim Gaard	Dalsvegen 182, 5685 Uggdal	53 43 30 00	haaheimgaard.no	post@haaheimgaard.no
BERGEN				
Bergen Bike Rent			bergenbikerent.no	post@bergenbikerent.no
Bike and Grieg Concert	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Bike rental Bergen Base Camp	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Bike the fjord and the coast of Norway (5-day trip)	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Full Pack Fjord Tour from Bergen	Norway Active v/Knut Aarbakke, Engen 6, 5011 Bergen		norwayactive.no/	post@norwayactive.no
Guided bicycle tour through Bergen's history			bergenbasecamp.no	post@bergenbasecamp.no
Guided bike ride in Bergen	Bontelabo 2, 5011 Bergen		norwayactive.no/	post@norwayactive.no
Hardangerfjord – Cycling along the banks of the fjord			norled.no	booking@norled.no
Mountain Bike at Mount Fløyen			floyen.no	info@floyen.no
Rent a bike at Kilstraumen Brygge	Kilstraumen 1, 5943 Austrheim		kilstraumenbrygge.com	post@kilstraumen.com
Rent a bike at the Heathland Centre in Lygra	Ytre Lygra, 5912 Seim		muho.no/lyngheisenteret	post@lyngheisenteret.no
See Bergen from the seat of a bike	Norway Active v/Knut Aarbakke, Engen 6, 5011 Bergen		norwayactive.no/	post@norwayactive.no
Standard extra fjord tour from Voss	Norway Active v/Knut Aarbakke, Engen 6, 5011 Bergen		norwayactive.no/	post@norwayactive.no
VOSS				
Bike the Fjords	Vangsgata 14, 5700 Vossevangen	48 21 01 51	bikethefjords.com	post@bikethefjords.com
Finse 1222	Rallarvegen 2660, 5719 Finse	56 52 71 00,	finse1222.no	booking@finse1222.no
Myrkdalen Mountain Resort	Klypeteigane, 5713 Vossestrand	47 47 16 00	myrkdalen.no	post@myrkdalen.no
Outdoor Norway	Evangervegen 14, 5704 Vossevangen	45 97 15 15	outdoornorway.com	info@outdoornorway.com
SOGNEFJORD – AURLAND				
Fjord Cycling	Marifjøra	988 85 415	fjordcycling.no	post@fjordcycling.no
Rallarvegen	NO-5742 Flåm	57 63 21 00	rallarvegen.com	info@visitflam.com
SOGNEFJORD – FJÆRLAND				
Bicycle rent	NO-6848 Fjærland	48 23 57 24	boyumcamping.no	post@boyumcamping.no
SOGNEFJORD – LUSTER				
Adventure Tours RIB and hikes	NO-6876 Skjolden	95 76 63 85	adventuretours.no	post@adventuretours.no
Fjord Cycling		988 85 415	fjordcycling.no	post@fjordcycling.no
SOGNEFJORD – LÆRDAL				
Lærdal Guiding - culture, hiking & biking	NO-6886 Lærdal	57 66 81 08	sognefjord.no	post@laerdalguiding.no



Season Useful information

Sp, S, F	Bike tours
S, Sp, A	Bike tours. Bike trails over the mountains and through the forest.
	From the highest mountain in Røldal to the mighty Langfoss waterfall in Åkrafjorden. Experience this fascinating nature by bike. Bike rental and guided tours. E- Bike rental
S	Visit the islands south of Bergen on bike - a 7-day packaged biking trip, including transport and luggage
Sp, S, F	Various organised activities, such as guided biking and hiking trips
	Bergen is a charming city, which is easy to explore by bike. You are guaranteed new bikes and top equipment at Bergen Bike Rent. On a bike, you get a fantastic opportunity to see Bergen at its best.
Sp, S, F	Self-guided day trip with app to the composer Edvard Grieg's villa Troldhaugen. Gamlehaugen and Fantoft stave church. Incl. lunchtime concert and lunch.
Sp, S, F	New Scott trekking, road and E-bikes. Mobile App with information about routes through the city and the routes for UCI 2017 Road World Championships.
Sp, S, F	5-day trip. Experience the unknown costal gemstones and famous fjords in Fjord Norway.
Sp, S, F	Explore some of the most breathtaking landscape in Fjord Norway. Train Bergen - Myrdal, Flåm Railway, mountain biking and fjord safari in Nærøyfjorden.
	Enjoy the view from Fjellveien on a guided bike tour in Bergen, where you are biking through the city's history; Old Bergen, Bryggen, Fishery Museum.
Sp, S, F	Join a guided bike ride in Bergen and see more of the city in less time. Perfect way to experience charming Bergen
	From Norheimsund you take the boat to Utne where you are provided with a bicycle for the trip. You now have approximately seven hours at your disposal to explore the heart of Hardanger between Utne and Herand. Daytrips from Bergen.
	Rent a bike for cycling in lovely nature on Mount Fløyen.
Sp, S, F	Just 60 min north of Bergen you may rent a bike and discover the coastal paradise on your own
Sp, S, F	Rent a bike a go biking in the wonderful open coastal landscape in Lygra.
Sp, S, F	Hire a bike and see a lot more of Bergen in a shorter time than on foot! It is the perfect way to experience the charming city of Bergen.
Sp, S, F	Beautiful roundtrip starting with the train from Voss. Highlights are the famous Flåm railway, biking down to Flåm and fjord safari to Gudvangen.
	Bike the Fjords offers bike rental and beautiful guided bike ride around Voss on request.
	Rallarvegen starts at Finse 1222. Here you can rent bikes for the Rallarvegen bike ride. Bikes are picked up at our bike shop on Finse train platform, and they can be returned before 12.00 day after in Myrdal station or Flåm.
S	In the summer season Myrkdalen Mountain Resort offers several guided mountain bike tours for all levels. Bike rental at Myrkdalen Sport & Ski Rental.
S	Enjoy our nature's beautiful elements, through our variety of equipment and guided adventures. (Outdoor base by the lake, below Fleischer's Hotel during the season)
	Start in Bergen and continue along the Sognefjord. Fjord Cycling tailor made Your Cycling experience in the Sognefjord region.
July-Oct	Experience one of the most popular and pristine bicycle routes in the Norwegian mountains.
Sp, S, F	Cycling
May - Oct	Fjord Adventure, cycling, fishing, RIB boats. Bike & hike to local waterfalls
Sp, S, F	Local guiding in Lærdal. Cultural Walks, Historical Route.

Season

A: all year Sp: spring S: summer F: fall W: winter

Biking

Name	Address	Tel (+47)	Website	Email
SOGNEFJORD – SOGNDAL				
Sogndal Lodge & guiding	NO-6856 Sogndal	57 62 99 98	sogndalodge.no	post@sogndalodge.no
FJORDKYSTEN				
Askvoll Fjordhotell	Askvoll	57 73 35 35	askvollfjordhotell.no	post@askvollfjordhotell.no
Explore 62 North	Deknepollen, Kinn	99 69 81 13	explore62.com	bottlemail@explore62.com
Florø Tourist Information	Florø, Kinn	57 74 30 00	fjordkysten.no/eng	mail@fjordkysten.no
Fjordkick	Særbøvåg, Hyllestad	97 96 22 30	fjordkick.no/eng	post@fjordkick.no
Comfort Hotel Florø	Florø, Kinn	57 75 25 52	nordicchoicehotels.com	co.floro@choice.no
Knutholmen	Kalvåg, Bremanger	57 79 69 00	knutholmen.no	post@knutholmen.no
Hotel Sognefjord	Leirvik, Hyllestad	57 78 89 20	hotelsognefjord.no	post@hotelsognefjord.no
Solund Tourist Information	Hardbakke/Solund	908 82 860	solund.info	post@solund.info
Værlendet Handel	Askvoll	57 73 01 20	fjordkysten.no	joker.verlandet@joker.no
NORDFJORD				
Folven AS	NO-6798 Hjelledalen	476 66 900	folven.no	booking@folven.no
Harpefossen	NO-6770 Nordfjordeid	57 86 25 50	harpefossen.no	post@harpefossen.no
Loen Active	NO-6789 Loen	57 87 58 00	loenactive.no	post@loenactive.no
Nordfjord Aktiv	NO-6823 Sandane	989 95 946	nordfjordaktiv.no	post@nordfjordaktiv.no
Norway Adventures	NO-6730 Davik	994 04 207	norway-adventures.com	info@norway-adventures.com
SUNNFJORD				
Jølstraholmen Camping	Jølstraholmen, NO-6847 Vassenden	952 97 879	jolstraholmen.no	post@jolstraholmen.no
GEIRANGER				
Geiranger Fjordservice AS	Geirangervegen 26, NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Geiranger Adventure AS	Gågata, NO-6216 Geiranger	473 79 771	geirangeradventure.com	booking@geiranger-adventure.com
ÅLESUND				
Geiranger Fjordservice AS	NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Offbeat Adventures	NO-6240 Sjøholt	99 57 14 05	offbeatadventures.no,	post@offbeatadventures.no
Norway Adventures AS	NO-6730 Davik	57 62 41 70	norway-adventures.com,	info@norway-adventures.com
Uteguiden	NO-6200 Stranda	405 54 670	uteguiden.com	post@uteguiden.com
NORTHWEST				
DID Adventure	Årønes Gård, 6421 Molde	90 05 68 76	didadventure.no	did@didadventure.no
Hotel Aak	6300 Åndalsnes	71 22 71 71	hotelaak.no	booking@hotelaak.no
Contrast Adventure	Auragata 3, 6600 Sunndalsøra	95 23 12 40	contrastadventure.no	post@contrastadventure.no

Fishing



Fishing

Fjord Norway is a fisherman's paradise. Salmon fishing in amazing rivers? Fly fishing for brown trout in mountain lakes. Deep sea fishing adventures along the amazing coastline? You choose.

Mark Bowler, editor of Fly Fishing & Fly Tying stated: Only in Norway can a floating line and a small fly be fished with the intense anticipation and belief that a 30lb leviathan might just take it - at any moment. You know, because you've seen them. The salmon-fishing equivalent of a white-knuckle ride beckons with every Norwegian cast.



Name	Address	Tel (+47)	Website	Email
THE STAVANGER REGION				
Eikeland Gard	Bjerkreim	41 28 89 01	eikelandgard.wordpress.com	post@eikelandgard.no
Gosta	Stavanger		www.gosta.co	
Fishing Stavanger	Stavanger		www.fishingstavanger.no	ulf@ms-rapp.com
Hummeren hotell	Tananger	61 69 40 00	hummeren.no	post@hummeren.no
RYFYLKE				
Mo Laksegard - Salmon and trout fishing	NO-4230 Sand	924 92 538 / 970 42 825	molaks.no	post@molaks.no
Salmon Studio	Sandsfossen, NO-4230 Sand	995 63 001	www.visitsuldal.no	suldal@visitsuldal.no
Solvåg Fjordferie	Solvåg, NO-4139 Fister	51 75 22 63 / 928 57 007	solvag.com	post@solvag.com
HAUGESUND				
Åkrafjorden Opplevelse	Teigland, 5596 Markhus	95 90 96 64	aakrafjorden.no/en	booking@aakrafjorden.no
Rullestad Camping,	Halvfjordingen 3, 5598 Fjæra	53 51 83 22	www.english.rcamping.no	post@rcamping.no

Season Useful information

April-sept Guided biking and bikes for hire.

A Bike rental

May-Aug. Mountain Biking

A Bike rental

A Bike rental

A Hotel bikes for guests

A Bike rental and guided tours

A Bike rental

S Bike rental

A Bike rental

Sp, S, F Mountain biking in Hjelledalen Stryn. Cycling packages at Folven.

Sp, S, F Mountain trails. Bike hire.

Sp, S, F Mountain bike hire.

Sp, S, F Guided biking trips. Mountain bike hire.

Sp, S, F Cycling and biking adventures in the Nordfjord region.

Sp, S, Fall Rental of bikes and el-bikes. ALso guided tours.

Sp, S, Fall Organise down road cycling from sky to fjord (Djupvasshytta to Geiranger), offer also rental bikes and el-bikes

Electric bike in spectaular Geirangerfjord.

Sp, S, F Join the locals - A fantastic cycling adventure for everyone mountain roads.

Sp, S, F Cycling and biking adventures in the Sunnmøre region

A Guided tours in the Sunnmøre Alps

A, Different activities for groups e.g guided hiking, kayak, teambuilding, mountain bike.

Guided ebike tours to Trollstigen and the region.

A Guided activities: Ski,wild reindeer safari, hiking, cycling, kayacing and courses



Season Useful information

SP, S, F Fishing in river and lakes

Fjord fishing

Fjord fishing

A Deep sea fishing

S, F 3 different fishing zones along the Suldalslågen River - the largest river in Western Norway. Renowned for its large salmon and sea trout.

S, F One of the first salmon studios in Norway. The lower part of the studio is under water, allowing us to observe the fish through two large glass windows, as they move up the ladder.

A Maps which locate good fishing spots for both the sea and fresh water. We can assist and have necessary equipment for your fishing trip.

A Fishing in Åkrafjorden. Boat for rent, or join a fishingboat with crew for fjord fishing.

A Rental of boats, fishing equipment for sale

Season

A: all year Sp: spring S: summer F: fall W: winter

Fishing

Name	Address	Tel (+47)	Website	Email
SUNNHORDLAND				
Bekkjarvik Gjestgiveri	5397 Bekkjarvik	55 08 42 40	bekkjarvikgjestgiveri.no	post@bekkjarvikgjestgiveri.no
Opplev Bømlo	Melandsvågen, 5430 Bremnes	41 55 10 63	visitsunnhordland.no	post@oppvevbomlo.no
Tysnes Fiskeguiding	5685 Uggdal	98 88 82 61	angelferien.no	mail@tysnes.com
BERGEN				
Glesvær Rorbu	Holmen 11, N-5381 Glesvær		glesver-rorbu.no/engelsk/	glesver-rorbu@gmail.com
Jandis: Fishing and guided tours in Bergen			jandis.ru	info@jandis.no
Kvernepollen Rorbuer	Skulebrekka 21, 5337 RONG		www.kvernepollen.com	post@kvernepollen.com
Panorama Hotell & Resort	Austefjordveien 165, 5379 Steinsland		www.panoramahotell.no	booking@panoramahotell.no
Sotra Rorbuserter - Deep Sea Fishing				post@rorbuserter.com
The Fjords - fjordcruise and fishing on your own!			bergenfjordtours.no	weller@bergenfjordtours.no
VOSS				
Voss Active	Nedkvitnesvegen 25, 5710 Skulestadmo	56 51 05 25	vossactive.no	post@vossactive.no
Myrkdalen Mountain Resort	Klypeteigane, 5713 Vossestrand	47 47 16 00	myrkdalen.no	post@myrkdalenhotel.no
SOGNEFJORD - BALESTRAND				
Balestrand Fjord Angling	NO-6898 Balestrand	900 81 939	balestrandfjordangling.com	contact@balestrandfjordangling.com
SOGNEFJORD - HØYANGER				
Nesheim Camping Cabins and Boat rental - deep sea fishing in the Sognefjord	NO-5962 Bjordal Høyanger	57 71 01 33	nesheim-camping.no	
SOGNEFJORD - LUSTER				
Adventure Tours RIB and hikes	NO-6876 Skjolden	95 76 63 85	adventuretours.no	post@adventuretours.no
FJORDKYSTEN				
Bulandsferie	Bulandet, Askvoll	91 69 19 18	bulandsferie.no	bulandsferie@gmail.com
Knutholmen	Kalvåg, Bremanger	57 79 69 00	knutholmen.no	post@knutholmen.no
Norway Adventures	Bremanger	57 62 41 70	norway-adventures.com	info@norway-adventures.com
Sognefjord Ferie	Brekke, Gulen	481 74 451	sognefjordferie.no	info@hjartholm.no
Fjordkick	Sørbøvåg, Hyllestad	97 96 22 30	fjordkick.no/eng	post@fjordkick.no
Gåsvær Fiskeferie	Solund	99 27 40 99	visitgaasvaer.com	tfaer@online.no
Skjerjehamn Handelsstad	Skjerjehamn, Gulen	954 22 033	skjerjehamn.no	post@skjerjehamn.no
Steinsund Marinesenter	Solund	975 75 117	steinsund.no	info@steinsund.no
NORDFJORD				
Briksdal Adventure	NO-6788 Olden	901 38 308	briksdaladventure.no	frode@briksdalsbre.no
Norway Adventures	NO-6730 Davik	994 04 207	norway-adventures.com	info@norway-adventures.com
Kjennaldstova	NO-6789 Loen	905 34 087	kjennaldstova.no	post@kjennaldstova.no
Skarstein Fjordcruise	NO-6788 Olden	913 51 042	skarsteinfjordcruise.no	perskarstein@live.com
SUNNFJORD				
Norsk Fiskesenter	6847 Vassenden	911 39 552	fiskeguiden.no	eivind.fosshim@fiskeguiden.no
Jolvassbu Camping	fb 451 22, 6847 Vassenden	92 06 22 03	jolvassbu.no	post@jolvassbu.no
GEIRANGER				
Active Geiranger AS	Ørnevegen 190, NO-6216 Geiranger	70 26 30 68	activegeiranger.no	office@activegeiranger.no
Geiranger Fjordservice	NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
ÅLESUND				
62°NORD	Skansekaia, NO-6002 Ålesund	70 11 44 30	62.no	post@62.no
Fjord Exploration AS	Ålesund & Stordal	930 73 787	fjordexploration.net	booking@fjordexploration.net
Fjordcruise AS	Ålesund & Stordal	930 73 787	fjordcruise.net	post@fjordcruise.net
Havsula	NO-6030 Langevåg	911 07 081	havsula-turistfiske.no	
Nordvest Opplevelser	NO-6270 Brattvåg	922 99 337	nordvestopplevelser.no	post@nordvestopplevelser.no
NORTHWEST				
Bud Camping	Prestegarsvegen, 6430 Bud	71 26 10 23	budcamping.no	bud@pluscamp.no
Finnøy Havstuer	6487 Harøy	71 27 58 50	classiconorway.com	post@havstueno
Fishing on Romsdalsfjord	Kalveneset, 6350 Eidsbygda	90 99 03 24	romsdalsfjorden.no	fisketurer@romsdalsfjorden.no
Heggdal Fjord og Fiskeferie	6475 Midsund	71 27 80 80	heggdalfiskeferie.no	.post@heggdalfiskeferie.no
Håholmen Havstuer	Atlantic Road, Kårvåg, 6530 Averøy	71 51 72 50	classiconorway.com	post@haholmen.no
Smøla Havfiskesenter	Søtran, 6570 Smøla	91 83 35 30	hav-fiske.com	smola.havfiskesenter@smola.online.no
Smøla Naturopplevelser	Steinsøysund, 6570 Smøla	41 60 22 36	smolanaturopplevelser.no/en	post@smolanaturopplevelser.no
Strømsholmen Sea sport center	Atlantic Road, 6494 Vevang	90 83 56 50	stromsholmen.no	post@stromsholmen.no
Trædal Hotell & Tourist center	Litldalen, 6600 Sunndalsøra	71 69 87 00	tredal.com	post@tredal.com

Season	Useful information
F, W, Sp	Guided deep sea fishing. On request
A (on request)	Team-building, activities, deep sea fishing, catering, entertainment etc.
Sp, S, F	Guided fishing trips, deep sea fishing, coaching in fishing, boat and cabin rental.
Sp, S, F	Situated in the idyllic village Glesvær, with cabins and boats for rent. Both deep sea fishing and sheltered waters. Incoming tour operator. Activities like fishing, boat tours, guided tours, accommodation and transport. Speak Russian, English, Czech and Norwegian.
Sp, S, F	Situated 45 minutes drive from the centre of Bergen, you will find Kvernepollen, a new and modern apartment facility designed to meet all your fishing and holiday needs.
Sp, S, F	First class hotell with boat rental for fishing. Close to Marstein Lighthouse. Cabins also available Want to try your fishing fortune far out at sea? Maybe catch the biggest fish ever? Deep sea fishing trip with a captain who knows all the good spots. Enjoy the fjords on your own, or as a part of a small group with TSMY Weller, a 50-foot yacht. Experience the fjords and coast, with or without fishing.
S, F	Instructed fishing tours by foot or canoe, for half or full days.
Jul-Sept	Join on a guided trout fishing tour for the whole family, in a lake nearby Myrkdalen.
May-sept	Fjord angling by boat Angling/Fishing
May - Oct	Fjord Adventure, cycling, fishing, RIB boats. Bike and Hike with fishing.
A	Sea
A	Sea, river and fresh water
A	Sea and fresh water
S	Sea
A	Sea, river and fresh water
A	Sea
A	Boat hire and lending of fishing gear for sea fishing
A	Sea
A	Crayfishing in the Nordfjord.
Sp, S, F	Guided sea fishing trips on the coast of Nordfjord.
Sp, S, F	Guided fishing in Lovatnet Lake. For groups max 40 pax.
Sp, S, F	Fishing trips or boat trips on the fishing smack "Isabella". The trip lasts for 2-3 hours. Min 3 pax - max 12 pax.
Sp, S, F	Guided fishing trips
Sp, S, Fall	Rental of boats and fishing equipment for fishing in the Geirangerfjord.
S	Guided fishingtrip by boat in the Geirangerfjord
A	Bring your catch to the restaurant and they will prepare a fantastic dinner Fjord Tours and sightseeing in the fjords and at the coast of Sunnmøre Fjord Tours and sightseeing in the fjords and at the coast of Sunnmøre
A	Fishing in the fjords, and along the coast of Sunnmøre
A	Fishing in the fjords and at the Sunnmøre coast
Sp, S, F	Guided sea fishing for small groups max 4 persons
A	Sea fishing trips for groups, sea fishing, sea rafting with fast RIB
A	Guided fishing tours in Romsdalen
Sp, S, F	Guided tours with skipper
A	Located at the Atlantic road, sea fishing among Håholmens small islets and skerries, daily fishing trip in summer
Sp, S, F	Guided sea fishing or on your own in smaller boat
Sp, S, F	guided activities: Sea eagle safari, seabirds, photo safaris, fishing
A	Located at the Atlantic road, activities like fishing, diving, orca safaris, seal safaris, ski and sail
Sp, S, F	sells fishing card in the area for individual fishing in rivers, salmon

Season

A: all year Sp: spring S: summer F: fall W: winter

Kayaking/Canoeing



Fjord Norway is perfect for kayaking! With stunning coastal areas, fantastic fjords and some of the best rivers for river kayaking, the region offers adventures for paddlers at all levels. Several operators offer rental kayaks and guided tours.

Whether you prefer paddling on calm and impressive fjords or gliding through the unique landscape and archipelago of the Norwegian coast, Fjord Norway has some of the best conditions in the world for kayaking.



Name	Address	Tel (+47)	Website	Email
THE STAVANGER REGION				
Outdoorlife Norway	Preikestolen Fjellstue		outdoorlifenorway.com	booking@outdoorlifenorway.com
RYFYLKE				
Preikestolen BaseCamp	Preikestolvegen 521 NO-4100 Jørpeland	51 74 20 74	preikestolenbasecamp.com	post@preikestolenfjellstue.no
Fjordexpedition	Jørpeland	977 37 448	fjordexpedition.com	post@fjordexpedition.com
Mo Laksegard - Salmon Safari	NO-4230 Sand	924 92 538/ 970 42 825	molaks.no	post@molaks.no
Mo Laksegard - River Expedition	NO-4230 Sand	924 92 538/ 970 42 825	molaks.no	post@molaks.no
HAUGESUND				
Åkrafjorden Oppleveling	Teigland, 5596 Markhus	95 90 96 64	aakrafjorden.no/en	booking@aakrafjorden.no
Rullestad Camping	Halvfjordingen 3, 5598 Fjæra	53 51 83 22	www.english.rcamping.no	post@rcamping.no
HARDANGERFJORD				
B-Active	5730 Ulvik	47 97 14 84	bnature.com	bactive@bnature.com
FlatEarth Adventures	Sæbøtunet 4, 5784 Øvre Eidfjord	47 60 68 47	flatearth.no	info@flatearth.no
Folgefonni Glacier Team	5627 JONDAL	95 11 77 92	folgefonni-breforlag.no	post@folgefonni-breforlag.no
Hardangerfjord Active	Graaten, 5781 Lofthus	92 01 68 87	hardangerfjordactive.com	hardangerfjordkayak@hotmail.com
Rosendal Event	Rosendal	414 05 454	rosendalevent.com	info@rosendalevent.com
Trolltunga Active	Skjeggedal20, 5770 Tyssedal	90 82 45 72	trolltunga-active.com	mail@trolltunga-active.com
SUNNHORDLAND				
Padleåro	Vistvik, 5419 Fitjar	47 38 35 79/ 92 85 02 78	padlearo.no	kontakt@padlearo.no
Folgefonni Breforlag	5627 Jondal	95 11 77 92	folgefonni-breforlag.no	post@folgefonni-breforlag.no
BERGEN				
2-3 or 4 day Guided Kayak Tour	Herdla Fort, 5315 Herdla		www.gonepaddling.no	post@gonepaddling.no
Canoe rental at Mount Fløyen			floyen.no	info@floyen.no
From Sea to Summit- Portaledge (2-day Tour)	Herdla Fort, 5315 Herdla		www.gonepaddling.no	post@gonepaddling.no
Guided Kayak Trip in Bergen			fjordtours.com	fjordtours@fjordtours.no
Guided kayak trip in Bergen (dep. 09:30 and 14:00)	Herdla Fort, 5315 Herdla		www.gonepaddling.no	post@gonepaddling.no
Kayak Rental at AdO Arena			adoarena.no	ado@adoarena.no
Paddle on the quiet lakes in Nordhordland	Hundvinsvegen 10, 5956 Hundvin		www.bruvoll-camping.no	jkonglev@online.no
Rent a kayak at Kilstraumen Brygge	Kilstraumen 1, 5943 Austrheim		www.kilstraumenbrygge.com	post@kilstraumen.com
VOSS				
Outdoor Norway	Evangervegen 14, 5704 Vossevangen	45 97 15 15	outdoornorway.com	info@outdoornorway.com
Kayak Voss	Bjørkemoen, 5700 Voss	91 11 13 56	kayakvoss.net	kayakvoss@gmail.com
Voss Vandrarheim	Peter Bondes veg 40, 5704 Voss	56 51 20 17	vosshostel.com	booking@vosshostel.com
Voss Flow	Located by Lake Vangsvatnet	96 66 72 93	vossflow.no	info@vossflow.no
Vått & Vilt	Vangsgata 45, 5700 Voss	91 37 49 95	vaattogvilt.no	mads@vaattogvilt.no



Season	Useful information
Sp, S, Fall	Guided kayak tours
S	Canoe, kayak and SUP board rental at Refsvatnet lake.
S	Guided kayak excursions on the Lysefjord! Kayak hire at Forsand and Jørpeland. Daily kayak tour from Jørpeland during summer.
A	Float in the current down the river from Mo Laksegard! Don't be surprised if you suddenly see trout and salmon up close. You don't catch the salmon - you swim with them!
S	Rafting trip on Suldalslågen, in sturdy rafts on a river without major rapids. Stop at a camp to make crepes and coffee on the campfire.
	Kayak and canoe rentals
	Kayak and canoe rentals
A	Offers guided hikes, courses and nature workshops. Rental equipment like bikes, kayaks and boats.
S	Offers a range of activities, fjord and river kayaking, rafting, guided hikes, climbing and glacier hikes. Winter activities on request.
Sp, S, F	Seakayaking for FIT and groups in Jondal.
A	Kayak rental from Lofthus.
A	Sea and lake kayaking, guided tours and equipment rental. Also offering other activities.
A	Sea kayaking on the fjord and in freshwater.
S, Sp, F	Guided tours in kayak on request. Kayak rental.
Sp, S, F	Kayaking in fjord or glacier lake.
Sp, S, F	Join an 2-3 or 4 overnight paddling trip in the tranquil coastal area north of Bergen. Pass bird reserves and cultural history landmarks. All meals included! Free canoeing at Skomakerdiket on Mount Fløyen every day during Summer.
Sp, S, F	For a truly unique adventure, paddle, hike, and overnight in a Portaledge! All meals and transport included! Join us on a kayaking trip in fantastic surroundings. We paddle between island and reefs in the bay where Herdlefjorden meets Hjeltefjorden. Pick-up in Bergen included.
Sp, S, F	Join us on a kayaking trip in fantastic surroundings. Paddle between island and reefs in Herdlefjorden just outside Bergen. Pick up at Tourist Information. Kayak rental at the AdO Arena. Paddle on the lake Store Lungegårdsvann near the city centre of Bergen.
Sp, S, F	Just 45 min north of Bergen you find the beautiful lakes of Nordhordland. Rent a kayak or canoe at Bruvoll Camping
Sp, S, F	Just 60 min north of Bergen you may rent a kayak and discover the coastal paradise on your own
S	Enjoy our nature's beautiful elements, through our variety of equipment and guided adventures
S	We are whitewater professionals bringing a fresh new perspective to kayaking
S	At our hostel you can borrow a volley ball, bike around the lake, rent a SUP or canoe for a tour on the lake
S	Guided river kayak and lake kayak trips. Rental of SUP, paddle boards, kayaks and canoes.
A	Offers sea kayaking trips, river kayaking trips and river kayaking courses over several days.

Season

A: all year Sp: spring S: summer F: fall W: winter

Kayaking/Canoeing

Name	Address	Tel (+47)	Website	Email
SOGNEFJORD – FLÅM				
Njord kayak	NO-5742 Flåm	91 32 66 28	kajakk.com	post@kajakk.com
SOGNEFJORD – BALESTRAND				
Kayak Balestrand	NO-6898 Balestrand	900 50 022	kayak-balestrand.no	thomas@kayak-balestrand.no
SOGNEFJORD – LUSTER				
FjordSeal kayak	NO-6873 Marifjøra	95 77 41 96	fjordseal.com	info@fjordseal.com
SOGNEFJORD – SOGDAL				
Sogndal Lodge & guiding	NO-6856 Sogndal	57 62 99 98	sogndalodge.no	post@sogndalodge.no
Sognefjord Guiding	NO-6854 Kaupanger	90 66 55 33	sognefjordguiding.no	post@sognefjordguiding.no
Fjærland Guiding	NO-6848 Fjærland	95 82 91 71	fjaerlandguiding.com	booking.fj.guiding@gmail.com
Sogndal Kayak	NO-6856 Sogndal	97 76 88 62	facebook.com/dampskipskaiensogndal	kevin@fulldamp.no
SOGNEFJORD – ÅRDAL				
Bulder & Brak guiding and kayak	NO - 6885 - Årdalstangen	952 11 657	bulderogbrak.no	post@bulderogbrak.no
FJORDKYSTEN				
Bulandsferie	Bulandet, Askvoll	916 47 196	bulandsferie.no	bulandsferie@gmail.com
Norway Adventures	Bremanger	57 62 41 70	norway-adventures.com	info@norway-adventures.com
Gulen Dive Resort	Dalsøyra, Gulen	57 78 40 20	gulendiveresort.com	orjan@gulendykkesenter.no
Fjordkick	Hyllestad	979 62 230	fjordkick.no	post@fjordkick.no
Fjordtroll Adventures	Askvoll	481 05 774	fjordtrolladventures.com	post@fjordtrolladventures.no
Knutholmen	Kalvåg, Bremanger	577 96 900	knutholmen.no	post@knutholmen.no
Norsk Kystkulturakademi	Hardbakke, Solund	57 78 73 09	nkka.no	post@nkka.no
Sjøbris Adventure	Måløy, Kinn	952 44 993	fjordkysten.no	post@sjobrisadventure.no
UWC Connect	Flekkje, Fjaler	57737021	uwconnect.no	connect@uwcrn.no
NORDFJORD				
Briksdal Adventure	NO-6788 Olden	901 38 308	briksdaladventure.no	frode@briksdalsbre.no
Loen Active	NO-6789 Loen	57 87 58 00	loenactive.no	post@loenactive.no
Nordfjord Adventure	NO-6823 Sandane	57 86 80 40	nordfjordadventure.no	kontor@friluftslivskulen.no
Nordfjord Aktiv	NO-6823 Sandane	989 95 946	nordfjordaktiv.no	post@nordfjordaktiv.no
Storm@stad	NO-6700 Måløy	902 72 781,	stormstad.no	post@stormstad.no
SUNNFJORD				
Gokajakk	Hornnesvegen 120, 6809 Førde	958 83 854	gokajakk.no	post@gokajakk.no
GEIRANGER				
Active Geiranger AS	Ørnevegen 190, NO-6216 Geiranger	70 26 30 68	activegeiranger.no	office@activegeiranger.no
Geiranger Adventure	Gågata, 6216 Geiranger	473 79 771	geirangeradventure.com	booking@geiranger-adventure.com
Geiranger Fjordservice AS	Geirangervegen 26, NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
ÅLESUND				
Norway Adventures AS,	NO-6730 Davik	57 62 41 70	norway-adventures.com	info@norway-adventures.com
Kragset Hamn	Hakallestranda, NO-6149 Åram	952 26 995	kragsethamn.no	johnny@kragseteigedom.no
Uteguiden	NO-6200 Stranda	405 54 670	uteguiden.com	post@uteguiden.com
Valldal Naturopplevingar	NO-6210 Valldal	902 14 035	valldal.no	post@valldal.no
NORTHWEST				
Contrast Adventure	Auragata 3, 6600 Sunndalsøra	95 23 12 40	contrastadventure.no	post@contrastadventure.no
DID Adventure	Årønes Gård, 6421 Molde	90 05 68 76	didadventure.no	did@didadventure.no
Smøla Kajakk	Seinsøysundet, 6570 Smøla	93 44 99 45	smolakajakk.no	smolakajakk@gmail.com

Season Useful information

Sp, S Kayaking

May-Sept Guided padling and kayak hire.

May - Oct Kayaking

April-sept Kayaking in Sogndal and Fjærland.

Guided kayak tours in Kaupanger.

Guided kayak tours in Fjærland.

Guided kayak tours and kayak rental in Sogndal.

A

A Kayak rental for guests

A Incoming and tour operator specialized in sea kayaking

A Kayak rental

Sp, S, F Kayak rental

A Offers guided kayak trips along the Fjord coast.

A Kayak rental

Sp, S, F Sea kayak courses and guided trips

April-Sept Kayaking tours

A Kayaking tours . Tailor made

Sp, S, F 20 double/3 single kayaks on the Nordfjord. Rib Rafting on the fjord. Sail boat for charter. Wooden rowing boat for guided tours.10 pax.

Sp, S, F Guided kayak tours on the Nordfjord and at Lovatnet lake.

Sp, S, F Kayak and canoe rental.

Sp, S, F Guided kayak tours at the Nordfjord in Gloppen.

A RIB rafting at the coast of Nordfjord

Sp, S, F Rent a Kayakk, learn how to go kayakking or go on a guided kayakking trip.

Sp, S, Fall Guided groups and individual, kayak & hike combination possible, rent of kayaks and boats

Sp, S, F Guided kayaks tours and kayak rental in Geiranger.

Sp, S, Fall Guided groups and individual, kayak & hike combination possible, rent of kayaks

Sp, S, F Guided sea kayaking trips at the coast of Nordfjord and Sunnmøre

A Kayaking at the Sunnmøre coast and stay at Kragset Hamn

A Guided tours in the Sunnmøre Alps

A Kayak in the Valldal, Tafjord and Trollstigen area

A Guided activities: Ski,wild reindeer safari, hiking, cycling, kayacing and courses

A Different activities for groups e.g guided hiking, kayak, teambuilding

Sp, S, F Guided tours, cours, kayak rentals in beautiful surroundings, Smøla island

Season

A: all year Sp: spring S: summer F: fall W: winter

Fjord cruise / Boat trips



Fjord cruise and sightseeing – enjoy the view from the deck. Majestic mountains that rise straight up from the fjords form the backdrop to fantastic scenic adventures. The fjords are UNESCO-listed and have been voted the world's top nature-based attraction in a number of polls.

On a fjord cruise or a ferry trip, you will experience scenery that will take your breath away. From a ringside seat.



Name	Address	Tel (+47)	Website	Email
THE STAVANGER REGION				
Private Cruise	Stavanger	934 97 707	privatecruise.no	post@privatcruise.no
Fjord cruise to Lysefjord	Stavanger	51 89 52 70	rodne.no	mail@rodne.no
Cruise & hike	Stavanger	51 89 52 70	rodne.no	mail@rodne.no
Fjord Events	Stavanger	91 35 91 32	www.fjordevents.no	atle@fjordevents.no
Fjord SUP & waterfall hike			foamtravel.com	contact@foamtravel.com
Norled: Fjord cruise to Lysefjord	Børehaugen 1, NO-4006 Stavanger	51 86 87 00	norled.no	booking@norled.no
RYFYLKE				
Flor & Fjære	Skagenkaien 35–37, NO-4006 Stavanger	51 11 00 00	florogfjære.no	booking@florogflare.no
Helgøy Skyssbåt	Helgøyvegen 85, NO-4167 Helgøy i Ryfylke	901 03 555	helgoy.no	post@helgoy.no
Norled	Børehaugen 1, NO-4006 Stavanger	51 86 87 00	norled.no	booking@norled.no
Rødne Fjord Cruise	Skagenkaien 35-37, NO-4006 Stavanger	51 89 52 70	rodne.no	mail@rodne.no
The Fjords	Postboks 42, NO-5742 Flåm	57 63 14 00	thefjords.no	info@visitflam.com
HAUGESUND				
Åkrafjorden Oppleving	Teigland, 5596 Markhus	95 90 96 64	aakrafjorden.no/en	booking@aakrafjorden.no
Ravnafloke	Smedasundet 77, 5528 Haugesund	52 80 43 98	ravnafloke.no/en	opplevelser@ravnafloke.com
Bømmelfjord AS	5443 Bømlo	53 42 18 75	gaapaa.no	aina@bommelfjord.no
HARDANGERFJORD				
Halnekongen	Halne, Hardangervidda	53 66 57 12	halne.no	post@halne.no
Hardanger Fjordsafari	Eidfjord quay	91 99 09 32	hardangerfjordsafari.no	hardangerfjordsafari@gmail.com
Hardangerfjord Sightseeing	On the Hardangerfjord	51 86 87 00	norled.no/fjordcruise	booking@norled.no
M/Y Iselina Bella	On the Hardangerfjord	907 71 507	hardanger-fjord.no	post@hardanger-fjord.no
Pilagutt	On the Hardangerfjord	90 71 96 40	pilagutt.no	pilagutt@hotmail.com
RIB boat Fjord Safari	On the Hardangerfjord	90 82 45 72	trolltunga-active.com	mail@trolltunga-active.com
SUNNHORDLAND				
Brandasund Kultur&Fritid	Kvarven 17, 5423 Brandasund	975 66 056	brandasund.com	justeinwaage@icloud.com
Engesund Fish Farm and Display Centre	Fitjarsjøen 2, 5418 Fitjar	951 89 950	engesund.no	post@engesund.no
Hardangerfjordekspressen	Bergen – Rosendal	51 89 52 70	rodne.no	mail@rodne.no
MS Sunnhordland	Stord	48 11 18 00	mssunnhordland.no	post@mssunnhordland.no
Åkrafjorden Oppleving	Teigland, 5596 Markhus	959 09 664	aakrafjorden.no	booking@aakrafjorden.no
BERGEN				
Bergen Fjord Safari with RIB-Boat			fjordtours.no	fjordtours@fjordtours.no
Fjordcruise Bergen – Mostraumen			rodne.no	mail@rodne.no
Gone Paddling			gonepaddling.no	post@gonepaddling.no
Magical half-day tour to Skjerjehamn			norled.no	booking@norled.no
Seafood experience with a boat trip and dinner at Cornelius Seafood Restaurant			cornelius-restaurant.no	booking@cornelius-restaurant.no
5+ Hours				
Barony Rosendal			baroniet.no	info@baroniet.no
Basic afternoon Fjord Tour from Bergen			norwayactive.no	post@norwayactive.no
Basic Fjord Tour from Bergen			norwayactive.no	post@norwayactive.no
Full Pack Fjord Tour from Bergen			norwayactive.no	post@norwayactive.no
Glacier tour Fjærland			norled.no	booking@norled.no
Hardanger in a Nutshell			fjordtours.no	fjordtours@fjordtours.no
Island Hopping to Solund, Bulandet and Værlandet			norled.no	booking@norled.no
Norway in a nutshell®			fjordtours.no	fjordtours@fjordtours.no
Round trip – train ride and rafting			norwayactive.no	post@norwayactive.no
Round trip – train, rafting and wind tunnel			norwayactive.no	post@norwayactive.no
Sognefjord in a nutshell®			fjordtours.no	fjordtours@fjordtours.no
Standard Extra Fjord Tour from Bergen			norwayactive.no	post@norwayactive.no
Standard Fjord Tour from Bergen			norwayactive.no	post@norwayactive.no



Season	Useful information
A	Fjord cruise
A	Fjord cruise
A	Rib boat tours
Sp, S, Fall	Stand up paddle board.
A	Offer touristroutes on the major fjords as well as coastal express. Charterdepartment that tailormake tours and events for company gatherings and touristgroups
Sp, S	Experience our blossoming garden full of exotic plants and palm trees. Enjoy the peaceful tranquility, colourful flowers, good food and sea views.
A	Helgøy Skyssbåt offers sightseeing tours and shuttle services. The company is expert at navigating the waters of the Ryfylke region.
A	Offer touristroutes on the major fjords as well as coastal express. Charterdepartment that tailormake tours and events for company gatherings and touristgroups
A	Fjord cruises and tailor-made group trips in Stavanger and Ryfylke, adventurous company trips and christmas dinners, and the skiboat to Sauda.
S	Experience a fjord cruise on the Lysefjord with the tourist car ferry. Two daily departures in each direction from June – September.
A	Fjord cruise, full tour or just a short excursion to see the Langfoss waterfall from the fjord
A	Give yourself a salty adventure at sea with MS Brannflu, a fishing vessel for boattrips or fishingtrips.
A	Gå På is a Norwegian vessel from 1938, updated to modern standards.
S	Passenger boat on lake Halnevatnet at the Hardangervidda. Connected to Halne Fjellstugu.
A	RIB boat fjord safari from Eidfjord. Capacity for 12 passengers, all year.
Sp, S, F	Daily cruise on the Hardangerfjord from 1 May to 30 September. Connects 7 ports, starting/ending in Norheimsund, turning point Eidfjord.
A	Princess 50 charter boat, with capacity for 12 passengers. Tailored sightseeing tours or transport. Multi-day tours with overnight on board on request.
A	Charter boat, max. 11 passengers, for fjord cruises, sightseeing, fishing tours or transportation.
S,F	RIB boat fjord safari on the Sørjorden/Hardangerfjord, including farm visits. Capacity for 12 passengers, 1 June to 15 October.
A	Boat experiences on the ocean, guided tour to Slåtterøy lighthouse, rental of boats and kayaks.
A, On request	An unforgettable RIB safari in our beautiful archipelago Fitjarøyane. Buy dinner or lunch made from the salmon farm.
A	Beautiful fjord sightseeing from Bergen to Rosendal village. For further experiences in Sunnhordland you may also get on or off the boat at the island Tysnes.
A, On request	Elegant veteranship from 1943, offers dinner cruise and sightseeing for up to 180 pax. Some cabins available.
Sp, S, F	Fjord sightseeing to the amazing Langfoss waterfall. See Folgefonna glacier and enjoy the fantastic scenery of the fjord and the mountains.
	RIB fjord trip from Vågen in the city of Bergen, with views of sights such as Bergenhus Fortress and the world-famous Bryggen.
	Experience fjords and mountains on a three-hour cruise to Osterfjord and the picturesque Mostraumen where boats are just able to pass through!
	Various activities in natural surroundings for groups and special events. Via ferrata, climbing, kayaking, zip-line and more.
	Beautiful four hour round trip from Bergen. Cross the mystical maelstroms on the sailing to Skjerjehamn harbour.
	A beautiful boat trip and a unique seafood experience at Cornelius Seafood Restaurant on Holmen island just outside Bergen.
	Boat trip to/from Bergen – Rosendal incl. guided tour at the Manor, entrance to Rosendal Gardens and art exhibitions. 2-course hot lunch in the Garden Café included.
	A trip through the most breathtaking fjord area. Includes train from Bergen, Flåm Railway, fjord safari with guide, bus tour and train to Bergen.
	A trip though some of the most breathtaking landscape in Norway. Includes Bergen Railway, Flåm Railway and a fjord safari with guide.
	Explore some of the most breathtaking landscape in fjord Norway. Train Bergen - Myrdal, Flåm Railway, mountain biking and fjord safari in Nærøyfjorden.
	This fjord trip takes you through beautiful landscape on the Sognefjord. Includes visit to Bøyabreen Glacier and the Norwegian Glacier Museum.
	A combination of bus, boat and train take you through the Hardangerfjord to Eidfjord and back to Bergen, including a visit to the Vøringsfossen waterfall. Book online!
	Take the Norled express boat north, then follow the post boat among the skerries and islands on the coast outside the Sognefjord, visiting beautiful villages located in a breathtaking scenery.
	Norway's most popular fjord tour is Norway in a Nutshell! Experience the world famous Flåm Railway and a fjord cruise on the Nærøyfjord. Book online!
	A beautiful and exciting round trip from Bergen that includes travelling on the Bergen Railway from Bergen to Voss and whitewater rafting in the magnificent scenery of Western Norway!
	An active round trip from Bergen! Take the Bergen Railway to Voss and try whitewater rafting in scenic surroundings and a free fall in Norway's only wind tunnel!
	Combine a beautiful boat journey on the Sognefjord with a spectacular train journey on the Flam Railway. Book online!
	Beautiful roundtrip starting with the train from Bergen. Highlights are the famous Flåm railway, biking down to Flåm and kayak on the Aurlandsfjord.
	Beautiful roundtrip starting with the train from Bergen. Hightlights are the famous Flåm railway, biking down to Flåm and fjord safari to Gudvangen.

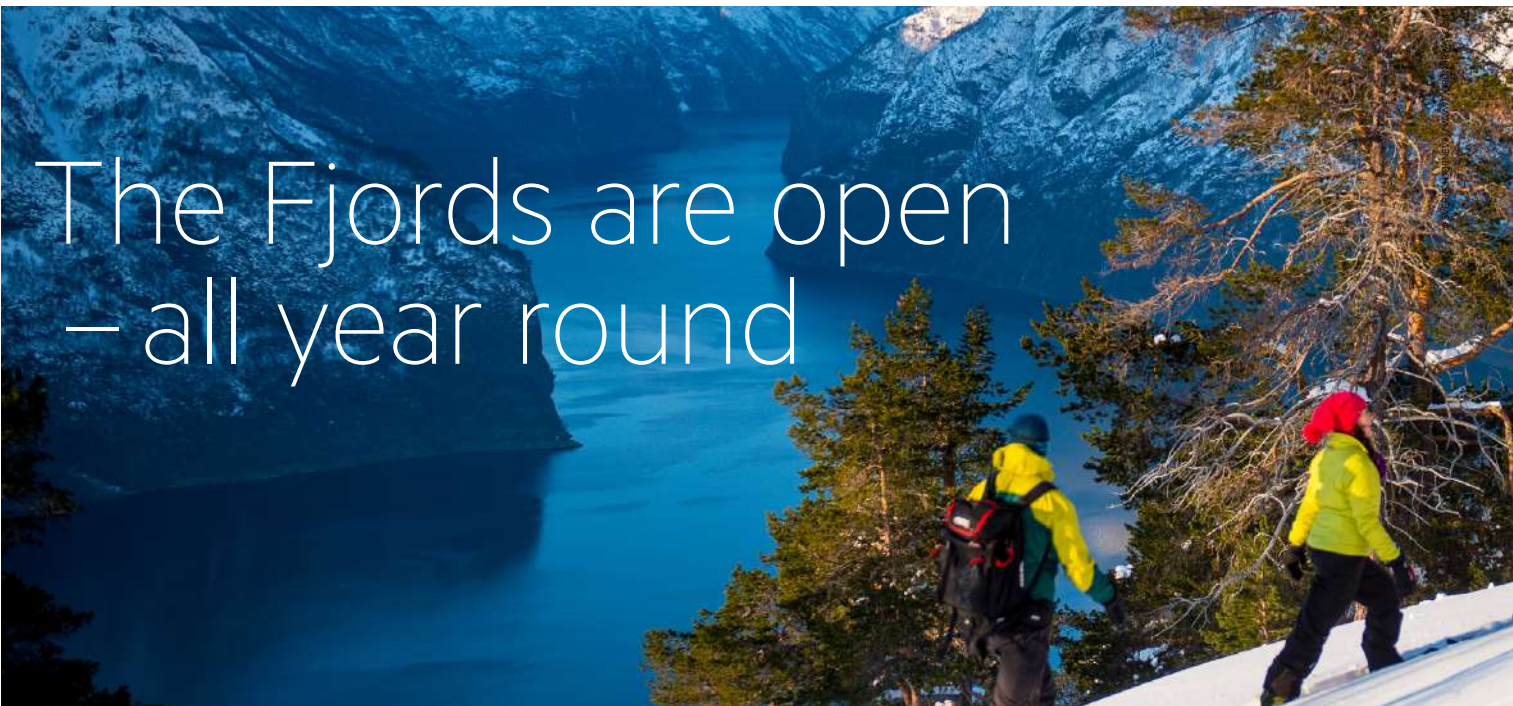
Season

A: all year Sp: spring S: summer F: fall W: winter

Fjord cruise / Boat trips

Name	Address	Tel (+47)	Website	Email
SOGNEFJORD – AURLAND				
Fjord cruise Flâm-Gudvangen	NO-5742 Flâm	57 63 14 00	visitflam.com	info@visitflam.com
Expressboat Bergen-Flâm/Norled		51 86 87 00	norled.no	booking@norled.no
Fjord Safari RIB boats	NO-5742 Flâm	99 09 08 60	fjordsafari.com	post@fjordsafari.com
Fjord Cruise Sognefjord	NO-5747 Gudvangen	57 63 14 00	visitflam.com	info@visitflam.com
SOGNEFJORD – BALESTRAND				
Glaciertour Fjærland	NO-6899 Balestrand	57 65 38 36	glaciertour.no	post@glaciertour.no
Balestrand Fjord Adventure	Målsnes, NO-6899 Balestrand	47 85 53 23	balestrandadventure.no	info@balestrandadventure.no
SOGNEFJORD – FJÆRLAND				
Fjordcruise on the Fjærlandsfjord	NO-6848 Fjærland	57 69 32 33	fjaerland.org	info@fjaerland.org
SOGNEFJORD – LUSTER				
Adventure Tours RIB and hikes	NO-6876 Skjolden	95 76 63 85	adventuretours.no	post@adventuretours.no
Lustrabaatane	NO-6879 Solvorn	99 27 88 37	lustrabaatane.no	booking@lustrabaatane.no
Luster Nature Guides	NO-6879 Solvorn	40 00 00 20	lusternatureguides.no	steinar@lusternatureguides.no
SOGNEFJORD – VIK				
Charter Cruise	NO-6891 Vik	48 08 23 61	chartercruise.no	post@chartercruise.no
FJORDKYSTEN				
Lighthouse Safari to Utvær	Hardbakke, Solund	57 74 30 00	fjordkysten.no	mail@fjordkysten.no
Norsk Kystkulturakademi	Solund	481 05 774	nkka.no	post@nkka.no
Florø Skyssebåt	Florø, Kinn	57 74 41 66	skysbat.no	kontor@skysbat.no
Fjordtroll Adventures	Askvoll	948 70 010	fjordtrolladventures.com	post@fjordtrolladventures.no
Gulen Dive Resort	Dalsøyra, Gulen	57 78 40 20	gulendiveresort.com	orjan@gulendykkesenter.no
Island hopping Solund, Bulandet, Værlandet	Askvoll - Solund	57 74 30 00	fjordkysten.no/islandhopping	mail@fjordkysten.no
Sulejet	Solund	99 27 40 99	fjordkysten.no/eng	tfaer@online.no
Vidar Hop skyssebåt	Hardbakke, Solund	975 24 616	vidarhop.no	vidar@vidarhop.no
NORDFJORD				
Briksdal Adventure	NO-6788 Olden	901 38 308	briksdaladventure.no	frode@briksdalsbre.no
Explore 62 North	NO-6718 Deknepollen	996 98 113	explore62.com	bottlemail@explore62.com
MS Kjenndal II	NO-6789 Loen	995 13 295	kjenndalstova.no	post@kjenndalstova.no
The Monastery Boat	NO-6740 Selje	404 46 011	seljakloster.com	selje.turistinformasjon@selje.kommune.no
Skarstein Fjordcruise	NO-6788 Olden	913 51 042	nordfjord.no	perskarstein@live.com
ÅLESUND				
62°NORD	Skansekaia, NO-6002 Ålesund	70 11 44 30	62.no	post@62.no
Bonseye Excursions	NO-6218 Hellesylt	47 96 30 91	bonseye.org	BonseyeExcursions@gmail.com
Borgundknarren, Sunnmøre Museum	Borgundgavlen, NO-6015 Ålesund	70 17 40 00	sunnmore.museum.no	museum@sunnmore.museum.no
Coast Safari	NO-6065 Ulsteinvik	47 71 03 10	coastsafari.no	post@coastsafari.no
Fjord Adventures	NO-6002 Ålesund	+44 771 55 79818	fjordadventures.co/	adventures@fjordadventures.co
Fjordcruise AS	Ålesund	930 73 787	fjordcruise.net	post@fjordcruise.net
Fjord Exploration AS		930 73 787	fjordexploration.net	booking@fjordexploration.net
Geiranger Fjord Service	NO-6218 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Havopplevelse	NO-6090 Fosnavåg	70 08 22 25	havopplevelse.no	post@havopplevelse.no
MS Bruvik	NO-6002 Ålesund	47 47 76 71	cruise-service.no	booking@cruise-service.no
Nordvest Opplevelser	NO-6270 Brattvåg	922 99 338	nordvestoppvelser.no	post@nordvestoppvelser.no
Runde Miljøseneter	NO-6096 Runde	70 08 08 00	rundecentre.no	booking@rundecentre.no
The Fjords	Bus Terminal, NO-6003	57 63 14 00	www.visitflam.com	info@visitflam.no
Ålesund Sea Tours	Kaptein Lingesvei 122, NO-6006 Ålesund	45 916 362	aalesundseatours.no	post@aalesundseatours.no
GEIRANGER				
Geiranger Fjordservice AS	Geirangervegen 26, NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Fjord Guiding DA	NO-5960 Dalsøyra	47 80 20 10	fjordguiding.no	info@fjordguiding.no
The Fjords AS	NO-5742 Flâm	57 63 14 00	thefjords.no	info@visitflam.com
NORTHWEST				
Finnøya havstuer	6487 Harøy	71 27 58 50	classiconorway.no	post@havstuene.no
Grip island boat tour	Piren 6509 Kristiansund	92 60 80 45	griputa.no	otonder@online.no
Hjertøya island boat tour, Classic Norway	Øvre veg 24, 6415 Molde	40 03 89 00	classiconorway.no	post@classiconorway.no
Håholmen Havstuer	Atlanterhavsveien 6530, Averøy	71 51 72 50	classiconorway.no	post@haholmen.no

Season	Useful information
A	Boattrips/ship/Sailing from Flåm on the UNESCO World Heritage site Nærøyfjorden to Gudvangen or vice versa.
May-Sept	High speed expressboat from Bergen along the Sognefjord to Balestrand and further to Flåm.
A	Safari/Rib-boat Safari/Fjordrafting/Salmon Safari/Wildlife camp/Wildlife Safari/Fjord Safari
May-Sept	Fjord cruise on the UNESCO world Heritage fjord Nærøyfjorden. Gudvangen-Kaupanger with a nostalgic vessel. (car and busses onboard)
	Experience fjord landscape and Bøyabreen Glacier on the same day.
May-Sept	Guided boattrips
Sp, S, F	Sightseeing tours/Guided tour/Round trip /Fjord cruise/Island hopping/Railway
May - Oct	Fjord RIB Adventure with waterfalls. Small car ferry from Solvorn to Ornes and the Urnes Stave Church. Guided RIB tour on the beautiful Lusterfjord.
A	Safari/Rib-boat Safari/Fjordrafting/Salmon Safari/Wildlife camp/Wildlife Safari/Fjord Safari
S	Safari to the westernmost lighthouse in Norway
A	Offers island hopping and boat trips in Solund
A	Charter boats in various sizes for cruises and sightseeing
A	Offers fjord trips along the Fjord coast.
A	Diving, wreckdiving, courses.
A	Roundtrip from Bergen, Sogn and Nordfjord June -September. Rest of the year on request
A	Island hopping, Utvær, Gåsvær.
A	Charter boats in various sizes for cruises and sightseeing. Guided trip to Utvær lighthouse.
Sp, S, F	20 double/3 single kayaks on the fjord/lakes. Sail boat for charter. Wooden rowing boat for guided tours.10 pax. Rib rafting on the Nordfjord
A	Sailing and activities in Nordfjord and Sunnmøre.
Sp, S, F	Boat trip on Loenvatnet Lake in Lodal Valley, encircled by high mountains and glacier tongues of Jostedalsglacier. 100 pax.
A	Two hour guided tour from Selje to the Island of Selja, and the Monastery from the 12th century. 30 pax.
Sp, S, F	Fishing trips or boat trips on the fishing smack "Isabella". The trip lasts for 2-3 hours. Departure from Olden marina. 12 pax.
A	Wildlife sea safari with RIB boat from Ålesund to Runde Bird Island Fjord tours and sightseeing in the fjords and at the coast of Sunnmøre.
S	Fjord tours and sightseeing from a viking ship. Fjord tours and sightseeing in the fjords and at the coast of Sunnmøre
A	Fjord tours and sightseeing in the fjords and at the coast of Sunnmøre Fjord Tours and sightseeing in the fjords and at the coast of Sunnmøre Fjord Tours and sightseeing in the fjords and at the coast of Sunnmøre Fjord tours and sightseeing in the fjords and at the coast of Sunnmøre, daily tours to Ålesund (S),
A	Sightseeing tours in RIB-boat around the Runde Bird Island from Fosnavåg Fjord tours and sightseeing in the fjords and at the coast of Sunnmøre
A	Fjord tours and sightseeing in the fjords and at the coast of Sunnmøre
S/A	Sightseeing tours in boat around the Runde Bird Island
A	Fjordcruise in Hjørundfjord, with several departures per day
A	Fjord or coast tours around Ålesund. Fishing also possible.
Sp, S, Fall	Fjord cruises on the Geirangerfjord, 1-1.5 hours, and between Ålesund and Geiranger (3hours3fjords) audio guided, breathtaking scenery with stunning waterfalls.
Sp, S, Fall	Guided round trips on the Geirangerfjord with Ribs
Sp, S, F	Approx. one hour ferry cruise on the world's most famous fjord , Geirangerfjord. Possible to bring vehicles.
A	Guided boat trips for groups.
Sp, S	3 hour guided trip to Grip island.
S	Transport to Hjertøya outside of Molde
A	Guided boattrips, vikingship in summer and groupe tours.



The Fjords are open – all year round

The Fjord Cities are lively and have much to offer, with museums and exhibitions open all year round.

As the high summer season of the Fjords draws towards Autumn, you can experience weekly concerts from the energetic Bergen and Stavanger Philharmonic orchestras, performances are from September through to May. There are also many other interesting attractions available, with more limited opening hours, so please check listings. The Fjord Norway region changes through the calendar year and some experiences and activities are only for summer or winter. Regardless of season, available all year round, you can enjoy great experiences where the changing aspect of the landscape, weather and natural environment, effortlessly move from season to season.

Below are examples of experiences available all year long in the Fjord Norway region.



FJORD CRUISE BERGEN – MOSTRAUMEN

Deep fjords, sheer mountains, mighty waterfalls and powerful currents – all year round! The cruise starts from Zachariasbryggen, adjacent to the well-known Fish Market in Bergen. Departing from Bergen you will have a good view of the famous Bryggen, the old city of Bergen and also many other interesting sights within Bergen Harbour. www.rodne.no/fjord-cruise



MOUNT FLØYEN WITH FLØIBANEN

Take the funicular railway to Mount Fløyen and see Bergen and many of the surrounding areas from the superb view of the mountain top. The funicular railway is one of Norway's most famous attractions. The trip starts from the city centre, 150 metres from the Fish Market and Bryggen and the exciting funicular trip (ascending or descending) is an thrilling experience not to miss. www.floyen.no



ROUND TRIP BY BUS ALONG THE ATLANTIC ROAD

Travel like the locals! This trip goes from Molde via the Atlantic Road – often described as the world's most beautiful road – to Kristiansund and back to Molde. The Atlantic Road connects Averøy with the mainland via a series of small islands and islets spanned by a total of eight bridges over 8274 meters. The Atlantic Road is a Norwegian Scenic Route and www.visitnorthwest.no



THE FLÅM RAILWAY

The Flåm railway has been named one of the most beautiful train journeys in the world and is one of the leading tourist attractions in Norway. In less than an hour, the train takes you from sea level at Sognefjord in Flåm to the mountain station Myrdal 867 MASL. Myrdal is also a station on the Bergen Railway, which means that the Flåm Railway is a great connection for trains on the Oslo–Bergen line. www.visitflam.com



FJORD SAFARI

A soft adventure suitable for the whole family, encounter nature close-up in the heart of Fjord Norway along the Aurlandsfjord and the Nærøyfjord. All our tours begin and finish in Flåm. We provide all the necessary gear for a safe and comfortable experience. We use open RIB boats with a maximum of 12 guests, ensuring a personal experience with our guides, experience close up, the small villages and waterfalls along the way. The guide will share stories, local history and even some tales from this spectacular area. www.fjordsafari.com



NORWAY IN A NUTSHELL®

The Norway in a nutshell® trip takes you through some of Norway's most beautiful fjord scenery. Experience travelling by the Bergen Railway and the exciting Flåm Railway and grasp the breath-taking scenery of the Aurlandsfjord, the narrow and dramatic UNESCO-protected Nærøyfjord and the steep hairpin bends of Stalheimskeiva (May–September).

The trip is available as a day tour, alternatively overnight stays en-route are also available. You can start the tour in Oslo, Bergen, Voss or Flam, no matter the season, in winter, spring, summer or autumn.

www.fjordtours.com



FJORD CRUISE LYSEFJORD & PULPIT ROCK

On this tour, we take you on a refreshing fjord cruise to the Lysefjord. The Lysefjord offers waterfalls, idyllic islands, and stunning nature. Discover the "mysterious" Vagabonds' Cave, wildlife, and get a taste of the fresh mountain water from the Hengjane waterfall. The Lysefjord is an experience all year round, and every season has its own particular charm.

www.rodne.no/fjord-cruise



ROUND TRIP TO ALNES & ALNES LIGHTHOUSE

Visit wonderful Alnes and enjoy the magnificent sea landscape which is as beautiful on a sunny summer day as in the winter storm. Alnes lighthouse (which is still operational), features a permanent exhibition of watercolor works and sketches by the famous local artist Ørnulf Opdahl. The new Alnes Cultural Centre features a café that is open all year round where you can buy homemade cakes and traditional food from the area. www.visitalesund.com



ROUND TRIP TO BIRD ISLAND RUNDE

This tour by high-speed ferry and then by bus takes you from Ålesund via Hareid and Fosnavåg to the bird island of Runde.

The island is a popular destination all year round, but is spectacular in the summer due to teeming bird-life population. Between 500,000 and 700,000 sea birds inhabit the island in the season, most of them in the cliffs. The island also offers great hiking.

www.visitalesund.com



Go Viking in the fjords, – between October and April

Fjord Norway has developed the concept “Go Viking in the fjords”, to inspire travelers to come to the Fjord Norway region between October and April.

The beautiful fjord landscape is the main reason to come to Norway in summer. The region is then a very popular destination for people from across the world. If we are going to attract tourists during the shoulder season and winter season, we must show them something new. Show the fjords in a new way.

The fjord experience is different during the New Season. Meeting the people of Western Norway, those who live along the fjords all year round, is a more important factor. We are going to present who and what travellers meet in the New Season, in addition to the nature experience itself. We want to link culture and nature more closely together. Show who lives here, who we are and what experiences are available.

The wild and rough weather that follows the seasons, has helped to form us, our traditions and the way we live, and made us a hardy people. We who were once Vikings. This hardiness has in turn created the stories about the wild, hard, tough and crazy Vikings who fascinate people all over the world.

Today, the word Viking is primarily associated with a people, but it was originally a verb. To ‘fara i viking’ meant to travel. To set off on expeditions and discover new places. The New Season is about just that. Travelling in the fjords in an unfamiliar season gives different, but exciting experiences.

We are taking ownership of the verb ‘Viking’ together with the word ‘fjord’. A verb that describes the experiences we are offering in the spectacular and wild nature that has formed us Norwegians.



GO VIKING is not a historic journey back in time. It is not a story about the way things used to be. It is a story about what you can experience today. In the Viking spirit. In the Western Norwegian spirit.



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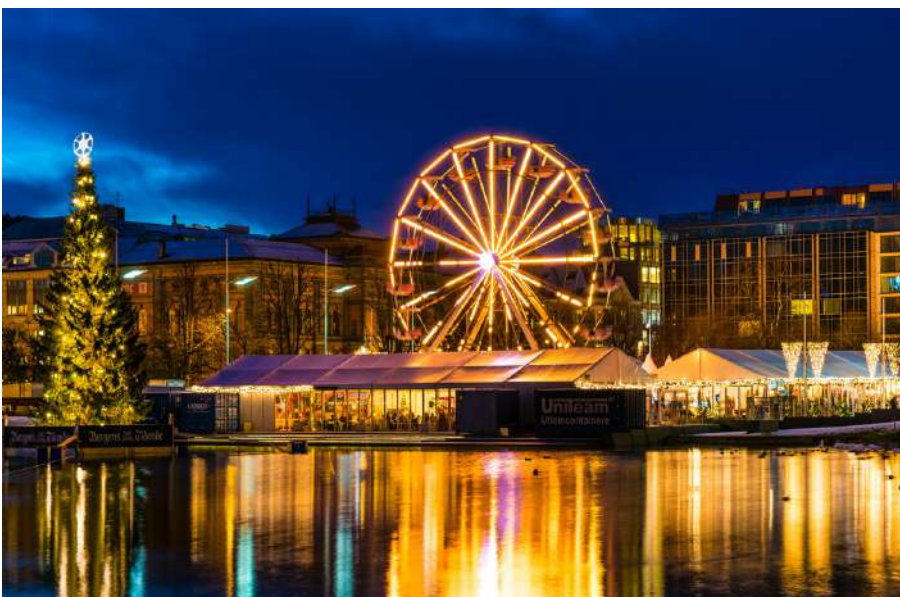
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GO VIKING is a real story that plays on our Viking roots and on life in the fjords - in the modern age, with modern experiences and about the people of Western Norway you meet today.

GO VIKING is about the great contrasts that can be experienced in the period between October and April: storms raging outside and warmth inside, rain in the town and snow by the fjords, short days and dark nights, rough nature and real culture, cold snow and hot food.



© AN LEIGH BERGE



© ROBERT STRAND, VISITBERGEN.COM



© MATTHIAS FREDRIKSSON



© SVERRE F. HJØRNEVİK, WWW.FJORDNORWAY.COM

Winter activities

© BARD BASBERG/LOREN SKJULFT



The Fjord Norway region has an abundance of snow-clad mountainsides for skiing enthusiasts at all levels. The skiing season is long in Fjord Norway. In the spring, the summit skiing season is at its best.

You don't have to be a skier to experience the region during winter. You can also combine a trip to Fjord Norway with a city break or a round trip and see the fjord scenery at its most dramatic – covered by snow and ice. You can go on a fjord cruise, a winter fjord safari or try snowshoe hike with a fjord view.



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Name	Address	Tel (+47)	Website	Email
THE STAVANGER REGION				
Outdoor Life Norway	Stavanger	97 65 87 04	outdoorlifenorway.com	booking@outdoorlifenorway.com
Sirdal Skisenter	Tjørhomfjellet	91 555 888	sirdal-skisenter.no	post@tjorhomfjellet.no
Ski boat express to Sauda	Stavanger	51 89 52 70	rodne.no	mail@rodne.no
Ski bus to Sirdal	Stavanger	05 50 5	boreal.no/sirdal	tur@boreal.no
Stavtjorn Alpinsenter	Hovland, Vikeså	51 45 17 17	stavtjornalpin.no	elin@stavtjornalpin.no
Ådneram Skitrekk	Ådneram, Sirdal	38 37 11 43	aadneram-skitrekk.no	post@aadneram-skitrekk.no
RYFYLKE				
Outdoorlife Norway	Strandkaien 61, NO-4006 Stavanger	51 88 03 88	outdoorlifenorway.com	info@outdoorlifenorway.com
Sauda Skisenter	Svandalsvegen 243, NO-4201 Sauda	52 78 56 56	saudaskisenter.no	post@saudaskisenter.no
HAUGESUND				
Ravnafloke	Smedasundet 77, 5528 Haugesund	52 80 43 98	ravnafloke.no/en/	opplevelser@ravnafloke.com
Røldal Ski Resort	5760 Røldal	53 65 48 00	roldal.com	post@roldal.com
HARDANGERFJORD				
Hardanger Fjordsafari	Eidfjord quay	91 99 09 32	hardangerfjordsafari.no	hardangerfjordsafari@gmail.com
Hardangerfjord in a nutshell winter tour			fjordtours.com	sale@fjordtours.com
Folgefonna Glacier Team	5627 Jondal	95 11 77 92	folgefonna-breforlag.no	post@folgefonna-breforlag.no
Museums and visitor centres in Hardanger			hardangerfjord.com	info@hardangerfjord.com
Rosendal Event	Rosendal	414 05 454	rosendalevent.com	info@rosendalevent.com
Trolltunga Active	Skjeggedal 20, 5770 Tyssedal	90 82 45 72	trolltunga-active.com	mail@trolltunga-active.com
Visitor farms			hardangerfjord.com	info@hardangerfjord.com
SUNNHORDLAND				
Bekkjarvik Gjestgiveri	5397 Bekkjarvik	55 08 42 40	bekkjarvikgjestgiveri.no	post@bekkjarvikgjestgiveri.no
BERGEN				
Cornelius Seafood Restaurant	Postboks 27, 5174 Mathopen	56 33 48 80	booking@cornelius-restaurant.no	cornelius-restaurant.no
Cross Country skiing / Try-IT	Norway Mountain Guides, Strandkaien 3, 5008 Bergen		www.norwaymountainguides.com/	bergenguide@hotmail.com
Experience Bergen from the fjord	C. Sundtsgt 51, 5003 Bergen		www.visitbergen.com	
Fjordcruise Bergen-Mostrauen	Zachariasbryggen, 5012 Bergen	51 89 52 70	rodne.no	mail@rodne.no
Fløibanen Funicular	Vetrlidsalmenning 23 A, 5014 Bergen	55 33 62 00	floyen.no	info@floyen.no
Fonnafly			fonnafly.no	
Guided snowshoe hike	Holmedalsgården 3, 5003 Bergen		bergenbasecamp.no/en/	post@bergenbasecamp.no
Guided snowshoe walking in beautiful nature	Norway Mountain Guides, Strandkaien 3, 5008 Bergen		www.norwaymountainguides.com/	bergenguide@hotmail.com
Norway in a nutshell®	Fjord Tours AS, Møllendalsveien 1A, 5009 Bergen	815 68 222	fjordtours.no	fjordtours@fjordtours.no
Randonee / Ski Touring	Norway Mountain Guides, Strandkaien 3, 5008 Bergen		www.norwaymountainguides.com/	bergenguide@hotmail.com
Ski & Sail Hardangerfjord Norway	Norway Mountain Guides, Strandkaien 3, 5008 Bergen		www.norwaymountainguides.com/	bergenguide@hotmail.com
Skiing ticket to Voss, Myrkdalen and Geilo	Fjord Tours AS Møllendalsveien 1A, 5009 Bergen	815 68 222	fjordtours.no	fjordtours@fjordtours.no
Ulriken643 – Cable Car	Haukelandsbakken 40, 5009 Bergen	53 643 643	ulriken643.no	post@ulriken643.no
VOSS				
Myrkdalen Mountain Resort	Klypoteigane, 5713 Vossestrand	47 47 16 00	myrkdalen.no	post@myrkdalenhotel.no
Voss Resort	Bavallsvegen 227, 5710 Skulestadmo	47 00 47 00	vossresort.no	post@vossresort.no
Wild Voss	Skjerpestunet 8, 5710 Skulstadmo	934 84 041	wildvoss.no	e-post post@wildvoss.no
SOGNEFJORD – AURLAND				
RIB Fjord Safari	NO-5742 Flåm	99 09 08 60	fjordsafari.com	post@fjordsafari.com
Snowshoe hiking	NO-5742 Flåm	99 09 08 60	fjordsafari.com	post@fjordsafari.com



Season	Useful information
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Sp, S, F	Snow shoe hike, ski tours and snow cave tours
	Ski resort with 22 slopes and 9 different lifts in Ålsheia and Tjørhomfjellet combined. Ski school and ski-rent for beginners.
W	Boat and bus
W	Bus tour
	Ski center
A	Experience Preikestolen and Kjerag with a new twist and discover hidden gems off the beaten track. One-day, multi-day and customised tours with a nature guide.
W	The largest ski centre in southwestern Norway. Children's snow-park with a separate lift, activities and ski instructors. Ski rentals/services. Café, bar and park.
A	offers a wide range of activities and experiences in the Haugesund region, climbing park, RIB- boats, play land for grownups, Laser-tag, Sea fishing, paintball, snowshoe hiking etc.
W	The deepest snow in Europe. Resort offering you wide open areas for skiing and riding, as opposed to the narrow trails through woods.
A	RIB boat fjordsafari from Eidfjord. Capacity for 12 passengers, all year.
F W Sp	Ready-made roundtrip by boat, bus and train from Bergen or Oslo. Including the Hardangerfjord area and winter activities in Eidfjord.
A	Showshoe hikes in the winter
A	Contact Destination Hardanger Fjord for information on tailored programs and other offers from a wide range of museums and visitor centres.
A	Guided snowshoe hikes and skitouring. Also offering summer activities as hiking and kayaking.
A	RIB boat, via ferrata climbing and snowshoe hikes all year
A	Contact Destination Hardanger Fjord for information on tailored programs and other offers from a range of visitor farms.
F, W, Sp	Guided deep sea fishing. On request.
	A beautiful boat trip and a unique seafood experience with dinner at Cornelius Seafood Restaurant on Holmen island, just outside Bergen
w	Would you like to be a winter Viking for the day and try cross country skiing?
Sp, S, F, W	A two hour guided sightseeing and fjord cruise with our comfortable sailing boat "First Player", giving you an opportunity to view and experience Bergen from the sea. Experience fjords and mountains on a three-hour cruise to Osterfjord and the picturesque Mostraumen where boats are just able to pass through!
	Funicular to the top of Mount Fløyen. Possibilities for hiking, skiing and other winter activities.
	Bergen offers the most beautiful scenery. Fonnaflly gives tourists a memory for life every day with sightseeing from the air.
W	Enjoy a guided walk in the snow at the city mountain, using snowshoes. This is an easy walk taking you through the landscape around the summit at Mt Ulriken.
W	Join Norway Mountain Guides on a snowshoeing trip in beautiful terrain. It might not be snow in Bergen, but our professional guide will bring you to winter wonder land
	Norway's most popular fjord tour is Norway in a Nutshell! Experience the world famous Flåm Railway and a fjord cruise on the Nærøyfjord. Book online!
W	Exploring majestic landscapes, trekking through unbroken snow, thick snowfalls and breathing fresh mountain air.
W	Norway Mountain Guides together with Nautic Charter will take you sailing from Bergen to Hardanger , and the boat will be our "mountain chalet" for the week.
	Day trip ski package to Voss, Myrkdalen and Geilo - some of Norway's top ski destinations! The different packages includes transport and day passes to the ski lifts, also available for students and youths!
	Ulriken643 offers activities, food and adventures, everything on top of the highest of the seven famous mountains in Bergen. Ulriken is a unique tourist attraction that you simply cannot miss to visit.
W	The largest ski resort in Western Norway - with family-friendly ski areas, slopes with all levels of difficulty, terrain parks and great off-piste terrain.
W	Take Voss Gondol to the top of the ski resort and enjoy 40 km of slopes for all levels and an exiting off-piste area.
W	Winter excursions in the mountains of Voss.
A	Safari/Rib-boat Safari/Fjordrafting/Salmon Safari/Wildlife camp/Wildlife Safari/Fjord Safari
W	Guided snow shoe hike from Stegastein Viewpoint in Aurland.

Season

A: all year Sp: spring S: summer F: fall W: winter

Name	Address	Tel (+47)	Website	Email
Flåm Railway and Fjordcruises	NO-5742 Flåm	57 63 14 00	visitflam.com	info@visitflam.com
SOGNEFJORD – LUSTER				
Sognefjord - Sogndal skisenter hodlekve	NO-6856 Sogndal	458 19 519	sogndalskisenter.no	post@hodlekve.no
Sogn Ski Resort	NO-6869 Hafslø	97 72 28 44	sognskisenter.no	post@sognskisenter.no
Blue Ice Cave	NO-6871 Jostedal	99 45 09 21	jostedal.com	jostedal@jostedal.com
Norgesguidene AS guided hikes	NO-6871 Jostedal	92 05 40 57	norgesguidene.no	post@norgesguidene.no
Adventure Tours Norway	NO-6876 Skjolden	96 91 31 30	adventuretours.no	post@adventuretours.no
SOGNEFJORD – HØYANGER				
Siplo Ski Centre		922 20 056	www.siplo.no	
SOGNEFJORD – VIK				
Vik Ski Centre	Kålsete 6893 Vik i Sogn	57 69 56 86	www.vikskisenter.no	ah@bystol.no
SOGNEFJORD – SOGNDAL				
Sogndal Ski Resort	NP-6856 Sogndal	47 60 23 95	www.sogndalskisenter.no	post@sognskisenter.no
Breogfjell AS hiking & skiing	NO-6856 Sogndal	41 14 60 70	breogfjell.no	post@breogfjell.no
SOGNEFJORD – ÅRDAL				
Bulder og Brak	Ekrevegen 10, 6884 Øvre Ardal	975 22 139	www.bulderogbrak.no	post@bulderogbrak.no
FJORDKYSTEN				
Gulen Dive Resort	Dalsøyra, Gulen	57 78 40 20	gulendiveresort.com	orjan@gulendykkesenter.no
Norway Adventures	Bremanger	57 62 41 70	norway-adventures.com	info@norway-adventures.com
Knutholmen	Kalvåg, Bremanger	577 96 900	knutholmen.no	post@knutholmen.no
Lihesten Vertskap	Hyllestad	971 35 509	lihesten.com	joakim@corokia.no
Solund Active	Solund	911 89 822	solundactive.com	post@solund.com
Værlandet Havhotell	Værlandet, Askvoll	917 30 366	vaerlandethavhotell.com	post@vaerlandethavhotell.com
FJORDKYSTEN				
Hotel Sognefjord	Hyllestad	57 78 89 20	hotelsognefjord.no	post@hotelsognefjord.no
Knutholmen	Kalvåg, Bremanger	57 79 69 00	knutholmen.no	post@knutholmen.no
Solund Leilighetshotell	Hardbakke, Solund	911 89 822	solund.com	post@solund.com
Stormwatching Norway	Florø, Kinn	57 74 30 00	fjordkysten.no	mail@fjordkysten.no
Værlandet Havhotell	Værlandet, Askvoll	917 30 366	vaerlandethavhotell.no	post@vaerlandethavhotell.com
NORDFJORD				
Breimsbygda Ski Centre	NO-6827 Breim	930 09 383	breimsbygdaskisenter.no	skisenter@breim.no
Breogfjell	NO-6783 Stryn	411 46 070	breogfjell.no	post@breogfjell.no
Explore 62 North	NO-6718 Deknepollen	996 98 113	explore62.com	bottlemail@explore62.com
Harpefossen Ski Centre	NO-6770 Nordfjordeid	57 86 25 50	harpefossen.no	post@harpefossen.no
Hornindal Ski Centre	NO-6763 Hornindal	906 77 225	hornindalski.no	post@hornindalski.no
Loen Active/Loen Skyllift	NO-6789 Loen	57 87 58 00	loenactive.no	post@loenactive.no
Norway Adventures	NO-6730 Davik	994 04 207	norwayadventures.no	info@norway-adventures.com
Stad Surfing	NO- 6750 Stadlandet	57 85 69 44	stadsurfing.com	info@stadsurfing.com
Stryn Winter Ski	NO-6783 Stryn	901 38 308	strynvinterski.no	post@strynvinterski.no
SUNNFJORD				
Breogfjell	6843 Skei i Jølster	411 46 070	www.breogfjell.no	post@breogfjell.no
Jølster Skisenter	6847 Vassenden	57 7275 50	jolsterskisenter.no	post@jolsterskisenter.no
GEIRANGER				
Geiranger Fjordservice AS	NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Geiranger Fjordservice AS	NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Geiranger Fjordservice AS	NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Geiranger Fjordservice AS	NO-6216 Geiranger	70 26 30 07	geirangerfjord.no	booking@geirangerfjord.no
Hotel Union Geiranger	NO-6216 Geiranger	70 26 83 00	hotelunion.no	geiranger@hotelunion.no
Hotel Union Geiranger	NO-6216 Geiranger	70 26 83 00	hotelunion.no	geiranger@hotelunion.no
ÅLESUND				
62°NORD	Skansekaia, NO-6002 Ålesund	70 11 44 30	62.no	post@62.no
Fjordcruise AS		930 73 787	fjordcruise.net	post@fjordcruise.net
Fjord Exploration AS		930 73 787	fjordexploration.net	booking@fjordexploration.net
Fjord Nature	NO-6218 Hellesylt	417 58 796	fjordnature.com	
Hvitserk AS		23 21 30 70	hvitserk.com	info@hvitserk.com
Offbeat Adventures	NO-6240 Sjøholt	99 57 14 05	offbeatadventures.no	post@offbeatadventures.no
Native Adventures	NO-6200 Stranda		nativeadventures.no	info@nativeadventures.no
Norway Adventures AS	NO-6730 Davik	57 62 41 70	norway-adventures.com	info@norway-adventures.com
Strandafjellet Skisenter	NO-6201 Stranda	70 26 02 12	strandafjellet.no	skipost@strandafjellet.no
Valldal Naturopplevingar	NO-6210 Valldal	901 14 035	valldal.no	post@valldal.no
Aalesund Sea Tours	Kaptein Lingesvei 122, NO-6006 Ålesund	45 916 362	aalesundseatours.no	post@aalesundseatours.no
NORTHWEST				
Hotel Aak	6300 Åndalsnes	71 22 71 71	hotelaak.no	booking@hotelaak.no
Contrast Adventure	Auragata 3, 6600 Sunndalsøra	95 23 12 40	contrastadventure.no	post@contrastadventure.no
DID Adventure	Årønes Gård, 6421 Molde	96 50 22 11	didadventure.no	did@didadventure.no
Romsdal Lodge	Øvre Kavli, 6320 Isfjorden	990 30 309	romsdallodge.com	post@romsdallodge.com

Season	Useful information
A	The Flåm Railway and the Fjord Cruise on the Nærøyfjord are all year-round services.
W, Sp	Ski resort
W, Sp	Ski resort
W, Sp	Guided tour to the magic ice caves under the glacier.
W, Sp	Guided ski and snow shoe trips
	Guided Snow shoe adventure in the inner Sognefjord.
W, Sp	
W, Sp	
W, Sp	Ski resort 10 km from Sogndal.
All year	Glacier Course, glacier hiking, Guided hiking trips
	Outdoor adventures the whole year round. During winter: snowshoeing to beautiful viewpoints or kayaking in a winter landscape.
A	One of Norway's best diving centres, providing professional diving experiences.
W	Guided ski and snow shoe trips.
W	Storm watching, fishing, hiking, kayak
W, F	Storm watching and hiking in Hyllestad
W, F	Storm watching and hiking in Solund
W, F	Storm watching and hiking in Bulandet & Værlandet
W	Guided storm watching tours
W	Guided storm watching tours
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W	Guided storm watching tours
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W	Located 600 meters above sea level. 250 meter vertical drop. 4 ski lifts. Two main lifts, children lift and one prepared for handicapped. Cross country tracks.
W, Sp	Ski Touring, glacier hiking, avalanche courses. Qualified IFMGA Mountain Guides.
W	Ski & Sail
W	Located 300 masl. 550 m vertical drop. 6 ski lifts: three main lifts, three children lifts. Excellent lift capacity and groomed slopes. Cross country tracks. Alpepass
W	Located 5 km north of Grodås. Cross country, alpine, ski jump. 2.5 km trail for cross country, available at night. 450-meter rope lift. Alpepass
W, Sp	Snow shoeing, Ski Touring, Cross Country and Toboggan at Mt. Hoven in Loen. Cable car from Loen to Mt. Hoven 1011 m.
W, Sp	Ski Touring, snow shoeing and Wilderness camp.
A	Surfing at Hoddevika at the coast of Nordfjord. Hire, instructors and courses.
W	Located in Stryn, 4 km from the town centre. Two ski- lifts that can take you from 325 mas. to almost 1000 mas. Cross country tracks. Alpepass
W	Offers guided skiing trips on the spectaculare mountains in Jølster
W	Ski resort
W	Charterboat for groups on the Geirangerfjord-theme "taste of Norway"
A	Waterfall walk with guide: An architectural walk to the waterfall Storfossen, included visit to a chokoladefactory and Norsk Fjordsenter. Max 12 pax per guide.
W	Cross County Skiing: Traditional cross-country skiing with guide and ski instructor focus on learning, enjoying spectacular nature and Norwegian culture of skiing. Max 12 pax per group.
W	Snowshoeing with guide: Experience untouched snow, magnificent fjord views, forests and mountain farm together with skilled guides.
W	Nordic Walking for groups with instructor / guide.
A	Entrance bath & spa facilities and treatment
A	Guided tours in combination with hotel in Ålesund or Hjørundfjord
	Fjord Tours and sightseeing in the fjords and at the coast of Sunnmøre
	Fjord Tours and sightseeing in the fjords and at the coast of Sunnmøre
A	Ålesund & Geiranger outdoor adventures and nature guide summer and winter.
A	Offer a wide range of guided hiking trips, skiing and kayak and outdoor adventures in Norway
A	Join the locals – The only requirement is your need for an adventure! Our outdoor activities will get you closer than you ever expected to the unique Norwegian nature and culture.
W, Sp	An adventure & guiding company in Stranda by the fjords, the hearth of the wild montain range the Sunnmorealps.
	All year, Guided hiking and walking trips and vacations. Active roundtrip that incl. hiking and kayak.
W	Winter activites at Strandafjellet Skiresort
A	Ski and snowshoing tours in the Valldal and Trollstigen area
A	Fjord or coast tours around Ålesund. Fishing also possible.
	Guided tours, ski touring, ski rental.
A	Guided activities: Ski, wild reindeer safari, hiking, cycling, kayacing and courses
A	Different activities for groups e.g guided hiking, kayak, teambuilding
	Guided mountain tours, ski touring, avalanche courses, ski rental.

Season

A: all year Sp: spring S: summer F: fall W: winter

From Bergen

Enjoy **spectacular fjord landscapes.**
Every day. All year.



Photo: Robin Strand, Tom Gulbrandt

Fjord cruise **Bergen - Mostraumen**

From downtown Bergen, cruise through scenery so magnificent that it could take your breath away.

Our modern boats sail between beautiful mountains rising from the sea. Feel the pull of strong currents in the narrow Mostraumen straits as our boat safely powers through the inlet, so close to sheer mountain walls that it almost seems you could touch them.

Norway is famous for its spectacular waterfalls. Most days, we'll get you so close to them that you can feel the refreshing spray on your face if you so desire, while the crew catches clear mountain water for you to taste.

On the coldest days, there may even be ice in the fjord, adding its own special thrill.



For more information and booking see rodne.no

From Stavanger

Fairy-tale adventures in the fjords.
All year.

Photo: Paul Edrundsøen/fjordnorway, Morten Sivertsen, Morten Aakre

Fjord cruise **Lysefjord & Preikestolen**

Narrow Lysefjord winds between beautiful mountains rising from the sea, passing idyllic islands, enchanting landscapes and picturesque villages and cabins.

Gazing up at famous Preikestolen (Pulpit Rock) from the fjord below adds a new dimension to this grand work of nature. See mysterious Vagabond's Cave and learn its legend. Be charmed by the goats at summer pasture. Taste crystal-clear mountain water from mighty Hanging Falls, feel its refreshing spray or even spot a rainbow in its misty veil. Have an unforgettable adventure in any weather.



For more information and booking see rodne.no

From Bergen

Travel like **the locals**.
Every day. All year.



Hardangerfjord Express boat

Cruise through spectacular scenery in the company of friendly locals on our regularly scheduled express boat service. Our comfortable boat follows the stunning coastline to beautiful Baroniet (Barony) Rosendal, with Scandinavia's smallest castle, plus nearby attractions, shops and cafes. You can visit the Folgefonna National Park center and the Rosendal Stone Park.

It's an ideal day trip from Bergen, with a return boat in the afternoon. Rosendal is also a great place to start a tour deeper into famous Hardanger.

Planning a trek to Trolltunga?

There are buses from Rosendal to Tyssedal for treks up to world famous Trolltunga (the Troll's Tongue) rock formation with its spectacular view. The hike usually takes about 11 hours in total.



For more information and booking see rodne.no

From Stavanger

Fjord magic,
followed by an **unforgettable hike.**
All year.



Photo: Outdoorlife Norway, Fredrik Ringe

Preikestolen **cruise & hike**

Enjoy lovely Lysefjord, see Preikestolen towering over you and hike to what some call "the world's best view."

The fjord cruise aboard our modern boats includes the legendary hideout "Vagabond's Cave," tasting pure water from Hanging Falls and a view of majestic Preikestolen. Then hike through glorious scenery to Preikestolen plateau itself.

Do the summer hike by yourself on a clearly marked trail. In winter, the hike is guided and all necessary equipment, including crampons and headlamps, is provided if needed.



For more information and booking see rodne.no

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– experts on Fjord Norway

Incoming tour operators are experts on Norway as a tourist destination. This is where to turn for packaged tours and tailor-made offers for your clients, whether they consist of FITs, tour operators or business groups.



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Miki Travel AS proudly presents the Nordic countries, including Iceland, Faroe Islands and Estonia, for Asian groups and FITs.

Our sales offices are located in Japan, China, Taiwan, Hong Kong, Thailand, Indonesia, Malaysia, Korea and India. As an experienced DMC we offer deep local knowledge and efficient management of your tours.

Miki's network spans all of Europe, allowing us to offer the same high quality service through the entire region. Rely on our services for anything between hotel allotments for series tours and tailor-made arrangements for discerning guests.

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Norway AdventURES is specialized in **Adventure Travel**. We use our experience and passion for our country to create **unique tailor-made tours**, a mix of **off-the-beaten track** and famous highlights for **FIT and groups**. We are passionate about our spectacular **nature, history and culture** and aim to include soft adventures and **meeting with the locals**. We **live and work here in the fjords** and we are happy to share our local expertise to serve you. We have over **15 years of experience** including operating our **own outdoor adventures** (guided hiking and kayaking tours, multi-sport events, teambuilding and skiing), which means we can offer **tailored adventures** especially for you. Velkommen!

Groups

FITS

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Market:
Norway and the Scandinavian Countries

Groups

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- We work with tour operators and travel agents from USA, Canada, South America, Europe, Asia and Australia.
- With more than 25 years of experience, we have established very close and personal relationship with our suppliers and we have a comprehensive knowledge of the various regions and attractions all over Norway.
- Our products and tour suggestions cover many aspects, from ordinary round trips, active tours and "go as you please". Try Norway customise the itinerary the way you want for FITs, groups, incentives and conferences.
- Try Norway is member of "The Travel Service Providers of Norway - NIR" & "The Federation of Norwegian Commercial and Service Enterprises -VIRKE". We have a close collaboration with INNOVATION NORWAY
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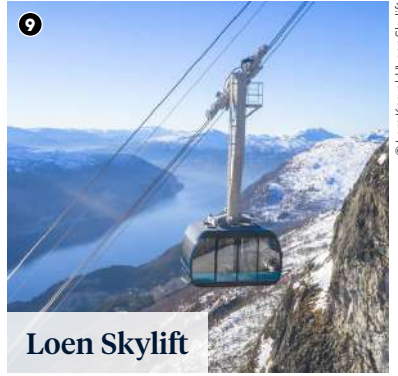


Vikingvalley
THE VIKING EXPERIENCE

VIKING TOWN "Njardarheimr" in Gudvangen, World Heritage Site.

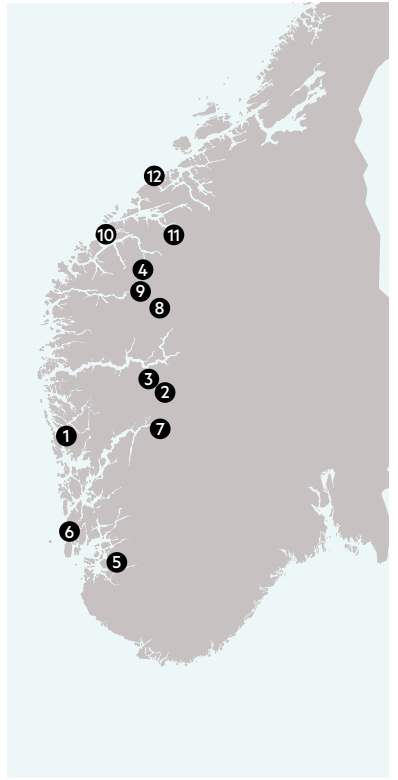
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Top attractions

UNESCO sites, world famous hiking trips and the world's most significant road trips: Fjord Norway can offer all this and much more.



LEGEND TO MAP (SCALE 1:1.5 MILL.)

- 1 **A** **B** **C** **D** **E** **F** **G**
- 2 **HUSTADVIKA**
- 3 **STADHAVET**
- 4 **MØRE OG ROMSDAL**
- 5 **Bremanger-landet**
- 6 **Florø**
- 7 **Askvoll**
- 8 **Sognfjorden**
- 9 **VESTLAND**
- 10 **Lillehammer**

- Trunk road
- Country road
- Tunnel
- Railway
- Ferry
- Norwegian Coastal Voyage
- Expressboat
- National Park
- County boundary
- National tourist road
- UNESCO
- Peak
- Stave church
- Airport
- Minor Airport
- Bird rock
- Lighthouse





Your partner in Norway



Direct to the fjords!



On Board

Our sister ships – MS Bergensfjord and MS Stavangerfjord, travelling between Bergen, Stavanger, Hirtshals and Langesund – are built according to the latest industry standards and powered by LNG (liquified natural gas). With a comfortable and luxurious interior, your vacations starts the second you set foot on board. The fjords await!

Did you know...

...that our sister ships are the first and largest cruise ships in the world that sail solely on eco-friendly natural gas?

Fjord FSTR

Fjord Line's brand new, high-speed catamaran – Fjord FSTR – will replace HSC Fjord Cat. The new catamaran will take over the route between Kristiansand and Hirtshals, have double the capacity, and still be the fastest alternative by sea between Norway and Denmark.



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